



Photo by Andy Warren

26 September 2018 Vol: 15-18

To the Families and Friends of the St Paul's Community.....



This week we farewell our Year 12 class of 2018. This year group has successfully led our College in the new era. We celebrate 13 years of schooling for these wonderful men and women. They have led our College well and have left a legacy of fun, hard work and real Christian presence. They have made outstanding contributions to all areas of College life in the six years that they have been part of St Paul's. In academic life, they have excelled: in drama, music, art and sport, they have contributed their significant skills and passions over the years they have been here. As a College community, we wish them well as they leave this place and begin final preparations for their HSC next term. We know that they are well prepared for the world that awaits them.

On **Wednesday evening**, we will celebrate with the students and their families our **Graduation Mass**. This year, Bishop Bill Wright will lead our community in prayer and communion. I feel that this final Mass with our Class of 2018 is the ultimate way to thank our God for the wonderful blessings that have been given to all of us.

On **Thursday morning**, we will have our **Graduation Awards Ceremony**. At this event, we celebrate the wonderful achievements of our students with their parents and caregivers. It is a time for our staff to recognise the amazing efforts of our students over the course of their academic study and cultural and sporting lives at St Paul's.



This event will be followed by a **morning tea** provided by our Hospitality team. Staff, students and parents will have an opportunity to chat and reminisce about the good times and the funny moments that we have journeyed over the past 6 years.

The last event is the **Final Assembly** and the **Ceremony of the Light** which ends with the emotional "**Clap-out**" where the Leaving Class is farewelled by the entire College community in a moving guard of honour along the length of the drive-way.

These ceremonies are our chance to finally commission the students as they leave this place and make a difference to their world and to understand that despite the challenges they will face, they have the skills and the true Christian foundations that will allow them to continue to live their lives as Christ – *Vivere Christus Est*.

Congratulations to **Year 11** who have just completed their end of course exams. It was wonderful to see the students engaged in their assessment and the teaching staff have indicated to me that it has been clear that much work has been done in preparation for these assessments. The reports will be available early next term. Thank you to all the volunteers who helped with exam supervision and with our Learning Support team

Last weekend, 45 students and 6 staff took part in the **annual ski trip to Perisher Valley**.



It was a great weekend and the students were absolutely terrific.



The venue that we stay at each year commended them on their behaviour and attitude. The ski instructors that

took the students for lessons in skiing and boarding all commented on how good St Paul's students are. Thank you to **Mr Kelly, Mr Newell, Mrs Melocco, and Mrs Pichler** for giving up their weekend with their own families to take our students on this experience. Thank you to **Mrs Furey** who was the chief organiser for the trip and who would have attended the event but was ill and could not attend. I would particularly like to thank Holy Cross Catholic Primary School for

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kindly allowing us to borrow one of their staff members to help on the trip. **Mrs Selmes** is a teacher of Year 1 and she has a great deal of experience as a skier at Perisher Valley and she was able to come along at the last minute to help in the supervision and lessons that the students had on the slopes over the three days of the trip.



So as we finish up, I would like to congratulate all the students and staff for the wonderful work that has been done this term. I said at the beginning of the term that this is one of my favourite because the days get warmer, the sun is brighter and the beautiful rebirth of spring is clearly in the air. I wish everyone a safe and relaxing break and look forward to seeing you all next term.

A reminder that students have a **pupil fee day this Friday** and another on **Monday 15 October**. Both these days are dedicated to preparation and training on our new College Management System called Compass which will replace Sentral next term. Early in Term 4 parents and caregivers will be receiving information about Compass as it will be the operating system for reports and student management for the future.

Classes resume on Tuesday 16 October.

Go gently.

Mr Graeme Selmes
Principal

A graphic with a wavy, layered background in shades of blue, teal, and orange. The text is centered and reads:

IMPORTANT NOTICE

PUPIL FREE DAY'S

FRIDAY 28 SEPTEMBER
(LAST DAY OF TERM 3)

MONDAY 15 OCTOBER
(FIRST DAY OF TERM 4)

Uniform Issues:

In recent weeks, I have had to issue many Afternoon Detentions to students who have not complied with the uniform expectations of the College. This has predominantly been for students not wearing the correct College jumper and preferring to wear hoodies/surf brand jackets. Despite frequent warnings, these students have persisted with their non-compliance and now face the consequences for their 'choices'.

