

Photo by Andy Warren

20 February, 2019 Vol: 02-19

To the Families and Friends of the St Paul's Community.....

We are now into week 4 of the term. I would like to suggest that the past two weeks have been the busiest weeks that I have ever seen in a school for the beginning of the year! After the welcome to all our students on their return and the introduction of new staff to our community, we have had four major events in the space of a week and a half.

The first of these was our annual Opening School Mass. Unfortunately, Bishop Bill Wright was unable to be with us on the day but we were graced with the presence of Fr Geoff Mulhearn and Fr Brian Brock. At the conclusion of the Mass, Mr Gerard Mowbray, our Director from the Catholic Schools Office and previous Principal of St Paul's presented the High Achiever Awards for the ROSA (Record of School Achievement) and the 2018 HSC along with our ATAR Dux which went to Kiara Conaghan.

Madison Foreshore received First in Course in the Diocese for Hospitality and Charlotte Guest received First in Course in the Diocese for Mathematics General 2.

Year 10 2018 ROSA Award Recipients: (To be eligible for this award, students must have received at least six A grades across their subject load.)

William BURGIN	Ashten MASON
Wil NEGLINE	Conor O'NEILL
Zac CONAGHAN	Sam JENKINS
Rebecca POST	Lucy REID

Congratulations to these students.

Further to the awards ceremony, on Friday 15th Tully Maurer received the Diocesan Award for First in the Diocese for Studies of Religion 1 unit – 2018 HSC at the Principals' Directors Day. Her parents were present on the day and Tully was clearly very proud of her achievements. Well done, Tully.

Following the Award Ceremony, we hosted the official Opening and Blessing of the new Administration wing, classroom block and Chapel. We kept this ceremony somewhat low key, holding it in the foyer with our guests, student and staff representatives along with Fr Brian and Fr Geoff, Mr Mowbray, Mr Paul Greaves, our Assistant Director, Mrs Suzanne Fern, Head of Teaching and Learning with the CSO and Tim Blackhall representing our architects Quinn O'Hanlon.

Fr Brian blessed the buildings and the official opening was conducted by Mr Mowbray assisted by Jack Coyne, Year 12 and Cooper Hancock and Alisha Ingrey, Year 7. Mr Mowbray gave the occasional address where he spoke about the need for quality facilities to compliment the quality teaching and learning that is the hallmark of Catholic Education.

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Last Tuesday, we had our swimming carnival at Lambton Pool. It was a wonderful day of fun and quality swimming along with quite a few novelty events. The weather was rather warm but the nice breeze for much of the day kept the conditions comfortable. The highlight for me was the outstanding attendance from our Year 12 cohort. We had almost 100% attendance for our Year 12 students, the first time that has occurred in living memory. It is this type of school spirit from our leaders that makes a huge difference to the culture and the feel of a school and I commend them on what they have given to their school. I would also like to pay tribute to Mr Melville our Sports Coordinator and the staff who conducted the carnival. They all worked tirelessly on the day and in the lead-up to ensure that it ran smoothly and professionally. As well, our House Leaders did a great job organising their houses and making sure the students were having a great time.

The final event that I would like to acknowledge was the Year 12 Retreat. This year we moved the Retreat to an earlier time. This has its risk, particularly in terms of the weather (it can be extremely hot and sticky on the Northern Beaches of Sydney) and also the early disruption to the school year. In saying that, many schools have done exactly what we have done. The response from our Year 12 group was nothing short of outstanding. Like the Swimming Carnival, we had almost 100% attendance. Those couple of students who didn't attend certainly wanted to be there but unfortunately personal situations made that impossible. The way that the students engaged in the program was wonderful. It was clear that they gained so much from the experience and the group clearly became much closer. New friendships were formed and they deepened their spiritually as a result of the experiences that they had on the retreat. Thank you to Mrs Pola-Kuras, Mr Doyle and Mrs Brownlee for leading the Retreat this year. A particular thank you must go to the staff who willingly gave up their time to be with the students at this most important event for the College.

Finally, I was watching the news the other night and a report came on about a case of student bullying in Queensland. It seemed that some 15 year old girls were systematically bullying another girl in their year group including voice messages telling the victim to kill themselves. The saddest part of the story for me was the response of the father of the young lady who was the loudest of the perpetrators. His response was that it wasn't a big issue and that his daughter was only joking. I wondered if this dad had ever watched the news particularly about Dolly Everett, the young girl who took her life last year after bullying of a similar type. Unfortunately, at times we have to accept that our kids don't always get it right and when they get it wrong like this, we need to take it seriously and take steps to help them learn the right way to act towards others. I spoke about this to our Year 7 cohort on their first day. I said that we have a really simple, clear message that was given to us 2000 years ago. "Love one another as I have loved you." A very simple yet very powerful sentence that Jesus taught us. If only we could keep this in the front of our minds every day.

