

END OF YEAR ACTIVITIES 2023

Tuesday 12 December – Friday 15 December





St Paul's Catholic College, Booragul

Primrose Street
BOORAGUL NSW 2284
Telephone: (02) 49586711
Facsimile: (02) 49586145

Dear Parents and Carers

End of Year Activities have been programmed for Students in Years 7, 8, 9 and 10.

Date: Tuesday 12th to Friday 15th of December

Students will select activities from courses outlined in this EOYA booklet.

Sessions: The day will be divided into three sessions; however, many activities will occur over both sessions 1 & 2.

1. 9.00 am until 10.30 am
2. 11.00 am until 12.30 pm
3. 1.30 pm until 3.05 pm

Students must select activities to cover each session. A timetable is provided on page 4 to help sort out what is on, when and for how long.

VENUES	A large number of activities are to be held at school, with some activities held offsite for Sessions 1 & 2.
COSTS	The costs vary with the selected activities. There are a number with nil, or minimal costs. The activities costing money will <i>require full payment in advance</i> .
TRANSPORT and Overall COST	Cost for Bus Transport, where necessary, has been built into all course costs, based on the expected numbers to fill the course. Please understand that should these numbers of students vary by many, very slight adjustments to the overall cost could be possible. Some activities have a minimum number of students required for the activity to run.
DRESS	<p>Students are NOT required to wear their school uniform. Casual neat attire, appropriate for their chosen activity may be worn. Please note, however, that the school policy must still be followed with regard to appropriateness and being sun smart. Enclosed shoes must be worn every day of the activities.</p> <p>The following items must NOT be worn:</p> <ul style="list-style-type: none">• Very brief skirts, brief shorts and tops, including singlet tops and midriff tops.• Clothing with offensive printing (to the school and general public). <p>If your activity is outside, you must wear a hat and sunscreen.</p>

Selection Procedure:

This year selections will be completed online through the program Qkr. Each student will need to choose their activities for the three sessions and determine the cost. Parents will then log onto Qkr and begin the payment process. There is a different GL code for each activity. This includes activities that have no payment. Please select **ALL** activities through Qkr, even those that have no cost, as it will allow for accurate numbers to be tallied while students are selecting their activities.

Some activities have restrictions on numbers; therefore there is an urgency for prompt returns – FIRST IN ROUTINE APPLIES.

Once payment has been completed both parents and students are to complete the consent form online.

Selections can be made FROM Monday 20 November 9 am (Week 7) and must be submitted by end-of-day Friday 1 December (Week 8) to allow for activities to be finalised. *NOTE: No payments will be accepted prior to this date. If this will be an issue, please contact the school.*

Roll Marking and Follow Up: Each activity will have a roll. These rolls will be marked at each session (even when the activity is programmed for more than one session). Absentee lists will be collected and collated. Attendance will be closely monitored, and parents informed on any irregularities.

Enquiries: Any problems, questions, etc. that need to be solved/answered, please contact the school.

Yours sincerely

Anne-Maree Shipman
Assistant Principal Community and Wellbeing

What do I do?

1. Choose the sessions each student wants to do and work out the price.
2. Log onto Qkr to make the payment and use the GL code specific for the chosen End of Year Activities
3. Complete the consent form online.
4. Make sure a selection has been made for all three sections for each student.
e.g. Session 1 and 2 – Out and About, Session 3 – Theatre Sports



For your convenience, when paying for excursions the new Qkr! app is now live for families of our students. Qkr! by MasterCard can be downloaded for free from Apple's app store for iPhones, iPad users can also download the iPhone app or from Google Play for Android phones. Simply:

Step 1 Download Qkr!

on your Android phone or iPhone. iPad users can download iPhone app



Step 2 Register

Select your Country of Residence as 'Australia' and follow the steps to register

Step 3 Find our school

Scan the QR code or search for our school name. Our school will also appear in "Locations Nearby" if you are within 4kms of the school

Step 4 Register your children

When first accessing your school menu, you will be prompted to register your child. This allows you to make school orders on their behalf.

