



St Paul's
 Catholic College
 Booragul

Photo by Andy Warren

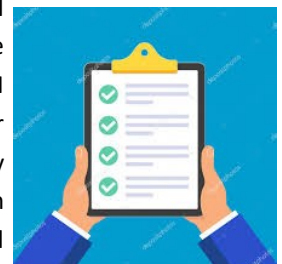


1 August 2018 Vol: 11-18

To the Families and Friends of the St Paul's Community.....

Welcome back to Term 3.

At our first assembly of the term, I spoke to the students about engagement in their learning. In that address I talked about our students making the most of every learning opportunity in every lesson. I spoke about the need to have all their equipment including computers that are fully charged and ready to go every day. I spoke about ensuring that bags are packed the night before ensuring that any items that will be needed for the next day's lessons are included. I also spoke about the idea that homework is an old term and that today we speak about home study. It is a time where all students should be reading, looking over notes from previous lessons and even looking at work that is to come. This study obviously includes assignments and research that is needed to complete some of the complex tasks that students are engaged in every day in every lesson. It also includes any tasks that have been set from the previous lesson.



The other area that I spoke about was the concept that all students are responsible to ensure that the learning environment is one where each person can work consistently. I said that students who, for whatever reason decide to disrupt the learning environment for others need to seriously consider their actions. It is most unfair that students in class are put in situations where they struggle to learn because of the actions of others. Ironically, the students who disrupt lessons are usually doing that because they are not prepared themselves for the lesson. They are usually the ones who have not brought the correct equipment or who have not completed the set tasks that have been set to enable them to fully participate in the lesson.

I have challenged our students to ensure that they make every lesson the best learning opportunity for themselves and for others. Over the term, I will be visiting classes along with members of the College Leadership group to see what our students are doing in class and to perhaps challenge some approaches to learning along with congratulating students who are working well in their classes. Later in this newsletter, Mr Furey will be talking about the new Mobile Phone Policy that we have introduced. This policy is about teaching and learning and quality learning environments. I ask that you look closely at the policy and discuss the implications with your child in the coming days.

As I write this newsletter, we are about to host the Mid-Year Awards Ceremonies for years 7 to 10. After that we are hosting our main rounds of Parent Teacher Interviews. These interviews are an important tool in helping our students to continue their journey as learners. I hope as many of you are able to attend and be part of this time to discuss your child's progress with their teachers.

As well, we have many students involved in this year's Aspire production at the Civic Theatre. The performances are this week from 1-4 August and I commend you all to come along and see the wonderful talents from not only St Paul's but from schools across the Diocese.

This is the final term for Year 12. At the assembly, I wished them well as they receive feedback from their recent exams and as they complete their final tasks and major works. It is a busy time for these students and I know that our staff are working tirelessly to support them as they complete their formal studies for the HSC.

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The days are getting longer but it is clear that we need some solid rain across the region and across the state. I hope and pray that the drought that is affecting much of the state including the Hunter Region ends soon and that our friends and families in the farming community receive the support that they need so that they can survive this most difficult time.

Go gently.

Mr Graeme Selmes
Principal



Assistant Principal - Community & Wellbeing

Parenting Ideas subscription

The following is an article from the Parenting Ideas Blog to which the College subscribes. This article may be of interest to parents as it addresses resilience within our students – post technology in the classroom. I hope it is of some interest:

Moving beyond cyber safety for happy, resilient digital kids

by Martine Oglethorpe

As digital devices becoming increasingly immersed into our lives, it is certainly clear they will continue to play a major role in the education, learning, entertainment and socialization of our children's lives.

This can be a scary prospect for a parent today as we are saturated with news about predators, pornography, cyber-bullying and sexting. And certainly these are real concerns, as is the safety of our children on these devices.

But these devices are not going anywhere and so we need to be smarter when it comes to helping our kids navigate this world. And for me, that means moving away from a fear based approach, toward one that helps our kids get the skills, behaviours and thinking to become not only safe, but happy and resilient users of digital technologies.

Our kids are getting pretty good at keeping their passwords safe, not sharing private information, and thinking about talking to strangers online. All important lessons we need to continue to teach.

But being immersed in this world requires skills and behaviours well beyond safety measures. It needs to be an ongoing lesson in critical thinking, resilience, self-esteem, empathy and the promotion of good habits that they can carry with them throughout life.

Digital Resilience The online world opens us up to comments, judgements and even abuse from people known and unknown, all coming from different backgrounds and situations, all with different beliefs, and all with a little extra keyboard courage or anonymity. Whilst we would like to be promoting kindness and respect online, this is not always the reality. We need our kids to be able to recognize and move on from the people whose opinions do not matter. The greater audience and the permanence of the online world also means the effects of mistakes are magnified. They need to be able to withstand the very permanent and public nature of this world. There may always be a party they are not invited to, or a sleepover they were excluded from, so how will they deal with the constant flow of images appearing in their social media feeds?

Self esteem away from the screens There will always be comparison online. With access to so much and so many, there will always be someone prettier, smarter, skinnier, with more friends, more likes or more followers. We need to be constantly working on the self esteem of our kids, both online and off. Conversations about our self worth, where that comes from, whose opinion matters, what success and happiness really looks like. These all need to form part of the equation, not just how many likes you get on your latest selfie.

Digital skills Our kids need skills to know how to handle different situations that arise online. Do they know how to abort a conversation that is going badly? How do they speak up in a group chat when someone is being excluded or spoken about in a nasty way? How do they deal with unwanted attention online? Do they have the words to respond to a nasty comment? Should they respond? As so much of their social life and connection to others will be based around online conversations, these are just some of the skills our kids need to have in order to keep those interactions positive.

Good habits The earlier we start with good habits, the greater chance we have of them becoming behaviours they adopt throughout adolescents and beyond. So start out with your own rules to ensure these habits are formed. Maybe it is no devices an hour before bed, no devices in the bedroom, no devices at the dinner table, asking permission before sharing pictures of others. Making sure there is plenty of time for friends, extra curricula activities, outside play, chores, homework and good sleep. These all help us be in charge of our time management and the control we have over our devices, so they don't end up controlling us.

Critical thinking There is so much content online, so our kids need to be really good at determining that which is real, fake, relevant, helpful and worthwhile. This can be a difficult task (even for adults), but a crucial skill. Critical thinking must be an ongoing

process every time they watch a video, look at a photo, read an article or connect with someone. Why was this written or produced? Is the language biased? Are they trying to sell me something? Is there research to back up their claims? Would this video have a warning if it was on TV? Is this worth my time? These are just some of the critical thinking questions kids need to be asking of themselves every time they consume content online.

So whilst keeping our kids safe and giving them the skills to do this is of utmost importance, there is so much more to cyber safety than avoiding predators. The emotional and social well-being of our kids and the ability for them to be in the best position possible to learn, grow and thrive are imperative, and will help them become resilient and happy both online and off.