My thanks to parents for adhering to not only the process for students being temporarily out of uniform but also in terms of correcting deficiencies. It is for these parents and students that the College upholds its uniform standards and expectations – as well as its consequences.

Should there be any concerns about uniform, please do not hesitate to contact your respective Student Coordinator or myself for assistance.

Study Skills:

Students sometimes ask 'what is the best way to study?'

The answer: there is no best way. An important lesson for students to learn is that everyone learns in different ways, everyone has different approaches and preferences, and what works well for one person may not work well for another.

This truth applies to all aspects of effective learning – time management, research skills, writing skills and so on. There are certainly good techniques and strategies available in all of these areas, and approaches that work well for the majority of students. However, it is essential that all students try different techniques to see what works best for them. Preferences could also change over time, so it makes sense to at least once a year stop and reflect on approaches to learning. What did you do, what worked, what didn't, what should you change, what should you keep, and what new things could you try?

This is what 'metacognition' is all about. It means taking the time to try to understand more about the process of learning and your role as a learner. Students who take a metacognitive approach to their learning are much more likely to improve their results. How can you find out different study techniques to try? Talk to the people around you – friends, siblings, parents – ask them what techniques they have used.

Ask your teachers what they would recommend for their subject. You can also visit the unit on the Study Skills Handbook that covers how to study for tests and exams. You will find lots of active studying strategies and grids to help you plan for exams.

Just remember – there is a worst way to study – just reading your notes repeatedly and hoping the information stays in your head!

See our College's subscription details to this online study skills website for secondary school students below:

www.studyskillshandbook.com.au

School's Username – **stpauls**

School's password – **52success**

Mr James Furey

Assistant Principal—Community & Wellbeing



A message from Hunter Valley Buses

Timetable Changes commencing

30 September

Please be advised that some public routes will have timetable changes.

This will affect how some students travel.

Plan your trip at

transportnsw.info.

For further information please visit

<https://www.cdcbus.com.au/hunter-valley-latest-news>



Immunisations

Tuesday 16 October

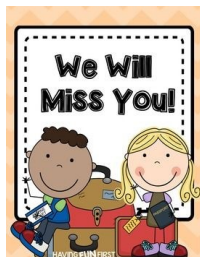


Health

Year 7, HPV 2nd dose, and

Years 7, 8, 10 and 11 catch ups.

Forms available at the Office



I write this as my last one as the Year 12 Coordinator for 2018. Congratulations to all students and their families on your achievement in finishing your formal education.

I have advertised to the students via email, some **holiday sessions** run by various groups. I think they are so valuable, that I have included them again in this Newsletter.

- ◆ *Toronto Rotary Club* is offering free tuition in most subjects (*General and 2 unit Maths, CAFS, PDHPE, Modern and Ancient History, Biology, Chemistry, Earth and Environmental, Engineering, Standard and Advanced English*) from 2-12 October. Contact Sarah Hill S.j.hill@outlook.com
- ◆ *Switched on For Life* (Redhead) is offering a one-hour session that will assist students to learn skills and strategies to enhance their study, increase focus and concentration, switch-on hearing and vision, as well as improving memory. Techniques that improve calm and relaxation in the mind and body, support and promote motivation and self-confidence are also covered. www.switchedon4life.net.au

The students have been a buzz of emotions recently – excited about finishing school, a bit sad at leaving the securities of school and anxious about what happens after school. These are all valid and expected emotions, but still require the time and acknowledgement that they exist.

We are getting organised for our big farewell day on Thursday which begin at 9.30am with our formal Academic Awards. This is followed by the formal Ceremony of Light and the Principal's Address. We can then relax a little to enjoy the farewell of Year 12 and the clap out.

Mr Selmes, Mr Furey and I addressed the cohort last Thursday outlining the expectations of this week but also gave parental style advice to them to look after each other and keep each other aware and safe. I know we only echoed what all our parents and caregivers are saying to them.



I take this opportunity to thank the wonderful parents I have had contact with. I have enjoyed our chats. I congratulate each and every parent on the beautiful children you have and have allowed me, as their Coordinator, to guide through most of their final year. It has been a pleasure and a privilege.