For more information about QKR visit our website
www.booragul.catholic.edu.au

Session 1 (9am–10.30am)	Session 2 (11am–12.30pm)	Session 3 (1.30pm–3.05pm)
<i>Out and About</i> <i>A Whole Lot of Fun</i> <i>On the Move</i> <i>Get Your Heart-Rate Up</i> <i>Learn to Surf</i> <i>Christmas Movies and Puzzles</i> <i>Stand Up Paddle Boarding</i> <i>Gone Fishing</i> <i>Harry Potter and the End of Year Activities</i> <i>Sun, Sand, Surf, Swim and Survival</i> <i>Badminton/Table Tennis/Pickle Ball</i> <i>Beach Games</i> <i>School Project</i>		
		<i>Audio Visual & Event Production</i>
		<i>Board Games</i>
		<i>Christmas Fun</i>
		<i>Futsal</i>
		<i>Chick Flicks</i>
		<i>Basketball</i>
		<i>Reading for Leisure</i>
		<i>Theatre Sports</i>
		<i>Festive Flicks</i>
		<i>Music Session</i>
		<i>Computer Games</i>
		<i>Walking</i>
		<i>Yoga</i>
		<i>Self Defence</i>

NB: Details of the activities available for Session 1 & 2 are available on pages 5-11 of this booklet.

Details of the activities available for Session 3 are available on pages 12-18.

NOTE: You will do the same activity for the 4 days e.g. Out and About for the morning sessions and Futsal in session 3 every day. You cannot change activities between days.

ACTIVITIES AVAILABLE FOR SESSIONS 1 & 2 (pages 5 to 11)

Activity: Out and About

Student Numbers: limited to 100

TOTAL COST: \$125

Venue: Multiple Venues

Sessions: 1 & 2

This is an activity for the student who likes variety. It is designed to develop leisure skills in students, and to broaden student knowledge of the range and availability of various leisure activities in the Newcastle area

Day 1 (Tuesday): Revolution Trampolining (waiver and grip socks required – will need to buy if don't have any)

Day 2 (Wednesday): Strike Charlestown (Bowling, Putt Putt and Laser Tag)

Day 3 (Thursday): Glendale Movies (Movie TBA)

Day 4 (Friday): Lambton Pool (you will need to do a swim test before having free swim)



Activity: A Whole Lot of Fun

Student Numbers: limited to 50

TOTAL COST: \$106

Venue: Multiple Venues

Sessions: 1 & 2

If you like more active, fun- fuelled activities, then 'A Whole Lot of Fun' is the activity for you.

Day 1 (Tuesday): Red Alert Laser Tag

Day 2 (Wednesday): Putt Putt Golf
Broadmeadow (opportunity to purchase McDonalds lunch)

Day 3 (Thursday): Springloaded Trampolines

Day 4 (Friday): Speers Point Pool and Inflatables



Activity:

On The Move

Student Numbers: limited to 50

TOTAL COST: \$145

Venue: Multiple Venues

Sessions: 1 & 2

This activity is offered to the energetic, adventurous student who likes getting out and about, socialising, dangling from treetops and trampolining.

Get on the move, have some fun with your friends. Climb, jump and swim!

Day 1 (Tuesday): Treetops Adventure (must be 140cm tall min, waiver required)

Day 2 (Wednesday) Revolution Sports park (waiver and grip socks required)

Day 3 (Thursday): Ninja Park Newcastle (waiver required)

Day 4 (Friday): Lambton Pool (you will need to do a swim test before having free swim)



Activity:

Get Your Heart-Rate Up

Student Numbers: limited to 50

TOTAL COST: \$115

Venue: Multiple Venues

Sessions: 1 & 2

In this End of Year Activity we will be investigating a variety of activities that increase your heart rate and get some endorphins pumping!