Martine Oglethorpe is a mother to 5 boys with a background in secondary education and a Masters in Counselling.

Policy on Personal Technology Device 2018

To view the College Policy please click below link <http://www.booragul.catholic.edu.au/media/1956/policy-on-personal-technology-device-policy-2018.pdf> or please see the end of the newsletter on the use of personal technology and its use during school times. I would encourage all students and parents to read this document as it outlines the College expectations regarding mobile phones and similar devices.

I would welcome any feedback on this policy as it attempts to address some of the negative educational impacts technology has caused in recent times.

Study Skills

You might also like to visit the Assignment Skills unit at www.studyskillshandbook.com.au for some more ideas on approaching assignments.

School's Username – **stpauls**

School's password – **52success**



Mr James Furey
Assistant Principal—Community & Wellbeing

Assistant Principal—Teaching & Learning

This term sees a number of key events in the area of Teaching & Learning at the College. The first of these, our Academic Awards ceremony for Years 7 – 10, was held yesterday, acknowledging both the achievements and effort of many of our students across all Key Learning Areas. A more detailed report on these will appear in our next newsletter but for now I wish to acknowledge those students who received awards in the areas of attendance, effort and improvement. These awards highlight the qualities of tenacity, perseverance, resilience and commitment – qualities that will sustain students throughout their learning journey. It was a privilege to share in this special day with our students, staff and their families and I commend ALL students on their behaviour and respect shown throughout the day.

Term 3 also contains a number of other significant events in the area of Teaching and Learning:

- **Year 8 Information Evening Monday 6th August** re Year 9 2019 Additional Studies. This evening will be followed with online Subject selections being opened up as part of our 2019 timetabling process. A letter to Year 8 parents will be sent late this week reading details of the evening.
- **Year 9 NAPLAN Online Testing TRIAL** – this will be held in late August.
- **Year 10 National Minimum Standards Testing** – the testing period for August has been rescheduled for a little later in the year. Parents of those students involved will receive communication about this in Week 3 via email.
- **Year 10 (Year 11 2019) Subject Selection** - this process is being finalised as we move towards the construction of the 2019 Timetable. Mr McLoughlin, myself and members of our Timetable Committee will work with those students who may need some further advice or subject changes. Any students who has not yet completed subject selections, for whatever reason, is asked to see myself or Mr Moroney as soon as possible.



Mrs Cathy O'Gorman
Assistant Principal—Teaching & Learning (Acting)

Year 8 News

Welcome back to semester two and a special welcome to three new students to Year 8 St Paul's Catholic College : **Ella Thomas, Aidan Alexander** and **Lachlan Ward**. The early weeks of this term have some significant dates that provide opportunities to reflect on academic progress so far, and to plan for future direction:

- ⇒ Tuesday evening 31st July 3.45-8.30pm **Parent /Teacher interviews**
- ⇒ Wednesday 1st August ALL day, **Parent /Teacher interviews**
- ⇒ Friday 3rd August Periods 1&2 **Studies Coordinators talk to Year 8 about Electives** available for subject selection for Year 9 2019. **Information booklets** will be distributed.
- ⇒ Monday 6th August 6.30pm **Subject information Evening** for Year 8 (Year 9 2019) and parents
- ⇒ Monday 6th August – Monday 13th August the **WebChoice is open** to students to make their elective selections.
- ⇒ Thursday 9th August Periods 1 & 2 Year 8 have the pleasure of being an audience for **'Splendour in the Arts'** (Music and drama performances)
- ⇒ Tuesday 14th August SPB **Athletics Carnival** Glendale

At the start of the year I encouraged students to develop a **positive mind-set** in relation to their abilities and skills, rather than dwelling on the negative and making statements such as "I can't do that!" Each student is encouraged to simply add a suffix, a single word that reflects a positive approach: "I can't do that yet!"

Academic success is like everything else in life – it requires organisation, a resilient and determined approach, and a gradual mastery of skills. Students today are the 'Google Generation' where one click provides a multitude of answers, but acquisition of skills is not so simple. So..... attend the Parent –Teacher interviews, acknowledge honestly where there are areas to improve, and discuss with the teacher what strategies can be put in place to achieve a better outcome. The selection of electives for 2019 is an opportunity to take some control of the academic direction of your learning, and begs the bigger question of what you might wish to pursue beyond school. So much to consider!

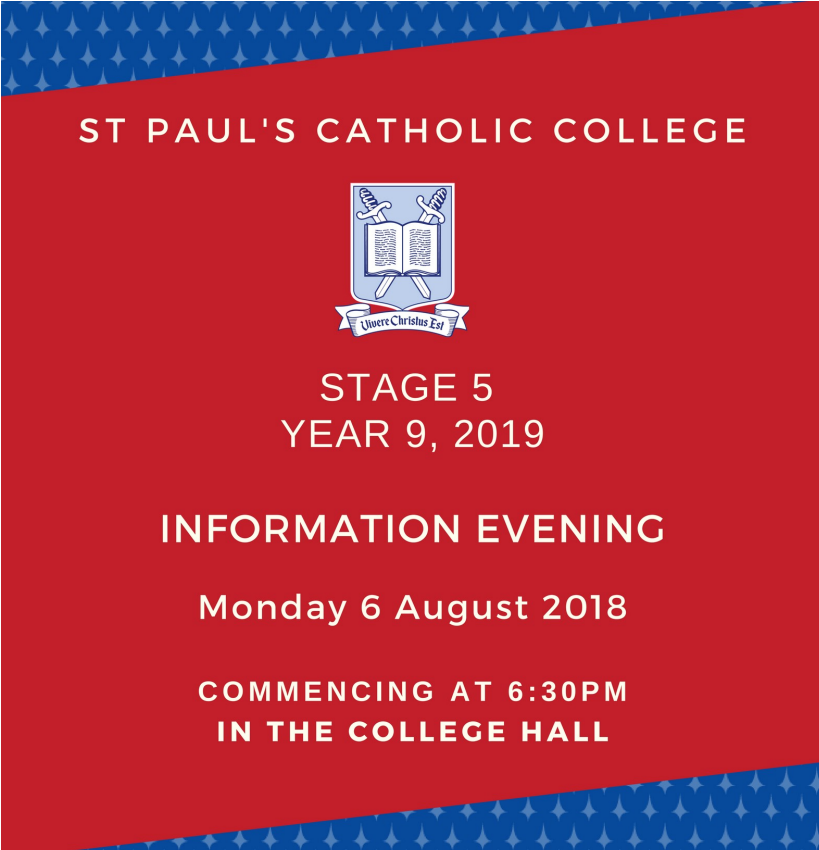
Congratulations and thankyou to those Year 8 students who performed in the **St Paul's Got Talent** session on St Paul's Day which concluded Term 2:

Holly Marks- Gray, Christina Swinsburg, Yasmin Bower and **Lara Fennell** who sang and performed, "A Team" by Ed Sheeran;


Jessica Rowe who sang, "All of Me" by John Legend.

