



# The Spinnaker

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## To the Families and Friends of the St Paul's Community.....

We begin this Lenten season with the School joining together in our Ash Wednesday Liturgy. The ceremony asked the students to reflect on their humanness, weakness and mortality. We spoke to them about the heart of the penitential season of Lent: a conversion of heart that comes from a renewed and revitalised relationship with our God who is gracious and merciful and who gives abundant life to all of us.

I found this story about the work of Caritas around the world. It is an inspiring story of hope and passion. It gives a real sense of the idea that out of very small things, amazing things grow. It is the story of a woman in Bangladesh, *In November 2000 during a visit to CAFOD partners in Bangladesh as a Millennium Awardee, I met a most astonishing woman who has lived in my memory since.*

*She was physically unprepossessing. Well short of five foot tall, with the teeth and hair of an Asian Ken Dodd, she beamed as she was introduced to us as the owner of a scraggy brown cow.*

*She was the marvel of her village. Several years previously she had been the stereotypical meek Bangladeshi woman. Married, subordinate, submissive, confined to the house and not consulted on the fate of her children, she had decided to ask CAFOD's partner, Caritas Bangladesh, for a loan. To qualify for a loan she needed a deposit but she had no money and no hope of ever having any.*

*Her response was to save ten grains of rice every time she cooked.*

*When she had a kilo of rice, she took it to Caritas Bangladesh and borrowed an amount of money equal to twice the value of the rice. With this small amount she bought a few chickens which she looked after until they laid eggs. Some of the eggs she sold and some she allowed to hatch out so as to increase her flock. By the time our group met her, she had paid off her debt, made enough money to buy a cow and had become a respected person in the village. She had even been consulted by her husband on the future of her son.*

*One of the first things I did on returning home to England was to meticulously work out, ten grains at a time, how long it would take to reach a kilo.*

*The answer? 18 months!* (Downloaded 28 Feb 2017 - [http://www.liverpoolcatholic.org.uk/Justice\\_and\\_Peace](http://www.liverpoolcatholic.org.uk/Justice_and_Peace))

This story of passion, hope and perseverance talks to our hearts. I hope that as we begin this Lenten Journey, that we look out to others and strive to be the best we can be.

## What's in a Name Survey?

Thank you to all who replied to the survey about our name that I wrote about in the last newsletter. I am currently surveying our staff – teaching and support/ancillary and will have the results of that soon. The next step will be to take the results to a meeting with the Director, Dr Michael Slattery in the coming weeks. I will publish the results in the next newsletter.



### Visit by Dr Slattery

Yesterday, we had the opportunity to show Dr Slattery, our new director around the campus. Our Student Leaders, **Hugh, Lara, Ethan** and

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**Sophie** took Dr Slattery on a tour and we visited a number of classes. Dr Slattery was very keen to talk with students and ask them about their school and their learning. He was very impressed by the willingness of our young men and women to engage in conversations and he felt most welcome. It is hoped that Dr Slattery is able to come to an assembly soon to speak to the entire school.

### **Interim Reports for Year 7 to Year 11**

At the end of the term, we will be sending interim reports for Years 7 to 11. In previous years, we only sent reports for Year 7 and 11 but a decision was made to include the other years as it is important for parents and care givers to receive some feedback regarding the work that their children have done in the first term. These reports will be issued electronically rather than printed and posted. This is a new process for us and we hope that we have solved all the possible teething problems and that the issuing of the reports is seamless! Over the coming weeks we will be supplying further information regarding this process. The mid-course full reports for Year 12 will still be printed and posted. It is hoped that the successful trial of electronic issuing of the interim reports will continue for the full reporting cycle later in the year. There is much to be done in that domain and we will keep you informed about that progress.

### **P&F AGM**

A reminder that the **Annual General Meeting for the P&F** will be held that the new time of **6.30pm** in the **Damascus Centre next Wednesday 8<sup>th</sup> March**. We have changed the meeting time so that we can also run a Year 7 BYOD Information Evening which begins at 7.30. Year 7 parents received an invitation to that this week. We hope to run other information evenings on a variety of topics including Academic Writing in the coming months. We are looking at new ways to engage our parent community and for this reason we feel that nights like the one that we have planned will better suit the busyness of family life as well as give a real opportunity to engage with the St Paul's Community particularly in relation to Teaching and Learning and the school life of the children.

#### **Annual General Meeting**

**P & F**

**Wednesday 8 March**

All welcome

**Damascus Centre 6.30pm**



*Go Gently*

**Mr Graeme Selmes**  
*Principal*

## **Curriculum Information**

Parents and Carers are advised that 2017 Student Assessment Handbooks and Assessment Calendars for all years are available for students to access on the School Portal (under Student Documents). Parents may also access these via our web page under CURRICULUM. Students are asked to check carefully these calendars, planning ahead for tasks as they occur.

Year 12 Students have an assessment block in Week 9. Exam timetables will be distributed to students via email and hard copy during this week.

Finally, in relation to Stage 6 Subject Changes. Students in Year 11 have now settled in to their patterns of study with final subject changes having occurred in Week 5. Parents are reminded that any further requests for changes to patterns of study for Years 11 and 12, or concerns in relation to subjects, should be directed in the first instance to the Student Year Coordinator who will then liaise with either myself, as Curriculum Assistant, Mr McLoughlin (Careers/VET) or Miss McVeigh AP - Teaching and Learning. In relation to Stage 5 Electives, Year 9 Students will have received correspondence from Mr Selmes this week.

**Mrs Cathy O’Gorman**  
*Curriculum Assistant*

**During the next couple of weeks, we will be asking your child to confirm family contact details, including their name, address etc for our records. Could you please assist by letting your child know of any possible changes they may not be aware of.**

## *'Perfecting our Practice' as a Community of Learners'*



Dear St Paul's Community

Thank you to our Year 12 and their Parents who attended the HSC evening on Monday 20<sup>th</sup> February. I hope the information was of value to you and that you acquired a deeper understanding of the process.

On the 21<sup>st</sup> February, The Sydney Morning Herald's front page featured an article on '*Back to basics: Focus on Grammar.*' The report focused its attention on the HSC and the significant changes that are coming into effect. Whilst reading through it, I reflected upon my nephew and him being a Year 7 student at Christian Brothers' in Lewisham. A talented sportsman and a very gifted artist, I pondered over the number of hours he trains per week to *perfect his practice* as a swimmer and a footballer. Swimming for Sydney University sees him training for ten hours per week, either a 5am start or straight after school. Coupled with this he spends his weekends competing in tournaments. Being a footballer with the Red Devil's Academy, means he trains for four hours per week, with a two-hour time slot for weekend matches. In total, he spends sixteen hours *perfecting his practice* as a sportsman. In his spare time, you'll see him sketching and re-sketching mythical creatures, dragons and gargoyles until his artwork is flawless.

Two weeks ago, I spent the weekend with my brother and on the Sunday morning, I played my role as the dutiful aunty and helped my nephew structure an essay for his Geography homework. During our conversation, I asked him how many hours he practices his writing skills. Contorting his face to resemble a hand held puppet, he asked me was I '*having a laugh?*'

Writing, like painting, is an art form. A well written piece of writing can take you to undiscovered places; can generate all types of emotions, it can broaden the mind; excite the imagination and bring us into the world of the author.

I say all of this because we are seeing the re-emergence and appreciation of the written word. Changes to the HSC means students will have to show that they understand the techniques and features that make up a written response. The 'dumping', for want of a better word, of learnt content, without much attention being given to grammar, will now be perceived as inadequate.

Alexandra Smith the editor of this article, begins by informing us that '*All Year 12 students will have to study grammar and dramatically improve their writing skills as part of the most significant changes to the state's HSC in decades.*' From now on we '*will see fewer topics being studied in favour of less breadth and more depth in all subjects.*' For me, this is too late.

She then goes on to quote the President of BOSTES/NESA, Tom Alegounarias, he informs us that the change will see "*depth and mastery*" of learnt content. He goes on to explain that a new topic, "*the Craft of Writing, would be mandatory for all English students.*"

What then does all of this mean for us? We live in the digital era; an era where we have devices that write for us; devices that shield us from making mistakes; devices that predict our text and correct our spelling, so if we have machines that do all this for us, is there a need to go back to basics? The answer is 'Yes'.

Mr Alegounarias argues that "*being able to write well, and understanding the mechanics of good writing, including the correct use of grammar, [has] never been so important, [especially] with the demand for digital content increasing at a rapid rate.*"

I'm sure that you, like my brother, spend half of your week at sporting events, dancing festivals, music lessons and the like; hours spent supporting your child as they *perfect their practice*. We know that mastery takes time, but the starting line is in the younger years, therefore, my plea to you is to adopt the mantra of Tom Alegounarias by going back to basics. Where possible, I ask that you put time aside for your child to master the art of academic writing; be that a Geographical report; a Scientific procedure; a Religious or Legal discussion; an English narrative or an Historical explanation. It's through our constant practice that we become experts in our field.

P.S. I received a text message from my nephew yesterday asking if I was going to visit him next weekend. He informed me he has an RE and Geography assignment due. I haven't as yet responded; I'm waiting for him to end his sentence with a full stop.... one must be cruel to be kind!

