



7 September 2016 Vol: 15 - 16

## To the Families and Friends of the St Paul's Community.....

### Student Leadership 2017

It is with great pleasure that I am able to announce the Student Leadership Team for 2017. After a thorough process of discernment from the student body and staff as well as formal interviews, **Lara Duggan, Ethan Roach, Sophie Scanlon and Hugh Woollett** are charged with the responsibilities of leading St Paul's for the next 12 months. As I have reflected before, this is a role of service. These young men and women will represent the school at a variety of Diocesan functions, community celebrations and commemorations as well as speaking for, of and with the student body of St Paul's. The announcement made last week was met with huge support from our staff and students and I wish them well as they begin their journey as Student Leaders of their school.



Lara Duggan



Ethan Roach



Sophie Scanlon



Hugh Woollett



### Archipaul Art Evening and TAS HSC Display

Last Tuesday evening was the annual Archipaul Art Exhibition. Along with the Technology and Applied Sciences display of Senior HSC works, this event showcased the wonderful depth of talent that our student have in this domain. The night had the real feel of a professional exhibition, with catering supplied by the Year 11 Hospitality team and music supplied by students from our Performing Arts faculty. Congratulations to all the staff and students who made this night such a wonderful success. Mr Tony Kelly, Assistant Director of the Maitland Newcastle Catholic Schools Office said this; "Just a brief note to express my congratulations for a wonderful showcase of St Paul's talent last evening. Clearly, an enormous amount of work had gone into the night. Please pass on my congratulations to all staff involved. An impressive aspect of the evening was the great sense of team and collaboration that exists, with teachers from Visual Art, TAS, Hospitality, Music and support staff all working together. Well done!"

### Announcement of our New Assistant Principal – Teaching and Learning

After advertising nationwide for a new Assistant Principal – Teaching and Learning, I am very pleased to announce **Miss Roisin McVeigh** to this position, beginning in 2017. For the past three years Roisin has been Head of Teaching and Learning K-12 at SCECGS, Redlands. Previous to that, Roisin was Leader of Pedagogy at All Saints

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Catholic Boys College, Liverpool. In addition, Roisin fulfilled the roles of HSIE Coordinator, VET Coordinator and Assistant Curriculum Coordinator at Patrician Brothers' College, Fairfield.

Roisin is an active member of St Michael's Parish, Stanmore where her commitment to Parish life is evidenced by her involvement as Eucharistic Minister, reader and former member of the Parish Council.

Roisin hold a BA Hons (History), Master of History, Master of Educational Leadership and is one unit off completing a Master of Theology. Roisin hales from Belfast in Ireland. We look forward to working with Roisin in this most important area of the school and we welcome her to St Paul's. Roisin will meet with her team of coordinators in Term 4 as well as have an opportunity to meet the students and staff as part of her orientation to her new school.

### **Year 11 End of Course Exams**

Year 11 students have begun their End of Preliminary HSC Course Exams this week. These exams are an opportunity for the students to demonstrate their knowledge and skills in a formal exam setting. I would like to wish them all the best as they continue their journey towards the HSC next term and encourage them to use these exams as a real and tangible way to assess their own learning as well as an opportunity to continue to develop skills that will help them into the future.

### **NAPLAN Results**

The recent release of the NAPLAN results has shown that our students have experienced sound growth in all aspects of the assessable areas shown by this snapshot. The staff of St Paul's will be looking closely at the results and this will continue to inform our practice over the next 12 months. The data that we are able to use from NAPLAN allows us to continually refine our programs and to develop processes and practices to support and extend the students in literacy and numeracy. If you have any questions about the NAPLAN testing and results, please contact Mr Ptolemy. He will be more than happy to follow up any questions you might have.

### **Building Program**

The building program has begun in earnest. Over the past week, we have had two, 28 tonne excavators driving in poles for the foundation of the new building. Clearly such an undertaking creates a degree of noise. We have been monitoring the impact on the school community using Data Loggers and have had contact with Work Cover to ensure that we are working well within appropriate guidelines. At this stage, noise from the pile driving in classrooms is well below the set standard. We have ensured that there is no pile driving when students are on breaks (recess and lunch) and there is no pile driving while the Year 11 exams are on. It is planned for a resumption to this work in Week 10 but we have requested that there will be no driving on Thursday 26<sup>th</sup> September while we are celebrating our Year 12 Graduation. In all likelihood, the majority of the piles will be driven in during the next holidays.

### **Canonisation of Mother Theresa**

I have taken the liberty of quoting part of the Homily given by Pope Francis on Monday at the Canonisation of Mother Theresa of Calcutta. I hope you enjoy his beautiful words as much as I did.

*"Mother Teresa, in all aspects of her life, was a generous dispenser of divine mercy, making herself available for everyone through her welcome and defence of human life, those unborn and those abandoned and discarded. She was committed to defending life, ceaselessly proclaiming that "the unborn are the weakest, the smallest, the most vulnerable". She bowed down before those who were spent, left to die on the side of the road, seeing in them their God-given dignity; she made her voice heard before the powers of this world, so that they might recognize their guilt for the crime -- the crimes! -- of poverty they created. For Mother Teresa, mercy was the "salt" which gave flavour to her work, it was the "light" which shone in the darkness of the many who no longer had tears to shed for their poverty and suffering.*

*Her mission to the urban and existential peripheries remains for us today an eloquent witness to God's closeness to the poorest of the poor. Today, I pass on this emblematic figure of womanhood and of consecrated life to the whole world of volunteers: may she be your model of holiness! I think, perhaps, we may have some difficulty in calling her "Saint Teresa": her holiness is so near to us, so tender and so fruitful that we continually spontaneously call her "Mother Teresa". May this tireless worker of mercy help us increasingly to understand that our only criterion for action is gratuitous love, free from every ideology and all obligations, offered freely to everyone without distinction of language, culture, race or religion. Mother Teresa loved to say, "Perhaps I don't speak their language, but I can smile". Let us carry her smile in our hearts and give it to those whom we meet along our journey, especially those who suffer. In this way, we will open up opportunities of joy and hope for our many brothers and sisters who are discouraged and who stand in need of understanding and tenderness."*

<http://www.thebostonpilot.com/opinion/article.asp?id=177360> Downloaded 5 Sept 2017

**Go Gently.....**

**Mr Graeme Selmes**  
**Principal**

### HSC EXAMINATIONS

For many of our Year 12 students the HSC Examinations are already in full swing with practical work and projects currently being marked throughout the state. Students of French, Drama, Visual Arts, Music, Industrial Technology, Design & Technology, Extension 2 English, and Society & Culture have all been completing major projects or preparing for practical tasks that will contribute significantly to their external HSC examination results. We trust that they will be appropriately rewarded for their endeavours. We also hope that these initial examinations will provide these students with confidence for the written papers that now await.



### YEAR 11 EXAMINATIONS

Year 11 Preliminary Examinations have commenced this week and will continue throughout Weeks 8 and 9. Students are only required to attend school for their actual examinations. Normal lessons will recommence for Year 11 on Tuesday September 20. Year 11 students are reminded that if they are forced to miss an examination due to unforeseen circumstances, then they must contact the school on the day of the examination. Furthermore, if an examination is missed due to illness, it is imperative that a Doctor's Certificate is attained on the day of the examination.

