



Photo by Andy Warren

21 February 2018 Vol: 02-18

To the Families and Friends of the St Paul's Community.....

Term 1 is almost half way through and like all comprehensive College's like St Paul's much has been happening. For our staff, we have been working on our professional goals for the year. These goals are in alignment with goals set by each facility and also guided by our strategic direction. AS we move through the year, the staff will have opportunities to work with one another to continue to improve their practice so that we continue to deliver quality education for our community. Many teachers have engaged with the Teaching and Learning department of the Catholic Schools Office to delve into the results from last year's HSC. These in-service opportunities allow staff from the Stage 6 colleges in the Maitland-Newcastle Diocese to work together to improve our exam performance through RAP analysis. The Results Analysis Package (RAP) is a highly developed tool that allows teachers of HSC courses to see the strengths and weaknesses of every question that is examined in the HSC. This valuable exploration allows staff to modify their own programs to ensure that we are all making the most of our teaching towards this credential.

Our Opening Mass was a beautiful celebration of the start of the year for our school community. We also were able to present awards to our top students from the 2017 HSC and ROSA. It was wonderful to share these awards with our community and it was great to have some of our 2017 Year 12 students present. The Mass was concelebrated by Bishop Bill and Fr Geoff. Dr Slattery and Mr Greaves from the Catholic Schools Office attended and were highly impressed by our young men and women. In his address, Dr Slattery challenged our students to celebrate their uniqueness and to continue to be counter-cultural – that is to go against the flow particularly if that flow is one that does not celebrate the dignity of each and every one of us. Our Award winners were:

Year 10 2017 Outstanding ROSA Results:

- ◇ Jenna Crowe
- ◇ Shaila Dube
- ◇ Patrick Dyett
- ◇ Thomas Fairleigh
- ◇ Keeley Fuller
- ◇ Charlotte Gilmour
- ◇ Rosemary Martin
- ◇ Sara Mitchell
- ◇ Cleo Williams
- ◇ Timothy Wilson



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2017 Higher School Certificate

- ◇ Flynn Balin—Diocesan First in Course—Design and Technology
- ◇ Lara Duggan—**ATAR Dux for 2017**—Diocesan Equal First in Course—Studies of Religion II
- ◇ Jordyn Hiles—Diocesan Equal First in Course— Food Technology
- ◇ Tia Lunn-McNally—Diocesan Equal First in Course—Food Technology
- ◇ Olivia McEnery—Diocesan First in Course—Studies of Religion I
- ◇ Bronwyn Pierson—Diocesan Equal First in Course—English Extension 2 and German Beginners

Last week we hosted the Principals from all the Secondary colleges in the Maitland-Newcastle diocese. It was a day of meetings and presentations, but we did have an opportunity to do a tour of our place. It was a terrific day where our students showed our visitors what it is like to be at St Paul's. As we walked around the various classrooms, we were welcomed beautifully by every student. In fact one of the principals commented that he would love to take all our kids to his school because of how polite and welcoming they were. Another could not believe that when the kids got up after recess to move to class, she did not see any rubbish left in the yard! I commented that our kids are great and that's the way we like it!

Last week we had our first P&F meeting. The purpose was to give a report about last year's HSC. This is a traditional meeting that we have held for many years. Unfortunately only three parents were able to attend. In the last 4 years, the P&F meetings have not been particularly well attended. In fact in 2015, three of the scheduled meetings failed to attract a quorum and it was similar last year. In response, we have been offering alternative methods of school and parent engagement. Last year we ran an information evening for our BYOD program in Year 8. We also ran a series of academic writing sessions and we had an evening with Stephen Bradbury. All of these events, designed to bring members of our community together were very well received. I will be discussing the issue with Cath Garrett-Jones from the Catholic Schools office to establish an appropriate way forward. At this point, the P&F AGM scheduled for the 14th of March will be postponed until further notice.



St Paul's
Catholic College
Booragul

Uivere Christus Est

"YOU'RE WELCOME HERE,
WHOEVER YOU ARE"
- ST PAUL

OPEN EVENING

THURSDAY 15 MARCH

ST PAUL'S CATHOLIC COLLEGE
PRIMROSE STREET, BOORAGUL

INFORMATION SESSIONS AND TOURS OF
THE COLLEGE FACILITIES

FIRST TOUR COMMENCES
AT 4.30PM THEN ½ HOURLY UNTIL 7.00PM

REFRESHMENTS PROVIDED

On Thursday evening, 15th of March, St Paul's will be holding our first Open Evening. This event is designed to showcase our wonderful school to the wider community. In particular, we will be targeting families who might be considering the schooling options for their children. A planned advertising campaign with newspaper advertising, Facebook (the modern way of marketing) and a letter drop will precede the evening. We will be hosting tours of the college and it will include an opportunity to talk to members of our team about the opportunities that an education at St Paul's can provide. If you have any friends who might like to discover St Paul's, please invite them to this event. Our goal is a lofty one – we hope to increase our enrolments for 2019 by 100 students. Currently, as a result of restructuring of Catholic secondary schools in Newcastle as well as a slump in the numbers in some of our feeder schools, we have the capacity to have more students at St Paul's.

Congratulations to **Dakota Thomas** who received a **NSWCCC Sporting Blue Award** for her sporting achievements in Netball in 2017. She is a wonderful ambassador for our College and we congratulate her for her fine efforts.

The term rolls on and Year 12 will soon be at the half way point in their HSC preparation. Major works will soon be taking shape and major writing pieces will be in their final drafts. All other years are currently engaged in assessment tasks and other learning opportunities. As I said in our assembly on Tuesday, we make every learning opportunity the best it can be. Each lesson is a chance to strive for a personal best.

Go Gently

Mr Graeme Selmes
Principal



St Paul's has recently had one case of the chicken pox, please see below fact sheet for further information.

<http://www.health.nsw.gov.au/Infectious/factsheets/Factsheets/chickenpox.pdf>

Study Skills

As we begin the academic year, I have included an article by *Prue Salter* on managing Technology and how it can assist students in their study. St Paul's subscribes to this studyskills website and all families have access to its resources.

I would encourage all students as part of 'getting organised' in Term 1, to look at this website and see the study resources available to students regardless of which year level they are in. The details are as follows:

Learn more this year about how to improve your results and be more efficient and effective with your schoolwork by working through the units on www.studyskillshandbook.com.au. Our school's access details are:

School's Username – **stpauls**

School's password – **52success**

Mr James Furey

Assistant Principal—Community & Wellbeing



Curriculum Administration

Year 11 Subject Changes

Last week in our Year 11 Study Skills time I had the opportunity to speak to Year 11 about the Subject Change Process commencing this week. Now that students have had time to settle into classes and learn more about their subjects they have chosen, there are a few students who are looking to change/move levels. For those students who are wanting to discuss possible changes to their pattern of study, they need to **collect a form from the Student Services Office** and then commence discussion with their Student Coordinator, subject teacher, Leaders, Mr McLoughlin and myself. The process is as follows:

1. Students who are wanting to make a change to their pattern of study are to collect a Year 11 Change of Subject Form, talk to their Student Coordinator – Mrs Brownlee, relevant teacher & Leader of Pedagogy and family.
2. Students should also seek advice from Mr McLoughlin, Miss McVeigh and Mrs O'Gorman in relation to ATAR requirements.
3. **ALL signatures** must be obtained by the student before **handing the form to Mrs O'Gorman**.
4. **Forms are NOT to be left at the office**. I will be available each lunch time in the Student Coordinators' Office area. I am also available before and after school for students who are wishing to discuss further their pattern of study.