Mrs Cayte Pryor
Student Coordinator





On Tuesday 18 September, Year 8 travelled to Taronga Zoo. In Geography we have been learning about 'Water in the World' and focusing on how the Zoo manages water.

It was a great day and a wonderful experience, but the highlight of my day was the seal show. I got chosen out of the crowd to meet a lovely, Californian Sea Lion named **Murphy**. I got to shake his hand and rub his stomach. He felt wet and silky and when I left, he waved goodbye. It was a great experience. I saw many animals including some endangered species and learnt about their habitats and how they live. Overall, it was a fantastic day, a great learning experience and I would definitely do it again.

Ebony Wattus
Year 8 Geography Student



Living Smart and Landcare News

The Landcare students at St Paul's were recently invited to help with the setting up of Lake Macquarie Council's Living Smart Festival at Speers Point Park. The sustainability festival was a huge success with over 25,000 attending. St Paul's students were involved in creating planting displays and community garden construction, as well as helping with setting up stalls for the "Raid my Wardrobe" fashion event.

The students have shown great enthusiasm in being involved with Landcare during sport in Term 3. They have carried out nursery work and potted plants to be used in bush and dune regeneration projects with Alexandra Wilson from Lake Macquarie Council, and worked on the community gardens at the Resource Centre at Teralba. They have also assisted with the construction of a modular aquaponics system, under the guidance of Lachlan from Tree Frog Permaculture, and released the fish into the system at the festival. They have also made progress in developing a larger, permanent aquaponics system at the resource centre with the help of Simon Carroll from Lake Macquarie Council. The students should be commended for their efforts this term. They have been fantastic ambassadors for our school and have learnt invaluable skills in sustainability.



Mr John Gallop
HSIE Teacher



Junior Drama Performance

"Mandy: Fiction draws from real life but also takes us to new places."

On the 24 September the Junior Drama Group performed 'Fact or Fiction' for an attentive group of family members, friends and teachers. The play focused on a small group of school students and their over-night experiences in a Library. Various characters from factual and fictional texts appeared, including Alice from *Alice Adventures in Wonderland*, Romeo and Juliet, Ned Kelly and Sherlock Holmes.

Congratulations to all our brilliant young actors!

Cast and crew list

Directors: *Jae Clarke, Abby Wilcox and Sam Jenkins*

Librarian: *Kadence Quinn*

George: *Benjamin Middleton*

Mandy: *Molly Forshaw*

Tim: *Sophie Roberts*

Alice: *Ruby Smith*

Juliet: *Allanah Wilmen*

Romeo: *Dylan Kennedy*

Tinkerbell: *Shelby Kincaid*

Jack: *Holly Neil*

Jill: *Breeanna Niembro*

Dorothy: *Aimee Feenan*

Sherlock Holmes: *Emma Korsman*

Chef Michel: *Evie Jones*

MasterChef winner: *Jannella Francis*

Cricket announcer: *Dylan Kennedy*

Snow White: *Aimee Feenan*

Cinderella: *Kadence Quinn*

Miss Universe: *Allanah Wilmen*

Cleopatra: *Zoe Braithwaite*

Fictional Soldier: *Byron Jenkins*

Factual Soldier: *Sam Adey*

Wally: *Chloe Maybury*

Suzu (World Record Holder): *Kayla Feenan*

Ned Kelly: *Byron Jenkins*



Miss Jae Clarke
English / Drama Teacher



Thank you and Farewell Year 12 Creative Arts and Languages Students!!!!

"It is the supreme art of the teacher to awaken joy in creative expression and knowledge." Albert Einstein

With classes coming to an end and graduation swiftly approaching, I wanted to take a moment to thank our amazing Year 12 Students, *Here's to you...* Way back in Year 10 you chose to take our subject and arrived in our classrooms with fresh ideas and boundless energy. Since then we have endured the *millions* of questions, a tonne of essays, my lengthy lesson plans, and we grew accustomed to improvisation and changes to deadline to ensure that we 'got it right'. But, most importantly, your talents and creativity shined brightly through and we had fun learning about what we love to do! I watched over the past two years how you have so enthusiastically asked/answered questions, hugged your teachers, smiled and told stories, and genuinely respected and admired your teachers. I want you to know that we have loved this opportunity to be part of your lives and we will miss you next year!