Go gently.



Mr Graeme Selmes
Principal



*Unveiling the Plaque for the Opening of
the Administration Wing :*

*Mr Gerard Mowbray, Jack Coyne,
Cooper Hancock and Alisha Ingrey*

Year 11 Subject Changes

Last week in the Year 11 Form Meeting Mrs Pryor addressed students re the Subject Change Process commencing this week. Now that students have had time to settle into classes and learn more about the subjects they have chosen, there are a few students who are looking to change/move levels. For those students who are wanting to discuss possible changes to their pattern of study, they need to collect a Year 11 Subject Change Form from the Student Admin Office (or from the Student Hub) and then commence discussion with their Student Coordinator, subject teacher, Leaders, Mr McLoughlin and myself. The process is as follows:

1. Students who are wanting to make a change to their pattern of study are to collect a Year 11 Change of Subject Form, talk to their Student Coordinator – Mrs Pryor, relevant teacher & Leader of Pedagogy and family.
2. Students should also seek advice from Mr McLoughlin, Mrs Pryor, Mrs Shipman and Mrs O’Gorman in relation to ATAR requirements.
3. ALL signatures must be obtained by the student before handing the form to Mrs O’Gorman.
4. Forms are NOT to be left at the office. I will be available each lunch time in the Student Hub area. I am also available before and after school for students who are wishing to discuss further their pattern of study. NB: ALL request forms are due to Mrs O’Gorman by Wednesday 20 February 2019.

Year 9 Electives

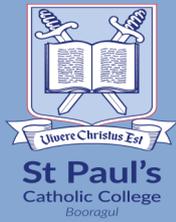
Several students have requested a change in their Year 9 electives for 2019. Unfortunately, the school is not in a position to make changes to these classes due to staffing already set in place according to student numbers, class size restrictions (particularly in practical subjects) and student preferences as expressed in 2018. I encourage all Year 9 students to talk to their teachers, working with them to build a relationship as they commence their journey in their chosen elective. Finally, remember, this is a settling in period and many of you are going to feel as if you are “out of water”. Please work with your teachers as you begin these 200 hour courses – ensuring that you feel supported and able to do your best in the subjects you have chosen.

Year 7 – 11 2019 Assessment Handbooks

Years 7 – 11 Students will have access to their 2019 Assessment Handbooks by Monday 25th February. The Handbooks will be available on our webpage and on the Student portal. The booklets will contain all assessment schedules and due dates/weeks for our students. Please do not hesitate to email cathy.ogorman@mn.catholic.edu.au if there are any concerns/questions.

Mrs Cathy O’Gorman
Assistant Principal—
Teaching & Learning





St Paul's
Catholic College
Booragui

*Invitation
to:
Year 12 HSC
& ATAR
Evening*

Dear Year 12 Students,

Parents & Carers,

You are invited to attend the

St Paul's Catholic College

HSC & ATAR Evening

Monday 25 February 2019

Commencing 6.30pm in the Hall

Study Skills /Introduction to Stage 6

Friday 22 February

This day is compulsory for all Year 11 students



Assistant Principal - Community & Wellbeing

Social Media Behaviour

Since the inception of social media, it has been a constant battle for parents to keep informed about what their children are viewing and posting online and more importantly how they are communicating in these forums. In watching a recent episode of CSI I couldn't help but take notice of a comment made by one of the detectives who stated, "Social media is a cesspool of questionable human behaviour." It is this 'cesspool' which we as parents and educators are constantly battling as we attempt to make the students in our care aware of what is appropriate online behaviour and what isn't.

As we begin our school year it is also a timely reminder for all of our students to ensure that their online behaviour does not end up in the 'cesspool of questionable human behaviour.' **Respectful relationships** are the key and all students are encouraged to be careful of what they are posting, sharing and commenting on. Given the amount of education students have, there is no excuse for abusive or poor online behaviour and parents will always be informed if their child is the instigator or victim of inappropriate online behaviour or messages. Whilst the monitoring of online behaviour is complicated there are strategies that can be implemented to help your children.

These include:

Set boundaries. Understand that these days relationships often are played out both online and offline. Students often find it difficult to filter their conversations and understand the implications they could have by “pressing send”.

Take a time-out. With constant access to texting and posting online, kids don't get a break from the back and forth that can keep digital drama going. Have some **device-free time** to give kids a chance to cool off.

Let your child know you're always there for them. Remind your child often that you're always available to talk. While you're at it, remind them about the school counsellor, a favourite teacher, a coach, or even a friend's parent. Knowing that they have a trusted adult to talk to may encourage your teen to open up more if they experience online behaviour which makes them feel uncomfortable.