NB ALL request forms are due to Mrs O'Gorman by Wednesday 21st February 2018

Year 7 – 11 2018 Assessment Handbooks

Years 7 – 11 Students will have access to their 2018 Assessment Handbooks by this Friday 23rd February. The Handbooks will be available on our webpage and on the Student portal. The booklets will contain all assessment schedules and due dates/weeks for our students. Please do not hesitate to email me cathy.ogorman@mn.catholic.edu.au if there are any concerns/questions.

Please see the following link to view an update from NESA on the new stage 6 syllabus.

<https://syllabus.nesa.nsw.edu.au/assets/global/files/parent-guide-to-new-syllabuses-and-assessment-from-2018.pdf>

Mrs Cathy O'Gorman

Leader of Learning—Curriculum Administration/Staff Development



St Paul's is participating in the 2018 Coles Sports for Schools

Please start collecting your vouchers

There is a box in Student Reception for collection!

Year 7 News

A Positive Start to 2018

I would like to thank Year 7 on their fine start to the 2018 School Year. This is always a difficult time for Year 7 with new orientation skills, new friendship groups being made and new academic expectations to adjust to. At our Opening College Mass, the Bishop made clear mention of offering our skills and characteristics to make St Paul's a better place. In particular Bishop Bill made mention of not only the overt skills of students but also the less obvious skills of being 'good friends' and being willing to support each other and build community. I feel that it aptly describes the positive start Year 7 have made. My thanks to the teaching and support staff but also the parents who have supported their sons and daughters as they begin at St Paul's.

Computer and IT Support

As Year 7 continue their learning with the aid of laptops there is an assumption that all students are familiar with these technologies and are capable of using them to their full advantage. The reality is that students have various levels and understanding of 'digital literacy'. As such the College will be running several sessions during classes to assist with basic organisational skills using IT, responsible use of technology and also effective use of the software packages used at St Paul's.



Friday Sport

My thanks to parents and students for their support of the Year 7 Friday Sport Programme this Term. Traditionally Year 7 participate in a Swimming Programme for most of Term 1. This year, Year 7 also have the opportunity to participate in both swimming as well as a Resistance Training initiative. I would like to acknowledge the extra work of Mrs Brigid deWinter and all of the staff who are working with Year 7 in this area.

Mrs Trish Furey & Mr Sam Heagney

Student Coordinators



Year 8 News

Brainstorm Productions Award-Winning In-School Theatre Performances

Cyberia

On **Thursday, 1 March, 2018** Brainstorm Productions will be presenting their student wellbeing program 'Cyberia' for **Year 8**.

Powerful, compelling, Cyberia is an unflinching live theatre experience about cyber bullying and its devastating repercussions. Cyberia depicts two teen characters that are increasingly using texting, tweeting, online gaming, Facebook, Instagram, Snapchat, MSN and (embarrassing) selfies to express themselves. In time this takes a nasty twist leading to cyber bullying and the spreading of hurtful rumours online. The characters suddenly realise they can't just press the "undo" button to save their relationships, reputation or their dignity. Cyberia will encourage students to think carefully before they 'post', 'tweet' or 'snap' and to stop, think and reboot.



Cyberia is part of our student wellbeing curriculum and the program has been developed in consultation with teachers, psychologists, as well as real-life student experiences. The methodology of the program is safe, supportive and nonjudgmental and designed to provide students with positive and useful tools that they can use in their everyday lives.

All students are required to attend. The cost for this production is covered by the Student Welfare Fee, however students are asked to return permission notes to their Tutor Group Teacher.

Mrs Libby Lucas
Organising Teacher



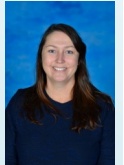
Year 9 News

All Year 9 that attended the swimming carnival had a great time. The weather was perfect and the participation rates were high. Thank you to all the parents and students that supported this great day. It was disappointing to note how many Year 9 students were away. I hope to see this rectified for the Athletic Carnival, as it is counted as a normal school day in terms of attendance. Besides that, carnival days are a great opportunity to have some fun and build some school spirit.

I would like to thank both students and parents for the excellent standard of uniform. I hope this continues as the year progresses as it really does make a difference to school safety and unity.

Voting for SRC has been finalised and the badges will be issued at the assembly on Tuesday. It was really good to see so many people put their hand up to represent their year. It is a shame that there wasn't a spot for everyone, but I really thank **Benjamin Lerch, Noah Simpson-Varley, Zachary Lynch, Jess Dunn, Samantha Moir, Holly Callaghan, Summah Richards, Malaina Fuller, Madeline Sheather and Krystal Lowe** for putting themselves forward.

Miss Kerrie-Lee Guest
Student Coordinator



Year 10 News

Humans are creatures of habit and plenty of research has shown that children and young adults are able to manage their time and commitments better if they have a reliable and realistic study routine. At the beginning of the year, I spoke to students about the need to establish a schedule that takes into account their study needs and after school and weekend activities, including sport, hobbies and part-time work, as well as some 'downtime', where they are able to relax and recharge.

In the last newsletter, Mr Furey provided the details for students to access an excellent online resource, which is free and easy to use. I strongly encourage Year 10 students to have a look at this site and there is also a section especially for parents. Go to www.studyskillshandbook.com.au. Our school's access details are:

School's Username – stpauls

School's password – 52success

Two more websites worth looking at are <https://www.learningpotential.gov.au/routines-and-teens-how-you-can-help> and <http://www.schoolatoz.nsw.edu.au/homework-and-study/planning-for-the-future/tips-for-starting-years-7-12>, which both have advice about routines and practical tips for students.

It is important that students get organised as soon as possible, if they haven't already. Last week the first assessment task for the year was distributed – a Religious Studies research task. Students are encouraged to work steadily on this task over the next few weeks. More tasks for other subjects will be coming soon and early action, combined with an effective study routine as mentioned above, will greatly contribute to better time management, earlier completion of tasks and less stress for students and parents/caregivers.

In his autobiography, *Don't Die With The Music in You*, Wayne Bennett – one of the most successful sporting coaches in Australia – talks about finishing the race at the finish line, not pulling up short. He is well known for barking the order "Don't stop three steps short" during training sessions to players who decide to slow down as they get close to the end of a sprint session. This can also be applied to school, where the three steps could be seen as uniform, punctuality and class work. Some Year 10 students are short-changing themselves with their current school practices. Some may call it the small stuff - wearing the correct uniform, including white socks with the sports uniform, getting to class on time and completing work until the teacher says it's time to pack up – but it's this small stuff, that when done well, can make a big difference in the end. It's basic self-discipline; a valuable life skill that will serve students now, in their senior studies and/or in the workforce. It's not difficult to do these things and do them well.

