

To the Families and Friends of the St Paul's Community......

Dear Parents and Caregivers,

The HSC continues with only a week of exams left. The general consensus is that the exams have been challenging yet fair. The final exam is next Monday 11th with Physics and Design & Technology being the final exams for 2019. The results of the students' hard work will be known, in mid-December.

We received news last week that the College has been approved for the refurbishment of a number of our toilet blocks. From the 25 November, a building company will begin the demolition and rebuilding of three of our toilet areas and they will be ready for the new year. It is hoped that the final block will be refurbished in 2020.

Last week, the College took part in the Year 6 Continuum of School Improvement (COSI) Review. This review is held every six years for all schools in the diocese. You might remember that we conducted surveys of Students, Parents and Staff earlier in the year as part of that process. As well, a number of parents, teachers and students were interviewed by members of the review committee. This committee was made up of one of the Assistant Directors, Brian Lacey, Anne Heagney from the RE Leadership team at the CSO, Christine Chapel from Teaching and Learning (CSO), Scott Donohue, a colleague Principal and Lisa Little who coordinates the COSI process across all of our schools.

In the review we looked at three areas of school life. These were:

An Explicit Improvement Agenda, led by Cathy O'Gorman, A culture that promotes Learning, led by Anne-Maree Shipman and Spiritual Formation, led by Renee Pola-Kuras.

At this point, a draft report has been presented to the College leadership team. I am very pleased to report that the initial feedback was excellent in all three domains. We have been working very hard over the past three years to ensure that the College is a quality learning community, not just for our students but for all our staff. Once we have had a chance to fully review the findings, I will give some feedback to the wider community. I would particularly like to thank the three domain leaders for their detailed and committed approach to the review process. As well, I would like to thank the parents who gave up their time to be part of the process and to all the community who responded to the surveys at the beginning of the year.

Next Friday 15 November, the College will host the Year 12 Graduation Ball. This is a truly wonderful final celebration of our class of 2019. The staff and students will join with their parents and care givers, friends and relations to finally farewell their secondary schooling. A huge amount of organisation goes into such an event and I would like to thank the Year 12 Student Coordinator and her team of helpers who have been working tirelessly to ensure this is an event for the graduands to remember.

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This week, the College will be interviewing for our new Assistant Principals. We have been blessed with a quality field of applicants and I hope to be able to announce our new leaders in the coming weeks.

Final course exams begin in earnest from the 18 November (Week 6). Students and teachers are doing final preparation for these exams and it is hoped that the students are busy with appropriate home study programs. A huge difference can be achieved with a study program that is thorough and well thought out. Revision of key concepts, practice of formulas and extended writing as well as regular reading of notes and texts will give your child confidence as they go into their exams. At the conclusion of the exams, teaching of the final stages of courses will resume. I remind students that we work until the end of the school year and that all work is an important foundation the for following year.

We welcome back Felicity Howard to her teaching post after a number of months recovering from a car accident earlier in the year. It's wonderful to have Felicity back with her students. I know that they have made her feel at home again.

Finally, a number of our community are battling significant health issues or have suffered significant loss in their lives. I ask that the Community pray in support of our friends who are doing it tough at the moment. Life can be a very fickle master and at times we can wonder what will be thrown at us next. With a little prayer, help from friends and family, trials and tribulations can be a little easier to deal with.

Go gently.

Mr Graeme Selmes
Principal

Student Coordinator's for 2020

I am pleased to announce the Students Coordinators and their years for 2020:

Yr 7 Belinda Dempsey (From St Mary's Gateshead)

Yr 8 Tracey Evans

Yr 9 Sam Heagney

Yr 10 Kerrie-Lee Guest

Yr 11 Blair Brownlee

Yr 12 Cayte Pryor

We wish them well with their groups. Our kids are blessed with the expertise and experience that they have from their Student Coordinators.

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Compulsory Senior Transition Information Evening Monday 25 November 2019 6.00pm St Paul's College Hall

Year 10 students, parents and carers are required to attend the Senior Transition Information Evening.

Students will receive their Stage 6 Information Package including confirmation of 2020 subject choices, Senior Student Contract and other documentation.