You helped to make the day special by sharing your talents.

School is an exciting adventure Year 8. Put a smile on your face, be positive in what you can achieve, and enjoy the journey!



ST PAUL'S CATHOLIC COLLEGE



STAGE 5
YEAR 9, 2019

INFORMATION EVENING

Monday 6 August 2018

COMMENCING AT 6:30PM
IN THE COLLEGE HALL



Equestrian

Hunter Valley Grammar Schools Interschools Championships

Emily and **Molly Callinan** represented St. Paul's Catholic College in the Hunter Valley Grammar Schools Interschools Championships on 28th May.

Both girls represented the school well and achieved some good results. The results entitle them to compete at the State Interschool Championships in July.

Results were as follows:



Molly Callinan had her first attempt at this level of competition and achieved the following:

4th Prelim 1.3 Dressage

4th Elementary 3.2 Dressage

3rd Elementary 3.3 Dressage

9th Combined training (1st in the Dressage phase with an exceptional score, unfortunately in the show jump rounds Molly's pony was a little apprehensive on the approach of two jumps giving her 8 jumps faults).



Emily Callinan competed in a very high and difficult level and achieved the following results

10th 2.2 Novice Dressage

10th 2.3 Novice Dressage

We are proud of the girl's achievements, where they compete in the school's colours and have the school logo embroidered on their saddle cloths. Thanks also to Mrs Lesley Callinan, who makes the competition possible for the girls.

State Interschool Equestrian Championships

Molly Callinan competed at state level equestrian during the July school holidays. Below is a list of her achievements which were sent in from Mrs. Callinan.

"In the school Holidays Molly attending the State Interschool Equestrian Championships at the Sydney International Equestrian Centre. This was Molly's First year in Secondary and she rode extremely well."

Competition Results

"Molly rode in the Dressage phase competing in the Novice 2.2 & Novice 2.3, and the Elementary 3.2 & Elementary 3.3. She took home 4th & 11th in her Novice tests and 12th & 15th in the Elementary. Her Novice results placed her 6th overall in the State."

This type of sporting competition is at an elite level for competitors, many of whom have professional coaches that attend the events. Molly's performance was truly outstanding considering there can be hundreds of participants.



Mr Michael Reville
Organising Teacher



Rugby League Update

GIRLS Last week our U16's girls Rugby League team competed in the final series of the Knights KO competition. The girls played a tough first game against Kurri Kurri High school. Both teams scored two tries however we failed to convert any of our tries and lost 10-8.

The girls then had to play in the 3rd place play-off match vs St Joseph's College Lochinvar. In a high-quality game our girls ran out winners 14-8, finishing 3rd overall for the Newcastle region. Throughout the day all the girls displayed great courage, athleticism and sportsmanship. They are to be congratulated for their efforts this year in Rugby League.

BOYS On Wednesday 4th July, St Paul's Booragul played St Clare's Taree in the opens Country Cup final at McDonalds Jones Stadium. Both teams progressed through to the finals series with impressive victories and thoroughly deserved their time on the big stage.

St Clare's dominated in defence and field possession in the first half jumping out to a 10-nil lead. St Paul's fought their way back into the game with a try to **Sam Douglas** and eventually trailed 16-6 at half time. The defensive toll proved to be too much for St Paul's as St Clare's ran away with the game winning 38-10. All the boys from Booragul displayed amazing tenacity throughout the game against an older and much bigger Taree team.

Some special efforts must be noted from our boys **Sam Douglas, Lachlan Smith, Thomas Hall** and **Kendyll Fahey**. A big thank you and congratulations to the nine U16's boys who played well above their weight, earning praise and respect from their coaches and opposition.

It was an awesome experience for both schools to reach the regional final and play at McDonald Jones Stadium. The most impressive part was the way the game showcased the community spirit and sportsmanship of both schools. Prior to kick off, both the girls and boys St Paul's teams met some NRL Knights players and received a tour of the stadium facilities.

A big thanks to the all the executives and teaching staff at our school for enabling the students to have this experience and demonstrate the amazing school spirit here at St Paul's. I would especially like to thank Anne-Maree Shipman, Belinda Flood, Cathy O'Gorman, Chris Pakalniskis and Jono Reynolds for all their support and accommodations made for this event to take place.



TEAM SQUAD FOR OPENS RL COUNTRY CUP Final	
POS	Name
1	Sam Douglas
2	Riley Jones
3	Isaac Milajew
4	Ciarnan Maybury
5	Caleb McCudden
6	Lachlan Smith
7	Kendyll Fahey
8	Adam Panagopoulos
9	Brodie Roberts
10	Ricky Briot
11	Tom Hall
12	Kye Jacobson
13	Mason Lemmon
14	Angus Nichols
15	Brodie Biscoe
16	Lachlan Roberts
17	Harrison Crase
18	
	INJURED PLAYERS
19	Cooper Thomas
20	Alex Santarelli
21	Harry Kettles
22	Matthew Harding
<i>Players that left school but played in qualifying matches: Blake Spruce-Conn; Anton Fenech; Jed Fatches.</i>	



Mr Joel Penny
Organising Teacher



Splendour in the Arts

ST PAUL'S CATHOLIC COLLEGE

INVITATION

SPLENDOUR IN THE ARTS

Wednesday 8 August
6:15pm for a 6:30pm start

TICKETS AVAILABLE ON THE NIGHT

\$12 per family \$5 per adult \$2 per child

HSC Music - Dio Sounds - Elective Music & Drama
Year 9 Band - Shakespeare - Independent Acts -
Plus More

Welcome back to the busiest, yet most exciting, term of the year! The Creative Arts and Languages Faculty have a number of major events for your calendar that we are currently working very hard to prepare for. We would like to invite you to our first big event of the Term, St Paul's Catholic College ***Splendour in the Arts*** Performance Evening to be held in the School Hall on **Wednesday 8th August, commencing at 6.30pm**. The evening will showcase students from Years 7 – 12 in Music, Dance and Drama, involving both Stage 4 Music students as well as all Drama, Dance & Music Elective classes. It promises to be an evening of great entertainment and we hope that you will support our students and teachers through both your attendance and encouragement of your son/daughter in their participation.

If your child is performing at the event they will need to be at the school **no later than 6.00pm** ready to commence the concert at **6.30pm**. ALL students are to report to either the C7/8 (Music) or A18/19 (Drama) rooms where they will meet with their teachers prior to the commencement of the concert. The concert should be finished at approximately 8.30pm.

Tickets for the concert will be on sale on the evening at the door. The cost is \$12 per family, \$5 per Adult and \$2 per child. This money goes towards covering the cost of the evening and purchasing resources for our Creative Arts Department.