Good-bye and Good Luck !!

Miss Sarah Adams

Leader of Pedagogy—Creative Arts & Languages (Acting)







We had our first Duke of Ed camp last week, which saw our Bronze participants make their way through Bouddi Bouddi National Park.



We started our journey from McMasters beach, where students saw the wrath of **Mrs Grant's** backpack culling. No mercy was shown as she stripped backpacks to make the goal weight of 12kgs! Hammers, baked beans, pots and pans were some of the casualties, but we got there in the end and the students were ready to go.

It was a tough start to the journey with a few 'light hills' to overcome, but everyone soldiered on to their first stop: the picturesque Little Beach for morning tea. It was here **Clinton** and **Sam** showed us some of their amazing gymnastic skills.

As the group ventured up and up past wild turkeys and giant blue tongue lizards they worked together as a team with their map and compass to find their way to Maitland Bay which was a perfect lunch spot. Onwards and upwards they followed the picturesque clifftop views around to Putty Beach where they stopped to rest and fill empty drink bottles. Then it was up yet again along a fire trail before finally descending into camp for the night at Tallow Beach. The campsite was a lovely grassy area with plenty of room for some crazy antics and games before going to sleep to the sounds of crashing waves.

A healthy start for day two with yoga on the beach led by budding **Yogi Sam**, before packing up their gear and demonstrating their navigation skills to make their way back along the coastal vista to the pick-up point at Little Beach Carpark.

All in all the students had a great weekend and learnt some valuable life lessons. I'm sure they are all looking forward to their next trek in early Term 4!

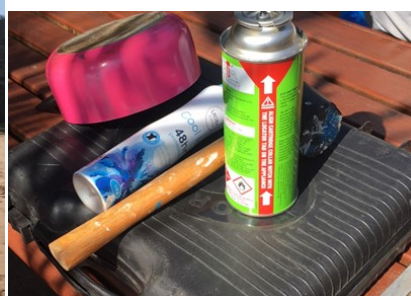
A huge thank you to **Mrs Alice Grant** and our instructor **Adam** for taking the group over the weekend and safely returning them all home.

The Award is a leading self-paced youth development program, empowering all young Australians aged 14-24 to explore their full potential regardless of their location or circumstance. To earn an Award, each young person must learn a skill, improve their physical well being, volunteer in their community and experience an overnight camp/trek organised through school. All Participants are supported by a network of adult Award Leaders, Assessors and Supervisors.

If you are interested in starting the Duke of Ed award you can either email me Jessica.knott@mn.catholic.edu.au or have a look at dukeofed.com.



Mrs Jessica Dufty
Duke of Ed
Coordinator



Opening Hours for Payments to the Finance Office

Parents: come to Student Reception or Reception from 8.30am to 2.30pm
 Students: mornings from 8.30am until tutor group bell all of recess and lunch times

School Fee Payments

1. Qkr
2. BPay through your own home banking via the Internet
3. Eftpos **Minimum payment \$10**
4. Cheque
5. Cash

Excursion Payments

1. Qkr
2. Eftpos **Minimum payment \$10**
3. Cheque
4. Cash

QKR is a great way to pay fees and excursions



For your convenience, when paying for excursions the new Qkr! app is now live for families of our students. Qkr! by MasterCard can be downloaded for free from Apple's app store for iPhones, iPad users can also download the iPhone app or from Google Play for Android phones. Simply:

For more information about QKR visit our website
www.booragul.catholic.edu.au

Step 1 Download Qkr!
 on your Android phone or iPhone. iPad users can download iPhone app

Step 2 Register
 Select your Country of Residence as 'Australia' and follow the steps to register

Step 3 Find our school
 Scan the QR code or search for our school name. Our school will also appear in "Locations Nearby" if you are within 4kms of the school

Step 4 Register your children
 When first accessing your school menu, you will be prompted to register your child. This allows you to make school orders on their behalf.

Excursions Coming Up

Please **pay for all excursions by the due date written on the excursion notes** which are sent home with your child. This date is important as excursion costing is calculated on the number of students who should be attending that particular event. Venues and buses have to be paid when the booking is first made. Your understanding of this would be very much appreciated.