Blocking senders or avoiding adding people to their friend list if they do not have positive relationships – majority of social media sites have the ability to block recipients sending and receiving messages.

The website below has a number of tips, resources and further information for parents and students to assist with safe online behaviour. <https://www.esafety.gov.au/about-the-office/resource-centre#forparents>

Pastoral Period

All Year Groups have been allocated time within their Tutor Group to work on specific issues that are relevant to their age and development. This tutor group time is important as it focuses on topics that are assisting and aiding in the development of every students emotional and social growth. In Term 1 the following themes are being addressed in each year group:

Year 7 – Peer Support – Growth and connection to new school community

Year 8 – Social Media – Correct use and dangers of misuse

Year 9 - Respectful Behaviour – Leads to positive relationships

Year 10 – Peer Support/Leadership – Leadership in Action

Year 11 – Expectations/Home Study/Time Management/Summarising Skills – adjusting to Senior Study

Year 12 – Balance and Anxiety – Work/life balance and how to avoid stress

The Students Coordinator team have created, and tailor made these programs for the students and will continue to work daily with all staff and students to ensure St Paul's caters for the specific needs of our students.

Safety Issue on School Driveway and Roundabout

In the mornings and afternoons, the school driveway and roundabout is extremely busy and congested with over twelve buses navigating this area to safely drop off and pick up the 900 students in our school. This is especially congested on Friday afternoons when there are an extra twelve buses transporting students to the various sport venues. If parent cars are also using this driveway and double parking in the staff car park, a bottleneck is created and consequently the safety of our students is jeopardised. **Parents PLEASE DO NOT use the school driveway to drop off or pick up your son/daughter in the mornings between 8.15am and 9.00am every weekday and 2.45pm and 3.40pm every afternoon. On Fridays this request will also apply from 12.30pm to 1.10pm whilst all buses are departing for sport.** If children need to be picked up from school during these times, please make prior arrangements to collect your son/daughter along Primrose Street.

College Events

It was great to see so many students participating and enjoying in the spirit of the day at last week's swimming carnival. Whilst the weather was extremely warm, many participated in a spirit of fun and took to the pool to push those who will now go on to represent St Paul's at the Diocesan carnival. Our Year 12's led the day with their high attendance and are to be congratulated for the leadership they showed throughout the day. This was then followed by three days at their Retreat which once again has provided a unique and personal experience for all who attended, both students and staff.

Mrs Anne-Maree Shipman
Assistant Principal—Community & Wellbeing



Welcome back to your child's final year of schooling. We have had a wonderful, yet busy start to the new year. I would like to firstly congratulate the many students who have nominated themselves for positions of leadership for 2019 including Sports Captains, SRC and TG Representatives. It shows admirable courage and a willingness to take a positive risk to put yourself forward to be elected into these positions. Whilst I congratulate the newly elected positions outlined below, it is important to remember that not all leaders wear badges when we are in Year 12.

TG	Tutor Group Teacher	TG Representative	House	Sports Captains	SRC	House Leaders	College Leaders
12.1	Mr Doyle	Bethany Conlon & Jacob Adams	Chisolm	Kaliyah Endersby Zoe Coyne	Matthew Fennell	Annika Baker	Amber Kelly
12.2	Mrs Beezley	Jenna Crowe					
12.3	Mrs Martin	Georgia Dando	McKillop	Nikila Johnston Darcy Grew		Isabel Gaminde	Shaila Dube
12.4	Mrs Haynes	Keeley Fuller					
12.5	Mr Kelly/Mrs Lane	Matthew Potter	Polding	Ella Murphy Alex Madden	Nyah Thomson	Matthew Potter	Thomas Hall
12.6	Miss McCafferty/ Mr Penny	Alysha Toomey	Therry	Nyah Thomson Cameron Sparkes		Brielle Taape	Jack Coyne
12.7	Mrs de Winter/ Mrs Heard	Nyah Thomson					

Last week Year 12 attended their "final" Swimming Carnival. In the lead up to the event, we spoke about giving back to our community which has given so much to us over the years. We also reflected on how we as Leaders of the College can be positive role models for our junior students and develop culture. The Year 12 students blew me away! We had outstanding attendance, encouraged many others and raised house spirit on the day. I am incredibly proud of this group of young men and women who are continually meeting the heightened expectations as the leaders of our College. Thank you also to our fantastic team of House Leaders and Sports Captains who assisted the House Patrons on the day. Well done Year 12!