For any queries please contact by either sarah.adams@mn.catholic.edu.au (for Drama and general enquiries) or emily.heads@mn.catholic.edu.au (Music).

We thank you, in advance for your support.

This week we have 12 students involved in Aspire. Congratulations and good luck to the following students



◇ Jordyn Laucht	◇ Grace Feenan	◇ Evie Jones	◇ Jordan Snowden
◇ Hannah Finley	◇ Charlotte Ferry	◇ Ella Ryan	◇ Georgina Roach
◇ Zoe Braithwaite	◇ Imogen Haines	◇ Michael Pockran	◇ Holly Marks Gray



Miss Sarah Adams
Leader of Pedagogy – Creative Arts and Languages

In the Junior German and French classes, we have been busy making posters about a cultural aspect of the Target country or a special celebration that takes place in that part of the world. Students enjoyed working in groups, researching the information, and designing the posters. They have now been laminated and are now hanging in our classrooms, making our bleak walls a lot more cheerful and colourful for the years to come.

Students worked hard to make them as appealing to the eye as possible and they have achieved their goals!



Mrs Karen Poole & Mrs Christine Churchward
Language Teachers

Debating News

Last week, eight students from St Paul's attended a Debating and Enrichment Training Day at St Mary's Senior College in Maitland. The day was presented by Masters Academy, a professional Sydney based company who provide training in debating, adjudicating and public speaking. The presentation included practical tips on debating by enthusiastic and knowledgeable experts. Both staff and students came away from the day with new knowledge and strategies that they are keen to implement during the debating competition later in the term. Introducing the Stage 4 Debating Team:



Year 7

Chloe Scanlon

Sienna Isaac

Jessica Robinson

Jessica Stephens

Year 8

Christina Swinsburg

Merin Charly

Makenzie Brown

Evie Marshall

Mrs Nicole Burns & Mrs Sophie Stanley
Stage 4 Debating Coaches



Diocesan Public Speaking Competition

On Tuesday 26th June, five students from St Paul's represented the college in the Diocese's annual Public Speaking Competition. Students were required to present a prepared and an impromptu speech to a panel of experienced adjudicators. The topics they had to address included: *Last night I had the strangest dream*, *Fast Forward to 2022* and *My Perfect School...* All students performed confidently and while they didn't take home any prizes, all students gained valuable experience in formulating and structuring ideas, speaking in front of an audience and improvising; skills that will serve them well in into the future.



Congratulations to:

Year 7: *Benjamin Middleton*

Year 8: *Zoe Braithwaite* and *Cindy Richards*

Year 9: *Ben Lerch* and *Xander Williams*

Mrs Felicity Foley
Organising Teacher



Brainstorm Productions

Verbal Combat / Award-Winning In-School Theatre Performances

On **Wednesday 15 August**, Brainstorm Productions will be presenting their student wellbeing program 'Verbal Combat' for **Year 7 students**.

Words are powerful. Words can hurt and cyber bullying is devastating. Verbal Combat is a live theatre program that follows three friends who learn that their online words can last forever.

The desire to fit in and be liked is strong and when one friend starts to post witty, but mean rumours to get more online likes, the play takes a cruel twist. All too soon, the posts are wreaking havoc in all their lives and the characters quickly discover that there is no easy way out. Verbal Combat is essential learning, that addresses the dire consequences of cyber bullying and will help students understand that their digital footprints are hard to erase and so are their mistakes.

Verbal Combat is part of our student wellbeing curriculum and the program has been developed in consultation with teachers, psychologists, as well as real-life student experiences. The methodology of the program is safe, supportive and nonjudgmental and designed to provide students with positive and useful tools that they can use in their everyday lives.

If you would like to know more about Brainstorm Productions, visit their website at www.brainstormproductions.edu.au



In the first week of the July holidays I was privileged to attend, and present a Lab Workshop, at CONASTA 67 – the Conference of the Australian Science Teachers Association in conjunction with the International Conference of Chemistry Educators (ICCE) held at University of Sydney.

The conferences were attended by over 700 delegates from Australia and around the world and provided the opportunity for teachers, academics and Resource providers to showcase current ideas and materials for the present and future of Science teaching both at Secondary and Tertiary levels.

The keynote sessions showcased a variety Australian and international scientists and educational researchers including Prof. Lisa Harvey-Smith (Astrophysicist, CSIRO) who presented the Stanhope Oration on the Square Kilometre Array – a set of thousands of radio sensors deployed in the W.A. desert for making unprecedented images of the night sky.

Dr. Tanya Latty (Entomologist, USYD) - how 'simple' organisms such as moulds, ants and bees are able to solve complex problems by working together.

Dr. Jeanette Hurst (Science Communicator, USYD) - the chemistry behind Food Gastronomy

Prof. Richard Garrett (ANSTO) - examples of current "Big Science" projects, including CERN (home of the Large Hadron Collider) which is investigating the fundamental laws of nature and the first moments after the Big Bang; ITER, the world's largest fusion experiment which aims to demonstrate fusion as a low emission sustainable energy source for the world; and the LIGO and Virgo Scientific Collaboration, which first observed gravitational waves in 2016.

Dr Alan Finkel (Aust Chief Scientist) spoke of his vision to boost student's science and mathematics skills & knowledge and Prof. Dietmar Muller (Geophysicist, USYD) helped us understand what stories rocks tell about the history of the planet.

Shannon Foster (D'harawal Saltwater Knowledge Keeper) - the science, culture and sustainability of the world's oldest surviving, continuous culture.

Prof. Peter Mahaffy (Chemist, Kings University, Canada) - how Chemistry must interact with other disciplines such as Ethics, Sustainability & impact on our environment.

Dr. Brad Tucker (Astrophysicist, ANU) closed the conference while exploring the future of space mining, travel and 'immigration'!

There was also the opportunity to hear from past winners of the Prime Minister's Science teaching prize in a forum session, hosted by Robyn Williams AM.

Over 125 workshops covered a broad range of topics catering for a diverse audience including lab technicians and early-childhood teachers.

I was honoured to present a workshop in the Sydney University Wet Lab on making gases (O_2 , CO_2 , H_2 , N_2O , NH_3 , Cl_2 etc) in Syringes – a method I adopted from Prof Bruce Mattson at Creighton University in Nebraska USA. Many students at St Paul's would be familiar with the process which we have often used here to make gases which are then used in experiments such as small rocket explosions ($2H_2 + O_2 \rightarrow 2H_2O$) and demonstrating Equilibrium conditions ($CO_2(g) \rightleftharpoons H_2CO_3(aq)$).

The focus theme of the conference "Spotlight on our Future" was chosen in the belief that Science, and thus Science teachers, will continue to have a significant impact on many aspects of our daily lives.