Finally, I would like to congratulate the following students who have been chosen by their peers to represent the Year 10 cohort in various leadership positions in the school community. The Tutor Group Representatives for 2018 are **Dean, Gareth, Bayley, Abby, Aliyah, Damian, Riley and Riley**. Our two Student Council Representatives for Year 10 this year are **Grace and Bayley**. A big thank you to the many students who put their hand up to be considered for these positions, but missed out on selection. All Year 10 students are encouraged to participate in the many opportunities on offer at St Paul's, including future leadership options.

If there is anything I can help with regarding Year 10 matters, please contact the school on 4958 6711, or alternatively, my email is tracey.evans@mn.catholic.edu.au.

Take care,

Mrs Tracey Evans
Year 10 Coordinator (Acting)



Welcome to Week 4! Once per fortnight Yr 11 as Seniors in our College now have one period timetabled as a form meeting. I will use this time to relay messages to the year group, present awards and to promote the wellbeing of our young people. Last week I focused on sleep and its effect on our health. For the full article please see

<https://shar.es/1L1MfU>

I have summarised some useful tips to ensure your teenager is getting enough sleep:

1. **Teach your child about good 'sleep hygiene'**

- avoid stimulants such as caffeine at night
- avoid strenuous exercise in the 2 hours before bedtime
- keep light levels low just before bed
- keep mobile phones and tablets out of the bedroom where possible (the screen light and apps will keep them alert)
- engage in a relaxing activity before bed such as listening to music, having a shower or reading a book
- keep bedrooms at a consistent temperature – around 19 degrees is optimum
- get a good dose of sunshine (or natural daylight at least) in the mornings.

2. **Create sleep 'rituals' that give them back control**

- allow your child to stay up until they are tired (don't make them go to bed when they are not)
- if they can't fall asleep within 20 to 30 minutes, let them get back up again (and encourage them to do something relaxing – no devices)
- don't let your child nap during the day
- make sure your child sets their alarm for the same time every morning (and keep an eye on how many times they are hitting snooze).

3. **Give your child tools to cope with worry, anxiety and daily stress**

- At the end of each day, check in with your child and see if there's anything you can help them with, or anything they would like to share. A problem shared is a problem halved.
- If your child doesn't want to talk about it with you, encourage them to reach out to his closest mate, or to write a list of the things he needs to get done.
- Swap negative for positive. If your child can't fall asleep they often start worrying about the fact they can't fall asleep, and a vicious cycle begins. Encourage your child to replace unhelpful negative thoughts with more positive or realistic thoughts. For example: "I can get by with less sleep. I am just going to lie here and rest." Taking the fear or alarm out of your child's thoughts about sleep will help them relax.

This week in our form meeting, Yr 11 students will receive a copy of the Year 11 2018 Assessment Handbook and will have the associated policies and procedures outlined to them.

On Friday our Yr 11 students participated in a beneficial Study Day which contained three sessions as follows:

Making the most of your syllabus (Miss McVeigh)

Key to your success is through the use of your syllabus. We will spend 40 minutes pulling apart and rebuilding your syllabus. You will see how it can be used as an online learning tool, a note taking tool and an effective revision guide.

NESA Website and Resources (Mrs O'Gorman)

This session will provide a brief orientation to key features of NESA's website including how to access HSC exam papers, study tips, sample responses, syllabus documents and online tests. Students will have time to explore the website as well as downloading resources for their use. The session will conclude with an outline of the 2018 Year 11 Change of Subject process.

Your Brain and Learning (Mrs Matthews)

Mind training and health is important in learning. We will be looking at flight or flight responses, "switching on" exercises, the 6 "s" technique of learning and the importance of hydration on the brain. Techniques used for anxiety will also be explored with the introduction of "tapping".

A very big thank you to Mrs Jenny Matthews (Kinesiologist, Counsellor and Author) for her time and expertise by providing the knowledge and tools to promote the health and wellbeing of our students. It was a very informative day which will assist our students through their senior years.

On Wednesday 7th February we had the Swimming Carnival at Lambton Pool. Year 11 were well represented at the Carnival and

demonstrated exemplary sportsmanship and many excellent swimming performances throughout the day. Well done to our House Vice Captains **Julian, Annika, Thomas, Amber, Seamus, Evangeline, Cameron** and **Nyah** who did an outstanding job in motivating our swimmers and promoting house spirit.

Finally, congratulations to our newly elected SRC representatives for 2018 **Thomas Hall** and **Jaz Robertson**. Well done! I know you will both be outstanding representatives of our Year 11 cohort.

Mrs Blair Brownlee
Student Coordinator



Photo's from the Year 11 Study Skills Day



Year 11 at the Swimming Carnival



Year 12 News

We are very lucky here at St Paul's to have so many wonderful students who are prepared to lead and serve in their school community. Below is a list of our Year 12 leaders, serving in various capacities throughout 2018.

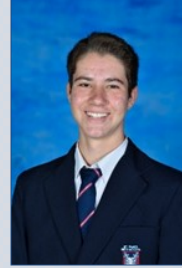
School Captains



Laura Boslem



Kiara Conaghan



Daniel Mason



Jackson Morgan

House Captains



Taj Abrahams (Chisholm)



Natalia Hogan (McKillop)



Isaac Milajew (Polding)



Dylan Simone (Therry)

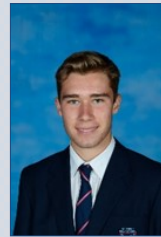
Sports Captains



Thomas Curran & Maddison Ashenhurst (Chisholm)



Kendyll Fahey & Sarah Gardner (Mackillop)



Brandon Maddrell & Charley Lawlor-O'Neill (Polding)



Samuel J Wills & Dakota Thomas (Therry)

Tutor Group Representatives



TG1 Lochie Kneis



TG2 India Newton



TG3 Lauren King



TG4 Joshua Snedden



TG5 Tully Maurer



TG6 Abby Liu



TG7 Joseph Panattu



TG8 Samuel Herring

Student Representative Council Representatives



Lochie Kneis



Matlida Shrum


Two Events Coming Up....

1. **HSC ATAR Evening** – Monday 26 February 6.30 pm in the School Hall.

This evening will help you understand the mystery of the ATAR and how you can support your children to achieve their best this HSC year.

You are invited to attend

YEAR 12 HSC & ATAR EVENING



St Paul's Catholic College

MONDAY | FEBRUARY 26 | 6:30PM SHARP
PRESENTED IN THE HALL

Refreshments will be provided from 6:15PM

2. **Year 12 Retreat**—Wednesday 21—Friday 23 March—Deposit required ASAP \$50

The Year 12 Retreat is an opportunity for students to reflect on their own journey and their goals for the future. It helps to develop a sense of camaraderie among students and staff in preparation for the HSC and life after school. It is an enjoyable and rewarding experience and all Year 12 Students are invited and expected to attend.