***Miss Róisín McVeigh***  
***Assistant Principal - Teaching & Learning***

# ***From the Assistant Principal - Welfare***

The following is an article from the business journal - CEO Magazine and was written by Dr J Brockis regarding mental health and resilience. Although the audience is for business leaders, I think the principles of positive resilience are more than applicable for the families and students of St Paul's.



## **CREATING MENTAL TOUGHNESS WITH POSITIVE RESILIENCE**

*By Dr Jenny Brockis. Dr Jenny Brockis is a Medical Practitioner, healthy brain advocate and a renowned professional speaker.*

### ***Being mentally tough in the face of adversity starts with knowing how to create positive resilience***

While predominantly talked about and developed in the armed forces and sports arenas, research suggests that mental toughness is also highly pertinent to workplace performance, psychological health and wellbeing. But what defines mental toughness? A good insight comes from the description of the selection course for the SAS:

*"It is designed to break an individual down to see their character, revealing strengths and weaknesses in situations where they are at the absolute limits of human endurance, to come up with a solution to achieve the mission. Selection gives a good insight into the soul of the individual."*

Essentially, it's the inner discipline needed for true resilience; the determination, endurance and self-belief necessary to successfully navigate all challenges and deal with the discomfiture of possible failure and negative emotion. The appearance of a shiny Teflon coating isn't enough.

Anyone wishing to building mental toughness must therefore start by identifying the components required for greater positive resilience.

### ***Focus on what you can control***

Determine what it is possible for you to influence and change, and let go of the rest. This conserves mental energy and reduces stress levels. Staying focused on the big picture reduces the tendency to get stuck in the minutiae that can otherwise lead us to get bogged down in a mire of "what-ifs".

### ***Change the game to concentrate on the process***

Sports psychologists know that a team that focuses on actions rather than results has a higher chance of winning. While winning makes us feel good and is immensely satisfying, concentration on the actions required to get you there alleviates the emotion (that's to say the fear and anxiety) associated with potential loss, and reduces risk aversion.

### ***Show your passion***

Your inner conviction, beliefs and values keep you working hard towards your goals. Checking in regularly with your thoughts and feelings about why you're doing something reassures and validates your purpose. This elevates mood, provides a greater sense of meaning, and determines the level of drive needed to keep going.

### ***Embrace the possibility of failure***

Positive resilience is about embracing a challenge as an opportunity for growth and success, while acknowledging the reality of potential failure. Mental toughness recognises that taking a calculated risk is always part of the process.

Building greater positive resilience requires acknowledgement of our human frailties and imperfections, characteristics we would often prefer to either ignore or downplay. It is through these that we learn how to manage thoughts, feelings and behaviours for both the present and the future.

Being mentally flexible enables different perspectives to be considered, promotes possibility-thinking, and creates a positive feedback loop where taking action further elevates confidence.

### ***Adapt and respond***

Our capacity for adaptability enables us to successfully manage changes in our environment and is far easier to achieve when the brain is in a relaxed and rested state. Getting sufficient sleep and taking time out to uncouple from focused work facilitates the mental work done at a subconscious level to consider all options and develop the best solution.

Being mentally tough is increasingly important in our complex and challenging world. Remembering to acknowledge and celebrate all success – and failure – and the contribution made by others creates a workplace where grit, tenacity and the willingness to see things through in the face of adversity are valued and appreciated.

**Mr James Furey**  
**Assistant Principal - Welfare**  
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## Year 7 News

It's hard to believe our Year 7 students have been at high school for a month already! We have packed in a lot in these first five weeks, with plenty more to come before the first break. Thank you to the many students and parents that attended last night's Information Night. At a rough estimate there were about 130 people – a great turnout. For those unable to make it, the night looked something like this:

Mrs Tracey Evans (Year 7 Coordinator) spoke about some general aspects of school, such as new friendships that have formed, the Peer Support Program that is now underway with our Year 10 students helping Year 7 students adjust to the many changes found at high school, using student diaries and tips for how to set out each day to record home learning (see example below) and uniform and attendance requirements.

An example of how to set out each day in the day is as follows:

THURS 12.3.17

P.1 ENG: comprehension exercise

P.2 PDHPE:

P.3 SCI: study for topic test Friday

P.4 RST: assessment task due Mon 26<sup>th</sup>

P.5 HSIE: finish map from lesson

P.6 MATHS: Ex 2.5 p.67

Each period is listed so that students can clearly see if they have topics or assessments to follow up that evening.

Ms Roisin McVeigh, Assistant Principal: Teaching and Learning, discussed home learning (different to homework) the benefits of practising writing and how to exercise and develop our brains by continually asking questions.

Mr James Furey, Assistant Principal: Welfare, spoke about his role in overseeing transport and the pastoral care system at St Paul's. He spoke about the many levels of care at St Paul's and the number of people that are here to support students, including Tutor Group teachers, Student Coordinators, School Counsellors and our Pastoral Care Worker. Mr Furey also addressed the topic of bullying and how we work with everyone involved to resolve the problem.

Mr Graeme Selmes, Principal, spoke about our upcoming BYOD night. You should have received an email regarding this, including a link to a survey regarding the different information sessions that will be available on the night. Students should bring their devices on the night to get the maximum benefit from each session. Mr Selmes also read a reflection on the things an 18-year-old should know – an interesting piece from *Julie Lythcott-Haims, author and former Dean of Freshmen at Stanford University*.

Mrs Evans then concluded the night by reminding students and parents that at St Paul's we look to develop the whole person – academic, social, mental and spiritual – and realise the importance of each of these in helping students become the best person they can be. There was also a list of future events:

**Week 6 events:** Ash Wednesday liturgy 1/3; Brainstorm Production Friday 3/3

**Week 7 events:** Catholic Schools Week; Parents in the Classroom 9am-12pm Thursday 9<sup>th</sup> March;  
Surf Survival Certificate (only a few students) Thurs-Fri 9<sup>th</sup>-10<sup>th</sup> March;  
Dio Swimming Carnival Tuesday 7/3

**Week 8 events:** History Incursion Friday 17/3

**Week 9 events:** Peer Support Session Thursday 23/3

**Week 11 events:** Easter Liturgy; Last day of Term 1 Friday 7/4

To finish the night, we had a quote from a Disney movie – an old classic called *The Sword in the Stone*. In it Merlin tells a young Arthur:

*"It's up to you how far you'll go. If you don't try, you'll never know."*

We leave these words with you now and encourage Year 7 students to continue the great start they've had to high school and to keep challenging themselves and getting involved in the many facets of life at St Paul's.

**Mrs Trish Furey and Mrs Tracey Evans**

**Student Coordinators**  
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## BRAINSTORM PRODUCTIONS:

### Award-Winning In-School Theatre Performances

On **3 March** Brainstorm Productions will be presenting their student wellbeing program 'Sticks & Stones' for **Year 7**.

Seen and enjoyed by over 1.7 million students, Sticks & Stones is a fearless exploration of violence and aggression and its devastating consequences. The play is confronting and performed by two highly-trained actors, who as young role models, can genuinely connect with the audience and make it clear that masculinity and violence are NOT one and the same. The production encourages teenagers to re-think their views about violence, abuse and controlling behaviour. The performance is followed by an after-show discussion that examines student's attitudes, challenges stereotypes and aims to breakdown any pre-conceived ideas about violence being acceptable.

Sticks & Stones is part of our student wellbeing curriculum and the program has been developed in consultation with teachers, psychologists, as well as real-life student experiences. The methodology of the program is safe, supportive and nonjudgmental and designed to provide students with positive and useful tools that they can use in their everyday lives.

Brainstorm Productions is Australia's largest educational touring theatre company. Their programs cater to the specific wellbeing needs of students, helping to create a healthy and harmonious school environment. If you would like to know more about Brainstorm Productions, visit their website at [www.brainstormproductions.edu.au](http://www.brainstormproductions.edu.au)



Year 12 Student Danielle Crouch is taking part in the World's Greatest Shave on the 17th of March 2017.

If you would like to make a donation, it can be made through the following link—

<http://my.leukaemiafoundation.org.au/danicrouch>.

The money will go towards research and support for people with blood cancer, there is more information on the website.

The Leukaemia Foundation is the only national charity dedicated to helping more Australians survive their blood cancer and live a better quality of life.

## Year 11 News

Year 11 began their school year on day one with a liturgy and induction ceremony at St Michael's Church. All students were acknowledged and received a senior badge symbolising the new phase of their educational journey. Transport monitors were also acknowledged at this ceremony and the concept of all our seniors as leaders was the focus of the liturgy.

As Year 11 are now nearing the first month of their senior studies and all subjects changes have been finalised, it is hoped that some solid routines and patterns of study and revision have been clearly thought through. Students need to tailor the study skills information that has already been delivered, to meet their own individual needs. Planning their own activities for each week, prioritising what needs to be completed, organising their time to meet all responsibilities and planning for upcoming assessments are all ways that consistency can be maintained, as the demands of senior school begins to build. Students are encouraged to keep the lines of communication open with all of their teachers to ensure they maximise the help they can receive.