**Mr Greg Ptolemy**

**Assistant Principal - Curriculum**

## From the Assistant Principal - Welfare

### Bullying Support

In the coming weeks St Paul's will guide students through an electronic bullying survey to collate results and act accordingly with both resilience programmes and consequences where needed.

Although this is not a response to any particular issue I am very aware of the need to have relevant information to best serve the students of St Pauls. This survey will be done by each Year Level as a regular point of information throughout the academic year.

In light of this I have included an article from [www.Essentiakids.com.au](http://www.Essentiakids.com.au) which explores the notion of communicating at home any instances of bullying at school.

## Can family dinners protect kids from cyberbullying?

The threat of cyberbullying is a very twenty-first century problem. Unlike 'traditional' playground bullying, cyberbullying is a relatively new phenomenon, and one that few parents have had personal experience of. It is therefore a threat that parents feel they have little control over.

It is thought that as many as one in five teenagers have experienced online abuse or cyberbullying. The effects are alarming; researchers say that cyberbullying can increase the risk of mental health problems as well as the misuse of drugs and alcohol.

But a new study suggests that simple everyday routines can play a big role in protecting teenagers from the dangers of the online world. Researchers from McGill University, Montreal, Canada found that family dinners in particular are a good way to support teenagers.



Family dinners important in more ways than one. Photo: Getty

The researchers surveyed 18,834 students and measured internalising problems, such as anxiety and depression, externalising problems such as fighting and vandalism and substance use problems such as frequent alcohol use and prescription drug misuse.

19% of the surveyed participants had experienced some form of cyberbullying during the last twelve months. When examining those who had been impacted by it, the researchers found a strong link between cyberbullying and all three of the measures; internalising, externalising and substance abuse measures.

However, researchers also found that family dinners appeared to moderate the effects of cyberbullying and mental health

difficulties as Dr Frank Elgar, author of the study explains: “With four or more family dinners per week there was about a four-fold difference in the rates of total problems between no cyberbullying victimisation and frequent victimisation. When there were no dinners the difference was more than seven-fold.”

While Dr Elgar warns that parents shouldn't over simplify the finding and that family dinners alone are not enough to prevent cyberbullying, it is good news for parents that want to find ways to reach out to their teens.

So what is it about family dinners that make them such a powerful tool in the fight against cyberbullying? Family councillor and cyber-safety expert Martine Oglethorpe says that family dinners along with other family rituals can help teenagers become more resilient.

“Family dinners provide an important bonding time for families but also an environment where family members can safely talk and connect with each other.

“Most importantly they provide that ritualistic experience where the environment is safe, they know what to expect and they usually have unconditional support. This reliability can be a real comfort to those experiencing challenges outside the family home,” she explains.

While this news will be well received by parents who are already having family dinners, those who are not able to implement them due to work or other commitments may feel concerned. Martine says that there are other “rituals” you can weave into family life that will serve the same purpose.

“If parents cannot make it work to have regular evening meals together there are certainly other ways to get this regular bonding and connection between family members. A bowl of cereal together in the morning, a chat every night before bed, even trips in the car to sports practices can also provide for those moments of ritualistic connection,” she explains.

According to Martine, the most important thing to focus on when building resilience is “being together.”

“Make sure that there are regular and frequent opportunities for connection. This will help kids feel like they have a real sense of stability at home,” she says.

### **Study Skills weblink:**

I would encourage all students as part of getting organised for their upcoming assessments, to look at this website and see the study resources available to students regardless of which year level they are in. The details are as follows:

Learn more this year about how to improve your results and be more efficient and effective with your schoolwork by working through the units on [www.studyskillshandbook.com.au](http://www.studyskillshandbook.com.au) . Our school's access details are:

School's Username – **stpauls**

School's password – **52success**

**Mr James Furey**  
**Assistant Principal (Welfare)**

## **P & F Chocolate Drive Fundraiser 2016**

**Please return money or unsold chocolates to the school no later than Friday 23 September**

### **Sellers Prize:**

**For every box sold and or partly sold, the seller will go into the draw for weekly prizes.**

**The final prize of a \$100 Gift Voucher to JB Hi-Fi will be drawn Tuesday 18th October**

### **Winners Draw**

**Congratulations to Daniel Korsman Year 8 and Lachlan Crepas Year 10 for winning a \$20 JB Hi-Fi Gift Voucher each.**

**Thank you from the St Paul's P & F Association**



During the month of August schools are asked to remind students, particularly girls in Years 7 & 9 to download a "Self-Detection Brochure for Scoliosis". Scoliosis (curvature of the spine) is an important health problem for adolescent girls with 25% at risk of developing a significant curve. Screening is a sound preventative measure. The brochure can be accessed directly at the Scoliosis Australia homepage [www.scoliosis-australia.org](http://www.scoliosis-australia.org). Please take the time with your child to access the brochure and partake in the self-detection.

Last week a note was sent home about our Year 9 Leadership Day, which is on Monday 17<sup>th</sup> October. This is a compulsory school day and attendance is expected. The leadership program is training for the Peer Support Program that Year 9 participate in as leaders at the end of this year and the beginning of 2017. This is a wonderful opportunity for our students to step up as leaders and assist with the transitioning of our new Year 7 students for 2017. Additional notes can be found at the student services window.

Over the past few terms students in Year 9 have significantly improved their attention to detail with the wearing of the school uniform. A reminder for parents that students are to only wear their sports uniform on a day where they have a practical PDH or PASS lesson, and of course on a Friday Sports Day. Black socks and hoodies should not be worn to school as part of their sports uniforms. Should you need assistance in regards to your child's uniform requirements please contact your child's Tutor Group teacher.

A few Year 9 students are habitually late to school, and therefore miss tutor group on a regular basis. Tutor Group is an important time in the morning to read the days messages and receive notes. Could you please encourage and support your child to be at school on time.

There are a few changes in the Year 9 Student Coordinator role occurring over the next few weeks. Mrs Brownlee has commenced Long Service Leave for a period of two weeks (Weeks 8 & 9) and Miss Jessica Knott commences her maternity leave at the end of Week 8. Should you need to contact a student coordinator over the next few weeks they are as follows:

**Week 8** – Miss Jessica Knott    **Week 9** – Mr James Furey    **Week 10** – Mr James Furey & Mrs Brownlee (returns 28/9)

Mrs Blair Brownlee will resume her full-time position as student coordinator from Term 4. We take this opportunity to thank Miss Knott for the hard work and support she has extended not only to our Year 9 students, but also to Mrs Brownlee as her job-share partner. We wish Miss Knott well and look forward to meeting her beautiful new baby soon.

*Mrs Blair Brownlee & Miss Jessica Knott*  
*Year 9 Student Coordinators*

### **BRAINSTORM PRODUCTIONS Award-Winning In-School Theatre Performances** **Cheap Thrills**

On **8 September 2016** Brainstorm Productions will be presenting their student wellbeing program 'Cheap Thrills' for **Year 10**.