Mr Mark Newell
Science Teacher



Science & Engineering

On the 22nd of May, 24 year 8 students competed in the Newcastle of University's Science and Engineering "Build ME a Future" day. This is a competition with 5-6 schools competing each day for an entire week.

The challenges that the students faced included; constructing a Mars rover which could carry a block over an obstacle course, designing a plane to hit a target and fly the furthest distance and create a catapult which had to pass similar tests. Many of these challenges the students had not come across before, they were also limited on their time and materials. With many failed attempts our students managed to collaborative design innovating creations which, once tested, not only gave the students the highest points for schools that day, they were the highest point scorers for the week with scores much higher than the university team had seen before.

As a result, the school has been proudly awarded a Cuberider prize which is a program written by leading scientists and astrophysicists. This is a massive STEM opportunity for the school which will kick off next week as 13 of these students, who have decided to dedicate their Friday afternoons, will begin the two-term program resulting in the design of an experiment which is to be sent to and conducted on the International Space Station.

Both the challenge and the program give students the opportunity to engage with higher order problem solving and develop skills which are necessary in the modern-day workforce. All students involved should be as incredibly proud of themselves as everyone here at St Paul's is of them. Their continued achievements will be long remembered.

Congratulations to

Sarah Arrowsmith, Caleb Baker, Alex Binkin, Dominik Brymora, Merin Charly, Sophie Crowley, Janella Francis, Ethan Gaminde, Tayha Hill, Zoe Ingrey, Piper Kohlhagen, Cody McAllister, Kiara McManus-Smith, Julia Moir, Holly Neil, Sindy Richards, Jessica Rowe, Ella Rushton, Harry Smith, Emma Tait, Ebony Wattus, Paige Wheeler, Blake Wilkinson and Jade Winter.



Miss Alanna Bohatko
Science Teacher



Religious Studies News

We would like to congratulate **Sophie Crowley** and **Ella Rushton** in Year 8 for their outstanding efforts in preparing for and sitting the Religious Literacy Examination. This is an across the Diocese task which requires a high level of knowledge and the ability to apply it to challenging questions. Both of these students attained a Distinction in this examination and should be as proud of themselves as we are of them as a school community.

Well done on a fine effort.



Sophie Crowley



Ella Rushton

Mrs Nicole Deed
Religious Studies Leader of Pedagogy

Information on our physical activity program...



Active kids do well in class!

Research shows....

-  Kids who are active ...
- ... and eat well 
-  Do better in class!

This is why our school has introduced the PA4E1 program.

Physical Activity for Everyone (PA4E1)

Our school is now part of PA4E1. This will help us in our aim to increase student physical activity levels. Some ways we will do this are:

-  More activity in our PE lessons
- Creating physical activity plans 
-  Resistance training at our school
- More activities during our breaks 
-  More information sent home
- More links with our community 

For more information, visit: pa4e1.hnehealth.nsw.gov.au

Did you know?

- The Government recommends kids do at least **60 minutes** of moderate-to-vigorous activity each day.
- This is activity which makes kids huff and puff!
- Sadly, only **1 in 5** kids meet the guidelines!*

* NSW SPANS Survey 2015








The more active a parent is, the more likely their child will be active too

For more information, visit: MakeHealthyNormal.nsw.gov.au

Make time in your week to be active with your kids





Career Thought of the Week:

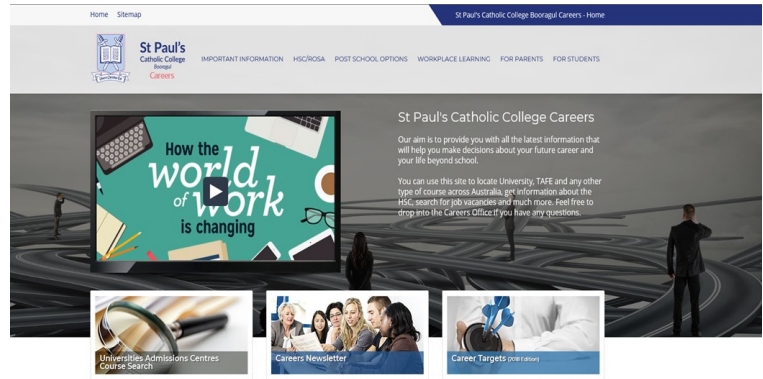
“The question isn't who is going to let me; it's who is going to stop me”

Ayn Rand

St Paul's Catholic College Careers Website- New Look

Our Careers website has had a makeover with a new look with easier navigation. If you haven't already had a chance to view this essential career tool go to:

<http://www.stpaulscareers.com>



Are you good at Maths but feel related jobs are boring!?

You would be surprised at where maths can take you in a career!

The “Careers with Stem” website www.careerswithstem.com.au point out 6 areas that might surprise you.

1. Algebra in animation - Uni-level algebra, trigonometry, geometry, calculus I and II, linear algebra. Animators use applied maths to find unknowns from a simple set of equations. You need linear algebra for major actions, like rotating and shifting objects, as well as changing their size.

Jobs at - Disney and Pixar. Also, TV programming, game development, internet animation, advertising, research, educating and training (across all sorts of fields).

2. Stats in forensic science - Uni-level algebra, trigonometry, geometry, calculus I and II, statistics.

Yes, just like on TV, bloodstain analysis can reveal important details about violent crimes. And its math's that enables forensic analysts to work out those details.

Jobs at - Too many places to list — but they include police, shops, government departments, legal firms and insurance agencies.

3. Geometry in fashion - A good grasp of high school algebra and geometry. Most courses in fashion design won't have specific requirements but being comfortable with the maths makes it a whole lot easier. Creating patterns from designs takes math's — and so does making a range of sizes, working fabric requirements and costing garments (how much they'll cost to make and how much you need to sell them for).

Jobs at - Fashion stores, designer studios, museum displays.

4. High-level math's in AI - Uni-level algebra, linear algebra, trigonometry, statistics and calculus. Machine learning is setting up computer systems to 'learn' (get better at things) by using data instead of having to be programmed for each task and much of math's is essential to the development of better AI (artificial intelligence).

Jobs at - Tech companies, car manufacturers, law offices, health, and anywhere else that would benefit from their computer systems being able to learn from data.

5. Social media and algorithms - complex network theory, graph structure, nodes, clusters, power-law, weakly-connected component (WCC), degree distributions, scale-free network, eccentricity. You know how your favourite social media 'remembers' what you've liked before and 'suggests' stuff, or decides what you see when? Well, that's done with algorithms, which are all maths.

Jobs at - Social media companies (big and small). Also, potentially anywhere that uses social media for brand and marketing purposes.

6. Data and doing good - Data analysis, statistics

International aid organisations rely on maths to work out how and where to do the most good. When there's a limited amount of money to share around, this is super important.

Jobs at - Aid agencies and government foreign affairs departments.