Two new students have been welcomed into this Year group; **Benjamin McCarthy** and **Alyssa Rostron**. **Hayley Cryer** also returns to St Paul's from a wonderful twelve months she spent as an exchange student in Austria.

At the Opening School Mass all Tutor Group Representatives were presented with their badges. Congratulations to the following Year 11 students who have accepted these positions of responsibility for 2017.

- 11.1 **Lochie Kneiss**
- 11.2 **Abby Ruyter-Kehoe**
- 11.3 **Grace Kennedy**
- 11.4 **Joshua Sneddon**
- 11.5 **Markus Favilla-Schirk**
- 11.6 **Kiara Conaghan**
- 11.7 **Joseph Panattu**
- 11.8 **Taj Abrahams**

**Joshua Sneddon**, **Markus Favilla-Schirk**, **Joseph Panattu** and **Taj Abrahams**, along with students from all schools across the Diocese will attend the Diocesan launch of Project Compassion at the Sacred Heart Cathedral on Tuesday 28<sup>th</sup>. This precedes Ash Wednesday which begins the Lenten season.

Students who were also elected by their peers to represent their year group on the Student Representative Council are **Jackson Morgan** and **Daniel Mason**. Congratulations is also extended to these students.

Two Year 11 students, **Charlotte Renshaw** and **Sarah Gardner** have recently excelled in the All Schools triathlon. See the Sports News for further details.

**Mrs Anne-Maree Shipman**  
**Student Coordinator**

### Brainstorm Award-Winning In-School Theatre Performances



On **2 March** Brainstorm Productions will be presenting their student wellbeing program 'Wired' for **Year 11**.

**Wired** is a live theatre performance, based around two teenagers who find themselves struggling with the painful reality of peer pressure, tumultuous relationships, the stress of exams and everyday life. 'Wired' is performed by two young professionally trained actors who engage with the students and explore everything from anxiety, stress, depression, relationships and coping with family problems. Through role-playing and facilitated discussions, the program provides practical tips on what to do if students are feeling overwhelmed and aims to engage and empower students to support each other and themselves.

**Wired** is part of our student wellbeing curriculum and the program has been developed in consultation with teachers, psychologists, as well as real-life student experiences. The methodology of the program is safe, supportive and nonjudgmental and designed to provide students with positive and useful tools that they can use in their everyday lives.

More than 350,000 Australian students have already benefited from Brainstorm Productions multi award-winning educational theatre programs over the past twelve months. Their programs cater to the specific wellbeing needs of students, helping to create a healthy and harmonious school environment. If you would like to know more about Brainstorm Productions, visit their website at [www.brainstormproductions.edu.au](http://www.brainstormproductions.edu.au)

## **Year 11 Industrial Technology – Timber Industry Visit:**

On Monday 20<sup>th</sup> February, Year 11 Industrial Technology – Timber visited C&L Joinery at Teralba. The students gained an insight into a local business that has been operating in the area for the past 34 years. The students were able to experience how a kitchen is ordered, planned & produced. The visit gave an insight into mechanisation, specialisation, automation and mass production.

I would like to thank Alan and Gerrard for taking students on a tour and for their continued support. Students at St Pauls have visited this business for the past 10 years, which has enhanced their understanding & learning and is greatly appreciated.



## **Year 12 Industrial Technology – Timber Industry Visit:**

On Monday 20<sup>th</sup> February Year 12 Industrial Technology – Timber visited Wildflower. We toured their workshop at Cardiff where furniture is hand made, then went to Warners Bay to their show room. This is the second year we have visited this business and we thank them for the opportunity.

We also visited the Australian Guitar Making School at Toronto. This business provided students with the opportunity to see how the small business evolved, operates & has expanded.

I would like to thank Strato for taking the time to show students through the Guitar Making School. Students from St Pauls have visited this business for the past 10 years, where the owner has volunteered his time to talk to students.



## **Year 12 Industrial Technology – Timber**

The construction of **Major Projects** has already begun and students are being given the opportunity to use the workshop on a **Wednesday afternoon till 5pm**. Mr Redman and Mr Heagney will also be available during this time to assist students with their projects. I would strongly recommend that students take full advantage of this opportunity provided by their teachers to minimise the stress of completing a Major Project throughout the year, **as they are due in early August**.

## **Year 7 Technology**

Parents please be aware that all students are completing an ICT Unit & will need their laptop for every lesson, they have recently been given an Assessment Notification which is due before the end of term.

Bridges Excursion is being planned for Week 5 of Term2. A permission note will be issued before the end of term. Only half of the year group will go in Term 2, the rest will go in Term 3. The class going will be advised when the note is issued.



**Mr Mark Redman**  
**TAS Coordinator**





## **Gold For St Paul's Senior Girls Triathlon Team**

**Charlotte Renshaw** (11), **Sarah Gardner** (11) and **Amber Kelly** (10) have won **GOLD** for CCC in the Teams Event at the All School Triathlon Competition which was held last Thursday 23<sup>rd</sup> February. The girls finished 10<sup>th</sup> overall from 77 teams, which come from CIS, CHS and CCC schools. The girls finished first for the Combined Catholic Colleges with a time of 56.40 for which they claimed the Gold. This is a tremendous achievement considering two of the team members were young for the Senior Division. In the Individual event **Sarah Gardner** finished 2<sup>nd</sup> for CCC with a time of 1:16.43 and from a field of 91 competitors finished 7<sup>th</sup> overall.



The boys Intermediate team, consisting of **Joshua Gesell** (10), **Cameron Sparkes** (10) and **Timothy Wilson** (10) finished a creditable 41 out of a field of 289 teams from All Schools in the state. For the Combined Catholic College schools the boys finished 16<sup>th</sup> with a time of 54.40. Congratulations to all competitors for their results in this Triathlon competition.

## **Football Trials**

Nomination Forms are now available for students wishing to trial for the Open Boys and Girls Diocesan Football teams. These trials will be held on Thursday 6<sup>th</sup> April at Lake Macquarie Regional Football Facility from 9.30-2.30. **Closing Date for Competitor Entry Form is THURSDAY 23<sup>rd</sup> March.** See Mrs Shipman for Nomination Forms.

## **U'15 Rugby League Trials**

**Brayden Guyan, Lachlan Roberts, Caleb McCudden, Blake Conn, Harrison Kettles, Alex Madden, Kye Jacobson** and **Brodie Briscoe** will be trialling for the U'15 Diocesan Rugby League team on Thursday 2<sup>nd</sup> March at Raymond Terrace. If selected these players will progress to the Northern Division Rugby League Trials to be held in Smithtown later in the term.

## **NSWCCC Individual Sport Nominations**

**Hockey – U'16 Girls & Open Girls & Boys Teams** – CCC Trials Monday 27<sup>th</sup> March at Broadmeadow Hockey Fields (Nominations Close on Tuesday 21<sup>st</sup> March)

**Hockey – U'16 Boys** – see the following link regarding selection for the NSW All Schools U'16 Boys Hockey team ([https://www.csss.nsw.edu.au/nswccc-hockey\(boys\).aspx](https://www.csss.nsw.edu.au/nswccc-hockey(boys).aspx))

**Open Baseball** – CCC Trials (9-12 students only) – Tuesday 21<sup>st</sup> March (Nominations Close Wed 15<sup>th</sup> March)

**Open Girls Cricket** – CCC Trial Monday 6<sup>th</sup> March (Nominations Close 2<sup>nd</sup> March)

## **Swimming**

A team of over fifty students will represent St Paul's at the Diocesan Swimming Championships next Tuesday 7<sup>th</sup> March at Lambton pool. A full list of squad members and results will be published once the carnival has been completed.

If students wish to nominate to swim **distance events** at the **NSW All Schools Championships** a nomination form **MUST** be completed by Tuesday 21<sup>st</sup> March. A full list of these distance events along with the nomination form can be found at:

<https://docs.google.com/forms/d/e/1FAIpQLScCPN9h2OvPqTJU23LvXOGVdAx6h74zn9TLU74T9GkE7rMjsg/viewform>

**Mrs Anne-Maree Shipman**  
**Sport Coordinator**



## Year 12 Retreat

The final note for Year 12 Retreat has been distributed to students and emailed to parents/guardians. Please return the forms and final payment by Wednesday March 8<sup>th</sup>. The retreat is always a valuable experience for all students and I appreciate the support it has been given by staff and families.

## Year 10 Camp

Deposits are now due for the Year 10 Camp. If you have not already done so, please pay the deposit as soon as possible so that final costs can be determined. A final note will be distributed soon.

## Project Compassion Launch

Thank you to Ms Shipman and the group of Year 11 students who attended the launch of Project Compassion at the Sacred Heart Cathedral.