Cheap Thrills is a live theatre performance that takes the audience on an emotional roller coaster as the lead character's world becomes a boiling, emotional-cauldron, fuelled by risky behaviour and 'cheap thrills'. This moving production is filled with convincing dialogue, intelligent humour, and memorable reminders that risky behaviour can ruin lives. But as fast as the cheap thrills come and as chaotic as the situations get, the experience is sobering and designed to give students the confidence to make good decisions and take personal responsibility for their actions.

Cheap Thrills is part of our student wellbeing curriculum and the program has been developed in consultation with teachers, psychologists, as well as real-life student experiences. The methodology of the program is safe, supportive and nonjudgmental and designed to provide students with positive and useful tools that they can use in their everyday lives.

More than 350,000 Australian students have already benefited from Brainstorm Productions multi award-winning educational theatre programs over the past twelve months. Their programs cater to the specific wellbeing needs of students, helping to create a healthy and harmonious school environment. If you would like to know more about Brainstorm Productions, visit their website at [www.brainstormproductions.edu.au](http://www.brainstormproductions.edu.au)

*Mrs Libby Lucas*  
*English Teacher*  
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Year 11 are fast approaching the end of their Preliminary Year. This week they began their two week **examination block**. Given that students in Year 11 only need to be in attendance for each of their exams, it is the student's responsibility to make sure that they:

- accurately read the examination timetable
- arrive at least 15 minutes prior to the commencement of the exam
- have in their possession the correct equipment for undertaking the exam
- are in full school uniform (it can be cold in the hall, so the blazer is advised)
- contact the school if they cannot attend the exam, and provide a medical certificate



Most students will attend only for the duration of the exam but a few have indicated that they wish to remain at school to study in the library. There is no staff supervision provided for these students, so they do need to be focussed, self-motivated, and avoid any disturbance to classes that might be using the Damascus Library.

The exams and the preceding assessment tasks will give students a clear idea of whether they are working at the level necessary in Senior Secondary School and in the courses that they chose in 2015. Some already realise that they are out of their depth in certain subjects; others know that they need to invest more time, focus, and effort. There is the **option of reducing their subject selection from 12 to 10 Units (subject to BOS requirements) at the end of the Preliminary Year**. Some may wish to continue with the present structure into Term 1 of the HSC Year. Whatever option is chosen, please seek advice from subject teachers, Mr McLoughlin (Careers Advisor) and of course Mr Ptolemy (AP Curriculum).

On Friday of last week, Mr Selmes announced to the school assembly, the **Student Captains for 2017: Lara Duggan, Sophie Scanlon, Hugh Woollett, and Ethan Roach**. Congratulations to each of these students and also those who missed out in the final selection process with the interview panel. Your enthusiasm will no doubt have an impact upon students in Year 11 (Year 12 in 2017) as well as helping to shape the nature of community at St Paul's.

The **Year 11 Mass** and the **Year 11 Reflection Day** held on Wednesday 24 August was a great celebration for students and indeed thought provoking with guest speaker, singer songwriter Scott Darlow.

The two areas of concern in recent weeks have been the **late attendance** of a number of students (mainly those driving), and having to remind students that **winter uniform** (blazer, tie, and long pants for boys) remains in place until the end of Term 3. I have contacted the parents of a number of students in regard to accumulated late arrivals. All students who are presently driving to school have been issued with a school form requesting the **car registration number and the passengers** that have been transported. I have asked that these forms be returned to the school office ASAP. Students have also been reminded that they are to park only on the neighbouring streets – there is **NO provision for student parking within the school grounds**.

The Year 12 2017 **jersey design selection process** continues but will be finalised in week 10 of this term. An order will be placed around week 5 of next term so that students might have access to these jerseys late Term 1 2017. There will be only ONE order placed, so students have been asked to start saving the \$80 for this Canterbury jersey.

As I said in the previous newsletter:

Whatever your field of endeavour, aim high this term, put the effort in, and reap the satisfaction of knowing you tried your best.



**Mr Ross Wilson**  
**Year 11 Student Coordinator**

# Important Dates



Year 12 Charity Day Out of Uniform Day Monday 19 September

Graduation Mass Wednesday 21 September at 7.00pm

Graduation Awards Ceremony Thursday 22 September at 9.30-11.00am

Year 12 Farewell Thursday 22 September at 11.30am

Year 12 Graduation Ball Friday 11 November from 6.00pm  
*(Deposit due strictly by 23 September to confirm numbers for venue)*

Year 12 Barbeque Friday 16 December at 11.00am

## St Paul's High School

2016



Principal: Mr Graeme Selmes

## Year 12 Fun Foto



**Opening Hours for Payments to the Finance Office**

Parents: come to Reception from 8.30am to 2.30pm  
 Students: mornings from 8.30am until tutor group bell  
 all of recess time and all of lunch time

**School Fee Payments**

1. Qkr
2. BPay through your own home banking via the Internet
3. Eftpos **Minimum payment \$10**
4. Cheque
5. Cash

**Excursion Payments**

1. Qkr
2. Eftpos **Minimum payment \$10**
3. Cheque
4. Cash

**Commencing Term 4**

All receipts will be emailed unless school is otherwise advised

**Health Care Cards and Pension Cards** If you (the Fee Payer, not the child) are in receipt of a health care or pension card, please bring it in and you may be entitled to a reduction in **tuition fees**.

**QKR is a great way to pay fees and excursions**



For your convenience, when paying for excursions the new Qkr! app is now live for families of our students. Qkr! by MasterCard can be downloaded for free from Apple's app store for iPhones, iPad users can also download the iPhone app or from Google Play for Android phones. Simply:

**For more information about QKR visit our website**

[www.booragul.catholic.edu.au](http://www.booragul.catholic.edu.au)

**Step 1 Download Qkr!**

on your Android phone or iPhone. iPad users can download iPhone app



**Step 2 Register**

Select your Country of Residence as 'Australia' and follow the steps to register

**Step 3 Find our school**

Scan the QR code or search for our school name. Our school will also appear in "Locations Nearby" if you are within 4kms of the school

**Step 4 Register your children**

When first accessing your school menu, you will be prompted to register your child. This allows you to make school orders on their behalf.

**Excursions Coming Up .....**

Please **pay for all excursions by the due date written on the excursion notes** which are sent home with your child. This date is important as excursion costing is calculated on the number of students who should be attending that particular event. Venues and buses have to be paid when the booking is first made. Your understanding of this would be very much appreciated.

Year	Subject	Date	Venue	Cost	Money Due
10	Welfare	8 September	School Hall	\$8	
9&10	Commerce	13 September	Sydney Parliament & RBA	\$25	
12	Hospitality	15 September	Apollo International—Charlestown	\$20	
8	Welfare	19 September	School Hall	\$15	14 September
9	Peer Support	17 October	School Hall	\$20	11 October
11	Drama	25 October	NIDA Sydney	\$40	14 October

Please let the School know if you change your email address. School Accounts & Receipts are sent via email.

BPay amounts are processed off School Fees only. If you wish the BPay amount to come off any other area, eg excursions, laptop etc. please telephone the Finance Office and confirm this arrangement.