Day 1 (Tuesday): Beach Walk and swim at Merewether Baths

Day 2 (Wednesday): Go Karting at Xtreme Karts

Day 3 (Thursday): Toronto Pool and Inflatables

Day 4 (Friday): Pulse Climbing at Warners Bay



Activity:

Learn to Surf

Student Numbers: limited to 15

TOTAL COST: \$165

Venue: Various Beaches

Sessions: 1 & 2

- Students will have lessons in surfing from a fully qualified surfing instructor.
- All surfboards and wetsuits are provided.
- This activity is best suited to students who want to *learn to surf* – **NOT** those who can already do so.
- If conditions are not suitable at Nobbys or Blacksmiths, a different beach will be selected by the surfing instructor.
- Students must provide their own sun protection – (i.e. sunscreen, hats, umbrellas).
- Students need to be competent swimmers



Activity:

Christmas Movies and Puzzles

Student Numbers: limited to 20

TOTAL COST: Free

Venue: School

Sessions: 1 & 2

If you would like to immerse yourself into the festive spirit whilst also taking some time to reflect and challenge your mind.... Then this is the activity for you!

Stay at school for a relaxed morning working on puzzles while watching a movie. Different puzzles will be set up and a different movie will be on each session. A great way to chill out and unwind after a hectic term.



Activity:

Stand Up Paddle Boarding

Student Numbers: limited to 16

TOTAL COST: \$70

Venue: Booragul Foreshore

Sessions: 1 & 2

Do you like challenging yourself with fun, outdoor activities? Do you like immersing yourself in nature while keeping active? Then Stand Up Paddle Boarding is for you.

This activity will have you learning how to stand-up paddle board from qualified instructors and putting those skills in place for a week of fun on the water. Activities include stand up polo, inflatable obstacle course challenges and the opportunity to improve your fitness and core strength.

Note: You will need to be able to swim and may be asked to undertake a swim test



Activity:

Gone Fishing

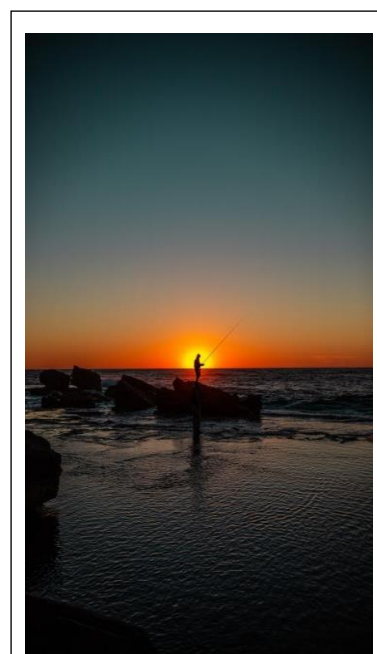
Student Numbers: limited to 20

TOTAL COST: Free

Venue: Local Area

Sessions: 1 & 2

- Students will be walking to various local venues like Booragul Foreshore.
- Students must wear sensible enclosed footwear, sunscreen and a hat.
- Swimming proficiency would be a recommended pre-requisite for this course, for safety reasons but you will NOT be swimming.
- Students will have instruction on setting up their fishing gear and water safety.
- ***NB: Students will require a small fishing rod (approx. 2m) and reel. Bait and tackle will need to be supplied by the student each day.***



Harry Potter and the End of Year Activities

Activity:

Student Numbers: limited to 30

TOTAL COST: Free

Venue: School

Sessions: 1 & 2

This is an activity for the Harry Potter die-hard fans. We will be splitting into our house groups to compete in a house cup (points awarded by delegation of the professors). We plan to create our own wands and earn house points through playing Harry Potter themed games, quidditch and trivia. All the while our mate Harry will be playing in the background.

Day 1 (Tuesday): House sorting and Trivia

Day 2 (Wednesday) Ollivanders wand

Day 3 (Thursday): House Point scoring

Day 4 (Friday): Quidditch!