Following the excitement of the Swimming Carnival, Year 12 students then backed up with a wonderful three days on Retreat at Elanora Heights. Again their leadership, maturity and connectedness to each other shone through with full attendance and participation in all activities. I would like to say a huge thank you to all the staff who led and attended the three days. The Year 12 students have expressed their gratitude for the opportunity of the Retreat experience, which allowed time out for personal reflection and growth and the coming together of the cohort. The Retreat will be a memory which will last a lifetime.

A few house keeping points:

- Year 12 College Jerseys are to be worn during Term 1 ONLY on Fridays
- If your child has completed the study leavers form, students can sign out of school if they have a study period at the end of the day. Students CANNOT arrive late to school if they have a study in the morning.

Thank you for your support with these matters, please call me if you require further clarification. For me personally, this week has been a highlight in my experience with Year 12 over the past five years. I hope we can continue to tap in to the emotions we have generated as the HSC draws closer.

I look forward to seeing you all on Monday night at 6.30pm in the Hall for our HSC and ATAR Evening.

Mrs Blair Brownlee
Student Coordinator



Year 12 Retreat Photos



I hope that both students and parents/carers have settled into the new school year and to senior school.

Being Week 4, students now have the opportunity to **change subjects** if they need to and if space is available for them. All students have been told and emailed instructions on the process to have this completed by the end of this week, 22 February. Decisions to change should not be taken lightly as there is three weeks' worth of work to catch up and an active commitment to the new subject to be made.

All students will be involved in a **compulsory Study Skills /Introduction to Stage 6** day this Friday 22 February. Students have received an email about this event which will occur at school during the first four periods of the day. Details for the timing and rest of the day will be forthcoming to students.

Thank you to the 44% of Year 11 that attended school last Tuesday 12 February. Our venue was the Lambton Swimming Centre and, as it was a school day, absent notes are expected from those that did not attend school that day. Congratulations to the students who participated and had fun competing or playing – it was a joy to see.

At our **Form Assembly** last week, I spoke to the students about many things including accessing their school email each day for notices, job opportunities and career advice; reminding of a modest skirt length and using the Term Planner they were given at the start of the year. The students spent the rest of the Assembly making their own Study Planner using a few 'rules' to allow them to do what they 'have to do', what they 'want to do' and still have time allocated to specific subject study.

We have a large number of **potential leaders** in this cohort and they were given opportunities to nominate for a couple of initial leadership roles. Congratulations to the following students on being peer elected to the indicated roles:

Yr 11 Student Representative Council Reps = Abby Willcox and Bayley Thurston

Tutor Group Reps =

Caleb Bonomini/Gareth Bayham

Abby Willcox

Imogen Haines

Sam Jenkins

Bailey McDonald

Emma Moonen

Bayley Thurston

Mrs Cayte Pryor

Student Coordinator

cayte.pryor@mn.catholic.edu.au



The year is flying by already! What a great start.

We welcomed two new students to our community last week. We hope that Jayson and Mark enjoy their time here and welcome their families to our greater school community.

Despite how hot it was on Tuesday the Swimming Carnival was a great day. It was great to see Year 10 dressed up and in their house colours. So many participated in every race and really got into the spirit of the day. All parents are reminded though that these are compulsory school days and all students should attend. Besides the requirement to attend, the students who stay away miss out on some excellent bonding and community building.

There is a scholarship on offer to local high school students to have an opportunity to gain work experience in event management and a \$2,000 educational scholarship thanks to Tocal Field Days Association. If your child is interested in event management, please encourage them to see me for more information.

Peer Support started last week. From all accounts the Year 7s really enjoyed getting to know their Year 10 leaders. I look forward to seeing the students involved expand their people skills and ability to lead. The rest of Year 10 engaged in some discussion about leadership in their Pastoral Period. Hopefully, it is helping them to think about taking on some opportunities in the future.

Speaking of leaders, I need to congratulate a few people. Thank you to all the students that nominated for SRC – you are all winners in my eyes! Congratulations to Riley Cullen and Alex Hanson who will represent Year 10 this year.

Thank you and congratulations to our Tutor Group leaders as well. They are:

Jacinta Chapman

Reegan Connors

Malaina Fuller

Angelina Joyce

Krystal Lowe

Hannah Murphy

Ben Roberts

Xander Williams.

Take care,

Kerrie-Lee Guest
Student Coordinator



We are almost halfway through the term and Year 7 are really settling in to high school life. Walking around the playground during recess and lunch, it is pleasing to see and hear about the new friends made and how much students are enjoying high school.