## Ash Wednesday and Lent

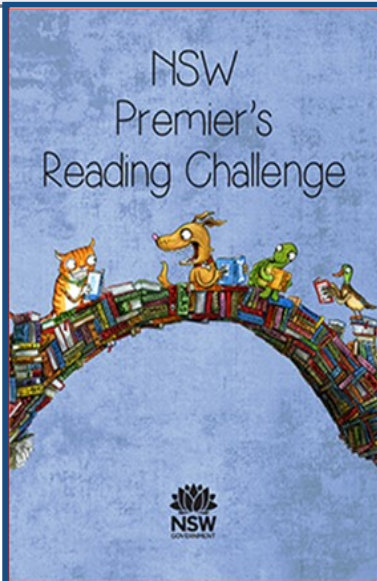
The school community participated in an Ash Wednesday liturgy today. Caritas Australia provided us with a valuable reflection: "The ashes we receive today are a symbol of our own mortality and call us to repentance, to turn away from selfishness to the 'greatest commandment of the law', the love of God and the love of one's neighbour which is at the heart of this year's Caritas Australia Project Compassion appeal."

Each Tutor Group will complete some fundraising during Lent to support Project Compassion. For more information please visit: <http://www.caritas.org.au/projectcompassion>

**Mr Michael Doyle**  
Ministry Coordinator



## Library News



### Premier's Reading Challenge 2017

If you are in Years 7, 8 or 9 you are eligible to enter the PRC. Some English classes are completing the challenge and individual students are also invited to join up.

It begins on Monday 6<sup>th</sup> March and closes on Friday 25<sup>th</sup> August.

All you have to do is read 20 books – the reading list is available in the library or on the following website -

<https://online.det.nsw.edu.au/prc/home.html>

If you are interested in registering, please see Mrs Beezley in the library.

**Mrs Kerri Beezley**  
Librarian



## Mathematics News



**St Paul's High School no longer sells Scientific Calculators**

**The Board of Studies has a list of Scientific Calculators approved for use by students.**

[http://www.boardofstudies.nsw.edu.au/hsc\\_exams/calculators.html](http://www.boardofstudies.nsw.edu.au/hsc_exams/calculators.html)

Staff at St Paul's will only support students in the use of Casio fx or Sharp EL calculators from the Board list.

All other brands may not be suitable, and staff will not be able to show students their functions.

**Mr Alan Vickers**  
Mathematics Coordinator



## *Creative Arts and Languages*

*It is hard to believe that we are already half the way through Term 1! All of our creative students are currently working hard and well on the way to completing their first Units of Work for the year. Many will have received their first Assessment Task Notifications. With this in mind, remember, if you are unsure of what a task is asking you to do, it is very important that you seek clarification from your Teacher. They are more than happy to help you! Each of you is capable of achieving your best in EVERY task that you do, so make the choice to work hard and be proud of what you hand in.*

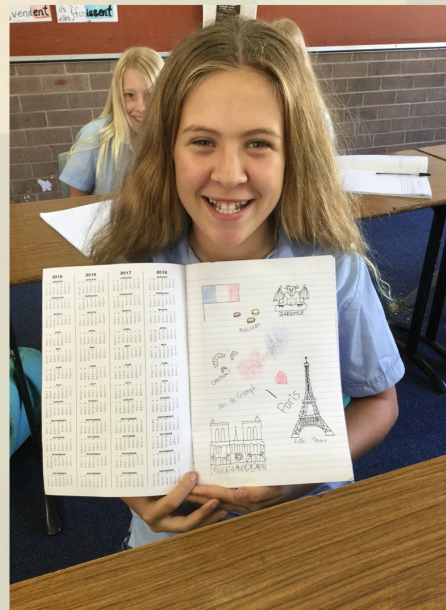
*We look forward to inviting our Yr 7 Parents into our classrooms next week, we cannot wait to involve you in our lessons.*

*Finally, here is a preview of some of the wonderful work our students are engaged in at the moment,*

*Enjoy!*



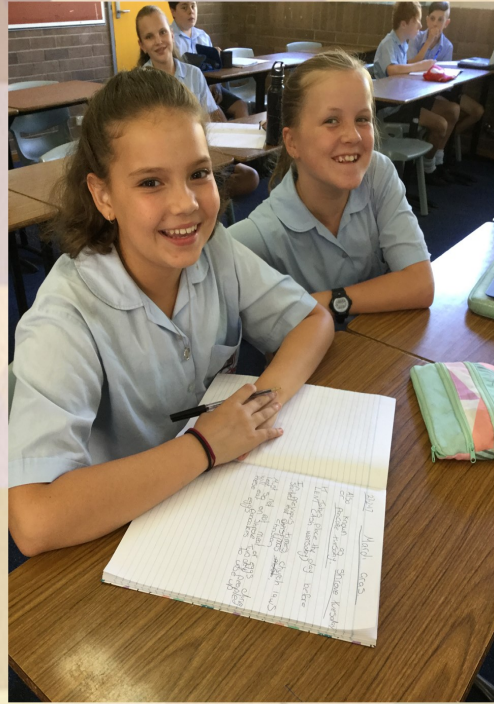
*Xander Williams  
working on his Pop  
Artwork in Yr 8*



*Chelsea Kneis with  
her beautiful French  
workbook*



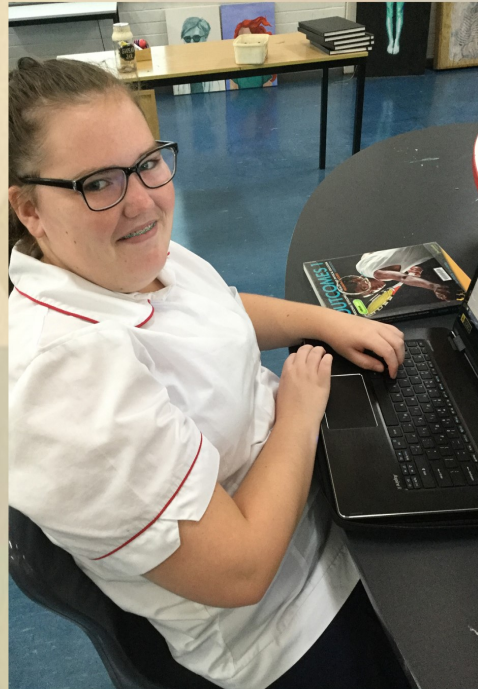
*Taylor Colic of Year 10 heading into the Darkroom with Mrs Howard*



*Sarah Easterbrook and Olivia Parkinson enjoying Year 7 French with Mrs Pichler*



*Harry, Lachlan and Abby discussing the Renaissance in Yr 11 Visual Arts*



*Shae finishing her first Yr 11 Visual Arts Case Study*

*Miss Sarah Adams  
Creative Arts and Languages  
Coordinator*

## **DRAMA NEWS**

A reminder that Year 10 Drama students are heading to the **Diocesan Theatresports next week Wednesday 8th March** as part of the celebration of Catholic Schools Week. Students will gather with other Drama students from the diocese to compete in teams for the day. All permission notes need to be handed to **Mrs O’Gorman by Friday 3 March** and students should have organized their **Opal Card** for transportation by train to the venue.

This week Years 9, 11 & 12 Drama students all received assessment notifications. Now is a great time for students to begin their devising and scripting of works at home. Drama is a subject that does not necessarily have daily “homework” as such but revolves around the completion of bigger projects. The trick to success is to break the rehearsal and devising processes into small, manageable tasks. Hence, Year 9 Drama could commence the selection of monologue and commencement of learning lines. Year 11 Drama could commence research into their chosen performance area while Year 12 Drama can commence gathering evidence for their essay task later this term, including the development of their dramatic excerpt. Planning and time spent now will avoid stress and anxiety in the assessment week. Please do not hesitate to contact me on [cathy.ogorman@mn.catholic.edu.au](mailto:cathy.ogorman@mn.catholic.edu.au) if needing additional support or information about any of these tasks. Finally, a reminder that the first of our theatre evenings for Drama students takes place this weekend. Students attending the performance of **Jasper Jones** should meet Mrs O’Gorman at Wheeler Place next to the Civic Theatre no later than 7.30pm. The play runs for 2 hours 15 mins. Parents are asked to be at the theatre exit doors to collect students no later than 10.15pm. Have a great week!

## *France and Germany Trip 2018*

*As you may be aware, Mrs Pichler and Mrs O’Gorman are currently planning a cultural tour to France and Germany. A meeting was held on Monday to determine who may be interested in taking part in this once in a lifetime experience.*

*If you did not get a chance to attend the meeting, and would still like the opportunity to attend the trip, please fill out and return the ‘Expression of Interest’ Form below. This form needs to be returned to Mrs O’Gorman or Mrs Pichler by no later than **Thursday, 2nd of March.***

*If you have any queries, please feel free to contact Mrs O’Gorman or Mrs Pichler. I would like to thank them for all the hardwork that they are doing to get the program up and running.*

*Bon Voyage!! (hopefully)*

*Miss Sarah Adams  
Creative Arts and Languages Coordinator*

23<sup>rd</sup> February 2017



Dear Parents/Guardians & Students

We are writing to invite you to submit an Expression of Interest in participating in the planned 2018 France/ Germany tour.