Activity:

Badminton/Table Tennis/Pickle Ball

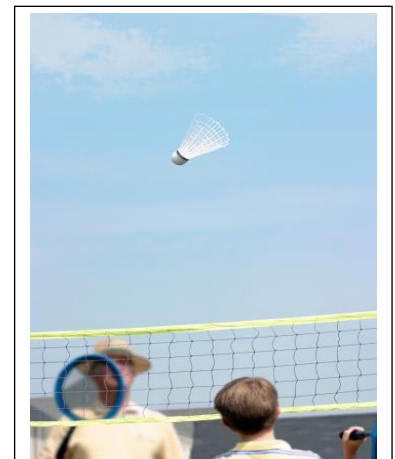
Student Numbers: limited to 20

TOTAL COST: Free

Venue: School - Hall

Sessions: 1 & 2

Take the chance to experience some popular, but often difficult to access, sports and recreational activities. Maybe a bit of volleyball could also be included!



Activity:

Beach Games

Student Numbers: limited to 30**TOTAL COST:** \$70**Venue:** Various Beaches**Sessions:** 1 & 2

This activity will consist of a range of beach games (such as volleyball, touch, cricket, flags and other novelty games) or a walk. There will be points awarded to the winners of each event, with a grand prize awarded to the overall winner.

Students must provide their own sun protection (sunscreen, hats, rash vest) as well as food, snacks, drinks etc.

NOTE: You will NOT be able to swim or go in the water

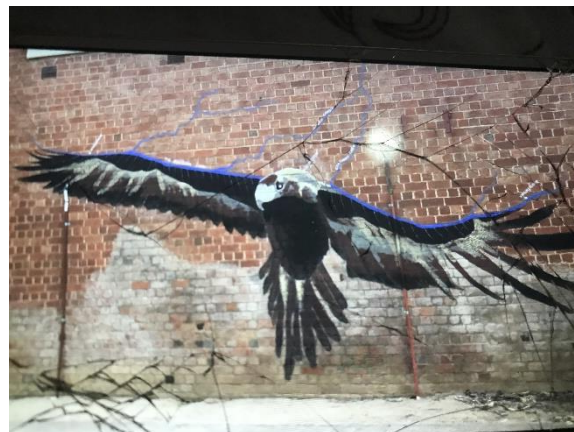
**Activity:**

School Project

Student Numbers: limited to 10**TOTAL COST:** Free**Venue:** School**Sessions:** 1 & 2

A small group of artists will create a visual representation for the outdoor space. Using art mediums students will paint a large image of an Eagle – Biraban.

As Biraban is the Aboriginal spiritual being for Awabakal land we intend to paint the image on the exterior wall (half) facing the sun in our newly created garden and yarning circle. The image will be selected based on its links to the landscape and have a deeper connection to our spirituality.



Activity:

Sun, Surf, Swim, Sand and Survival

Student Numbers: limited to 20**TOTAL COST:** \$75**Sessions:** 1 & 2**Venue:** Various Beaches

SSS – Sun, Surf, Swin, Sand and Survival

Students will be given the opportunity to go to the beach for a swim, surf or simply to enjoy the beach with their friends. As a part of this option students will obtain their APOLA certificate which will allow them to attend any school beach/open water sport over the next 12 months. **You must successfully complete the qualification or will not be able to attend.**

INITIAL THOERY: On Thursday Week 9, students will complete 3 periods of theory training at school on surf conditions and ocean hazard awareness, CPR, rescue techniques and surf etiquette.

Day 1 (Tuesday) - Students achieve the practical component at Merewether where students will demonstrate their ability to swim 200m in a pool (it is not a race), and complete a short run/swim/run/paddle and surfboard rescue simulation using their preferred surf craft i.e. body board or surfboard. All necessary techniques will be demonstrated by Mr Gallop and Mr Penny.