On the academic side of things, students are working on their organisational skills to make sure they have the right books and equipment for each day. Here are a couple of suggestions to help students:

- Pack your bag the night before. Mornings can be very hectic!
- Check your timetable so you only take the books and equipment for the 6 lessons you have the next day. This means you're only carrying the books you need and not placing unnecessary stress on your back and shoulders.
- Colour code your timetable and workbooks – e.g. a piece of coloured tape on the spine of the book that matches the subject colour on your timetable. This makes it easy to see which book is needed.
- Pack your lunch! This is also good to do the night before if possible. It is very difficult to maintain focus if you're hungry.
- Use a diary or another way of recording homework. Use the same method each day and every lesson to ensure nothing is missed.

A few parents have enquired about the amount of homework that students should be doing. Homework can come in a variety of forms – finishing work from class, extra questions or tasks set, reading over notes, reading part of their novel or other information, etc. The time this takes will vary from day to day, however, Year 7 students are not expected to do more than an hour of homework in total each night. Consideration should also be made if students have other activities in the afternoon – these are a vital part of having a balance between schoolwork, family and social time and relaxation time. Please also note that students do not have every subject every day, which can influence the homework received.

In a few weeks, we will be celebrating Catholic Schools Week – Week 6, 3rd – 9th March. During this week we invite parents into Year 7 classrooms to be part of their child's learning experiences. A letter regarding this event will be sent home shortly.

In Week 6, Year 7 will also be involved in the following events:

Monday 4th March – Immunisations at school

Monday 4th March – Year 7 Information Evening – parents and students are invited

Wednesday 6th March – Ash Wednesday Liturgy

I have been very impressed with the Year 7 cohort so far – their behaviour, willingness to be involved in the school community and participation at sport and I have received some lovely feedback from their teachers. Well done to students and keep up the great work.

“One important key to success is self-confidence. An important key to self-confidence is preparation.”

Arthur Ashe (US tennis player)

Mrs Tracey Evans
Student Coordinator





Career Thought of the Week:

“Life is not about finding yourself. Life is about creating yourself.”

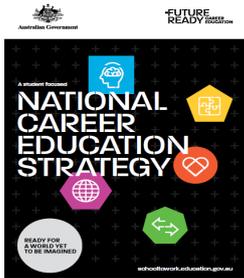
George Bernard Shaw

Welcome to 10/11/12 Students & Parents in 2019



As a way of introduction to new students and parents, my name is Mr Craig McLoughlin (Mr Mac) and I am the Leader of Pedagogy (Careers and Vocational Education) for St Paul’s High Catholic College. Each week I will endeavour to keep you up to date with events planned inside and outside the school. Part of my role at St Paul’s High School is to coordinate and manage all VET courses. If a student takes one of the following: Construction; Hospitality; Business Services; or they attend a TAFE course (EVET) or have been successful in obtaining a School Based Traineeship (SBAT), all these courses are part of my responsibility. If a student or parent has a concern regarding any of these courses, please phone or email me to discuss any issues as they arise.

Future Ready: A student focused National Career Education Strategy



Future Ready: A student focused National Career Education Strategy was developed in collaboration with a national group that brought together the voices of education, business and industry, parents and carers, career practitioners and youth. The strategy was endorsed by the COAG Education Council in February 2019.

To prepare students for their future careers, *Future Ready* focuses on the importance of building the skills and general capabilities they will need in the workplace; strengthening school and employer collaboration; and developing students' career management and navigation skills.

The vision of *Future Ready* is that every student in every school has access to high-quality career education to help them make a successful transition from school to further education, training, work or a combination of these.

The high-level style of the strategy is designed to allow flexibility in its use by the broadest range of stakeholders, including school systems, school leaders and teachers, parents and communities, industry and individual employers.

The strategy focuses on improving career education in schools by:

- building teacher and school leader capability
- supporting parents and carers in their important role in these conversations
- encouraging collaboration between industry and schools.

To bring the strategy to life, a number of projects supported by the Australian Government have commenced in partnership with state and territory education departments, business and industry and career education groups. Projects include:

- resources including good practice case studies that show innovative career education in practice and toolkits to support development of school and industry partnerships.

Further information about these projects and resources will be available on the schoolstowork.education.gov.au website over the coming months.

Download the strategy:

[Future Ready: A student focused National Career Education Strategy](#)

The employers expressed concern that young people sometimes had unrealistic expectations of work and were unprepared for the demands of the workforce and nature of the work expected by them or the level of pay on offer. The employers also felt that some of the young people wanted to start at the top instead of working their way up through the ranks in a job, gaining skills on the way.

The employers highlighted that work experience or volunteering can provide young people with the opportunity to develop these attitudes, so that they are better placed to obtain and to hold down a job.



Tax File Numbers for School Students-Reminder

At the end of 2014, the ATO stopped allowing schools to process TFN applications for students. To apply for a TFN in 2019 students will need to apply online and participate in an interview at a post office, or complete a paper based application form.