**Mrs Betty Harris - Finance Officer**

[finance@booragul.catholic.edu.au](mailto:finance@booragul.catholic.edu.au)

Congratulations to all students who completed and displayed their Major Projects and Portfolio's. The projects are from Industrial Technology - Timber and Design & Technology. These subjects enable students to complete a practical project and a portfolio which explains the processes followed.

IT-Timber has been marked which is 60 marks for the HSC. Design & Technology is to be marked on Monday 12<sup>th</sup> September.

Again, congratulations on the skills shown by all students. Well done!

A special thanks to Cody Sommerville, he played Kristian Brymora's guitar on the night.



**Mr Mark Redman**  
**TAS Coordinator**



**Canonisation of Mother Teresa of Calcutta**



Mother Teresa of Calcutta has been canonised (declared a saint) by Pope Francis. Here is an excerpt from his homily: “Her mission to the urban and existential peripheries remains for us today an eloquent witness to God’s closeness to the poorest of the poor. Today, I pass on this emblematic figure of womanhood and of consecrated life to the whole world of volunteers: may she be your model of holiness! May this tireless worker of mercy help us to increasingly understand that our only criterion for action is gratuitous love, free from every ideology and all obligations, offered freely to everyone without distinction of language, culture, race or religion. Mother Teresa loved to say, “Perhaps I don’t speak their language, but I can smile”. Let us carry her smile in our hearts and give it to those whom we meet along our journey, especially those who suffer. In this way, we will open up opportunities of joy and hope for our many brothers and sisters who are discouraged and who stand in need of understanding and tenderness.”

<http://www.news.va/en/news/homily-for-the-canonization-of-mother-teresa-full>

**Year 11 Reflection Day**

Thank you to all the Year 11 students, Mr Wilson and the Tutor Group teachers for being part of the year 11 Reflection Day. Thank you also to Fr Geoff Mulhearn, Brendon Mannyx and Claire McWilliam from Toronto Parish who led the Year Mass. The presenter, Scott Darlow, performed some of his original music and spoke about his experiences working with Indigenous Australian communities. His presentation was entertaining and challenging, encouraging the students to appreciate the good things in life and to have empathy for those who are disadvantaged.

**Year 8 Reflection Day**

Thank you to the Year 8 students, Ms Pryor and the Tutor Group teachers for being part of the Year 8 Reflection Day. It was an enjoyable event which encouraged the students to develop their communication skills and resilience. Thank you to Fr Brian Brock for presiding at the Year Mass.

**Catholic Mission**



During October, St Paul’s will support Catholic Mission’s World Mission Month for 2016. We will learn more about issues of mission and justice and reach out to the children in Cambodia who cannot go to school because their families live in poverty. This is one way in this Year of Mercy, to live out Pope Francis’ call to be the hands of mercy. You can read about Catholic Mission at: <https://www.cm.org.au/WMM2016/>

**Mr Michael Doyle**  
**Ministry Coordinator**

**Pastoral Care News**

On Wednesday 14<sup>th</sup> September, Year’s 7-10 will be visited by two Senior Constable’s from the NSW Police Transport Command. A significant number of our students use public transport on a regular basis, and will have noticed a regular presence of police officers while travelling.

Our concern for the well-being of our students extends well beyond the St Paul’s yard. As such, the visiting Constable’s have prepared a presentation for students that will focus on behaviour expectations and safety at transport hubs and while using public transport. We are looking forward to an insightful presentation that will support the safe and smooth daily commute for both students and the greater community on public transport.

Year 7 & 8 will have this presentation during Period 1 of week 9, and Year 9 & 10 will have this presentation in Period 2.

Take care,  
**Sarah Lancaster**  
**Pastoral Care Worker**



On Saturday 27<sup>th</sup> August 2016 a combined group of Year 8 and Year 9 students along with their team mates won their Rugby League Grand Final for the U14's Cardiff Cougars. Congratulations to the following students:

<b>Jack Baxter</b>	Year 8
<b>Damon Hartcher</b>	Year 8
<b>Ethan Hure</b>	Year 9
<b>Kye Jacobson</b>	Year 9
<b>Alex Madden</b>	Year 9
<b>Caleb McCudden</b>	Year 8
<b>Angus Nichols</b>	Year 9



Congratulations to **Hannah Olive** Year 8 for being selected in the NSW Country U15s girls softball team to compete in the 2017 Australian Regional Softball Championship in Perth.

## Equestrian News

**Emily Callinan** from Year 10 has once again performed very well at a Hunter Valley Schools dressage competition as a representative of St. Pauls.

Emily recently competed at the Hunter Valley Grammar Equestrian Championships on Saturday 27<sup>th</sup> August at Salt Ash, representing St Pauls.

Her placings were as follows:

- 3<sup>rd</sup> Novice 2.3
- 1<sup>st</sup> Prelim 1.2
- 1<sup>st</sup> Prelim 1.3
- Champion Secondary Prelim Champion



*Emily Competing on her horse "Tosh"*

This latest competition follows Emily's outstanding efforts at the State Inter-schools in Sydney and has elevated Emily's ranking to one of the elite Dressage riders for her age group in the Hunter Valley.

Emily and her mother Lesley put in a great amount of effort and time into training Emily's horse "Tosh" and taking it to competitions as a representative of St. Paul's

**Mr M Reville**  
**Equestrian Organiser**



In its sixteenth year the St Paul's Art Show, encompassing The Archipaul Portrait Prize, was held on 30<sup>th</sup> August, with several hundred attendees viewing works from students in Years 7 – 12 Visual Arts, TAS and Visual Design classes. Together with the Archipaul Prize, with its focus on portraiture, the Art Show is held annually and is inclusive in its mission, providing an opportunity for every Visual Arts student in the school to be represented. Created within the classroom as part of the curriculum the works on exhibit include the mediums of painting, etching, printmaking, skateboard design, digital and wet photography, jewellery design, sculpture, mixed media, murals, drawing and ceramics. Each Year Group within the Visual Arts and Visual Design Courses also completes one unit in which there is a portraiture component ranging from Magazine Covers in the Year 10 Visual Design Program to Pop Art portraits in Year 7 Visual Arts. A number of major prizes are awarded each year, including the Art Show Winner (Junior & Senior); Encouragement Award (Junior and Senior); Visual Design Award and the Winner of the Archipaul Portrait Prize. The other major award, The People's Choice, goes to an entrant in the Archipaul Exhibition and is decided upon by visitors to the exhibition across the evening. In 2016 the Winner of the Archipaul Prize was **Eleanor Gould** of Year 11 Visual Arts for her portrait in the style of Renaissance. The People's Choice Award is to be announced at Week 10's assembly.

Finally, regardless of prizes and awards, it is the inclusivity and community dimensions of the exhibition that are a highlight of the "Archies". With students providing the Art, Music (Year 10 Elective Music) and Catering (Year 11 Hospitality students) those visiting the exhibition are given an opportunity to see our students' creativity, their problem solving, their hard work, their spirituality, their sense of playfulness, their skill, their imagining, their politics, their dreaming and their risk-taking... all coming to fruition in an evening such as this. Further, it is an opportunity for collegiality, where there is a chance to work with students in different contexts to our classroom, where the staff of St Paul's can support one another, working tirelessly to help make the evening a special community celebration. The exhibition was, once again, a wonderful testament to the talent and skills of both teachers and students at St Paul's and all are to be congratulated. We hope to see you all in 2017 where the Archipaul tradition will continue to grow.