As you are aware, we are planning a cultural tour to France and Germany departing **11<sup>th</sup> April 2018 and returning on 28<sup>th</sup> April 2018**, bringing the trip to a total of 18 days. Working with GET Tours we are currently finalising prices and have a meeting scheduled with our Tour Company representative for 8 March. Shortly after this there will be an information evening held at St Paul's where GET Tours will run us through the tour and provide a detailed summary of itinerary and costing. This will be a chance for parents to ask any questions they may have. Shortly after this, a deposit will be called for in order to secure a place on the trip. Details of this will be given at the meeting which will be held prior to the Term One School holidays.

The draft itinerary was made available to you last week and we trust that you have had time to discuss this with your son/daughter. As you can see from this itinerary there are many wonderful activities planned for the group. At this stage we believe the trip will cost approximately \$6100 to \$6300 plus spending money, however, the cost will also be affected by the number of students we have going on the trip. The more students, the cheaper the cost MAY be.

In terms of a selection criteria, and dependent on how many students apply, we would be giving preference to students in Years 9 -12 and also looking for students who have a sense of maturity and a good record of behaviour at school. **Students travelling on the trip must also have all school fees paid at the time of application.** Language students in our Stage 5 & 6 classes will also have preference. At this stage we have not put a limit on the number of students/parents we are willing to take as this needs discussion with our Tour Company. **We are more concerned with ascertaining the level of interest at this stage.**

We are now seeking expressions of interest from students&/parents in taking part in the trip. We will only proceed further if there is enough genuine interest to warrant further planning.

We thank you for your support and interest thus far. If you need additional information please don't hesitate to contact us [edwina.pichler@mn.catholic.edu.au](mailto:edwina.pichler@mn.catholic.edu.au) or [cathy.ogorman@mn.catholic.edu.au](mailto:cathy.ogorman@mn.catholic.edu.au).

We ask you to complete the slip below and forward to either Mrs Pichler or Mrs O'Gorman

**NO LATER THAN THURSDAY 2<sup>nd</sup> MARCH 2017.**

Yours sincerely,

Edwina Pichler & Cathy O'Gorman  
(Language Teacher) (Leader of Learning – Curriculum Administration/Staff Development)

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EXPRESSION OF INTEREST SLIP TO BE RETURNED TO MRS PICHLER or MRS O'GORMAN

I/We wish to express our interest in taking part in the 2018 French/Germany trip. We understand that ALL school fees must be paid in order to participate in the trip.

NAME of Student: \_\_\_\_\_ of TG: \_\_\_\_\_

Signed: \_\_\_\_\_

Additional Comment: \_\_\_\_\_

# From the Careers Desk



## **Career Thought of the Week:**

“Life is like a ten speed bike. Most of us have gears we never use.”



**Charles Shultz**

## **Students preparing for the jobs of tomorrow?**



These days a strong academic record isn't the only thing employers are looking for in a potential employee. Your next employer also wants to see the unique skills and attributes you can bring to the role and the organisation, and the application and interview process is the perfect time for you to showcase why you are the best person for the job.

Showcasing your skills can seem challenging, especially if you have not had any prior work experience to refer to. But work experience isn't the only way to gain relevant qualities, skills or knowledge.

### **Gain an edge over the competition**

Employers are looking for well-rounded candidates who are proactive, confident and engaged, who can work in a team, and who can learn and adapt to real-life situations as they happen.

If you have been involved in regular activities, the experiences you have gained can demonstrate your ability to rise to any challenge, to persevere and be determined, or to communicate effectively and take the lead – all attributes that are attractive to employers as they translate well to a work environment.

These activities may include volunteer work, significant group projects undertaken at school or at University/TAFE, amateur sports or theatre, and community work.

### **Stand out from the crowd**

Skills you may have picked up during these real-life experiences that are valuable to your potential employer can include:

#### **Teamwork**

- Being part of a volunteer committee or sporting team, working together towards a common goal
- What was your role in the team?
- How did your role and contribution help the team achieve its goal?

#### **Problem solving**

- Undertaking extensive research as part of your studies
- Dealing with complaints or conflict in your volunteer or sporting activities
- How did you deal with these and solve the problem?

#### **Time management and reliability**

- Doing a work experience placement or internship
- Asking for new or additional responsibilities at work
- Developing a study schedule or a volunteering or workout routine and sticking to it
- Managing your work, study and personal commitments

#### **Initiative**

Setting up your own community group or sporting team?

Proposing changes to a group you are part of to improve or change the way things are done

Organising a fundraising activity

#### **Communication skills**

- Experience in writing complex assignment or essays as part of your studies
- Making oral presentations as part of your studies or activities, or been part of a debating team
- Have you had experience as a team captain, umpire or referee and had to communicate rules or strategy to your team?

When applying for jobs, make sure you consider all your life experiences outside the classroom, and the skills you've learnt as a result. This could be the deal maker in landing your dream job!



**2017 STREETSMART Handbook.**

The Street Smartheadbook is an initiative by the AUSPOL - Police Welfare Foundation that is a practical life guide for 16 and 17 year old school leavers that is designed to help prepare today's youth for life after school.

The handbook covers important topics from sexual health and the effects of drug and alcohol abuse to legal rights and applying for a loan. It offers information specific to the school leaver, providing invaluable assistance for those who are considering buying their first car or living away from home. The handbook is also a handy guide for teens that are pondering their future career choices and supplies them with advice on apprenticeships, university and TAFE. It provides teens with straightforward, factual information about issues that they will face. The information contained in the Street Smartheadbook is written by a collection of topical experts, such as the Australian Drug Foundation, Beyond Blue and Quit, who are working together to address the information needs of teens. Content in the handbook is also localised to reflect the unique laws of each State and Territory in Australia. To accompany the printed editions that you will receive shortly, we have provided you with a link to an online edition of the Street SmartHandbook. Please make the below link available to your students and staff so that they can view and utilise the Street SmartHandbook on their computers, smart phones and tablet devices. To view the online edition of the Street SmartHandbook, please click the below link:

<http://www.cwaustral.com.au/emag/handbooks/11460-2669-96640852/>

**Careerlinks Employment Links-Reminder**

I have had a lot of interest this year from students in Yrs. 10,11and 12 that are regularly checking their emails in relation to junior positions vacant each week.



This has resulted in many students applying and some gaining casual employment. So if you are interested please check your school email account each Monday for the latest listings.

As always please see me if you need help with applications or further information.

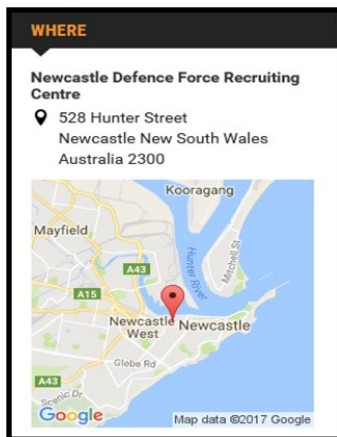
**Defence Careers Information Session**

Land, sea or air. Find out which one has a role that suits your future.

Head to Defence Force Recruiting Newcastle 528 Hunter Street, Newcastle on Wednesday March 15th 6:00pm for an information session about roles currently available in the Australian Defence Force.

Please find all the details on line here - <http://events.defencejobs.gov.au/event/32DOS3>

**CSU Open Day 2017**



**MYDAY**  
YOUR UNIVERSITY FOR A DAY

Do you want to get a real taste of uni life and see if CSU is the right fit for you? Our MyDay program gives you the opportunity to spend a day on campus participating in a range of activities specifically focused on the course area you're interested in. You can also check out the facilities, and meet current staff and students. All of our MyDay events also include sessions specifically for parents.

**Albury-Wodonga**  
 Friday 12 May 2017  
 Accounting, Business, Information Technology, Nursing, Teaching and Education  
 Tuesday 27 June 2017  
 Health and Rehabilitation Sciences, Occupational Therapy, Physiotherapy, Podiatric Medicine, Speech and Language Pathology

**Bathurst**  
 Monday 10 April 2017  
 Communication and Creative Industries, Exercise and Sport Sciences, Paramedicine, Policing and Criminal Justice  
 Friday 9 June 2017  
 Engineering  
 Friday 16 June 2017  
 Accounting, Business, Computer Science and Information Technology, Nursing, Teaching and Education, Psychology

**Orange**  
 Tuesday 11 April 2017  
 Clinical Science, Dental Science, Pharmacy, Physiotherapy

**Port Macquarie**  
 Monday 3 July 2017  
 Exercise and Sport Sciences, Paramedicine, Physiotherapy, Medical Radiation Science

**Tuesday 4 July 2017**  
 Accounting, Business, Information and Communication Technology, Communication and Creative Industries, Policing and Criminal Justice, Teaching and Education, Psychology, Social Work

**Wagga Wagga**  
 Friday 7 April 2017  
 Accounting, Business, Communication and Creative Industries, Information Technology, Medical Radiation Science, Medical Sciences, Nursing, Psychology, Social Work, Teaching and Education  
 Monday 10 and Tuesday 11 April 2017  
 Agriculture  
 Monday 3 and Tuesday 4 July 2017  
 Animal and Veterinary Sciences

Register your interest for a MyDay event at:  
[csu.edu.au/myday](http://csu.edu.au/myday) or email: [infoevents@csu.edu.au](mailto:infoevents@csu.edu.au)

Charles Sturt University

**Important Dates for Term 1**

- ⇒ 22<sup>nd</sup> March-24<sup>th</sup> March Yr. 12 Retreat
- ⇒ 29<sup>th</sup> March-8<sup>th</sup> April-VET Hospitality Work Placement
- ⇒ 3rd April- YR 10 Information Night

**Casual Positions/Employment Links:**

These are ready to view on the school site MN Live, go to News & Events and click on Student News. These are also emailed to students in Yrs. 10-12 through their school email accounts.