How to apply

If you are an Australian resident for tax purposes and able to attend an interview at a participating Australia Post retail outlet, you can apply for a TFN on the web.

See: <https://www.ato.gov.au/Individuals/Ind/Apply-for-a-TFN-on-the-web/> for detailed information and links to the application form online.

Otherwise, you will need to complete a paper form Tax file number – application or enquiry for individuals (NAT 1432). You can get a copy of this form by phoning 1300 720 092 24 hours a day, 7 days a week

If you don't have a TFN you could have more tax withheld from your pay or be unable to receive the government benefits you are entitled to such as Youth Allowance or enroll in a CSP (Commonwealth Supported Place) at university.

Important Dates for Term 1 2019

22nd Feb Yr.11 Studies Skills Day

25th Feb-Yr. 12 HSC/ATAR Information Evening

14th March St Paul's Open Evening

Casual Positions/Employment Links:

These are ready to view on MN Connect-School Portal. These are also emailed to students in Yrs. 10-12 through their school email accounts.

Mr Craig McLoughlin

Leader of Pedagogy—Careers and VET



Physical Activity for Everyone

Physical Activity for Everyone (PA4E1) is an exciting new program that began at St. Paul's in 2018. Basically it is about getting **ALL** our kids to **MOVE THEIR BODIES MORE** at any time of the day, at school and at home. See below for some info and ideas...

Have you heard about the **Active Kids and Creative Kids Programs**?

Parents, guardians and carers can apply for a \$100 **Active Kids** voucher and a \$100 **Creative Kids** voucher per calendar year for each student enrolled in school.

The **Active Kids** voucher may be used with a registered activity provider for registration, participation and membership costs for sport, fitness and active recreation activities. See <https://www.service.nsw.gov.au/transaction/apply-active-kids-voucher> for more info.

The **Creative Kids** voucher may be used with a registered activity provider for registration, participation and membership costs for Dance and other activities. See <https://www.service.nsw.gov.au/transaction/apply-creative-kids-voucher> for more info.

The vouchers can be used at any time during the calendar year it was issued.

With **thousands** of registered providers now is the time for all our kids to get involved in a physical activity.



Onstage Excursion

Last Monday, our Elective Drama Students had the privilege of attending OnStage in Sydney with Miss Martin and Mrs O’Gorman. Onstage is a showcase of the most outstanding Drama works submitted for the 2018 HSC, featuring the work of our very own Kiara Conaghan. Our students were able to see Kiara’s work on formal exhibition. Students reported back how proud they were of her achievement and that they admired the hard work that Kiara had put into her reviews to reach that standard. Our students also participated in Practical Workshops on the day, an experience which they found invaluable.

I would like to publicly acknowledge our students for the positive manner in which they engaged in the day. Mrs O’Gorman excitedly explained how professionally and enthusiastically you participated in the Workshops, and that you took genuine advantage of this opportunity. Miss Martin reinforced this affirmation by stating how proud she was of you all in the way in which you conducted yourself throughout the day, describing your behaviour as ‘immaculate’, that you participated in the workshops with eagerness and vulnerability. Miss Martin also commended the leadership and the inclusiveness that our Senior Students showed towards our Junior Students. She felt very honoured to be your Teacher, as we all feel when hearing such positive reports back about you all.

On behalf of the Drama Students and the college I would like to thank Mrs O’Gorman and Miss Martin for the immense amount of time and energy that went into organising and conducting the day. Without you, our students would not have had the opportunity to take part in this experience.



ATSI Art Project

Last Friday, our ATSI students took part in a creative circle with local aboriginal artist , Michelle Earle. Ms Earle will be conducting a number of workshops with our students and teachers in the creation of an artwork composed by the St Paul’s community. The day was filled with laughter and smiles as each student eagerly learned a new weaving technique. Thanks goes to Mrs Astro Stewart for organising and facilitating this program for our community, and to Ms Earle for so openly sharing her talents with us.



Miss Sarah Adams
Leader of Pedagogy –
Creative Arts and Languages



Swimming Carnival

Swimming Carnival

St Paul's annual swimming carnival was held last Tuesday at Lambton pool. In hot, blustery conditions, students competed with great spirit in all the events that were on offer. Thank you to our Sports Captains for their efforts on the day. These students ably supported our House Patrons, showing great initiative and encouraging the younger members of their teams to participate throughout the day.

Chisholm

House Patron – Mrs Yates

Captains – Kaliyah Endersby, Zoe Coyne

McKillop

House Patron – Ms Daniels

Captains – Nikila Johnston, Darcy Grew

Polding

House Patron – Mrs Foley

Captains – Evangeline Latu, Alex Madden

Therry

House Patron – Mrs de Winter

Captains – Nyah Thomson, Cameron Sparkes

The Champion House on the day was **THERRY** winning with an accumulated total of 1129 Points. They were followed by McKillop with 999 points, Chisholm in third on 911 and Polding with 689.