Teaching and support staff will be available for any questions relating to stage 6 matters, enrolment and senior uniform.

There will also be an opportunity provided on the evening to sign final documentation.

Students enrolling in a VET or SBAT Course will move to the Careers Hub at approx. 6.30pm to complete VET Contracts and other matters pertaining to Work Placement and TAFE.

We look forward to seeing you on Monday 25 November.

Tea & Coffee will be provided on the evening.

Mrs Cathy O'Gorman

Assistant Principal—
Teaching & Learning



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Year 11 News

Lots happening as usual.

We acknowledged our Academic achievers at the recent **End of Course Awards** last Thursday. Thank you to the parents and caregivers that were able to attend the event. Congratulations to **Conor O'Neill** who was presented with **Academic Dux of Year 11**. We also acknowledged some special awards as follows:

Christian Leadership – Abby Willcox

Community Involvement Award - Keeley Gayler and Lucy Reid

Encouragement Award – William Burgin

Citizenship Award - Madison Freeman

All students should be proud of their accomplishments in the last year as they now start their HSC journey. I'm hoping they'll reflect on this past year and how they might modify their learning, study habits, social life, application and attitude for this last part of their school education. After being at school, knowing where they are going for 13 years, they only have one more year left. With this in mind, I have presented the students with another **Study Planner** and given them time in Pastoral Period to complete it – maybe this time it might come in handy!

Year 11/12 have **Exams** starting Week 9 (9/12/19) and many Tasks are due around this time. HSC **Assessment Booklets** are now digitally available to students and Mrs O'Gorman APT&L will talk about the Booklet at our next Form Assembly. I have also invited a speaker to address the students about how to manage their finances in our next Form Assembly, and hope they will find the information useful.

Thank you to the parents and caregivers that were able to attend the **Parent Teacher interviews** last Monday – it was nice to catch up with a few mums and dads.

A reminder that all students will be attending the **RYDA Driver Education Programme** at Broadmeadow Showground on Tuesday 12 November. I would appreciate that all money and permission notes be presented by the end of this week please.

All students were invited to attend some **leadership opportunities** recently. Thank you to Miss Martin who accompanied four Year 11 students (*Zoe Ashmore, Joshua Feenan, Maggie Pickford and Teleah Smith*) to the HALOGEN Leadership Conference in Sydney on Monday (see attached article). Thank you to Mrs Burns who accompanied other Year 11 students (*Grace Shrume, Sam Jenkins, Lucy Reid, Lydia Philpott, Madison Freeman, Keeley Gayler*) to the GRIP Leadership workshops in Newcastle. Thank you to the staff and students for participating in these worthwhile activities and sharing new skills with the school community.

The cohort is finally wearing their **uniform** correctly and I would like to thank parents for their support of this area of community involvement and respect. I will continue monitoring the uniform but will also be looking closely at school attendance and **promptness to school** this term. This will be followed up with necessary consequences if needed. Again, I thank caregivers for your support in this area also.

Mrs Cayte Pryor
Student Coordinator
cayte.pryor@mn.catholic.edu.au

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Road Safety Education Limited is the leading provider of road safety education for youth in Australia. The flagship RYDA Program is delivered each year to over 50,000 senior high school students from more than 650 participating schools.

At RYDA, students attend six interactive sessions at a dedicated venue over the course of a school day. In small peer groups, they are challenged to change the way they think about road safety; participating in a stopping distance demonstration, devising personalised strategies, gaining an understanding of their individual risk profile, leading an investigation into a real life crash and getting tips from road safety experts on how to protect themselves, their friends and family.

RYDA gives students critical information and strategies that do not come from driving lessons, books or the school classroom.

By participating in RYDA, schools further their commitment to educating the 'whole student', providing a unique opportunity to learn essential life skills as they face the challenges of driving solo or as an influential passenger of a novice driver.

Now is the time to equip young people with the tools and knowledge they need to stay safe on the road.

For further information, contact 1300 127 642 or visit rse.org.au.

Our website is loaded with resources for teachers, students and parents. Also find us on Facebook (facebook.com/ RYDAroadsafety) and Instagram (@RYDAroadsafety)















RYDA Sessions

Setting the course for a safer future

In small groups, students take part in six interactive workshops.