**Mr Craig McLoughlin**

**Careers & Vocational Education Coordinator**



## Opening Hours for Payments to the Finance Office

**Parents:** come to Reception from 8.30am to 2.30pm  
**Students:** mornings from 8.30am until tutor group bell all of recess time and all of lunch time

### School Fee Payments

1. Qkr
2. BPay *through your own home banking via the Internet*
3. Eftpos *Minimum payment \$10*
4. Cheque
5. Cash

### Excursion Payments

1. Qkr
2. Eftpos *Minimum payment \$10*
3. Cheque
4. Cash

## QKR is a great way to pay fees and excursions



For your convenience, when paying for excursions the new Qkr! app is now live for families of our students. Qkr! by MasterCard can be downloaded for free from Apple's app store for iPhones, iPad users can also download the iPhone app or from Google Play for Android phones. Simply:

For more information about QKR visit our website

[www.booragul.catholic.edu.au](http://www.booragul.catholic.edu.au)

#### Step 1 Download Qkr!

on your Android phone or iPhone. iPad users can download iPhone app



#### Step 2 Register

Select your Country of Residence as 'Australia' and follow the steps to register

#### Step 3 Find our school

Scan the QR code or search for our school name. Our school will also appear in "Locations Nearby" if you are within 4kms of the school

#### Step 4 Register your children

When first accessing your school menu, you will be prompted to register your child. This allows you to make school orders on their behalf.

## Excursions Coming Up .....

Please **pay for all excursions by the due date written on the excursion notes** which are sent home with your child. This date is important as excursion costing is calculated on the number of students who should be attending that particular event. Venues and buses have to be paid when the booking is first made. Your understanding of this would be very much appreciated.

Year	Subject	Date	Venue	Cost	Money Due
11	Welfare	2 March 2017	School Hall	\$10	Friday 24/2/17
7	Welfare	3 March 2017	School Hall	\$7	Friday 24/2/2017
11	Biology & Marine	6 March 2017	Merewether Rock Platforms	\$8	Wed 1/3/2017
11	D&T, IT-Timber	14 March 2017	Power House Museum, Ultimo Sydney	\$40	Wed 1/3/2017
12	Food Technology	15 March 2017	Fish Farm, Bob's Farm & Nelson Bay Marina	\$27	Friday 10/3/17
12	Retreat 2017	22-24 March 2017	Elanora Heights	\$50 Dep	Friday 3/3/2017
12	English Advanced	30 March 2017	Sydney Opera House	\$40	Finalised
10	Year 10, 2017	3-5 May 2017	Broken Bay Sport & Recreation Centre	\$50 Dep	Friday 24/2/2017

**Health Care Cards and Pension Cards** If you (**the Fee Payer, not the child**) are in receipt of a health care or pension card, please bring it in and you **may** be entitled to a reduction in **tuition fees**.

Please return the "Family Discount Application Form for 2017" that was mailed out to all families.

This form needs to be returned to the Finance Office as soon as possible so that any discount on your fees can be processed before billing.

Please let the School know if you change your email address. School Accounts & Receipts are sent via email.

**Mrs Betty Harris**

**Finance Officer**

[finance@booragul.catholic.edu.au](mailto:finance@booragul.catholic.edu.au)



# Canteen Roster

## Monday 6 — Friday 10 March



Please be aware that the events and dates listed on this school calendar are subject to change. Please check regularly.

Mon	Susan Noonan, April Baker, Fiona Wood
Tues	Amanda Holt, Janelle Haggerston
Wed	Joanne Bower, Pamela Amos, Karen Gilmore
Thurs	Michelle Hall, Kylie Smith, Sharon Roberts
Fri	Leanne Maher, Michele Pippen, Cathy Feenan

## Monday 13 — Friday 17 March

Mon	Mel Parker, Kristy Baker, Sharyn Kiely, Lisa Kelly
Tues	Emma Boslem, Paula Tripney, Christine Jones
Wed	Linda Gesell, Nannette Preston, Kim Harding
Thurs	Paula Douglas, Mel Dobosz, Kelly Cameron
Fri	Megan McInnes, Jennifer Barrett, Carol Crabbe

**Canteen Supervisor:** Carolyn Phone - 4946 3115

**Canteen Hours:** 9.00am to 2.30pm

If you are unable to come on your day, please try to arrange a swap or contact Carolyn.

## Term 1 2017

<b>Week 6</b>	Wed 1 March	Ash Wednesday
	Thurs 2 March	DIO U/15 Rugby League Trials
	Fri 3 March	Yr 11 Brainstorm Production Yr 7 Brainstorm Production
<b>Week 7</b>	Mon 6 March	CCC Cricket Girls Selections
	Tues 7 March	Catholic Schools Week Mass DIO Swimming Carnival
	Wed 8 March	Yr 11 Marine Studies & Bio Exc. CCC Tennis Selections
	9-10 March Thur 9 March	P & F AGM Meeting - 7.00pm Surf Survival Certificate HSC English Ext 2 Excursion
<b>Week 8</b>	Mon 13 March	CCC Cup Rugby League Gala Day
	Tues 14 March	Yr 11 DT & HTT Excursion Sydney
	Wed 15 March	Yr 11 Marine Studies Excursion Yr 12 Food Tech Excursion
<b>Week 9</b>	Mon 20 March	Yr 6 Parent Information Evening
	Tues 21 March	CCC Basketball
	22—24 March	Yr 8 Medieval Incursion
	Wed 22 March	Yr 12 Retreat CCC Rugby League Gala Cup
<b>Week 10</b>	Tues 28 March	Yr 10-12 Visual Arts Excursion
	Wed 29 March	Yr 9 HSIE Excursion
	Thurs 30 March	Yr 12 Adv English Excursion CCC Volleyball
	Fri 31 March	CCC Swimming & Diving Champs
<b>Week 11</b>	Mon 3 April	Yr 10 Information Evening
	Thurs 6 April	Yr 12 Marine Studies Exc.
	Fri 7 April	Dio Football
	Sunday 9 April	Last Day of Term 2 Way of the Cross—Kilaben Bay

## When Leaving School Early

### Leaving school without Parent/Guardian:

If students are leaving school early they must bring a note from their parent/guardian to leave class early. The note should be shown to the class teacher to be dismissed from the class. The student must then go the Front Office, hand in the note and swipe out.

### Leaving school early with Parent/Guardian:

If students are leaving school early during class time with their Parent/Guardian they must bring a note from the parent/guardian (as Students may not be contactable e.g on PE Prac or in a class room without a phone) The note should be shown to the class teacher to be dismissed from the class. The student must then go the Front Office, to meet their Parent/Guardian. A note is not necessary if leaving with a Parent/Guardian at recess or lunch.

# Clothing Pool

## Clothing Pool

Hours: Tuesdays & Thursdays 8.30am - 9.30am



Location: E Block (near the basketball courts) – students & adults welcome

- ◆ We can sell your near new items on Consignment (must be \$20 and over).
- ◆ Please put a label/tag on **each** item with the **price, name, address and phone number** of the person who is to receive payment.
- ◆ When the item is **sold**, a P&F cheque will be issued.
- ◆ 10% commission applies for items less than 3 years old.
- ◆ *Any items under \$20 are donations to the P&F Clothing Pool.*



### Catering Uniforms

Available at reduced prices !

### Uniforms

All NEW uniform items are available at Lowes Glendale and Verdun Hiles, Toronto.

### Blazers

There are a few **BRAND NEW BLAZERS** still available from Clothing Pool .

Normally selling for \$150.00 - **Now only \$100.00.** Please pay at the Finance Office.

### Special

**LARGE RANGE OF JUMPERS AND SPORTS UNIFORMS IN STOCK NOW**

For further information please contact Kathleen Dyett at: [kathleend@extrabuild.com.au](mailto:kathleend@extrabuild.com.au)

### Senior Uniforms

Large range of boys and girls sizes.

Shirts, shorts, skirts, ties, blazers.

*Cash or cheques only*

## Uniform Shop - P & F Notice

The Uniform Shop currently has a large number of **uniforms on consignment** and these items in some cases, have been in the shop for some time.

The P & F Committee has recommended that consignment items that have been in the shop for more than 18 months will be reduced in price by 15%. This reduction will begin at the end of March 2017.

If you currently have items on consignment and you are aware that they have been in the shop for more than 18 months and you do not wish to have the priced reduced, I ask you to make contact with the Uniform Shop before the end of March 2017.

## School Rewards Program

Next time you are shopping at:

***The Athlete's Foot, or Lowes***

Please mention you are a member of the St Paul's High School, Booragul Community and the school will receive School Rewards



### ASPIRE DESIGN ENSEMBLE

ASPIRE is launching a new Ensemble for 2017. This ensemble is designed for students (year 9 upwards) in the diocese with an interest in visual art, who will be involved in the design and realization of this year's set and costume pieces. We are looking for Expressions of Interest from students wishing to be part of this exciting program.