Student parking near the school

Please be aware of parking well away from corners, you need to leave a 30 ft or 8 metre gap between your car and the corner. Don't leave valuables in the car!! Make sure your car is locked and all valuables are with you or stowed away out of sight.



Thanks for the memories...



Year 12 supported the 2018 swimming carnival by attending in large numbers and helping to run the day and support the school community with fun costumes and a positive attitude. Well done!!

Mrs Libby Lucas
Student Coordinator





Opening Mass

The school's Opening Mass was a great celebration. Thank you to Miss Heads and the choir and musicians for leading the hymns and to the Hospitality staff for the morning tea. At the Mass, Bishop Bill spoke about Saint Paul as an example of a person who used his talents for the good of his community and encouraged the students to value their own talents and to encourage others.



Project Compassion

Every year our school supports the charity Caritas Australia by donating to their Project Compassion campaign. On Tuesday February 13th the four Year 12 House Leaders: Isaac Milajew, Taj Abrahams, Dylan Simone and Natalia Hogan, attended the launch of Project Compassion at the Sacred Heart Cathedral, Hamilton with Mrs McNaughton. The students were commissioned by Bishop Bill to promote Project Compassion among the school community. Each Tutor Group has been given a 'Project Compassion box' to collect donations. If you would like to read more about Project Compassion, please visit: <http://www.caritas.org.au/projectcompassion>



Ash Wednesday



The school recognised the beginning of Lent at an Ash Wednesday liturgy. Ashes were placed in the form of a cross on the foreheads of students and staff as a reminder to embrace a simple life, to give to those in need and to pray.

Year 12 Retreat

Year 12 students and families are reminded that the deposit for the Retreat is now due. The Retreat is an important part of student's education at St Paul's as it allows a chance for spiritual reflection, personal growth and camaraderie among students. Please return a deposit as soon as possible and speak to Mr Doyle or Mrs Lucas if you have any questions.



A past Year 12 Retreat

Year 7 Reflection Day

A Reflection Day for Year 7 is being planned for March 14th this year. A note will be sent home shortly.

Year 10 Camp

The Year 10 Camp is scheduled for May 16th until May 18th (Wednesday to Friday, Week 3 of Term 2). A note will be sent home soon.

Mr Michael Doyle
Ministry Coordinator





DRAMA NEWS

The Senior Drama Excursion took place on Thursday 8th February travelling to the Seymour Centre to see OnStage and Writers OnStage/OnScreen. These exhibitions allowed students to see a collection of the best HSC works from 2017 in areas such as theatre criticism, solo and group performances, scripts, design projects and research/director projects. The students joining Mrs Milajew and myself were exceptional in their behaviour and were a credit to the St Paul’s community. Their enthusiastic approach to the day, their manners, standard of uniform and behaviour on the train and in the theatre audience, were exceptional. Their care of each other, the inclusive way they approached new students and their support of their teacher in her “physical theatre” fall on to the road, made both teachers feel very proud of our students. Feedback from the excursion has been overwhelmingly positive and both Year 11 & 12 have been able to analyse and deconstruct the works they saw, gaining insight in to what lies ahead of them in their own projects. Thank you to Mrs Milajew for her time away from family and school, to the Year 10 students who joined us (Ethan, Cydnie and Abby) and to all the students who represented us so admirably.



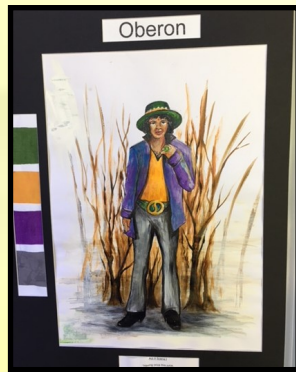
Isabella, Iana and Jack share lunch time together at Sydney University Cafeteria



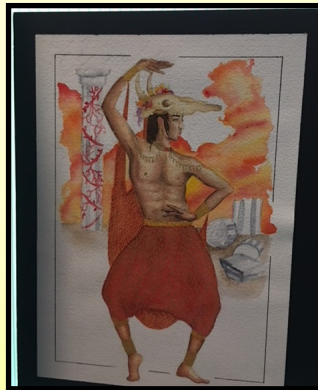
Our Senior Drama classes (and Abby, Cydnie and Ethan) at the University for lunch



Poster Design



Costume Design for AMSND...



.Costume Design for The Bacchae



Set Design

ATYP Script Writers Program

Congratulations to Georgina Roach and Grace Feenan in Year 9 who have joined with Alysha Toomey (11) to be part of the ASPIRE Script Writers Program for 2018. This program allows student actors/writers to join with writers and directors from the Australian Theatre for Young People (ATYP) in scripting, workshopping and preparing a production for the ATYP 2018 season. This is a great achievement for all three girls and we look forward to hearing more news of their time in the program. Well done!



Students and the ATYP team working together on their new 2018 production

Mrs Cathy O’Gorman
Organising Teacher



St Paul's annual swimming carnival was held last Wednesday at Lambton pool. In perfect weather, students competed with great spirit in all the events that were on offer. Congratulations to the following students who were named as House Captain and Vice Captains of their respective house colours. These students were introduced at a school assembly last week and showed great initiative and encouraged the younger members of their teams to participate throughout the day.

Chisholm – House Patron Mr Heagney

Captains – Maddison Ashenhurst & Thomas Curran

Vice Captains – Annika Baker & Julian Bishop

McKillop – House Patron Mrs Evans

Captains – Sarah Gardner & Kendyll Fahey

Vice Captains – Amber Kelly & Thomas Hall

Polding – House Patron Mr Doyle

Captains – Charley Lawlor-O'Neill & Brandon Maddrell

Vice Captains – Evangeline Latu & Seamus McNeely

Therry – House Patron Mrs Lucas

Captains – Dakota Thomas & Samuel J Willis

Vice Captains – Nyah Thomson & Cameron Sparkes

The Champion House on the day was **Therry** winning with an accumulated total of 1283 Points. They were followed by McKillop with 866 points. Chisholm were 3rd on 691 and 4th was Polding with 664. Participation points certainly helped Therry secure the win!

Records broken on the day were by the U'16 Girls 4x50M Relay team from Therry and the U'17 Girls 4x50m Relay team from Mackillop.

Congratulations is also extended to the following students who were named Age Swimming **Champions for 2018**.