### Archipaul Winners 2016

**Highly Commended Awards:**

**10 awarded to Archipaul Entries (Certificates)**

- 1. Jacob Gower Year 8 Kyle on A Spacerock
- 2. Grace Kennedy Year 10 Magazine Cover
- 3. Mitchell Bennett Year 7 Portrait
- 4. Danielle Crouch Year 11 Self Portrait
- 5. Dylan Simone Year 10 Rah
- 6. Grace Betts Year 10 Self Portrait
- 7. Abby Nugent Year 10 Self Portrait
- 8. Kala Liu Year 7 Self Portrait
- 9. Elliot Haines Year 8 Portrait
- 10. Natasha Ireland Year 8 Self Portrait

**Highly Commended Awards:**

**10 awarded to Art Show Entries (Certificates)**

- 1. Tahlia Ebbeck Year 10 Altogether
- 2. Lily Betts Year 9 Skateboard
- 3. Olivia Fanning Year 10 Two Cultures painting
- 4. Kendyll Fahey Year 10 Combined Cultures
- 5. Jackson Morgan Year 10 Two Cultures painting
- 6. Lachlan Hemson Year 10 Koi Fish
- 7. Isla Laven Year 11 Poster
- 8. Lucas Houston Year 7 Ceramic Figure
- 9. Cheslea Fraser Year 7 Ceramic Figure
- 10. Luke Baker Year 10 Magazine Cover

### MAJOR PRIZE WINNERS

**Encouragement Award: Junior (\$25 + Art Supplies + Certificate)**

Curtis Matthews Year 9 Screen Print

**Encouragement Award: Senior (\$25 + Art Supplies + Certificate)**

Natalie Winter Year 11 Portrait Renaissance

**Visual Design Award (\$150 + Certificate)**

Bridie Camps Year 9 Skateboard

**Photographic & Digital Media Award (\$50 + Certificate)**

Alanna Carew Year 12 Armada

**Art Show: Junior Winner (\$50 + Art Supplies + Certificate)**

Gabrielle Loveday Year 8 Portrait of Abbey Finn

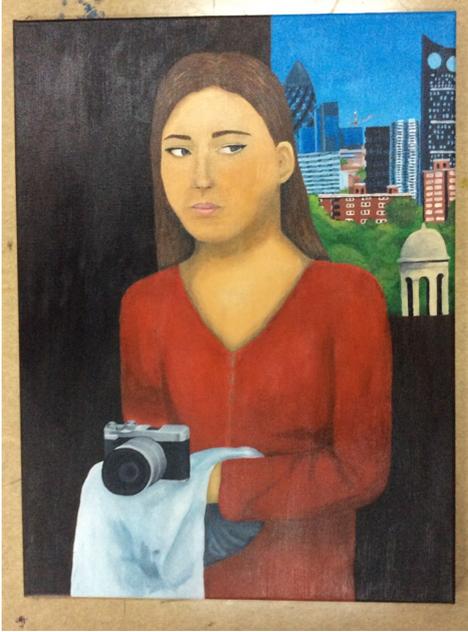
**Art Show: Senior Winner (\$50 + Art Supplies + Certificate)**

Laura Miller Year 12 Acuity of Form

### Archipaul Prize \$100 + Certificate

*Eleanor Gould Year 11 Renaissance Portrait—Lady in Red*

Archipaul Winner 2016  
Eleanor Gould – Lady In Red



**Mrs Cathy O'Gorman**  
Creative Arts & LOTE Coordinator

### St Paul's Vietnam Immersion September / October 2016



Excitement is growing amongst the 28 students and 4 staff who are travelling to Vietnam as part of the St Paul's Immersion program. Ms Adams, Mrs Pateman, and Mr Thomas are the three teachers who will be assisting me.

**Passports** have been returned to students with the **visa** insert completed, and a **final itinerary** was included in the folder given to students. The **flight tickets** have not been allocated to students as yet as we are waiting on Vietnam airlines. This should be sorted over the next week or so. The flight times to and from Vietnam were included on the information sheet that students collected recently, but the two internal flights were deliberately omitted. Parents might note that the hotel accommodation in Hanoi was changed at my request to place the group within the 'Old Quarter', which allows for the group to do more walking and less bussing.

The **community project** has now been determined as a school building project in the Nuoc Ngoc Parish 50 kms outside of Hue. This area is very flat and is criss-crossed with canals and irrigation channels. The students will be helping to construct the final two classrooms that will assist with the provision of English and Religion classes for children, and will act as a summer school for those in the local community. As the students will be carrying building materials to site, mixing mortar, and bricklaying (under the supervision of some local tradies), it would be a good idea for each student to have a pair of neat fitting gardening gloves that will protect 'delicate hands'. There will be no escape from the mud!

The final **\$100** should be paid to Mr Wilson for gratuities (significant for a large group such as ours), contribution towards social justice projects, and bus travel to Sydney airport. Remember that the time of **departure from St Paul's will be 4.30am on Friday 30<sup>th</sup> September**. We will be loading inside the school so as to minimise noise for neighbours. Please don't arrive too early! Upon our **return to Australia at 9.15am on 15<sup>th</sup> October** parents are asked to either collect their son /daughter from Sydney airport or to give them permission to catch the train with teachers alighting at the various train stations along the way. Remember please that we have no control over the time to get through customs, but as we are wearing the school travel shirt the officers are generally very good at giving us a quick transition.

**Medical preparation and insurance cover** should be finalised by now. Some students have asked about spending money, but this is something for parents to decide. Either use a Visa debit card or carry Vietnamese Dong or American dollars.

All that remains is a final meeting in week 10 that might be used as a choir practice (a few good national songs, and children's favourites).

Parents and friends can follow our adventures on Facebook. Each day Vietnam School Tours will post updates, information and great pictures so that you can feel part of the experience. Create a 'Like' now so you don't forget:

[www.facebook.com/VietnamSchoolTours](http://www.facebook.com/VietnamSchoolTours)



**Mr Ross Wilson**  
**Organising Teacher**



On Sunday, 28<sup>th</sup> of August, I had the great pleasure of accompanying our Maths and Engineering TOM Team to the Regional Finals at Newcastle Grammar. After 6 weeks of solid preparation at lunchtimes and afterschool, our representatives presented the 'Transponder' that they had designed and created with no help from any outside collaborators. The 'Transponder' was designed to transport objects that complied to the Golden Ratio throughout the galaxy. The Judges were very impressed with the originality of the teams design, and that it did indeed hypothetically work. Alas, there is only one winner in TOM. Although we did not progress to the State Finals, our team was very impressive and would have been very hard to beat. Congratulations team on a successful campaign, you are a fine example of Teamwork.