- SPEED & STOPPING On a closed section of roadway, students experience the relationship between speed and stopping distance through practical observation. Students also learn about the importance of car safety features and maintenance.
- DRIVE S.O.S. Using role plays and engaging activities, students look at the road from the perspective of other road users (including heavy vehicles and cyclists), gaining an understanding of their challenges and learning how to "Drive So Others Survive".
- THE 'I' IN DRIVE A reflective session designed to show students how their personality is an important aspect of the total road safety equation. Students self-assess against five personality areas and use this tool to analyse risky situations in cars.
- ROAD CHOICES A discussion, routinely led by a Police Officer on key risk areas for young drivers and passengers. Features high impact videos on decision-making and choices.
- CRASH INVESTIGATORS: A unique opportunity for students to speak to a crash survivor about the event that changed their life. Forming an interview panel, students investigate crash factors, comparing them against the Safe System approach.
- GENEYIEVE'S STORY A true story about a young driver and passenger involved in a road crash. Drawing from the story, students analyse factors including mood, impulse and planning and develop strategies for decision making in risky situations.

IT'S NOT ENOUGH TO TEACH A
YOUNG PERSON THE SKILL OF CONTROLLING
AND MANOEUVRING A VEHICLE

WE MUST BALANCE THIS WITH THE
SKILL OF CRITICAL THINKING
AND AN APPRECIATION FOR SAFETY ON THE ROAD

Halogen Leadership Convention

The Success in Failure

On Monday 3rd November, I took eight young leaders of St Paul's Catholic College to the **Halogen Leadership Convention** in Sydney. The day featured an impressive set of guest speakers, including John Coutis, Erin Molan, Bianca Chatfield and Lachlan Smart.

Whilst each guest spoke of their unique path to success, all of them had one main theme in common: the importance of failure – failure through rejection, misjudgement and setbacks and the ability to learn from the letdowns and continue to persevere. Lachlan Smart suggested that each 'failure' equips you with a 'tool' to place in your 'toolbox' that can then be used at different times in your life – a nice metaphor to echo the importance of not seeing failures or missed opportunities as negative, but more moments to learn from, moments to prepare us for the future. (Erin Molan received over 80 rejection letters before gaining a slot on a Sydney television network!) We heard the importance of having a supportive network in hard times and the value we can find in good friends and family – something we at times take for granted.

Overall, the day was extremely inspiring, and students agreed that it was definitely a worthwhile trip (despite the early start!).

"Erin Molan's talk was really motivating and made me realise that you should always have resilience and never to step back on goals you want to achieve."

"Throughout the day all of the speakers reiterated the importance of goal setting."

As an educator at St Paul's, I value the leadership qualities I see in so many of my students. The group I took with me is just small representative of such a larger community of leaders the College holds. I was not only proud of the students' behaviour, but their reflective conversations after listening to each of the guests; it was clear that all of them got something about of the day.

A special mention to Reegan Connors and Zoe Ashmore who have a far better sense of direction than me and were absolute pros at leading us around the city.





Miss Eleanor Martin
Organising Teacher



Year 10 News

St Paul's High School student selected for STEM summer school:













Year 10 student, **Damien Jolliffe**, has been selected to attend the Aboriginal Summer School for Excellence in Technology and Science (ASSETS) for his outstanding achievement in science, technology, engineering and mathematics.

Damien is one of only 70 students from across Australia to be selected to attend one of the two summer schools which will take place during January 2020.

ASSETS is part of the Indigenous STEM Education Project funded by BHP Foundation and delivered by CSIRO. www.csiro.au/indigenous-education





Year 9 News

What a wonderful day we had at Fort Scratchley and Nobbies Breakwall last week. I enjoyed spending the day with a wonderful group of students in a spectacular environment, thanks to the HISE staff for their invitation and organisation.

I would like to remind Year 9 that I have issued a nomination form for **Peer Support Leaders** in paper form and in email format, so that they can nominate for leadership.

These nominations need to be received by Mrs Milajew promptly. There will be a labelled box placed in the **Student Hub** for submission of paper nominations.