Working under the direction of ASPIRE's set designer Lisa Little and costume designer Lauren Wheatley and directly tutored by Art Whizz Rachael Moore (a visual arts teacher at St Pius X) students will work on areas such as costume creation, set building and painting, make-up and hair design and theatrical design elements.

*Rachael Moore has been an art teacher for 10 years and worked with Drama ensembles and productions when possible over the last 12 years. She is a designer by heart having done Drama and Art at school and continues to work within these areas both in a professional and hobbyist setting. She looks forward to working with a number of talented young people to research, design and create sets and costumes for the ASPIRE group in 2017.*

**Interested students are encouraged to complete an application form to register their interest. Selection for the ensemble will be by interview. Applications must be received by Friday March 10. If you require further information please contact Anna Kerrigan, Aspire Artistic Director [anna.kerrigan@mn.catholic.edu.au](mailto:anna.kerrigan@mn.catholic.edu.au)**

Students engage with the program in Term 2 and the commitment will be as per the schedule below

#### TERM 2

Date	Times	Venue
Tuesday 2 May 2017	4.30 pm – 7.30 pm	St Pius X High School, Adamstown
Tuesday 9 May 2017	4.30 pm – 7.30 pm	St Pius X High School, Adamstown
Tuesday 16 May 2017	4.30 pm – 7.30 pm	St Pius X High School, Adamstown
Tuesday 23 May 2017	4.30 pm – 7.30 pm	St Pius X High School, Adamstown
Tuesday 30 May 2017	4.30 pm – 7.30 pm	St Pius X High School, Adamstown
Tuesday 6 May 2017	4.30 pm – 7.30 pm	St Pius X High School, Adamstown
Tuesday 13 June 2017	4.30 pm – 7.30 pm	St Pius X High School, Adamstown
Tuesday 20 June 2017	4.30 pm – 7.30 pm	St Pius X High School, Adamstown
Tuesday 27 June 2017	4.30 pm – 7.30 pm	St Pius X High School, Adamstown

#### TERM 3

Date	Times	Venue
Tuesday 18 July 2017	4.30 pm – 7.30 pm	St Pius X High School, Adamstown
Tuesday 25 July 2017	4.30 pm – 7.30 pm	St Pius X High School, Adamstown

#### WEEKEND AND HOLIDAY REHEARSALS

Date	Times	Venue
Thursday 12 July 2017	9.30am – 4.00pm	St Pius X High School, Adamstown
Sunday 16 July 2017	9.30 am – 4.00pm	St Pius X High School, Adamstown
Sunday 23 July 2017	9.30 am – 4.00pm	St Pius X High School, Adamstown

#### PRODUCTION WEEK

Date	Times	Venue
Sunday 30 July 2017	Bump In 8.00 am – 5.00 pm	Civic Theatre, Newcastle
Monday 31 August 2017	Technical Rehearsal 11.00 – 7.30pm	Civic Theatre, Newcastle
Tuesday 2 August 2017	Dress Rehearsal 8.00 am – 5.00 pm	Civic Theatre, Newcastle
Wednesday 3 August 2017	First Matinee 9.00 – 2.00pm	Civic Theatre, Newcastle
Thursday 4 August 2017	Second Matinee 9.00 – 2.00pm	Civic Theatre, Newcastle
Friday 5 August 2016	Third Matinee 9.00 – 2.00	Civic Theatre, Newcastle
Friday 5 August 2016	Opening Night 5.00pm – 10.00pm	Civic Theatre, Newcastle
Saturday 6 August 2016	Closing Night 5.00pm – 10.00pm	Civic Theatre, Newcastle





2017 ASPIRE Application Form Diocese of Maitland-Newcastle Catholic Schools Office DESIGN ENSEMBLE



Please complete and return this Application Form to: Miss Anne Atkins, Director's Office Team, Catholic Schools Office, 841 Hunter Street, Newcastle West NSW 2300 or scan and email to anne.atkins@mn.catholic.edu.au by no later than Friday 10 March 2017. LATE APPLICATION FORMS WILL NOT BE CONSIDERED

Personal Information

Surname: \_\_\_\_\_ Given Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_ Sex: Male/Female (Please Circle)

Home Address: \_\_\_\_\_

City: \_\_\_\_\_ Postcode: \_\_\_\_\_

Email address: \_\_\_\_\_

Phone (H): \_\_\_\_\_ Mobile: \_\_\_\_\_

Name of School/College I will be attending in 2017: \_\_\_\_\_

2017 School Year: Year 9 Year 10 Year 11 Year 12 (Please Circle)

Relevant Design Experience: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

I would like to be part of the ASPIRE Design Ensemble because: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Area of particular interest if one e.g costume/set/make up: \_\_\_\_\_

Consent Details

I have read and agree to the conditions of participation in ASPIRE.

Parent/Carer's Name: (please print) \_\_\_\_\_

Parent/Carer's Signature: \_\_\_\_\_

I have read and agree with the conditions of participation in ASPIRE.

Student's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

### ASPIRE PRODUCTION ENSEMBLE

ASPIRE is looking for Expressions of Interest from students wishing to be part of the 2017 Production Ensemble. This initiative, launched last year, is designed for students (year 9 upwards) in the diocese with an interest in technical and behind the scenes aspects of theatre.

Working under the direction of respected industry professional Loretta Foster students will experience a range of opportunities including but not limited to sound, lighting, props, set, costume and scene-change (backstage) crew.

***Loretta Foster** has worked as a stage manager since graduating with a Bachelor of Creative Arts in technical production in 1992. She began her career as resident stage manager for Peter and Ellen Williams at the Playhouse: Sydney Opera House. Her professional engagements include The Really Useful Theatre Company, The Ensemble Theatre, The Short Shakespeare Company, The Sydney 2000 Olympics Ceremonies and NAISDA Dance College. Loretta is currently resident stage manager for Can You See Me? Theatre which performs annually at The Studio: Sydney Opera House and also divides her time working as a theatre technician and teaching stage management and the Diploma of Live Production and Technical Services at Hunter TAFE.*

**Interested students are encouraged to complete an application form to register their interest. Selection for the ensemble will be by interview. Applications must be received by Friday March 10. If you require further information please contact Anna Kerrigan, Aspire Artistic Director [anna.kerrigan@mn.catholic.edu.au](mailto:anna.kerrigan@mn.catholic.edu.au)**

Students engage with the program in Term 2 and the commitment will be as per the schedule below

#### TERM 2

Date	Times	Venue
Tuesday 2 May 2017	4.30 pm – 7.30 pm	St Pius X High School, Adamstown
Tuesday 16 May 2017	4.30 pm – 7.30 pm	St Pius X High School, Adamstown
Tuesday 30 May 2017	4.30 pm – 7.30 pm	St Pius X High School, Adamstown
Tuesday 13 June 2017	4.30 pm – 7.30 pm	St Pius X High School, Adamstown
Tuesday 20 June 2017	4.30 pm – 7.30 pm	St Pius X High School, Adamstown
Tuesday 27 June 2017	4.30 pm – 7.30 pm	St Pius X High School, Adamstown

#### TERM 3

Date	Times	Venue
Tuesday 18 July 2017	4.30 pm – 7.30 pm	St Pius X High School, Adamstown
Tuesday 25 July 2017	4.30 pm – 7.30 pm	St Pius X High School, Adamstown

#### WEEKEND REHEARSALS

Date	Times	Venue
Sunday 16 July 2017	9.30 am – 4.30 pm	St Pius X High School, Adamstown
Sunday 23 July 2017	9.30 am – 4.30 pm	St Pius X High School, Adamstown

#### PRODUCTION WEEK

Date	Times	Venue
Sunday 30 July 2017	Bump In 8.00 am – 5.00 pm	Civic Theatre, Newcastle
Monday 31 August 2017	Technical Rehearsal 9.00 – 7.30pm	Civic Theatre, Newcastle
Tuesday 2 August 2017	Dress Rehearsal 8.00 am – 5.00 pm	Civic Theatre, Newcastle
Wednesday 3 August 2017	First Matinee 9.00 – 2.00pm	Civic Theatre, Newcastle
Thursday 4 August 2017	Second Matinee 9.00 – 2.00pm	Civic Theatre, Newcastle
Friday 5 August 2017	Third Matinee 9.00 – 2.00	Civic Theatre, Newcastle
Friday 5 August 2017	Opening Night 5.00pm – 10.00pm	Civic Theatre, Newcastle
Saturday 6 August 2017	Closing Night 5.00pm – 10.00pm	Civic Theatre, Newcastle



2017 ASPIRE Application Form Diocese of Maitland-Newcastle Catholic Schools Office PRODUCTION ENSEMBLE



Please complete and return this Application Form to: Miss Anne Atkins, Director's Office Team, Catholic Schools Office, 841 Hunter Street, Newcastle West NSW 2300 or scan and email to anne.atkins@mn.catholic.edu.au by no later than Friday 10 March 2017. LATE APPLICATION FORMS WILL NOT BE CONSIDERED

Personal Information

Surname: \_\_\_\_\_ Given Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_ Sex: Male/Female (Please Circle)

Home Address: \_\_\_\_\_

City: \_\_\_\_\_ Postcode: \_\_\_\_\_

Email address: \_\_\_\_\_

Phone (H): \_\_\_\_\_ Mobile: \_\_\_\_\_

Name of School/College I will be attending in 2017: \_\_\_\_\_

2017 School Year: Year 9 Year 10 Year 11 Year 12 (Please Circle)

I am studying Entertainment: YES NO (Please Circle)

I am interested in gaining extra units for my Entertainment Cert 3: YES NO (Please Circle)

Relevant Production Experience: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

I would like to be part of the ASPIRE Production Ensemble because: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Area of particular interest if one e.g costume/sound/set/lighting: \_\_\_\_\_

Consent Details

I have read and agree to the conditions of participation in ASPIRE.