**Congratulations Team!**

*Kelvin Kennedy, Alex Lane, Charlie Lawlor –O'Neill, Xander Williams, Sydney Prajogo and Alex Hanson*



**School Drama Competition \$20,000+ in Total Prizes**

**Open for ages 11 - 17 Years**

**No Martial Arts experience necessary**

We are pleased to invite St Paul's High School and your students to an opportunity to compete in the 2016 Action Star competition series. This will be a great opportunity for drama students at your school to gain experience, curricular credits (should you decide to include the competition) and a direct avenue to actual Film and Television roles!

St Paul's High School will also gain recognition through participating competitor profile voting via the website with prizes for the winning school and their students! Please see below initial information including links to the website for details on audition locations, rules, prizes and FAQ's

**KAPOW TV & ANIMA Studios in association with World Martial Arts Championships (WMAC) is offering you the chance to break into the Action Movie/TV scene via this unique Competition & TV Series**

Action Star is an opportunity to break into the action film and television industry. The event is conducted as a competition/audition to find performers with the right talents. The winners of the events, their respective school and many of the participants will receive recognition, great prizes and the opportunity of a lifetime to break into film with professional stunt training courses by Australia's premiere Stunt training facility at Stunt Park on the Gold Coast, Qld.



**Miss Sarah Adams  
Gifted and Talented Coordinator**



## Career Thought of the Week:

“When one door closes, another opens, but we often look so long and so regretfully upon the closed door that we do not see the one which has opened for us.”

Alexander Graham Bell

## Year 12 Last Minute Reminders

### University Applicants



- On-time UAC applications close on 30<sup>th</sup> September 2016 – avoid late fees! See [www.uac.edu.au/undergraduate](http://www.uac.edu.au/undergraduate) to apply
- ‘Early Entry’ course/s need to be listed in your UAC preferences by end of November.
- Your first preference should be the ‘early entry’ offer you most want to get. These are often regardless of ATAR. The offer will be made through UAC – log in to UAC ‘Check and Change’ on 3<sup>rd</sup> December to see your formal ‘early’ offer. Exception to this is UNE ‘direct entry’. UNE will send you an offer direct, probably mid-late November.
- Some ‘early entries’ will be a ‘conditional offer’ which will be made unconditional through UAC on 5<sup>th</sup> January if you meet the (usually reduced) ATAR requirement.
- Most offers will be made in the Main Round mid-January 2017.
- There are several offer rounds where you may be eligible for an offer

It is *vitaly important that you read and understand* Pages 31-34 of the UAC Guide regarding offers.

- SRS (Schools Recommendation Scheme) applications are due on 30<sup>th</sup> September - see [www.uac.edu.au/srs](http://www.uac.edu.au/srs) to apply
- EAS applications (Education Access Scheme) - for people who have suffered some kind of disadvantage - should be to UAC no later than 30<sup>th</sup> November. See [www.uac.edu.au/eas](http://www.uac.edu.au/eas)

Also: be mindful of individual scholarship and university on campus accommodation application processes and dates/timelines.

**An excellent scholarship site to look at that covers scholarships by State is:**

[https://cef.org.au/students/scholarships/?utm\\_source=Database%20Newsletter&utm\\_campaign=183f1480b82016\\_Scholarship\\_Guide\\_newsletter\\_list8\\_24\\_2015&utm\\_medium=email&utm\\_term=0\\_a00858790b-183f1480b8-88731981](https://cef.org.au/students/scholarships/?utm_source=Database%20Newsletter&utm_campaign=183f1480b82016_Scholarship_Guide_newsletter_list8_24_2015&utm_medium=email&utm_term=0_a00858790b-183f1480b8-88731981)

### TAFE Applicants

- Applications generally will open in October/November
- See your local TAFE and/or website for course options and details on fees. These vary depending on course and your individual circumstances.

For information on TAFE, see: <https://www.tafensw.edu.au>

To find out more about the new fee structure that applies to TAFE, see Smart and Skilled website : [www.smartandskilled.nsw.gov.au](http://www.smartandskilled.nsw.gov.au)

### Job Applicants

- You need to have a resume prepared and updated
- Keep an eye on local newspapers and other media, as well as websites such as [www.seek.com.au](http://www.seek.com.au)
- You can still access your school careers website to tailor your cover letter for various job applications and update your resume.
- You might also like to create a digital portfolio (or on-line resume). This can be done on your school careers website. The link to your digital portfolio can be emailed to prospective employers as part of a job application, or even as a ‘cold canvass’, asking for a position if one becomes available.

- While looking for work, consider completing additional courses and qualifications such as: WHS White Card (construction industry), Barista, First Aid, RSA / RCG, Drivers licence (if you don't have one already!) All of these are great things to have on your resume and may help you to get a job.

- Be prepared to go for an interview at any time: Consider your personal presentation – keep your hair and/or beard neatly trimmed, clean and tidy. Consider your hair colour – is hot pink or bright purple going to affect your job prospects? Before adding to your piercings or artwork (tattoos) consider how this may affect your employment prospects. Have your resume and supporting documents printed and copied so it ready to include in a job application or to be provided at a job interview.

*"You have brains in your head.  
You have feet in your shoes.  
You can steer yourself  
any direction you choose.  
You're on your own.  
And you know what you know.  
And YOU are the one  
who'll decide where to go..."*  
-Dr. Seuss. Oh, the Places You'll Go!

## HSC Results

Released Wednesday 14<sup>th</sup> December @ 6am – log onto BOSTES <http://studentsonline.bos.nsw.edu.au>

## Atar

Released Thursday 15<sup>th</sup> December @ 9am – log onto UAC Check and change - <http://www.uac.edu.au/undergraduate/check-change>



## HVTC Pre-apprenticeship Scheme

# Smart Choice Multi-industry Pre-apprenticeship (MIP) Program

**Are you looking to make a smart choice when choosing your career path?**

**Don't know which trade best suits you?**

HVTC is offering an innovative pre-apprenticeship program designed to provide participants with the opportunity to gain a realistic expectation of the work involved in the following trades:

- Building and Construction
- Engineering Mechanical
- Engineering Fabrication
- Electrician

This program runs over an 18 week period and is a mixture of classroom training, workshop projects, site visits, trade skills and knowledge training, and hands-on unpaid work placement across three to four different industries.

This will enable you to research and experience first-hand what it really takes to be successful in a particular industry and make a Smart Choice about which apprenticeship or career pathway best suits you.

**COURSE OVERVIEW**

A variety of both accredited and non-accredited training will be provided which includes:

- Work health and safety
- Apprenticeship/traineeship overview - what to expect
- CPCCOHS1001A Work safely in the construction industry
- TLILIC2001A Licence to operate a forklift (participants will have to have a driver's licence)
- UEENEEE101A Apply occupational health and safety regulations, codes and practices in the workplace
- UEENEEE141A Use routine equipment/plant/technologies in an energy sector environment
- UEENEEE148A Carry out routine work activities in an energy sector environment
- MEM18001C Use hand tools
- MEM18002B Use power tools/hand held operations
- MEM05013C Perform routine manual metal arc welding
- MEM14004A Plan to undertake a routine task

- Work ready skills including vocational skills, language literacy and numeracy, communication in the workplace, resume writing and interview skills
- Workplace induction training for each site
- Industry research and employer presentation sessions
- Mentoring available to students on a weekly basis and ongoing after completion of training and work experience

Participants will be given up to six days on-the-job work experience in each trade area with a number of Hunter based businesses (three days per week, total of 18 days).