All students in Year 9 are to attend the **Burn Bright Leadership Day on 28th November**. This is a **compulsory event** for all Year 9 students to learn some skills in leading and setting a good example to others.

Examinations are scheduled for Week 6, study should be well underway.

Mrs Elisa Milajew
Student Coordinator and Religion Teacher



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Year 8 Orienteering Day

The Year 8 Orienteering day was held at Rathmines Park on Tuesday 29th October. The day was perfect for both the competition and the recreational activities organised by the students themselves. The results will be used as a part of student assessment for PDHPE for semester two reports.

Results for the orienteering competition were as follows:

1st **Place** Ryan Craft Tyson O'brien Nathan Roseland **2nd place**Ashlyn Beckwith
Laura Goldrick
Tarsha Matthews

3rd placeBlair Fitzpatrick
Alexander Feenan
Curtis McCabe















Year 7 News

Friday afternoon sport has kept students busy this year, with a myriad of activities on offer. Whether it was fitness class, squash, swimming, fun on the inflatables, basketball or more, students have been very active on a Friday afternoon. There are a few photos below to show you what we have been up to:









With only a few weeks left until assessments are over for the year, it is essential that all students continue to maximise their effort and give themselves the best opportunity for successful learning. It is also critical that students do not give up as soon as they encounter difficulty. Leading Stanford Professor, Jo Boaler, has studied the brain and how we learn for many years and one of her recent articles highlights the benefits of 'struggling'. In fact, research shows that the "highest achieving people in the world are those who have struggled the most" and that "mistakes are helpful for brain growth and connectivity and if we are not struggling, we are not learning". The article and links to others can be found at https://www.edsurge.com/news/2019-10-28-why-struggle-is-essential-for-the-brain-and-our-lives. I encourage Year 7 students to embrace the challenges that come with learning and remember that mistakes are good for the brain. Good luck in your assessments.

"Virtue lies in the struggle, not in the prize."

(Adam Gilchrist, record-breaking wicket-keeper for Australia)

Take care and be kind,

Mrs Tracey Evans Student Coordinator



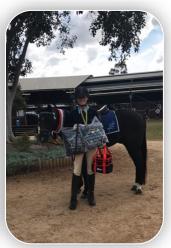
Equestrian news:

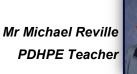
Photos of Molly Callinan competing at the elite level in Equestrian.:













Berg Shield Cricket Team competed on 25 October 2019

The boys were beaten by St Pius X Adamstown but won against St Bede's, Chisolm.

Dominik Brymora Jayden Chomicki Ben Conway de Winter Jonas Jamie Dickson **Patrick** Jarmusz Matthews lan Nata Peel-Sasaromya Joseph Plumridge Mark **Roberts Thomas** Stirling

Walker

Adrian



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End of Year Activities

EOYA is a St Paul's tradition that allows students and teachers to finish their scholastic year with fun, community-building activities and adventure. Although it is extra-curricular, it is still part of the normal school term and all Year 7 -10 students are strongly encouraged to be involved. Over the course of four days and the program that is on offer, there are many activities to choose from, some of which have a low or no cost associated with their choice.



Dates- Friday 13 December - Wednesday 18 December 2019

Books with preliminary information and activities will go out to students and families in Week 6 Choices and payments will need to be made in Week 7/8.





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Fort Scratchley Excursion

On Thursday the 24th October the whole of year 9 went on an excursion to Fort Scratchley. We have been studying the World Wars in History class. Fort Scratchely is a former coastal defence station which is now a museum and tourist attraction.

One of the things I enjoyed most was the firing of the 2 pound cannon at 1pm. It was quite scary but I still liked it because it was exciting. All of the men working were dressed up in their uniforms.

The tour guide showed us around the Fort including the tunnels. We spent a lot of time under the tunnels where the gun powder and guns were kept. The tunnels were very steep and narrow.

Towards the end of the excursion we sat on the hill and finished our work booklets, writing notes about what we saw. The view of the beach and the lighthouse was great.

I really did like the day and would like to thank the teachers who took us.