Experience ADFA Open Day

Defence Force Recruiting Centre (DFRC) Newcastle is inviting you to attend the Australian Defence Force Academy (ADFA) Open Day on **Saturday August 25th**, in Canberra. DFRC Newcastle will be providing a free bus which will leave from the centre at **528 Hunter Street, Newcastle NSW 2300 at 5am and will return at 9pm.**



The 2018 ADFA Open Day provides the opportunity to learn everything you need to know about life at Australia's finest military and academic training institution. If you are interested in combining a challenging and exciting career in the Australian Defence Force and want to get a world class degree, this is your chance to find out all you need to know. The 2018 Open Day is your opportunity to see a range of exciting displays by the Navy, Army and Air Force and learn everything you need to know about life at ADFA. At ADFA Open Day you'll:

- Get course information and career advice from Defence and UNSW staff
- See a range of military displays
- Watch ADFA midshipmen and officer cadets complete the over-water military obstacle course

Experience a range of equipment, vehicles and technology

There is no better opportunity to experience ADFA. To register your interest on the bus please *book your seat* below and advise number of places required. Up to 2 family members can attend with you. Please note: Your seat is not confirmed until you have heard back from us. Once you have registered your interest we will confirm your spot and send out further information. **Places are strictly limited so get in quick.**

BOOK YOUR SEAT >



Careerlinks Employment Links-Reminder

I have had a lot of interest this year from students in Yrs. 10,11 and 12 that are regularly checking their emails in relation to junior positions vacant each week. This has resulted in many students applying and some gaining casual employment. So, if you are interested please check your school email account each Monday for the latest listings.

As always please see me if you need help with applications or further information.

Teacher Training Scholarships CSO 2019

The Catholic Schools Office, with the support of Federal Government funding from the National Partnerships Teacher Quality initiative intends to offer up to FIVE (5) **Scholarships** to current **Yr. 12 students** in our Catholic schools, who intend to commence undergraduate courses in teacher training in 2019. Under the program each student will receive a total benefit of up to \$7000 over four years. This is an effort to develop a targeting of scholarships recipients for potential employment in Catholic schools.



Application forms can be obtained at the Careers Office.

Closing date for all completed applications is **Friday 28th September 2018.**

HUNTER TAFE-OPEN DAY

BE IN A CAREER YOU LOVE

Whether you're looking to; kickstart your career, become an apprentice, launch a small business or gain some savvy new skills, TAFE NSW Open Day will help you be in a career you love. Open Day is the perfect opportunity for you, your family and your friends to discover a huge range of courses, diplomas and degrees. You'll have the chance to:

- ⇒ Immerse yourself in amazing augmented reality
- ⇒ Join interactive workshops and compelling live demonstrations
- ⇒ Meet industry-skilled teachers and get the best career advice for you
- ⇒ Enjoy live music, delicious food and so much more!

Be Ambitious and register for your nearest participating campus today. We look forward to meeting you at Open Day!



Important Dates for Term 3 2018

6th Aug UAC Opening date

Yr. 11 VET Construction W/ Placement Wk. 2 Term3

16th Aug TAFE Pathways Yr. 12

30th Aug UON Schools Visit Day Yr.12

28th Sept UAC Closing date

Casual Positions/Employment Links:

These are ready to view on MN Connect-School Portal. These are also emailed to students in Yrs. 10-12 through their school email accounts.

Mr Craig McLoughlin

Leader of Pedagogy-Vocational Education/Careers



Opening Hours for Payments to the Finance Office
 Parents: come to Student Reception or Reception from 8.30am to 2.30pm
 Students: mornings from 8.30am until tutor group bell all of recess and lunch times

School Fee Payments

1. Qkr
2. BPay through your own home banking via the Internet
3. Eftpos **Minimum payment \$10**
4. Cheque
5. Cash

Excursion Payments

1. Qkr
2. Eftpos **Minimum payment \$10**
3. Cheque
4. Cash

QKR is a great way to pay fees and excursions



For your convenience, when paying for excursions the new Qkr! app is now live for families of our students. Qkr! by MasterCard can be downloaded for free from Apple's app store for iPhones, iPad users can also download the iPhone app or from Google Play for Android phones. Simply:

For more information about QKR visit our website

www.booragul.catholic.edu.au

Step 1 Download Qkr!

on your Android phone or iPhone. iPad users can download iPhone app



Step 2 Register

Select your Country of Residence as 'Australia' and follow the steps to register

Step 3 Find our school

Scan the QR code or search for our school name. Our school will also appear in "Locations Nearby" if you are within 4kms of the school

Step 4 Register your children

When first accessing your school menu, you will be prompted to register your child. This allows you to make school orders on their behalf.

Excursions Coming Up

Please **pay for all excursions by the due date written on the excursion notes** which are sent home with your child. This date is important as excursion costing is calculated on the number of students who should be attending that particular event. Venues and buses have to be paid when the booking is first made. Your understanding of this would be very much appreciated.

Year	Subject	Date	Venue	Cost	Money Due
Any	ASPIRE	2 August	Civic Theatre	\$25	29 June
12	Geography	15 August			
11	BSTREET SMART	30 August	Quodos Bank Arena, Homebush	\$30	9 August
11	Year 11 Ski Trip 2018	20-23 September	Jindabyne	Various	7 September

Like to pay fees by Bpay weekly, fortnightly or monthly?

Visit the new St Paul's website for a user friendly Fee Calculator....

Please remember to include any future sport buses for 2018 or Year 11 Term 2&3 Elective Fees

<http://www.booragul.catholic.edu.au/about-us/finance/fee-calculator/>

If you require your full 2018 school year fees, please email finance@booragul.catholic.edu.au

Mrs Betty Harris—Finance Officer
finance@booragul.catholic.edu.au



Canteen Roster

Monday 6 August — Friday 10 August

Mon	Fiona Wood, Karen Gilmore
Tues	Susen White, Sharne Johnson
Wed	Sara Ashmore, Teresa Tanks
Thurs	Nicole Ferry, Paula Douglas, Kim McManus-Smith
Fri	Tania Egan, Kylie Powell, Caroline Hickey

Monday 13 August — Friday 17 August

Mon	Karen Lee, Kath Edwards
Tues	Vicki Blundell
Wed	Dianne Fennell-Fraser, Christine Forrester
Thurs	Rochelle Loveday, Nadine Steenson
Fri	Anne Negline

Canteen Supervisor:

Carolyn Phone - 4946 3115

Canteen Hours:

9.00am to 2.30pm

If you are unable to come on your day, please try to arrange a

Reception Hours for 2018

8.00am to 4.00pm Monday to Thursday

8.00am to 3.30pm Friday

Student Reception Hours for 2018

8.30am to 3.30pm Monday to Friday

Please be aware that the events and dates listed on this school calendar are subject to change. Please check regularly.