This will give participant the opportunity to build valuable pre-employment skills, gain insight into how the trade works and where their roles and responsibilities lie, plus acquire sound industry foundation skills.

It will also allow host employers access to a pool of entry level candidates for future apprenticeship placement.

Special industry guest speakers will be invited to share their knowledge and experience with participants, outline career opportunities, and impart industry expectations and nuances.

### **Important Dates for Term 3/4**

RSA/RCG 10<sup>TH</sup> /11<sup>TH</sup> November

UAC Dates for Yr. 12 refer to UAC BOOK

### **Casual Positions/Employment Links**

These are ready to view on the school site MN Live. Go to News and Events and click on Student News. These are also emailed to students in Years 10-12 through their school email accounts.

**Mr Craig McLoughlin**

**Careers & Vocational Education Coordinator**

**Year 7 - 2017**  
**Year 10 - 2017**



## St Paul's High School 2017 BYOD SPECIFICATIONS

Students attending St Paul's High School will require a portable computing device to operate in a contemporary learning environment.

Bring Your Own Devices will be used as a learning tool for online research, work production/creation and enhancing curriculum delivery.

### Please Note:

- ▶ **St Paul's High School supports a Microsoft Windows Environment**
- ▶ **Consider a wireless keyboard if purchasing a Tablet device**
- ▶ **Microsoft Office 365 is available for **FREE** to all students\*\***

\*\* Only available whilst attending a Catholic School in the Diocese of Maitland-Newcastle



### Suggested Entry Level Hardware Specifications: (Laptop/Convertible Laptop/Tablet)

Central Processing Unit (CPU)	Intel: Celeron, Pentium, Core M series, Core I series or AMD <b>Intel Core i5/AMD A8 recommended for Year 10 students</b>
Storage (Hard Drive)	120GB+ solid state drive (SSD), 250GB+ standard HDD
Memory (RAM)	4GB+
Screen Size	11" to 14"
Battery Life	6 hours +
Wireless Compatibility	802.11a/b/g/n (2.4GHz – 5GHz)
Operating System	Microsoft Windows 7, 8.1 or 10

# St Paul's High School

## 2017 BYOD SPECIFICATIONS

### Additional Considerations:

Recommendation	Reason/Explanation
Maximum weight of 2kg	Students will be carrying the device to and from school and also between classrooms
Physical Dimensions	The device should not be too large, this increases risk of damage, difficulty with transport and weight. i.e. Devices with 15.6" screen size
Solid State Disk (SSD) – optional for laptops	This type of disk speeds up the laptops performance and extend battery life. It is also more durable in its operation when moved around
Operating System	Apple devices are not compatible with our teaching environment. i.e. Apple Mac OSX. Teachers use Windows Operating Systems
Protective cover/case	A hard cover or case containing memory foam for added protection is essential when transporting. Some back packs have dedicated protection pouches
Backup	A USB flash drive and portable hard drive is recommended to backup files on a regular basis, <i>the flash drive to use at school – the portable hard drive for use at home</i>
Battery Life	Make sure the device is fully charged overnight; reduce the screen brightness, shut down device when not in use
Anti-Virus Software	Windows 8.1 & 10 have a built-in Anti-virus application – Windows Defender. The purchase of 3 <sup>rd</sup> party antivirus software is not necessary but is at the discretion of the purchaser
Browser Software	Internet Explorer, Microsoft Edge, Google Chrome are all acceptable browsers. An advertisement blocker is also recommended to enhance browsing experience and reduce risk of infection
SUPPORT	IT staff provide limited technical support for student devices. It is the responsibility of the student for the upkeep and working order of their own device.
Unacceptable Devices	Windows RT, Android, Chromebook, iOS and Mac devices

### ***Targus TANC Laptop Bag***

By absorbing shocks, bumps and drops, the TANC bag doesn't just prevent laptop, screen and other damages, it minimises the need for laptop repair.

Will suit 13.3in devices, and Dell Latitude E6430 model. Now available from the school

**Cost: \$10, please pay at the Finance Office**

**Enquiries to Mr Graham Hancock - Technology Support Officer**





# Canteen Roster



## Monday 12 - Friday 16 September

Mon	Kath Edwards, Amale Yi
Tues	Vicki Blundell, Maree Adams
Wed	Dianne Fennell-Fraser, Christine Forrester
Thurs	Kim McManus-Smith, Rochelle Loveday, Nadine Steenson
Fri	Anne Negline

## Monday 19 - Friday 23 September

Mon	Susan Noonan, April Baker, Narelle Baird
Tues	Amanda Holt, Janelle Haggerston
Wed	Joanne Bower, Pamela Amos
Thurs	Michelle Hall
Fri	Leanne Maher, Michele Pippen, Julie Lerch

**Canteen Supervisor:** Carolyn Phone - 4946 3115

**Canteen Hours:** 9.00am to 2.30pm

If you are unable to come on your day, please try to arrange a swap or contact Carolyn.

Please be aware that the events and dates listed on this school calendar are subject to change. Please check regularly.

## Term 3 2016

<b>Week 8</b>	Mon 5-15 Sept	Yr 11 Exams
	Thurs 8 Sept	Yr 12 Ext 1 Maths Excursion
	Fri 9 Sept	Yr 10 Cheap Thrills Yr 12 Ext 2 Maths Excursion
<b>Week 9</b>	Mon 12 Sept	Basketball-NSW Championships
	Tues 13 Sept	Yr 7,8 Indigenous Students-IBelieve
	Wed 14 Sept	Yrs 9 & 10 Commerce Excursion
	15-18 Sept 16 Sept	Police Talks Yrs 7,8,9 &10 Rugby League U16's Yr 11 Ski Trip CCC Athletics
<b>Week 10</b>	Mon 19 Sept	Yr 11 only - Pupil Free Day
	Wed 21 Sept	Yr 8 Medieval Incursion
	Thurs 22 Sept	Yr 12 Graduation Mass
	<b>Fri 23 Sept</b>	Yr 12 Award Ceremony/Assembly <b>LAST DAY OF TERM 3</b>

# AUROZA

Reminder:

Aurora - the magazine of the Maitland-Newcastle Diocese is available in The Newcastle Herald.

Look out for it on the first Tuesday of every month.

### LOST AND FOUND SCHOOL JUMPERS / JACKETS / CLOTHING ITEMS



We have many items of clothing in our Student Services area waiting for collection.



Please come and see if you belong to any of these items, otherwise

### Panadol

Panadol is **not available** from the Office. If you think your child may need any - students may bring their own and keep in their bag.



There is a phone available at the Office for student use, but it is for

**Emergency Use Only**

Cost for a call is 20c.

For calls in case of **sickness**, the Office Staff will ring home.

Please beware of speed limit when using the school driveway.

Also, when buses are arriving/departing, please drop off / pick up students outside the front gate.