Girls

U'12 **Molly Salvador**

U'13 **Zoe Ingrey**

U'14 **Angelina Joyce**

U'15 **Christine Connell**

U'16 **Demi Parsons**

U'17+ **Sarah Gardner**

Boys

U'12 **Jordan Ward**

U'13 **Caleb Baker**

U'14 **Connor Reilly**

U'15 **Hayden Ward**

U'16 **Alex Madden**

U'17+ **Jackson Morgan**



DIOCESAN SWIMMING CARNIVAL

Students have been informed as to who has qualified for the Diocesan Carnival which will be held on Tuesday 13th March at Lambton Pool. If students wish to participate in the 100M Breaststroke, Backstroke, Butterfly events or the 400M Freestyle events at the Diocesan carnival, application forms with times, must be submitted no later than 2nd March. Students are to see Mrs Shipman for nomination Forms.

All Multi Class swimmers MUST also fill in an Entry Form listing the events in which they are nominating to compete. The Entry Forms can be collected from Mrs Shipman.

Sporting Achievements

NSWCCC BLUES AWARD - **Dakota Thomas** received a NSWCCC Blues Award in a ceremony at Manly last week. This is the most prestigious NSWCCC sporting award that recognises achievements and contributions to sporting endeavours. Dakota represented Australia in Netball last year and was also a member of the NSWCCC and All Schools Open Netball Team. Her sporting prowess also extends to Athletics where she continues to excel at CCC level.

BMX Racing—**Zachary** and **Lachlan Moore** have the world BMX Championships which will be held in Baku Azerbaijan in July in their sights. Both race BMX at a National level, with Lachlan recently being selected in the NSW high performance team. The boys

are currently being coached by Beijing Olympian Luke Madill in western Sydney. If all goes according to plan at the Nationals in Bunbury in March, the boys will secure a place to compete at the World Championships. We wish both Lachlan and Zachary all the best with their training and upcoming competitions.

NSWCCC Individual Sports Nominations

If students wish to nominate to trial for NSWCCC teams, they must make individual registrations online using the CSSS website. <https://www.csss.nsw.edu.au/default.aspx> A 'HOW TO' set of instructions has been included in this newsletter – pages 21 & 22 explaining the two-step process. Swimming, Athletics, Cross Country, Touch Football and Rugby League are sports that students either need to qualify for, or are selected in from Northern Division or Diocesan Trials.

Term One Sport Dates

- 21st February – Closing date for All Schools Triathlon (Individual & Team)
- 26th February – Closing date for CCC Tennis
- 28th February – Closing date for CCC Cricket-Girls
- 28th February – All Schools Triathlon – Individual Event (Penrith)
- 1st March – All Schools Triathlon – Teams Event (Penrith)
- 1st March – U'15 Diocesan Rugby League Trials (Raymond Terrace)
- 2nd March – Open Diocesan Rugby League Nominations Due
- 7th March – NSWCCC Tennis (Parramatta)
- 9th March – Closing date for Volleyball-Girls & Boys
- 13th March – Diocesan Swimming Championships (New Lambton)
- 21st March – Closing date for Hockey – Girls Open, U'16 Girls, Boys Open
- 22nd March – Diocesan Team Tennis Entries due
- 28th March – Closing Date for CCC Golf – Boys & Girls
- 5th April – Diocesan Team Tennis (Broadmeadow)
- 6th April – NSWCCC Swimming Championships (Homebush)
- 10th April – Diocesan Junior Football Knockout
- 10th-11th April – U'15 & Open's Northern Division Rugby League Selections (Smithtown)
- 12th April – Diocesan Touch Competition/Trials (Maitland)

Mrs Anne-Maree Shipman
Sports Coordinator





The Federation of P&F Association and CatholicCare in the Diocese of Maitland-Newcastle are pleased to be able to present

Professor Tony Attwood

Tony Attwood is a clinical psychologist who has specialised in the Autism Spectrum Disorder since he qualified as a clinical psychologist in England in 1975.

Tony has been invited to be a keynote speaker at many Australasian and international Conferences - and he presents all over the world.

He is a published author and a prolific producer of scientific papers who has worked with many thousands of individuals of all ages with Asperger's syndrome or with Autism Spectrum Disorder.



Parents, carers of students and staff from Catholic Schools in the Diocese of Maitland-Newcastle, along with parents, carers and clients of CatholicCare Social Services Hunter-Manning and their families are invited to attend this informative event:

When: Friday 2 March

Where: All Saints College,
St Mary's Campus,
16 Grant Street Maitland

Cost: Free of charge,
light refreshments included

Morning Session
9.00am -
11.45am

Making Friends:
Strategies to improve
social understanding and
friendship skills.

Afternoon Session
12.30pm -
3.15pm

Latest research in Autism Spectrum Disorders (ASD).

Morning tea, afternoon tea and a light lunch will be provided.

Duke of Edinburgh

Dear Students, Parents and Carers,

The Duke of Edinburgh Award has now been running at St Paul's High School since 2010. We welcome back our current and future participants for 2018. The Award is a self-development program available to all students 14-25. The award is non-competitive and encourages young people to set and achieve goals at a level appropriate to their needs. We have a number of students across years 9-12 completing all three levels of the award. It is a fantastic opportunity for students to gain confidence, skill and have a fantastic time!



There are four sections to the award: **Volunteering, Skills, Physical recreation and Adventurous Journey**. These activities provide an opportunity for students to acquire and develop skills and build initiative and self-esteem, which will help them become more confident and contributing members of the community. The Award is highly regarded in many scholarship applications, university applications and employers.

Participants design their own program by selecting and participating in activities (for a minimum 3 months) they are interested in, setting their own goals and striving to achieve their own potential. The Award has three levels: **Bronze, Silver and Gold**.

To attain the **BRONZE AWARD** students need complete the following Sections:

Skills:

Such as learning/improving on a musical instrument, studying a new language, learning to drive, learning to cook.

Physical Recreation:

Participate in an individual or group physical activity. Eg weekend sport, going to the gym etc.