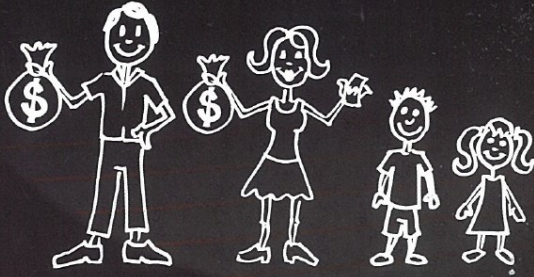
Parent/Carer's Name: (please print) \_\_\_\_\_

Parent/Carer's Signature: \_\_\_\_\_

I have read and agree with the conditions of participation in ASPIRE. (Please see over)

Student's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

# School Drive Subsidy



If you live a long way from public transport and need to drive a student to a public transport pick up point or to school, you may be able to get financial assistance.

The School Drive Subsidy provides eligible parents and guardians twice-yearly payments to help cover some of the expenses of getting children to school.

To find out if you're eligible, and to apply online, visit [transport.nsw.gov.au/schooldrive](http://transport.nsw.gov.au/schooldrive)

## Can't get online?

Ask about the School Drive Subsidy at your school, or call **131 500**.



OP560/PVC/DL/7D-009 11/2016



## Stressed about back to school costs?

Would \$500 help pay for uniforms, books, excursions, tutoring, a laptop or tablet?

Saver Plus matches your savings for school costs, dollar for dollar, up to \$500!

You may eligible if:

- you have a Health Care or a Pensioner Concession card and,
- you or your partner have some regular income from work such as full-time, part-time, casual or seasonal work.

Contact **Cynthia Culhane**  
your local Saver Plus Coordinator:  
**02 4032 4703 / 0418 699 646**  
or [cynthia.culhane@thesmithfamily.com.au](mailto:cynthia.culhane@thesmithfamily.com.au)

Saver Plus was developed by ANZ and the Brotherhood of St Laurence and is delivered in the Newcastle area by The Smith Family. The program is funded by ANZ and the Australian Government. Find more information at [saverplus.org.au](http://saverplus.org.au).

# Arrendell

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Discounts available for multiple weekly lessons within the same family

- English, Maths, Sciences
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- Small group & one-on-one tutoring
- Exam prep workshops
- Essay writing & study skills
- Qualified, experienced teachers
- HSC specialists

KEY DATES	
Term 1 (10 weeks)	30 Jan - 7 April
Autumn Holiday School	TBC
Term 2 (10 weeks)	24 Apr - 30 Jun
Winter Holiday School	10 - 13 Jul
Term 3 (10 weeks)	17 Jul - 22 Sep
Spring Holiday School	3 - 6 Oct
Term 4 (10 weeks)	9 Oct - 15 Dec

Over 40 years of helping Newcastle students succeed

☎ **4929 2522** 🏠 **11 Scott St Newcastle 2300**  
[arrendell@ozemail.com.au](mailto:arrendell@ozemail.com.au) | [www.arrendellsecondaryeducation.com.au](http://www.arrendellsecondaryeducation.com.au)



# Wangi Warriors Junior Rugby League

## 2017 REGISTRATIONS

**U6's - \$90 rego fee**

**U7's to U17's - \$140 rego fee**

**Rego fee includes shorts, socks & ref fees**

**\$10 discount each subsequent family member (up to 3)**



**HURRY!**  
Season Starts Soon!

Register at [www.playnrl.com](http://www.playnrl.com)  
Email: [secretary@wangi-warriors.com](mailto:secretary@wangi-warriors.com)  
Phone: 0421 639 064

## LAKE MACQUARIE DOCKERS JUNIOR AFL CLUB



Tulkaba Oval, Teralba

2017 Online Registrations Now Open  
Visit [www.lakemacquariedockers.com.au](http://www.lakemacquariedockers.com.au)

**NAB Auskick \$80**  
5 Years to 8 Years  
Includes 2017 Auskick Pack

**Juniors \$130**  
U9s, U10s, U11s, U12s, U13s, U15s & U17s

**Junior & Youth Girls \$130**  
U12s & U16s

The first 10 girls registered will receive a \$20 refund

\*\*\*\*\* NO WEEKLY FEES \*\*\*\*\*

For further information please find us on facebook –  
Search Lake Macquarie Junior Dockers AFL Club  
or contact Brad on 0402494737



**LOCATION** - Neville Thompson Oval, Dora Creek

**DATES** - Saturday 4th and Sunday 5th March

**AGE GROUPS** - U/14, U/16, U/18



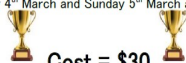


**SOUTHLAKES  
Roosters  
JRLFC**



**Southlakes Roosters  
Women's 9s**

This is an open invitation to all Girls in the Newcastle, Maitland, Central Coast, Upper Hunter and surrounding areas aged between 12-18 years of age to play the 'Greatest Game Of All'. Southlakes Roosters Junior Rugby League Club will be holding a Girls Under 14s, Under 16s and Under 18s Rugby League Tackle Tournament on Saturday 4<sup>th</sup> March and Sunday 5<sup>th</sup> March at their home ground 'Neville Thompson Oval', Dora Creek.



**Cost = \$30**

Register NOW – [bit.ly/SouthLakesWomens9s](http://bit.ly/SouthLakesWomens9s)



#PLAYNRL  
#SouthLakesWomens9s

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**A 10K WALK  
WITH A FINISH  
FOR FOODIES!**

**SYDNEY  
26 MARCH 2017**






**BOOK YOUR TICKETS NOW!**  
[www.meetmeinthemiddle.com](http://www.meetmeinthemiddle.com)



\*\*\*LIZA WAGUDAN WINES\*\*\*



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**#MeetMeInTheMiddle10k**





**SYDNEY 26MARCH**

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STARLIGHTKIDS**



## New Family Charity Ride



## 7km ... there and back along the foreshore path to Warners Bay

(Starts at Speers Point Park between 9.30 & 10.30am)

The family charity ride takes place simultaneously with the traditional Loop the Lake event. (Sunday 12th March 2017)

Join us for a fun day.

Morning tea, lunch and a pass to Speers Point Swim Centre included. Register online for the chance to win some great family prizes.

[www.loophelake.com.au](http://www.loophelake.com.au)



Your fun-day contributions make it possible for the Rotary Club of Warners Bay to support the efforts of major charities who do such good work in our community. In addition, donations are made throughout the year to other worthy projects, some that are local and some elsewhere in Australia and in the wider world beyond.



# BACK to SCHOOL

The **Athlete's Foot** stock a range of school shoes to ensure that there are options for everyone. \$5 from every shoe purchased is donated back to our school. Even better, this applies to the whole family across their fantastic range of school, sports, work and casual shoes.

**SCHOOL REWARDS PROGRAM** **\$5**

FROM EVERY PAIR OF SHOES PURCHASED IS DONATED BACK TO YOUR SCHOOL

SPORTS SHOES IN DISGUISE

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CHARLESTOWN (02) 4942 1848 | GLENDALE (02) 4954 4820  
KOTARA (02) 4956 2477 | GREENHILLS (02) 4933 1288

# "How to P & F"

## Are you....

- ✓ A member of your schools P & F Executive or the schools staff Executive?
- ✓ A Federation Delegate
- ✓ A parent interested in getting more involved in your child's school?

## Do you....

- ✓ Want to learn more about running a P & F meeting?
- ✓ Have questions about the P & F Associations Constitution?

**THIS EVENT IS FOR YOU!**

Come along, enjoy some delicious finger food, meet other interested parents have these and other questions answered.

**WHEN:** Wednesday, 22<sup>nd</sup> March, 2017.

**WHERE:** Victor Peters Suite  
841 Hunter Street, Newcastle

**TIME:** 6.30pm – 8.00pm

**RSVP:** Cath Garrett-Jones

(For catering) P: 4979 1303 E: [cath.garrett-jones@mn.catholic.edu.au](mailto:cath.garrett-jones@mn.catholic.edu.au)

**PLEASE RSVP BY 17 March**

Send through your questions about P & F Issues and Insurance matters to

Cath Garrett-Jones.

We can answer them on the night!