# Clothing Pool

## Clothing Pool

**Hours:** Tuesdays & Thursdays 8.30am - 9.30am

**Location:** E Block (near the basketball courts) – students & adults welcome

- ◆ We can sell your near new items on Consignment (must be \$20 and over).
- ◆ Please put a label/tag on **each** item with the **price, name, address and phone number** of the person who is to receive payment.
- ◆ When the item is **sold**, a P&F cheque will be issued.
- ◆ 10% commission applies for items less than 3 years old.
- ◆ Items that are not sold within 3 years are then considered a donation to the school.
- ◆ *Any items under \$20 are donations to the P&F Clothing Pool.*



School  
Uniform  
Information

## Catering Uniforms

Available at reduced prices !

## Uniforms

All NEW uniform items are available at Lowes Glendale and Verdun Hiles, Toronto.

Low Prices !



## Blazers

There is a selection of **BRAND NEW BLAZERS** available from Clothing Pool .

Normally selling for \$150.00 - **Now only \$100.00.**

Please pay at the Finance Office.

## Special

**LARGE RANGE OF JUMPERS AND SPORTS UNIFORMS IN STOCK NOW**

For further information please contact Kathleen Dyett at: [kathleend@extrabuild.com.au](mailto:kathleend@extrabuild.com.au)

### Senior Uniforms

Large range of boys and girls sizes.

Great condition!

Shirts, shorts, skirts, ties, blazers.

*Cash or cheques only*

## When Leaving School Early

### Leaving school without Parent/Guardian:

If students are leaving school early they must bring a note from their parent/guardian to leave class early.

The note should be shown to the class teacher to be dismissed from the class.

The student must then go the Front Office, hand in the note and swipe out.

### Leaving school early with Parent/Guardian:

If students are leaving school early during class time with their Parent/Guardian they must bring a note from the parent/guardian. (As Students may not be contactable e.g on PE Prac or in a class room without a phone)

The note should be shown to the class teacher to be dismissed from the class.

The student must then go the Front Office, to meet their Parent/Guardian.

A note is not necessary if leaving with a Parent/Guardian at recess or lunch.

**World Suicide Prevention Day**  
**Friday 9th September 2016**  
**Fort Scratchley, Newcastle East**



Lifeline joins international activities to observe **World Suicide Prevention Day**, a time to provide an opportunity to discuss suicide prevention openly and respectfully. You can make a difference and show your support for the work that we do at Lifeline Hunter Central Coast by participating in Lifeline's symbolic **Out of the Shadows and into the Light** dawn walk and/or our free breakfast. We invite you to join us as we walk to raise awareness, remember those lost to suicide and unite in a commitment to prevent further deaths by suicide.



**6:00am – 7:00am**

***Out of the Shadows and into the Light Walk***

Assemble at the base of Fort Scratchley from 5:45am and walk along the foreshore with members of the NSW Police and Ambulance Services, returning via the Resilience Sculpture.

**7:00am – 8:30am**

***World Suicide Prevention Day Breakfast***

Free hot buffet breakfast at Fort Scratchley with guest speakers Rev. Kesh Rico Govan speaking about his own personal experiences in dealing with suicide and Garry King, subject-matter expert on self-harming behaviours.

*We look forward to connecting with you at one or both events for  
**World Suicide Prevention Day***

**Lifeline Hunter Central Coast**  
 (incorporating Lifeline Newcastle & Hunter and Lifeline Central Coast)  
 12 Maitland Road, Islington (PO Box 219) NSW 2296  
**P 02 49402000 M 0408 847687 F 02 49402010**

**Kip McGrath**  
EDUCATION CENTRES

**MAKE A PLAN TO HELP THEM SUCCEED**

**If you're concerned that your child is falling behind in class...**

Boost your child's success, self-esteem and confidence in English and Maths with a personalised learning programme from Kip McGrath

Book your free assessment today

✓ Proven Methods   ✓ Qualified Teachers   ✓ Primary - Secondary

**Call Sue on 4945 4112 to book a free assessment**

<b>Adamstown</b> 297 Bruncker Rd	<b>Belmont</b> 12 High St	<b>Toronto</b> Unit 3, 8 The Blvd
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Sue Felsing, 'Excellence in Entrepreneurship' Winner in the 2016 Lake Macquarie Business Excellence Awards

[www.kipmcgrath.com.au](http://www.kipmcgrath.com.au)

**Arrendell**  
secondary education centre

**Spring Holiday School**

**SMALL GROUPS, LIMITED SPACES! CONTACT US NOW TO SECURE YOUR PLACE.**

**Pre-HSC Workshops**  
 Year 12 students, taught by experienced Senior Teachers/HSC Markers  
 28 Sep - 1 Oct 2015  
**English** - Senior Approach to English Workshop  
 Area of Study Paper 1 - Discovery, Modules (Advanced & Standard)  
**Maths, Biology, Physics, Chemistry, English**  
 Practice Exams & Feedback Sessions

**Senior Writing Workshop**  
 Year 10 - 12 students, taught by Dr Rob Reil  
 28 Sep - 1 Oct, 10am - 12.30pm each day

**Creative Writing Workshop**  
 Year 9 - 11 students, taught by Dr Rob Reil and Jason Newell  
 29 - 30 Sep, 1.30 - 3.30pm

**Writing For Future Experts**  
 Year 5 - 8 students, taught by Jason Newell  
 29 Sep - 1 Oct, 10am - 12 noon

Individual and small group holiday lessons in Maths, Sciences and English can be arranged by contacting our office.  
 Tutoring during terms also available.

*40 years of helping Newcastle students succeed*

**4929 2522**   **11 Scott St Newcastle 2300**  
[arrendell@ozemail.com.au](mailto:arrendell@ozemail.com.au) | [www.arrendellsecondaryeducation.com.au](http://www.arrendellsecondaryeducation.com.au)



**ST BENEDICT'S  
PRIMARY EDGEWORTH**

**2016  
SPRING FAIR**

**SUNDAY 18<sup>TH</sup> SEPT 10-3PM**

Unlimited ride passes can be purchased from school office

839 Main Road EDGEWORTH

Email: [stbennisschoolin@hotmail.com](mailto:stbennisschoolin@hotmail.com)

0418406915

**LUCK** **FOOD** **STALLS**  
**SPECTACLES** **ENTERTAINMENT**




## St Benedict's Spring Fair!!!!



### ALL DAY RIDE PASSES

Available now for purchase or layby.

**\$35 each or 3 for \$90**

If purchased outright prior to Friday 29th July you will go into the draw for a \$50 JB HiFi gift card.

Tickets available from the School office.



**Lake Macquarie Rugby Club**

Presents **VIVA 7<sup>s</sup>**

**TOUCH FOOTBALL**

Starts 5pm  
12th October 2016  
running for 8 weeks



**Families and individual players welcome!**

Single player - \$30 • Family of 3 - \$80  
Family of 4 - \$100 • Family of 4 or more - \$120

Shirts are provided



Contact **Greg Hodgson 0414 255 287 - Rob Taylor 0417 309 588**  
**Louise Kettles 0423 036 306** for further details  
or email [lakemacquarie\\_roos@gmail.com](mailto:lakemacquarie_roos@gmail.com)  
or visit our website [www.lakemacquarierugby.com](http://www.lakemacquarierugby.com) for online registration

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