Term 3 2018

Wk 2	Wed 1-4 August	Aspire
	Wed 1 August	Pupil Free Day— Years 7-11 Parent Teacher Interviews 7-10 All Day
	Thur 2 August	Diocesan Netball Gala
	Fri 3 August	Years 11/12 Marine Studies Excursion 16 Open Girls Rugby League U15&U17 Boys Rugby Union
Wk 3	Mon 6 August	Years 8>9 Information Evening
	Wed 8 August	Splendour in the Arts
	Thur 9 August	Year 10 Debating
Wk 4	Mon 13 August	HSC Drama Evening
	Tues 14 August	Athletics Carnival
	Wed 15 August	Yr 7 Brainstorm Yr 12 Geography Excursion

This Calendar may be subject to change

Please see website for further Calendar dates

<http://www.booragul.catholic.edu.au/news-events/events-calendar/>

Enrolments for 2019 are now open

Forms are available from the office or please follow this link

[Enrolment Package](#)

Please complete forms and return to the Office as soon as possible

A Reminder to current families, if there are siblings to enrol, we need your enrolment forms as soon as possible.



St Paul's has a new website!

<http://www.booragul.catholic.edu.au/>



APPLICABLE TO	All Staff, Students and Parents at St Paul's Catholic College Booragul
DOCUMENT OWNER	Assistant Principal – Community and Wellbeing
APPROVAL DATE	June 27 th 2018
APPROVED BY	Principal
LAST REVIEW DATE/S	June 2018
NEXT REVIEW DATE	January 2019
RELATED DOCUMENTS	Policy for Social Media Procedures for Pastoral Care and Wellbeing 2017 Procedures for Serious Student Misbehaviour 2017 Policy for Anti-Bullying 2017 Complaints and Grievances Resolution Policy 2013 (CSO) Pastoral Care and Wellbeing Policy 2013 (CSO) Attachment: St Paul's Catholic College Staff Survey Results – April 2018

1. Rationale

With the increase in students carrying and using Personal Technology Devices, predominately mobile phones at school, it was deemed desirable and necessary for St Paul's Catholic College to have a specific policy that addressed the use of such devices in classrooms and during school operating hours. A survey was conducted of staff to gather information about whether personal technology devices, specifically mobile phone use, was an issue within classrooms, whether a clearer set of expectations and guidelines was necessary at St Paul's around student use of personal technology devices and whether a whole school approach that followed a "phone(personal technology device) in bag" policy during class time would be supported by staff. A whole school approach and commitment to this policy is required, whereby, staff, students and parents are clear on and agree to follow the policy and procedures outlined below.

2. AIM

- 2.1 To maximise student learning experiences in class.
- 2.2 To provide opportunities for students to experience and develop quality interpersonal relationship skills.
- 2.3 To address the concerns that students are developing addictions around the use of personal technology devices.
- 2.4 To develop an awareness in all students that respect for others in their learning environment is paramount.
- 2.4 To encourage responsible use of personal technology devices.
- 2.5 To avoid the classroom interruptions and behavioural issues that are caused by personal technology devices.
- 2.6 To set social etiquette standards around the use of personal technology devices.
- 2.7 To provide a consistency in policy and procedure across the school that is clearly understood, agreed upon and followed by staff, students and parents.

3. Rights and Responsibilities

Students, Staff and Parents are to adhere to the following expectations about and around the use of Personal Technology Devices

Students

- 3.1 Students have the right to own and carry Personal Technology Devices (PTD) to school.
- 3.2 Students must, at all times, during class time, transition between classes, whole school and sport assemblies, liturgies, study periods, going to the bathroom, have their personal technology devices turned off and securely held IN THEIR BAG.
- 3.3 Students, at times, will be allowed to use their PTD's for educational purpose only. These times will be at the invitation, discretion and supervision of the classroom teacher at the time. Educational purposes include activities such as: calculator use, searching for the definition of a word, taking a photo of work that cannot be completed, filming for classroom tasks, when computer devices are not operational, for engagement with APPS such as Kahoot for educational purposes.
- 3.4 If students are using their PTD's to collect information, record or film other students for educational projects or purposes, once the project has been completed and submitted, all data collected MUST be deleted. This data is NOT, under any circumstances, to be uploaded to any social media sites at any time or shared/forwarded to other students for reasons other than educational purposes. St Paul's Catholic College Cyber Agreement must be followed at all times.
- 3.5 Students are not to take photos/film or sound recordings of staff or students without the express permission of the staff member or student as outlined in the Cyber Agreement code of conduct.
- 3.6 Students have sole responsibility for their PTD's. The school will not accept any responsibility for the damage caused to individual PTD's.
- 3.7 Students are not permitted to carry their PTD's (this includes Apple Watches) into formal examinations. PTD's, during these times, must be turned off and either secured in the student's bag or left with the exam supervisor who will, in turn, take to the office for the duration of the exam. Devices can then be collected at the end of the examination from student administration or a designated teacher.
- 3.8 PTD's are not to be used in senior study lessons.
- 3.9 Students must not use their PTD's to directly contact parents if they are sick, injured or distressed. Students MUST notify a teacher, who will take the necessary care of the student. The student will be escorted to the office where contact will be made with the parent or guardian.
- 3.10 Students are not to make arrangements to leave school, via a phone call or message, without the direct knowledge of a member of staff or office administration.
- 3.11 On school-based field trips students are to adhere to the specific instructions from the supervising teachers on the day about the use of PTD's. Students are encouraged, however, to limit the use of their PTD's on such days and to socialise and develop their interpersonal relationships during these times.

- 3.12 If criminal activity is suspected around the misuse of PTD's, the matter will be referred to police.

Staff

- 3.13 Staff are to model the expectations St Paul's has for their students around the use of PTD's in particular mobile phone usage.
- 3.14 Staff have the right to teach and instruct in a classroom environment which is not interrupted by discipline issues caused by the use of PTD's.
- 3.15 Staff have the discretion to provide permission to their classes or individuals to use a PTD for educational purposes.
- 3.16 Staff who have been informed that a student is sick or distressed, are to allow students to go to the office area where parents will be notified. In the case of illness, the Office Administration Staff will provide the necessary first aid and call a parent/guardian to collect their child. In the case of a child being distressed, the necessary care of that child will take place, in consultation with the relevant Student Coordinator, Leader of Pedagogy, Assistant Principal (Community Wellbeing and/or Teaching and Learning) and/or the Principal. The parents will be notified by a staff member or an office administrator.
- 3.17 If a student is found to be in use of a PTD device during class time, the teacher is to instruct the student that the PTD will be confiscated for the rest of the day. The teacher is to place the PTD in an envelope and label it with the student's name, time/lesson it was confiscated and the name of the teacher who confiscated the PTD. The PTD is to be handed in at Student Administration for storage and collected at the end of the school day(3.10pm). A register of students, whose PTD's are confiscated, will be kept. Repeated misuse will be recorded on Sentral and addressed by LoP's/Student Coordinators/APCW. If a blatant disregard for this policy continues, the student will be banned from carrying any PTD device to school. Parents will be notified of this decision.
- 3.18 If students are belligerent or defiant in complying with the school's policy regarding PTD's the student will be banned from carrying that device to school and parents will be notified.
- 3.19 If criminal activity is suspected around the misuse of a PTD, the matter will be referred to police.