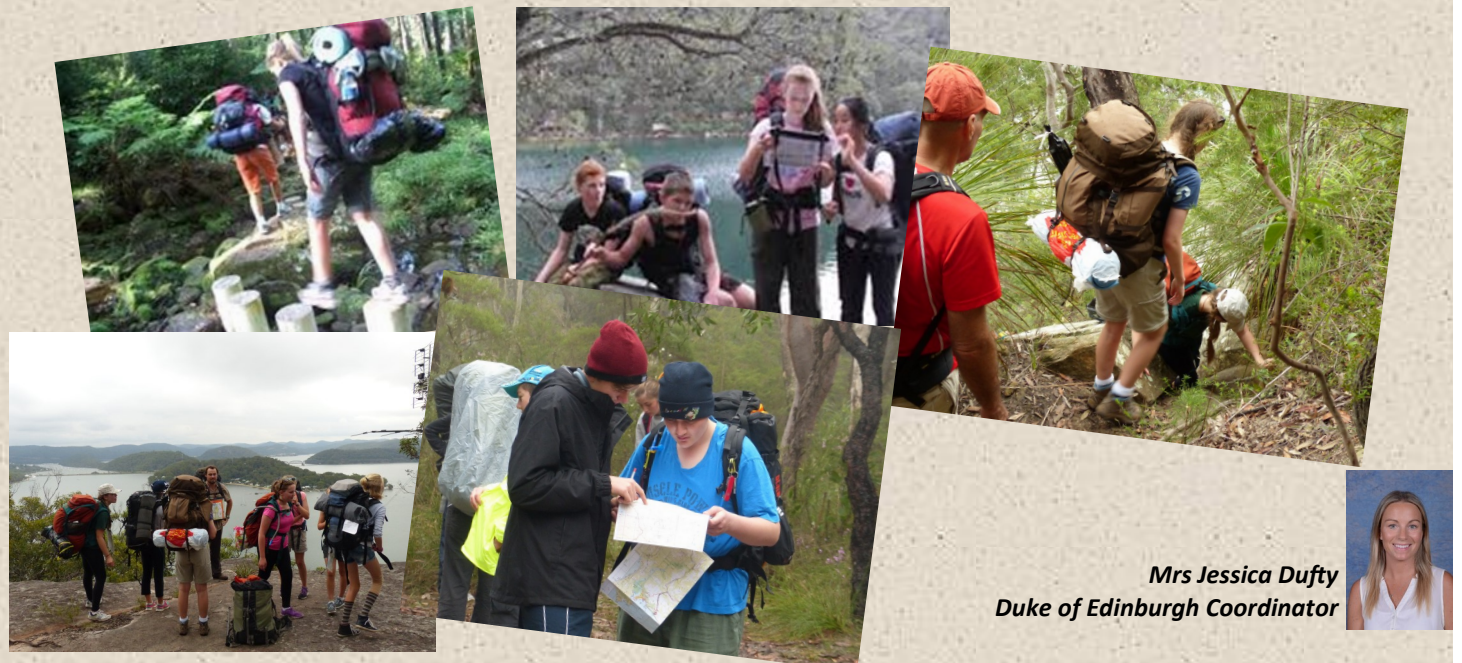
Volunteering:

Voluntary unpaid community service such as peer reading, "meals on wheels", or surf life saving. (This can also be organised and done at school).

Adventurous Journey:

Complete Preliminary Training, a Practise Journey and then a self – sufficient Qualifying Journey (a total of 2 overnight trips). This will be run with experienced trainers, along with the help of St Paul's High School Staff. All equipment can be provided for these camps. This **Adventurous Journey section** will incur a cost beyond the **award entry fee**. The cost usually depends on participant numbers.

If your child is interested please don't hesitate to email me at Jessica.knott@mn.catholic.edu.au. Alternatively you can also check out the award on <http://www.dukeofed.com.au/>. We will also be running a student information session at lunch later in the term for those interested..



Mrs Jessica Dufty
Duke of Edinburgh Coordinator





Career Thought of the Week:

“Life is not about finding yourself. Life is about creating yourself.”

George Bernard Shaw

Welcome to 10/11/12 Students & Parents in 2018

As a way of introduction to new students and parents, my name is Mr Craig McLoughlin (Mr Mac) and I am the Leader of Pedagogy (Careers and Vocational Education) for St Paul’s Catholic College. Each week I will endeavour to keep you up to date with events planned inside and outside the school. Part of my role at St Paul’s is to coordinate and manage all VET courses. If a student takes one of the following: Construction; Hospitality; Business Services; or they attend a TAFE course (EVET), or have been successful in obtaining a School Based Traineeship (SBAT), all these courses are part of my responsibility. If a student or parent has a concern regarding any of these courses, please phone or email me to discuss any issues as they arise.



Something for Year 12 to consider....



Every year, so many Year 12 students fail to take on suggestions and advice from Careers Advisers, parents and teachers regarding planning for the year and for life beyond school, and miss out on work, university and TAFE opportunities as a result.

Year 12 is a stressful time, but can be managed with the support of people around you that care, and with good time management skills. Study, part time employment, sport, family and social occasions must be carefully managed and balanced – you need to do it all, but too much of a good thing can be detrimental, not only to your health, but also opportunities that may (or may not!) present themselves as a result. Give some thought to what you want out of this year and go for it!! Good luck and have a great 2018.

St Paul’s Career Information 2018

Due to the amount of information coming in regarding Careers, Information Sessions, Open Days etc... I have decided rather than filter and second guess relevant content for the students within this fortnightly newsletter. I will forward this through to students via their school email accounts. Any information that needs further clarification please contact me.



Yr. 11 and 12 Career Appointments



A booking sheet linked to my timetable has completed and will be available for any student in Yr. 11 & 12 who requires any information about post school studies. These appointments can be made during study periods and matched with my free periods. So, drop in to the Careers Office and get ahead start in this important decision-making process.

What are Employers Looking For?

What are employers really looking for? How can young people give themselves the edge when seeking work? A survey of employers’ recruitment experiences, conducted by the Australian Government Department of Employment (2014), has some important messages for teenagers who are seeking work.

The most important attributes that employers were looking for were:

- A positive attitude and willingness to work
- Motivation and enthusiasm
- Being prepared to learn and take direction

Employers are also seeking employees who are reliable and responsible, especially:

- Punctual and dependable
- Respectful to colleagues and customers
- Loyal and staying in the job a reasonable period of time.

The employers, who were drawn from a range of different types of businesses, also identified the importance of personal presentation, at the interview, and in the workplace. They were especially “off-put” by:

- Inappropriate clothing
- Untidy hair
- Tattoos, piercings and jewellery

The employers expressed concern that young people sometimes had unrealistic expectations of work, and were unprepared for

the demands of the workforce and nature of the work expected by them or the level of pay on offer. The employers also felt that some of the young people wanted to start at the top instead of working their way up through the ranks in a job, gaining skills on the way.

The employers highlighted that work experience or volunteering can provide young people with the opportunity to develop these attitudes, so that they are better placed to obtain and to hold down a job.

Tax File Numbers for School Students-Reminder

At the end of 2014, the ATO stopped allowing schools to process TFN applications for students. To apply for a TFN from 2015 students will need to apply online and participate in an interview at a post office, or complete a paper based application form.

How to apply

If you are an Australian resident for tax purposes and able to attend an interview at a participating Australia Post retail outlet, you can apply for a TFN on the web.

See: <https://www.ato.gov.au/Individuals/Ind/Apply-for-a-TFN-on-the-web/> for detailed information and links to the application form online. Otherwise, you will need to complete a paper form Tax file number – application or enquiry for individuals (NAT 1432). You can get a copy of this form by phoning 1300 720 092 24 hours a day, 7 days a week

If you don't have a TFN you could have more tax withheld from your pay, or be unable to receive the government benefits you are entitled to such as Youth Allowance or enrol in a CSP (Commonwealth Supported Place) at university.



Important Dates for Term 1 2018

21st March-23rd March Yr. 12 Retreat
2nd April- 13th April VET Hospitality Work Placement
9th April- YR 10 Information Night

Casual Positions/Employment Links:

These are ready to view on MN Connect-School Portal. These are also emailed to students in Yrs. 10-12 through their school email accounts.