By Isaac Allen



This is the website

https://www.newcastle.nsw.gov.au/Fort-Scratchley/Home









From the Finance Office

For all Finance enquiries please use the following email address: finance@booragul.catholic.edu.au

To calculate your Weekly, Fortnightly or Monthly payment amount, please go to our Website and use the calculator. http://www.booragul.catholic.edu.au/about-us/finance/fee-calculator/

If you have not already done so, please ensure I have copies of relevant updated Health Care / Pension Cards.

Also, if you have not completed 2019 Family Discount and Diocesan Pastoral Contribution Form, please follow the link to the Website above to download, complete and return to college office.

Mrs Betty Harris—Finance Officer

finance@booragul.catholic.edu.au

Opening Hours for Payments to the Finance Office

Parents: Come to Student Reception or Reception from 8.30am to 2.30pm

Students: Mornings from 8.30am until tutor group bell, all of recess and all lunch times

School Fee Payments

- 1. Qkr
- 2. BPay through your own home banking via the Internet
- 3. Eftpos Minimum payment \$10
- 4. Cheque
- 5. Cash

Excursion Payments

- 1. Qkr
- 2. Eftpos Minimum payment \$10
- 3. Cheque
- 4. Cash

QKR is a great way to pay fees and excursions



For your convenience, when paying for excursions the new Qkr! app is now live for families of our students. Qkr! by MasterCard can be downloaded for free from Apple's app store for iPhones, iPad users can also download the IPhone app or from Google Play for Android phones. Simply:

Step 1 Download Qkr!
on your Android phone or iPhone. iPad users
can download iPhone app

AVAILABLE (N THE APPSTORE

Step 2 Register

Select your Country of Residence as 'Australia' and follow the steps to register

For more information about QKR visit our website

www.booragul.catholic.edu.au

Step 3 Find our school

Scan the QR code or search for our school name. Our school will also appear in "Locations Nearby" if you are within 4kms of the school

Step 4 Register your children

When first accessing your school menu, you will be prompted to register your child. This allows you to make school orders on their hehalf







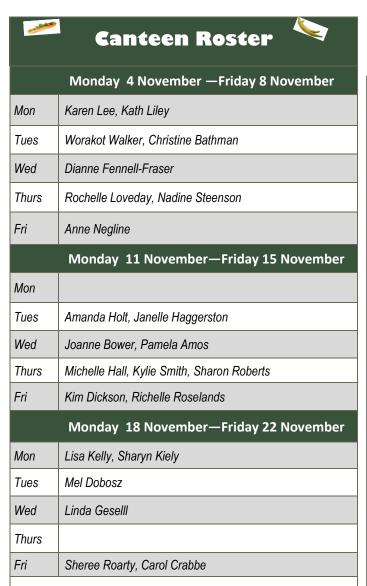




Excursions Coming Up

Please pay for all excursions by the due date written on the excursion notes which are sent home with your child. This date is important as excursion costing is calculated on the number of students who should be attending that particular event. Venues and buses have to be paid when the booking is first made. Your understanding of this would be very much appreciated.

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Canteen Supervisor:

Carolyn Phone - 4946 3115

Canteen Hours:

9.00am to 2.30pm

If you are unable to come on your day, please try to arrange a

Please be aware that the events and dates listed on this school calendar are subject to change. Please check regularly.

Term 4 2019			
Wk 4	Mon 4 Nov Thurs 7 Nov	Year 11 Parent/Teacher Interviews Year 10 Vietnam Immersion Day	
Wk 5	Mon 11 Nov Tues 12 Nov Thurs 14 Nov Fri 15 Nov	Year 7 2020 Orientation Evening CCC Basketball Championships CCC Basketball Championships Year 10 Exams commence Year 12 Graduation Formal	
Wk 6	Mon 18 Nov through to Fri 22 Nov	Years 7—10 Examinations	
Wk 7	Mon 25 Nov	Year 10 NMS Testing—Round 2 2020 Senior Transition Evening	

Please see website for further Calendar dates

http://www.booragul.catholic.edu.au/news-events/events-calendar/



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Federation of Parents & Friends Associations Diocese of Maitland-Newcastle Diocese P O Box 714 Newcastle 2300