Day 2 - 4 (Wed – Fri) - will be at a beach between Nobbys, Merewether or even Blacksmiths Beach, subject to weather/surf conditions and bus considerations. A rash vest will be provided for students when in the water so that we can identify you when swimming/surfing.

Students will need:

- to be able to complete the theory and practical components on the APOLA certificate
- supply sun protection, towel, hat & water bottle. Food will be available to purchase at most beaches.
- a surfboard or bodyboard and appropriate swim wear (cossies/wetsuit).



End of Sessions 1 & 2

See pages 12-18 for details on session 3

ACTIVITIES AVAILABLE FOR SESSION 3 (pages 12 to 18)

Activity: Audio Visual & Event Production

Student Numbers: limited to 20

TOTAL COST: Free

Venue: School

Session: 3

This course is an opportunity to learn about audio visual technology and event production. You will learn how to use audio visual technology and how to plan for events such as the school play and talent show. Students will receive training in using the new technology in the school hall. All students are welcome to participate in this activity, no experience is necessary.

Some of the skills you will learn include:

- Planning events including budget, set design and production schedule.
- Stage lighting, including programming and operating the lighting desk.
- Setting up and operating audio equipment including microphones and mixing desk.
- Designing multimedia presentations and operating data projections.

At the end of the course, you will receive a certificate of participation. You will also have the opportunity to apply to be part of the production crew for future school events.



Activity:

Board Games

Student Numbers: limited to 20

TOTAL COST: Free

Venue: School

Session: 3

Want to investigate a mysterious library full of the occult? Build a small Japanese town? Compete to be the best architect in Ancient Egypt?

Come play board games in a relaxed setting with your friends. Bring your favourites along or try something new and find one you like.

Classic games like chess are available, or more modern games to suit whatever kind of game you like to play. Some can be quick, some can take a bit longer, but they will get you thinking and always be fun.

As the board games will come from a personal collection, a high level of trust in the students will be needed.



Activity:

Christmas Fun

Student Numbers: limited to 20

TOTAL COST: \$20

Venue: School – A21/E08

Session: 3

Embrace the fun of crafting unique Christmas gifts each afternoon. Unleash your creativity as you transform succulents into living art nestled in beautifully painted pots, craft exquisitely decorated candles, and assemble delightful gingerbread houses. Immerse yourself in the joy of crafting while ensuring your Christmas gifts are thoughtfully prepared and sorted.



Activity:

Futsal

Student Numbers: limited to 40

TOTAL COST: Free

Venue: School

Session: 3

An energetic way to finish the day. Enjoy this skillful version of football in some light-hearted competition.



Activity:

Chick Flicks

Student Numbers: limited to 100

TOTAL COST: \$5

Venue: School

Session: 3

If you love romance and a good laugh, then this activity is for you!

Join us for a relaxing break as we consume the classics – Disney princesses, musicals and high school movies.

For a mere \$1 per session you get to relax in air-conditioned comfort, enjoy a snack and watch a great movie with your friends.

Munchies supplied!! (chips, lollies, ice - blocks and biscuits).



Activity:

Basketball

Student Numbers: limited to 40

TOTAL COST: Free

Venue: School

Session: 3

An energetic way to finish the day. Enjoy some quality time with your friends as we play 3-on-3 basketball. It is a nice opportunity to catch up and enjoy some light exercise.



Activity: Reading for Leisure

Student Numbers: limited to 40

TOTAL COST: Free

Venue: School - Library

Session: 3

A relaxing way to finish the day. Students are to bring in their own reading material allowing them to escape into another world!



Activity: Theatre Sports

Student Numbers: limited to 20

TOTAL COST: Free

Venue: School – A18

Session: 3

Do you love playing Drama games or love watching TV Shows like Whose Line Is It Anyway? Theatre sports is for you! Theatre sports is a series of team-based Drama Games that give you a 'theme' or 'idea' only a few seconds prior to beginning your scene with the performance being made up on the spot. Tuesday – Thursday will introduce you to the games and set up teams in preparation for a Theatre sports competition on the Friday!