Mr Craig McLoughlin
Leader of Pedagogy
Vocational Education/Careers



Library News

Welcome back to a year of reading. Why read? Each newsletter we will give a reason for you to read. **Reading exercises your brain.** Reading is to the brain what physical activity is to the body: it's exercise! The more you exercise your brain, the better it gets at completing the task. Seems common sense, but many find it difficult to push through. The good news is: practice really does make perfect, at least when it comes to reading. The more you read, the better you will get at it. (Source: 17 Reasons Why Reading is Important for Children and Adults <http://timgreensyracuse.org/17-reasons-why-reading-is-important-for-children-and-adults>)



Recommended Read



Themes: Adventure, Friendship, Relationships, Sailing

Jessica Watson's magical story *Indigo Blue* explores Year 12 student Alex's move to a new school, her life with her eccentric aunt, her love of sailing and her friendship with Sam, a sailmaker's apprentice. Watson draws on the extensive sailing knowledge she gained circumnavigating the world, aged sixteen, to create an authentic world. Alex's world changes when she goes to live with her aunt in the quiet lakeside town of Boreen Point. She begins her year as a fish out of water with many hurdles to overcome. Her personal journey through friendship struggles, supporting herself, testing boundaries and finding her own path is captivating. As Alex's eyes are opened to a new world there are surprising twists, character revelations and acceptance of differences which add a mystical element to the narrative. Watson's teen novel *Indigo Blue* is suited to a wide range of teenage readers 12+. (ReadPlus)

Mrs Kerri Beezley
Teacher Librarian



Opening Hours for Payments to the Finance Office
Parents: come to Reception from 8.30am to 2.30pm
Students: mornings from 8.30am until tutor group bell all of recess time and all of lunch time

School Fee Payments

1. Qkr
2. BPay through your own home banking via the Internet
3. Eftpos **Minimum payment \$10**
4. Cheque
5. Cash

Excursion Payments

1. Qkr
2. Eftpos **Minimum payment \$10**
3. Cheque
4. Cash

QKR is a great way to pay fees and excursions



For more information about QKR visit our website

www.booragul.catholic.edu.au

For your convenience, when paying for excursions the new Qkr! app is now live for families of our students. Qkr! by MasterCard can be downloaded for free from Apple's app store for iPhones, iPad users can also download the iPhone app or from Google Play for Android phones. Simply:

Step 1 Download Qkr!

on your Android phone or iPhone. iPad users can download iPhone app



Step 2 Register

Select your Country of Residence as 'Australia' and follow the steps to register

Step 3 Find our school

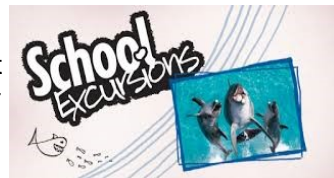
Scan the QR code or search for our school name. Our school will also appear in "Locations Nearby" if you are within 4kms of the school

Step 4 Register your children

When first accessing your school menu, you will be prompted to register your child. This allows you to make school orders on their behalf.

Excursions Coming Up

Please **pay for all excursions by the due date written on the excursion notes** which are sent home with your child. This date is important as excursion costing is calculated on the number of students who should be attending that particular event. Venues and buses have to be paid when the booking is first made. Your understanding of this would be very much appreciated.



Year	Subject	Date	Venue	Cost	Money Due
11	Chemistry	15 March	ANSTO Discovery Centre	\$45	23 February
	Cross Curricular	15 March	Baiame Cave Millbrodale	\$25	8 March
12	Retreat	12-23 March		\$50Dep	Due now

Health Care Cards and Pension Cards If you (the Fee Payer, not the child) are in receipt of a health care or pension card, please bring it in and you may be entitled to a reduction in tuition fees.

Mrs Betty Harris—Finance Officer
finance@booragul.catholic.edu.au



Canteen Roster



Monday 26 February — Friday 2 March

Mon	Karen Lee, Kath Edwards
Tues	Vicki Blundell
Wed	Dianne Fennell-Fraser, Christine Forrester
Thurs	Kim McManus-Smith, Rochelle Loveday, Nadine Steenson
Fri	Julie Lerch, Anne Negline
Monday 5 — Friday 9 March	
Mon	Susan Noonan, Mirella Grasso, Fiona Wood
Tues	Amanda Holt, Janelle Haggerston
Wed	Joanne Bower, Pamela Amos, Karen Gilmore
Thurs	Michelle Hall, Kylie Smith, Sharon Roberts
Fri	Leanne Maher, Kim Dickson, Cathy Feenan

Canteen Supervisor: Carolyn Phone - 4946 3115

Canteen Hours: 9.00am to 2.30pm

If you are unable to come on your day, please try to arrange

Please be aware that the events and dates listed on this school calendar are subject to change. Please check regularly.

Term 1 2018		
Wk 5	Mon 26 Feb	Yr 7 Immunisations
	Wed 28 Feb	Yr 12 HSC & ATAR Evening
	Thurs 1 March	BYOD Cyber Safety Info Evening Yr 8 Incursion-Brainstorm Prod
Wk 6	Mon 5 Mar	Yr 7 Information Evening
	Wed 7 Mar	Yr 7 Parents in the Classroom
Wk 7	Tues 13 March	DIO Swimming Carnival
	Wed 14 March	P&F AGM Meeting - 7.00pm Yr 7 Community Day
Wk 8	Mon 19 March	Europe Information Meeting 6-7pm
	Tues 20 March	Bishop Bill & School Captains
	Wed 21-23 March	Yr 12 Retreat
Wk 9	Mon 26 March	Yr 6 Parent Information Evening
	Thur 29 March	Easter Liturgy
Wk 10	Fri 6 April	NSWCCC Swimming & Diving Champ
Wk 11	Mon 9 April	Yr 10>11 Information Evening
	Tues 10 April	Junior Dio Football Knockout
	Wed 11 April	Northern Country RL Selections
	Thurs 12 April	Europe Excursion Dio Touch Football

Panadol

Panadol is **not available** from the Office. If you think your child may need any - students may bring their own and keep in their bag.



Reception Hours for 2018

8.00am to 4.00pm Monday to Thursday

8.00am to 3.30pm Friday

Student Reception Hours for 2018

8.30am to 3.30pm Monday to Friday

Clothing Pool



Clothing Pool

Clothing Pool Opening Times

Tuesdays only from 8.30am—9.30am

The Clothing Pool will now only be accepting donated uniforms.

NSWCCC REGISTRATION AND EXPRESSIONS OF INTEREST

There are two steps to this process:

1. Creating a Login (If you don't already have one) The login/Account is ONE per family(not per child) If you have an account and your child has moved schools use the "Edit" tool to change your child's details.