Year	Subject	Date	Venue	Cost	Money Due
12	Graduation Ball	16 November	NEX Club, Newcastle	\$75	Deposit \$30

Like to pay fees by Bpay weekly, fortnightly or monthly?

Visit the new St Paul's website for a user friendly Fee Calculator....

Please remember to include any future sport buses for 2018 or Year 11 Term 2&3 Elective Fees

<http://www.booragul.catholic.edu.au/about-us/finance/fee-calculator/>

If you require your full 2018 school year fees, please email finance@booragul.catholic.edu.au

Mrs Betty Harris—Finance Officer
finance@booragul.catholic.edu.au



Canteen Roster



Monday 15 October—Friday 19 October

Mon	PUPIL FREE DAY
Tues	Amanda Holt, Janelle Haggerston
Wed	Joanne Bower, Pamela Amos
Thurs	Sharon Roberts
Fri	Leanne Maher, Kim Dickson, Cathy Feenan

Monday 22 October— Friday 26 October

Mon	Lisa Kelly, Sharyn Kiely, Kristy Baker
Tues	Elizabeth McGovern, Christine Jones
Wed	Linda Gesell, Kim Harding
Thurs	Debbie Parker, Claire Elliot, Mel Dobosz
Fri	Carol Crabbe, Krisna Bradbery

Canteen Supervisor:

Carolyn Phone - 4946 3115

Canteen Hours:

9.00am to 2.30pm

If you are unable to come on your day, please try to arrange a swap or contact Carolyn.

Reception Hours for 2018

8.00am to 4.00pm Monday to Thursday

8.00am to 3.30pm Friday

Please be aware that the events and dates listed on this school calendar are subject to change. Please check regularly.

Term 3 2018

Wk 10	Thurs 27 Sept	Year 12 Academic Awards 9.30am
	Fri 28 Sept	Year 12 Farewell—clap out 12pm—1.30p PUPIL FREE DAY (Staff Development)

Please see website for further Calendar dates

<http://www.booragul.catholic.edu.au/news-events/events-calendar/>

Term 4 2018

Wk 1	Mon 15 October	Pupil Free Day—Staff Training
	15 - 21 October	Vietnam Immersion
Wk 2	Tues 16 October	Yr 7 Immunisations & Yrs 10-11 catch ups
	22 Oct—9 Nov	HSC Exams
Wk 3	29 Oct—9 Nov	HSC Exams
	Tues 30 October	CCC Netball Junior Finals—Penrith Yr 11 Drama NIDA Day
Wk 4	5 Nov—9 Nov	HSC Exams
	Mon 5 Nov	Yr 11 Awards, Pd 6 Parent/Teacher/Pupil Interviews
Wk 5	Mon 12 Nov	Yr 7 - 2019 Orientation Evening-5.00pm
	Wed 14 Nov	U/15 Boys Regional Cricket Selections Yr 9 - 2019 Learning Support Transition

Please see website for further Calendar dates

<http://www.booragul.catholic.edu.au/news-events/events-calendar/>

Clothing Pool Opening Hours

8.30am to 9.30am Tuesdays Only

Clothing Pool will only be accepting donated uniforms.



St Paul's has a new website!

<http://www.booragul.catholic.edu.au/>

Suicide in schools: Information for parents



Exposure to suicide can be a traumatic experience.

It can have a profound emotional effect not only on family and friends, but on students, school staff, parents and the whole community.

Below is some information that may be helpful in assisting you as you support a young person during this difficult time.

Young people respond to suicide in a range of ways, and a wide range of reactions is possible

How a young person responds to a suicide will be influenced by their age, developmental stage, personality, relationship with the deceased person and what is happening in their life.

Common, normal grief reactions include:

- Shock, disbelief, confusion or numbness
- Guilt or blame
- Sadness, feelings of betrayal or abandonment

- Anxiety, fears, or nightmares
- Preoccupation with thoughts of the person who has died; trying to make sense of the death and understand why it happened
- Withdrawal from others
- Irritability, anger or aggression
- Difficulty concentrating
- Changes to sleep patterns, appetite, energy and enjoyment of activities.

Young people need to find safe ways of expressing their feelings, whatever their age. Parental understanding, reassurance and attention are very important at this time. Be guided by the young person's need to talk, and make it clear to them that you will be available whenever they need you.