Congratulations to the following students who were named Age Swimming Champions for 2019.

Girls

U'12 Lucy de Winter

U'13 Ella Kohl

U'14 Chloe Scanlon

U'15 Kristin Copeland

U'16 Christine Connell

U'17+ Demi Parsons

Boys

U'12 Byron Yell

U'13 Jordan Ward

U'14 Caleb Baker

U'15 Alan Klepzig

U'16 Nicholas Hamilton

U'17+ Thomas Hall / Cameron Sparkes

DIOCESAN SWIMMING CARNIVAL

Students have been informed as to who has qualified for the Diocesan Carnival which will be held on Tuesday 12th March at Lambton Pool. If students wish to participate in the 100M Breaststroke, Backstroke, Butterfly events or the 400M Freestyle events at the Diocesan carnival, application forms with times, must be submitted no later than Friday 1st March. Students are to see Mr Melville for nomination forms.

All Multi Class swimmers **MUST** also fill in an Entry Form listing the events in which they are nominating to compete. The Entry Forms can be collected from Mr Melville.

NSWCCC Individual Sports Nominations

If students wish to nominate to trial for NSWCCC teams, they must make individual registrations online using the CSSS website. <https://www.csss.nsw.edu.au/default.aspx> A 'HOW TO' set of instructions has been included in this newsletter explaining the process.



Mr Brad Melville
Sports Coordinator

Sports Awards 7-11 2018

At the end of last year many students were recognised and congratulated for their sporting achievements throughout 2018. Students who willingly participated in three or more different representative sports received the Recognition for Participation in Representative Sport. These students were:

Year 7: Kye Calo, Samara Ferguson, Madeline Ferry, Spencer Hamilton, Jack Hosking, Ava Hure, Zac Inkster, Declan Joyce, Brodie Konz, Jake Martin, Tyson O'Brien, Joseph Plumridge, Molly Salvador, Kaleb Smith, Ireland Thomas, Jordan Ward, Kade Wright, Chloe Scanlon, Hyrum Kelekolio

Year 8: Alexandra Holliday, Chloe Janiszewski, Ben Conway, William Hall, Laura Cook, Jonas deWinter, Bradley Post, Gabriella Sneddon, Jade Winter, Cameron Smith, Gabrielle Rankin, Lilly Stanford, Ruby Wills, Zac Forsythe, Charlotte Ferry, Alex Binkin

Year 9: Malaina Fuller, Reagan Bradley, Holly Callaghan, Jess Dunn, Raegan Dunn, Summah Johnson, Ava Lee-Hinks, Ethan Konz, Krystal Lowe, Letisha McCudden, Hannah Murphy, Macy Taape, Heidi Trethowan, Brianna Janiszewski, Kiara Lowe, Kiah Beer, Braith Lewis, Zachary Lynch, Conor Reilly, Brock Salvador, Brock Steele, Kane Thomas, Kent Azas, Sebastian Madgwick, Kyle Wilkes, Joseph Fakes, Lucas Houston, Ryan Bonett, Riley Cullen, John Drake

Year 10: Riley Webster, Jade Harding, Ciarnan Maybury, Sharna Murphy, Tom Palmer, Benjamin Walkerden, Caleb McCudden, Keeley Gayler, Luke Carroll, Emma Katon, Riley Jones, Tanisha Jones

Year 11: Alex Madden, Angus Nichols, Georgia Dando, Nyah Thomson, Thomas Hall, Zoe Coyne, Simone Dobosz, Shayna Gael, Nikila Johnston, April Kent, Ella Murphy, Georgia Tupou, Amber Kelly, Ryan Goodhew, Darcy Grew

The Contribution to Sport Award – Jordan Laucht

This award is designed to recognise a student who always offers their time, effort or expertise to assist others in their sporting endeavours. This student always models the highest level of sportsmanship and encourages their peers to participate and celebrate their own sporting achievements.

The Elite Achievement Award – Joshua Ford

Nominations for the Elite Achievement Award included:

Molly Callinan – Equestrian – Yr 7	Lachlan Moore – BMX Racing – Yr 8
Zachary Moore – BMX Racing – Yr 9	Jeremy Douglas – Archery – Yr 8
Chantelle Finlay - Ice Skating - Yr 9	Ashley Probert – Ice Skating – Yr 10
Hannah Finley – Dancing – Yr 10	Emma Curran – Dancing – Yr 9
Zoe Coyne – Rugby League Yr 11	Joshua Ford – Archery – Yr 11
Ryan Goodhew – Football – Yr 11	Sabine Bowdidge - Irish Dancing – Yr 11

Excellence in Sport Awards:

An excellence in sport award recognises students who have excelled across multiple sporting disciplines this year including representation in at least one NSWCCC event. These disciplines are pathway sports that are offered within the school sport program, which includes tournaments or competitions at Diocesan, Northern Division, NSWCCC, NSW All Schools and Australian Representation. Whilst performing at a high level in their chosen sport, they have also been proud to contribute to a number of sports and teams at St Paul's demonstrating sportsmanship on and off the field. From this list of students, the Sportsman and Sportswoman was determined.