Phone: 4979 1303 Fax: 4979 1208

Email: cath.garrettjones@mn.catholic.edu.au

29 October 2019

Dear P & F President and Federation Delegates,

The Federation of P & F Associations will be holding a General Meeting as follows:

FEDERATION OF P & F ASSOCIATIONS 2019 General Meeting

DATE: TUESDAY, 26th November, 2019

VENUE: Victor Peters Suite, 841 Hunter Street, Newcastle

TIME: 6.00pm for a 6.30pm start = 8.30pm

Agenda for the General Meeting will follow in an email so please be sure to check this regularly.

As outlined in the Federation Constitution, we particularly look forward to welcoming Federation Delegates and remind all P&F Associations that **only endorsed Delegates** have voting rights at these meetings however, we welcome along all interested P & F Association members.

Please RSVP to <u>cath.garrett-jones@mn.catholic.edu.au</u> for catering purposes.

We look forward to welcoming you on the night.

Yours faithfully

CHERYL MURPHY PRESIDENT

FEDERATION OF P & ASSOCIATIONS

C Murfs.

CATH GARRETT-JONES
FAMILY ENGAGEMENT OFFICER

Teenagers, alcohol and other drugs 2019:

What's happening, what's out there and how much influence do parents really have?





The Federation of Parents & Friends Associations invites: parents, carers and staff for our Catholic schools.



Paul Dillon – Drug and Alcohol Research Training Australia (DARTA)

Paul Dillon has been working in the area of drug education for more than 25 years. Through his own business, Drug and Alcohol Research and Training Australia (DARTA) he has been contracted by many agencies and organisations across the country to give regular updates on current drug trends within the community. He continues to work with many school communities across the country to ensure that they have access to good quality information and best practice drug education.

In 2009 his best-selling book for parents was published titled

'Teenagers, Alcohol and Drugs' and has since been released internationally, being translated into a number of languages. With a broad knowledge of a range of content areas, Paul regularly provides media comment and is regarded as a key social commentator in Australia, appearing on a wide range of television programs including Sunrise, TODAY and The Project discussing topical issues.

DATE Thursday 12 December, 2019

TIME 6.00pm for a 6.30pm start - 8.00pm

VENUE St Mary's ASC Maitland Hall RSVP https://mncso.news/PD19





www.mn.catholic.org.au

Crocheted Blankets for the elderly... - wool needed, please

One of our parents has been crocheting blankets for older relatives and has offered to continue to do this to give them to the St Paul's students that visit the old people's homes to give to the residence as gifts - maybe those that never get visitors. She has said that over Christmas she could make a couple and continue from there. She has suggested that we ask the school community in our newsletter if anyone had any unwanted wool that they would like to donate to be used.





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Shop & save for Christmas EXCLUSIVE TO ZERO & REWARDS CARD HOLDERS







INSTORE & ONLINE THURSDAY 14TH NOVEMBER.

Excludes gift cards, all suit packages & Schoolwear layby's. Cannot be combined with other offers or discounts. Floor stock only.
 Styles and colours may vary from store to store.

No rain checks. Please choose carefully, exchanges and refunds only with docket. Includes existing 5% discount.

Offer ends midnight (AEST) 14/11/19. Must use Zero or Rewards card to receive discount.

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INDIGENOUS FOUNDATION COACHING COURSE – HUNTER

Come and join us for this FREE Foundation Coaching Course!

This *free* face-to-face course, delivered by an experienced accredited coach is a mixture of practical and theory with participants on the day gaining their Netball Australia Foundation Coach Accreditation.

Key Event Information

For Indigenous participants

When: Sunday 10 November 2019, from 10am - 1pm

Where: Newcastle Netball Association, Union Street Netball Courts, Newcastle

What to bring: wear comfortable/active clothing, water bottle, hat & sunscreen, notepad & pen

Registration

Please send your name, DOB, address, phone, and email address to Sam White, Participation Coordinator - Community Engagement, via email at swhite@netballnsw.com, or phone 02 9951 5006 for more information.





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host families
become Woven
into the fabric
of exchange
students' lives