Young people who have experienced other stressful situations in their lives may find it harder to cope

Experiencing stressful situations, including the separation/divorce of parents, the death of a relative/pet and moving house/school, can affect how someone copes with new stresses.

They may become upset and need to express their feelings about these other concerns, even if they had appeared to be coping. If a young person is already using the services of a psychologist or psychiatrist, inform them of the suicide.

Some reactions can happen weeks, months or a year after an event

If you are concerned about your child's reaction and behaviour (such as changes in their socialising or school work) it is important to speak to the school Principal or student counsellor or a GP. This may result in a referral to a counsellor for a mental health and/or risk assessment.

What young people need to know

The school will have provided students with information about the incident but they may want to know exactly what happened. Details about the way a suicide occurred will not be given to students, as this information is potentially harmful to their wellbeing. As parents, it is important to steer discussion towards the positive "help-seeking" actions that young people can take when they are struggling. This includes talking to a trusted adult, such as a parent, counsellor, teacher, relative or friend.

"Tell an adult if you are worried about a friend"

'Ask for help' is an important message to share with young people in any discussion about suicide. Young people sometimes share their feelings about death with friends – in conversations, letters, emails, text messages and on the internet. If they suspect a friend may be about to hurt themselves, they should tell an adult immediately.

'Ask for help' is an important message to share with young people in any discussion about suicide.

Suicide in schools: Information for parents



Respond to community concern with respect

Suicide can have a profound emotional effect not only on family and friends, but on the whole community. When you speak with other members of the community:

- Respect the bereaved/affected family
- Take care not to give the impression that suicide was a positive outcome for the young person (glamourising/sensationalising suicide)
- Encourage help-seeking actions in young people.

Be aware that young people may be affected by the media's responses to the event

Research has shown that the way suicide is reported in the media is important. Some types of media coverage can increase the risk of suicide in vulnerable people.

You may decide to protect your family against certain coverage or you may choose to watch the news together. By watching the news together you can discuss any concerns and ensure everyone feels supported.

Managing the media

Sometimes following a youth suicide the media may approach parents directly for comment. This may happen even if you don't have any connection to the student.

In these circumstances it is important to understand that you are under no obligation to speak to the media. If you do feel like speaking it's important to keep your comments brief and reinforce some principles regarding the reporting of suicide as outlined below:

- Highlight the relationship between suicide and mental illness

- Encourage reporters to raise public awareness of the risk factors and warning signs of suicide, as well as the actions that can be taken to help a suicidal person
- Encourage reporters to provide their readers/listeners with information about local support services, local mental health services and crisis support numbers
- Tell the media not to include pictures of the death scene or distressed mourners
- Focus on how the suicide has impacted the community.

In these circumstances avoid:

- Giving details of the method of suicide
- Glamourising the victim or the suicide itself; take care not to give the impression that suicide was a positive outcome for the young person.
- Oversimplifying the cause of suicide. Suicide is rarely the result of a single factor or event. Most people who die by suicide have had a history of problems, which may not get reported in the aftermath of the suicide.

You can seek advice from the school before speaking to the media, however, if you've already spoken, it's important that you inform the school of this.

Be aware that school staff will also be affected

While everyone will be working towards normalising school routines some staff will be managing difficult emotions. Adult counselling support is available to all school staff through the Department of Education and other relevant bodies.

Be aware of social media activity

Following a suicide, young people are likely to turn to social media for a variety of purposes. These include sending news out

about a death (both accurate and rumoured), posting online messages (both appropriate and inappropriate), calling for impromptu gatherings and creating virtual memorials.

It's important to talk with your young person about social media activity and how it might be impacting on them (e.g. seeing upsetting messages). Talk to them about how to manage this and negotiate boundaries around their use of social media if necessary.

If you are concerned about messages you see or hear about on social media sites, let someone know. This could be the young person's parents, local authorities, emergency services or the relevant school Principal or counsellor.

Where can parents and young people get more information and help?