And

2. Registering Your Child for their specific sport

1. CREATING A LOGIN

If you have not used the website you will need to create a Log In. Go to www.csss.nsw.edu.au/nswccc-home.aspx

- Click Help
- Click on I am a Parent/Guardian for a student
- Click on Secondary student (NSWCCC)
- Click on 'How do I get a login for the website?'
- Scroll down to the information 'If you don't have a login '
- Click on 'Click here to get a new account and login'
- Complete the page titled Parents Register Here and click Register after you have completed all fields. Only parent email addresses and mobiles are to be used as these contact details will be used to send updates. If you cannot find St Paul's, type in Booragul under school name drop down box and it should appear.

You will now need to check your email account for the password and the login. You will receive a computer generated text and email with your password (you may need to check your Junk Mail if you don't receive an email)

If you wish to change your password, go to my account and Edit my Details. Here you can change your password and add other children. Please note that your child will stay in the system and will go up an age group each year. The only time a parent will need to edit their child's details is if your child changes schools. Each year the system should roll over to progress them to their next school year. Always remember to click 'Save your details' button on the bottom of the page.

2. REGISTERING YOUR CHILD TO A SPORT

- Login to your account (using email or cssid)
- Go to NSWCCC Home Page
- Go to the Sports link (e.g. ATHLETICS)

- Click on Register
- Click on the team you wish to register for (it is a hyperlink)
- Follow the prompts to register.
- Click on Register Expression of Interest for this Sport to complete your registration
- Once you have successfully registered, both the Sports Coordinator and Principal of your child's school will be notified of your nomination. Your registration will then be accepted or declined based on whether your child meets the criteria as set by NSWCCC.
- **PLEASE NOTE:** You will be unable to register if the Closing Date has passed. Please check the Sports Specific Information page for these dates.
- Once you have completed all the information an email will be sent immediately to the Diocesan/Association Rep, Principal and Sports Coordinator for approval (Consent)
- You can log in at any time to see the status of your registration
- Please make sure your details (email address and mobile) remain up to date so that you can be emailed or sent a text message.



ENGAGING ADOLESCENTS™ INVITATION TO PARENTS OF TEENS

Learn strategies and skills to improve parent – teen relationships

A three-session program for parents and carers & a bonus emotion coaching session.

By **Allambi Care & Belmont Neighbourhood Centre**

359 Pacific Highway Belmont North

When: Tuesday Mornings 6th, 13th, 20th & 27th March 2018

Time: 9.30am – 12.00pm, 4 consecutive sessions

Cost: \$20 for Workbooks and light refreshments. (Concessions available).

Learn:

- ✓ Some common ground shared by parents & reasonable expectations to have about adolescents
- ✓ New understandings of adolescence
- ✓ A three-option model & flow chart for decision-making
- ✓ Self-check-in, first-for parents
- ✓ Building relationship with your teenager and making the best of your non-crisis conversations with them
- ✓ Skills for tough conversations for handling those problems you just can't ignore

What parents have said...

A step dad recalled an incident at the weekend with his 12 year old step daughter. He said that the input he had received the previous week from the course helped him keep his cool and brought a more favourable outcome.

A single Mum who had presented as quite anxious on the first night told the group in week 2 that she had made an appointment with her 15 year old son during the week and had had a far more favourable discussion with him than would previously have been the case.

Who's running it?

The trainer for this course is Michael Burke who works as an Adolescent & Family Counsellor in the East Lake Macquarie Local Government Area.

Registration is required

Limited spaces are available, please register for this course by contacting Michael Burke on 0408 474 602.









- An end to the arguing and yelling!
- It saved our lives
- Simple, sane, effective
-

This course is being run by a Parentshop® licensed practitioner. www.parentshop.com.au



Could \$500 help you with school costs?

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-  sports fees & gear
-  camps & excursions

To join Saver Plus, you must have a Centrelink Health Care or Pensioner Concession Card, be at least 18 years old, have some regular income from work (you or your partner), and have a child at school or attend vocational education yourself.



Contact
Cynthia Culhane
your local Saver Plus
Coordinator

Phone
02 4032 4703
1300 610 355

Email
cynthia.culhane@
thesmithfamily.com.au

Web
www.saverplus.org.au



Saver Plus is an initiative of the Brotherhood of St. Laurence and ANZ, delivered in partnership with Berry Street, The Benevolent Society and The Smith Family and other local community agencies. The program is funded by ANZ and the Australian Government Department of Social Services. Go to www.dss.gov.au for more information.

TAEKWONDO

BOLTON POINT COMMUNITY HALL

If you would like to:

Make new friends - Get fitter & Healthier,
Gain Life skills, Learn how to deal with difficult
situations in a logical manner, as well as gain:
Self defence, Confidence, Self Control.
Come & join in the fun with 2 FREE lessons!

We train Tuesday & Thursday
5:30 – 6:30 pm
Ages 5 – 65 all welcome.

For more about who we are, visit:
www.smarttraining.club
or email:
dragons_tkd@yahoo.com

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- *Valentine
- *Edgeworth
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1st Sat of the Month

8am to 1pm

Toronto Foreshore

BELMONT

BASEBALL CLUB

COME AND TRY BASEBALL
& JUNIOR REGISTRATION DAYS

SUNDAY 11 FEBRUARY 9AM - 10.30AM
FRIDAY 16 FEBRUARY 5.30 - 7PM
WEDNESDAY 21 FEBRUARY 5PM - 6.30PM

MILLER FIELD - BELMONT
(BEHIND THE BELMONT SPORTSMAN'S CLUB)

WINTER
SPORT FOR
BOYS & GIRLS
AGES 5 - 15
YEARS

(SENIOR TEAMS
AVAILABLE FOR ALL
AGES/ABILITY)



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- Remedial literacy & numeracy
- Essay writing & study skills
- Small group & one-on-one tutoring
- Qualified, experienced teachers
- HSC specialists
- Years 3 - 12, all levels

Discounts for multiple weekly lessons within the same family

KEY DATES

Summer Holiday School	15 - 18 Jan
Term 1, 2018	30 Jan - 13 Apr
Term 2, 2018	1 May - 6 Jul
Winter Holiday School	16 - 19 Jul
Term 3, 2018	24 Jul - 28 Sep
Spring Holiday School	8 - 11 Oct
Term 4, 2018	15 Oct - 14 Dec

Over 40 years of helping Newcastle students succeed

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arrendell@ozemail.com.au | www.arrendellsecondaryeducation.com.au



Come play Rugby League in 2018

All are welcome to join our team from age 5 to 17

Every player gets Shorts and Socks

Registration days 10 Feb and 24 Feb 10-12

Training is on NOW

Macquarie Junior Rugby League Football Club
Keith Barry Oval, Toronto
E: secretary@macquariejuniors.com.au P: 0450 558 565
Register online: www.playnrl.com

2017 PREMIERS
U11, U12, U14, U17




Macquarie Scorpions
Rugby League Football Club
ABN: 79638218997



COME AND PLAY

Ladies League Tag 2018 season

16 rounds in the home and away season
With the

Macquarie Scorpions

Training will commence Tues 23rd January
at PEALOCK FIELD TORONTO.

Contact
Steve Woodbridge

Ph:0421203880
Email: stephen_woodbridge@bigpond.com