Activity:

Festive Flicks

Student Numbers: limited to 100

TOTAL COST: \$5

Venue: School

Session: 3

Enter the spirit of Christmas with some Festive Films!

Join us for an afternoon of holiday treats and Christmas cinema classics such as: 'Home Alone', 'The Grinch', 'The Polar Express' and more!

NOTE: Permission notes will be required to view 'M' rated movies. In some cases, it will be necessary to enter the classrooms for viewings during lunch, to watch the entire film.

Munchies supplied! (chips, lollies, ice-blocks and biscuits).



Activity:

Music Session

Student Numbers: limited to 20

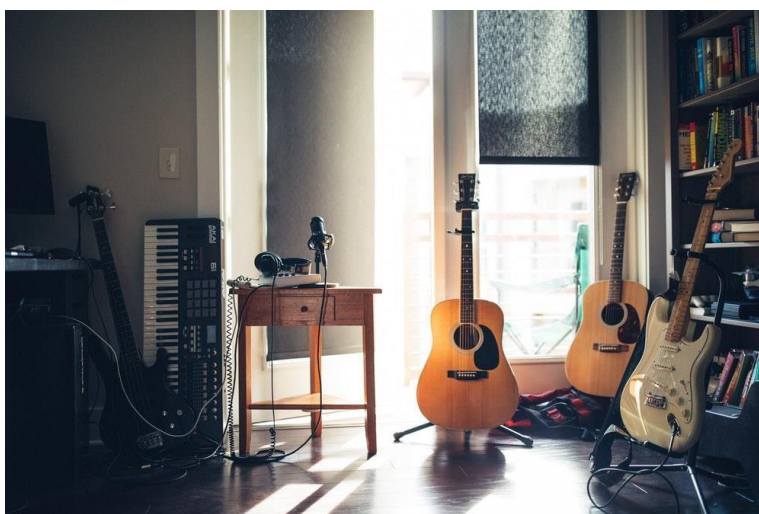
TOTAL COST: Free

Venue: School – C7/8

Session: 3

*Do you LIVE, LOVE and BREATHE Music?
Do you love jamming with your friends and coming up with your own creative music pieces?*

This activity is for students who want to jam with others in the music room. You must be interested in further developing your musical skills or have skills already in playing an instrument to participate.



Activity:

Computer Games

Student Numbers: limited to 60

TOTAL COST: Free

Venue: School

Session: 3

If you enjoy computer games and network games – then this is the activity for you.

Spend the afternoon session unwinding through gaming.

Some network games will be played which allow individuals to compete against other people on the network or a team vs another team. It is a very exciting and interactive use of computers within a social setting. There are some devices available, but you will need to bring a device with you.



Activity:

Walking

Student Numbers: limited to 40

TOTAL COST: Free

Venue: Local Venues

Session: 3

Enjoy some quality time with your friends as we walk to local venues together. Walking is a nice opportunity to catch up and enjoy some light exercise.



Activity: Yoga, Mindfulness and Meditation

Student Numbers: limited to 20

TOTAL COST: \$10

Venue: School

Session: 3

After such a busy and demanding year, the perfect way to relax and balance our minds and bodies before the holiday break is through participation in yoga. It does not matter if you have no yoga experience, or you are a seasoned yogi there are benefits for you. We will be involved in exploring elements of yoga, mindfulness and meditation making us feel rejuvenated at the time and also giving us techniques we can take away and use in stressful times.



Activity: Self Defence

Student Numbers: limited to 30

TOTAL COST: Free

Venue: School

Session: 3

Come along to experience an introduction to self-defence techniques focusing on release from grabs/holds, basic blocking, kicking and hand techniques.

The aim is to give students some basic self-defence techniques that can be used to deter an aggressor before punches are thrown and a potential confrontation escalates. Suitable for males and females.

NOTE: Please wear loose fitting pants and gloves to protect your hands (gardening gloves would work).



End of Session 3