- **headspace** centres provide support, information and advice to young people aged 12 to 25 – headspace.org.au
- **eheadspace** provides online counselling and telephone support to young people aged 12 to 25 – eheadspace.org.au 1800 650 890
- **Kids Helpline** is a 24-hour telephone and online counselling service for young people aged 5 to 25 – kidshelpline.com.au 1800 55 1800
- **Lifeline** is a 24-hour telephone counselling service – lifeline.org.au 13 11 14
- **Suicide Call Back Service** 1300 659 467 www.suicidecallbackservice.org.au
- **Your GP**
- **A psychologist or counsellor** (your GP can refer you)

Acknowledgements American Foundation for Suicide Prevention and Suicide Prevention Resource Center. (2011). *After a Suicide: A Toolkit for Schools*. Newton, MA: Education Development Center, Inc. | Mindframe National Media Initiative in Australia, access through mindframe-media.info | South Australia Department of Education and Children's Services, Catholic Education South Australia and Association of Independent Schools. (2010). *Suicide Postvention Guidelines: a framework to assist staff in supporting their school communities in responding to suspected, attempted or completed suicide*. South Australia: Government of South Australia, Department of Education and Children's Services

Fact sheets are for general information only. They are not intended to be and should not be relied on as a substitute for specific medical or health advice. While every effort is taken to ensure the information is accurate, **headspace** makes no representations and gives no warranties that this information is correct, current, complete, reliable or suitable for any purpose. We disclaim all responsibility and liability for any direct or indirect loss, damage, cost or expense whatsoever in the use of or reliance upon this information.



\$ 30
per half-hour lesson

Guitar Lessons

**-BEGINNERS WELCOME
-ALL STYLES**

MONDAYS to THURSDAYS 12pm til 9pm

**Professional tutor
Paul Green**

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- Ukulele

**English / Reading
Tutoring**

Years 7, 8, 9

Jo Higginbotham

0434 392 237

Mathematics Tutoring

Years 7 to 10

Contact:
Karyn O'Reilly

0408 495 966



HUNTER WETLANDS CENTRE

1 Wetlands Place, Shortland, NSW 2307
PO Box 66, Shortland NSW 2307
Ph: 02 4951 6466

Email: hwca@wetlands.org.au Web: www.wetlands.org.au

**School
Holiday
Activities**

OCTOBER SCHOOL HOLIDAY PROGRAM AT THE HUNTER WETLANDS CENTRE

SAVE OUR SPECIES

Did you know there are nearly 2000 plants and animals on the threatened species list in Australia?
These school holidays you can learn how you can help Save Our Species.

THREATENED SPECIES DISCOVERY WALK

Collect your list of threatened species, your map and a special wetlands pencil and head off on an adventure around the Wetlands. Find 10 threatened species and enter our SOS competition.

You could win a fabulous prize!

You can also have fun dip-netting in the pond and nature weaving.

\$5 per person, 3 to 5yrs \$2, under 3 free. No bookings required

BUSH SKILLS ADVENTURE FOR 8 TO 12 YEAR OLDS

Tuesday 2 October & Wednesday 10 October 9.30am to 12.30pm

Come on a Wetlands Adventure - learn bush survival skills, make and eat a damper, take a guided walk to the Bush Tucker Garden, build a bush shelter and meet some of our resident reptiles.

\$20 per child. Bookings essential.

Book online at www.wetlands.org.au or phone 02 495 16466

THREATENED SPECIES ADVENTURE FOR FAMILIES (All ages)

Wednesday 3 October & Monday 8 October 10.30am to 12.30pm

Take a guided Threatened Species Discovery Walk and see how many animals and plants you can find.

Collect natural materials for Nature Weaving creations.

Feed the Magpie Geese & meet some of our resident reptiles up close.

Children must be accompanied by a parent or carer.

Cost \$8 per person, under 3 free

Bookings essential. Book online at www.wetlands.org.au or phone 02 495 16466



Bring the family to the Hunter Wetlands Centre

A fun, environmentally friendly learning experience!

Open 9am to 4pm

Entry: \$5 Per person, Children 3-5yrs \$2 & Children under 3 free.

There's lots to do at the wetlands in the holidays: Dip-netting, children's playground, reptile display, walks, Magpie Geese feeding at 10.30am daily, canoeing, BBQ & picnic facilities, bring your bike and ride around or try orienteering.

www.wetlands.org.au

Gift Shop: Ice-creams, drinks and affordable gifts for children & adults.

Wetlands Cafe: Open 9.30am to 2.30pm daily

Closed in shoes, hat, sunscreen and insect repellent recommended.