Parents

- 3.20 Are asked to support the college in its attempt to provide classroom environments conducive to maximum learning opportunities.
- 3.21 Are asked NOT to contact their children via any PTD's during class time. Parents are advised to ring the office if contact needs to be made with the child during class time.
- 3.22 If parents need to collect their child/children at any time during the school day, parents MUST contact the school's office so that students can be called from class and the classroom teacher informed of the student's whereabouts.
- 3.23 Are to be aware that if material found on a student's PTD is suspected to be related to criminal activity, the criminal investigation will be conducted by police over which the College will have no control.

Evaluation

Evaluation of this policy needs to be ongoing. With the constant improvement and changes in PTD's and the constant changes in the educational environment staff, student and parent needs will be considered.

Definitions

Personal Technology Device (PTD): includes any Personal Mobile Phone/Personal Communication Device (including Apple Watches) belonging to a student of the College used for the purpose of voice, video, photo or text messages as well as music, gaming, social media and other applications.

The Assistant Principal Community Wellbeing and Teaching and Learning will become involved where a student persistently ignores the mobile phone policy. They will work with the relevant Coordinator and discuss the issue and relevant aggravating and mitigating factors of the student's actions.

The Student Coordinator/Leaders of Pedagogy will follow up instances of refusal to hand over a device or repeated misuse. They will investigate the issue and liaise with the relevant students and their families.

The College Executive (Principal, Assistant Principals, Ministry Coordinator, Administration Coordinator, Elected Staff Representatives) will advise the Principal where relevant on student matters and initiatives

The Principal is responsible for communicating, administering and managing this policy with staff, students and families. The Principal will review the information from the Assistant Principal (or College Executive where relevant) will promote initiatives that promote the pastoral care and wellbeing of students at St Paul's Catholic College.

Legislative/Professional Guidelines

<https://www.entertainmentbook.com.au/orderbooks/340e72>



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WALLESEND TOUCH JUNIOR COMP 2018

HEY KIDS! PLAY TOUCH FOOTY!
TEAMS – INDIVIDUALS – SKILL SESSIONS – CUBS PROGRAM

Registrations NOW OPEN

Easy online process!
Register your team **NOW FREE!**
Players pay before comp starts!
Teams accepted up to 19 Aug 2018



Starts 28 Aug

Cheapest Sport Around
Sibling Discounts
PLUS a FREE SHIRT & TEAM BALL

Same Venue each week
Air Conditioned Canteen & Club House
All ages **NOW** Tuesdays

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Touch Footy Skill Program

'Try Touch Footy' School Carnival - Has your school registered?

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* Excludes gift cards & all suit packages. Cannot be combined with other offers or discounts. Floor stock only. Styles and colours may vary from store to store. No rain checks. Please choose carefully, exchanges and refunds only with docket. Includes existing 5% discount. Offer ends midnight (AEDT) 09/08/18. Must use Zero or Rewards card to receive discount.

\$ 30
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BISHOP'S AWARD 2018



Do you contribute to your local Diocesan community?

The Bishop's Award seeks to publicly recognise the efforts of students and young people within our Diocese who have contributed to the community through their Parish, Church group or Church agency.

Applications are now open to students and young people in the Catholic Diocese of Maitland-Newcastle for the 2018 Bishop's Award.

The award recognises and encourages the efforts of young people within the Diocese who have contributed to the community through their parish, their church group or their church agency.

This may include involvement in groups or agencies such as Caritas, Youth Ministries, St Vincent de Paul, Mini Vinnies or similar church groups. This also includes contributions made within parishes such as Liturgy and Youth Ministries.

Bishop Bill, the Catholic Schools Office and the Federation of P & F Associations view this award as an opportunity to acknowledge the contribution of students and young people to strengthening the links between parish communities, schools and the broader community.

The Bishop's Award is open to students, Years 7-12 and Young People (who have completed Year 12 and are under 25 years of age).

The Bishop's Award comprises four categories:

- ▶ Students in Year 7 & 8
- ▶ Students in Year 9 & 10
- ▶ Students in Year 11 & 12
- ▶ Young People (those who have completed year 12 and are 25 years of age or less)

Each successful applicant will receive \$1,000 which may contribute towards the applicant's education or faith formation by assisting them to attend events such as World Youth Day, Diocesan Youth Retreat or music ministry. Each successful applicant will also receive a Certificate of Recognition from Bishop Bill.

There is a maximum award pool of \$10,000 for the 2018 awards.

4 award categories

Award pool of \$10,000

Applications close 8 February 2019

For further information or to request an application form, please contact your parish office, Catholic secondary school (where applicable) or visit www.mn.catholic/bishops-award



www.mn.catholic.org.au



ENGAGING ADOLESCENTS™

INVITATION TO PARENTS OF TEENS

Learn strategies and skills to improve parent – teen relationships

A three-session program for parents and carers
 by **Allambi Care & Belmont Neighbourhood Centre**
359 Pacific Highway Belmont North

When: Wednesday Evenings 1st , 8th & 15th August 2018

Time: 6.30pm – 8.30pm, 3 consecutive sessions

Cost: \$20 for Workbooks and light refreshments. (Concessions available).

Learn:

- ✓ Some common ground shared by parents & reasonable expectations to have about adolescents
- ✓ New understandings of adolescence
- ✓ A three-option model & flow chart for decision-making
- ✓ Self-check-in, first-for parents
- ✓ Building relationship with your teenager and making the best of your non-crisis conversations with them
- ✓ Skills for tough conversations for handling those problems you just can't ignore

What parents have said...

A step dad recalled an incident at the weekend with his 12 year old step daughter. He said that the input he had received the previous week from the course helped him keep his cool and brought a more favourable outcome.

A single Mum who had presented as quite anxious on the first night told the group in week 2 that she had made an appointment with her 15 year old son during the week and had had a far more favourable discussion with him than would previously have been the case.

Who's running it?

The trainer for this course is Michael Burke who works as an Adolescent & Family Counsellor in the East Lake Macquarie Local Government Area.

Registration is required

Limited spaces are available, please register for this course by contacting Michael Burke on 0408 474 602.



- An end to the arguing and yelling!
- It saved our lives
- Simple, sane, effective
-

This course is being run by a Parentshop® licensed practitioner. www.parentshop.com.au