Chloe Scanlon, Gabriella Sneddon, Amber Kelly, Madeline Ferry, Molly Salvador, Alexandra Holiday, Ruby Wills, Ireland Thomas, Cameron Smith, Bradley Post, Nicholas Curran, Dominik Brymora, Kane Thoams, Riley Cullen, Brock Steele, Thomas Webster

Sportsman of the Year – Kane Thomas

In 2018, Kane excelled in both Athletics and Rugby League. Firstly, his achievements in Athletics as enabled him to be named U'15 Age Champion at St Paul's Athletics carnival, where he equalled the U'15 Long Jump record. As a result of his efforts at our own carnival Kane then qualified for the 100m, 200m, long jump, triple jump, shot put, javelin and discuss at the Diocesan Championships. His talent in track and field was demonstrated at the Diocesan Championships where he was named Age Champion breaking the Junior Boys Triple Jump record and finishing first in the Javelin. This then qualified him for the NSWCCC Championships where he placed 5th in U'15 Javelin and 8th in the Junior boys Triple Jump. Kane is also a talented Rugby League player and was chosen in the Maitland Newcastle U'15 team which trialed for the Northern Division team earlier in the year.

Sportswoman of the Year – Amber Kelly

In 2018 Amber managed to balance the demands of her Year 11 studies with significant involvement and participation in a number of sports throughout the year beginning with the All Schools Triathlon event. This was then followed by her participation in the Diocesan Swimming Carnival where she competed in the 50M & 100m Freestyle events as well as the senior Girls medley Relay and 4x50M Freestyle relay. For the Diocesan Athletics carnival Amber qualified for a number of events including Shot Put, Javelin, Long Jump, High Jump, Discuss, 100m, 200m and triple jump. Not only has Amber had tremendous success in individual sports but she has also been a significant member of the Open girls Netball, Touch Football and Rugby League teams. Amber's overall athletic ability and competitive spirit saw her being selected - despite her never playing Touch at a representative level outside of the school pathway - for the Maitland Newcastle Open Girls Touch Football which played in the NSWCCC Touch Championships.



Term One Sport Dates

February	<p>20th February – Closing date for All Schools Triathlon 21st February – Closing date for CCC Cricket-Girls 21st February – U'15 Diocesan Rugby League Trials (Windale) 22nd February – Open Diocesan Rugby League Nominations Due 25th February – Closing date for CCC Tennis 25th February – Girls CCC Cricket Selections (Campbelltown) 26th February – Diocesan Touch Competition/Trials (Maitland) 26th February – NSWCCC Softball Selections (Seven Hills) 28th February – All Schools Triathlon Individual Events (Penrith)</p>
March	<p>1st March – All Schools Triathlon Team Events (Penrith) 4th March – NSWCCC Tennis (Parramatta) 5th March – Closing date for Baseball 6th March – Rugby League CCC Cup (Thornton) 8th March – Closing date for Volleyball-Girls & Boys 12th March – Diocesan Swimming Championships (Lambton) 12th March – NSWCCC Baseball Selections (Blacktown) 13th March – NSWCCC Volleyball Selections (Homebush) 14th March – Closing date for CCC Water Polo 18th March – NSWCCC Water Polo Selections (Ryde) 20th March – Closing date for Hockey – Girls Open, U16 Girls, Boys Open 21st March – Diocesan Team Tennis Entries due 22nd March – Closing date for CCC Golf 25th March – NSWCCC Hockey Selections (Moorebank)</p>
April	<p>2nd-3rd April – U'15 & Open's Northern Division Rugby League Selections (Smithtown) 5th April – NSWCCC Swimming Championships (Homebush) 9th April – Diocesan Junior Football Knockout</p>





NSW COMBINED CATHOLIC COLLEGES

SPORT REGISTRATIONS – NOW OPEN

NSWCCC SPORT REGISTRATIONS ARE NOW OPEN FOR 2019

Individual Registrations for the following sports to attend a NSWCCC Selection

AFL, Baseball, Basketball, Cricket, Diving, Golf, Hockey, Netball, Rugby League, Rugby, Softball, Tennis, Triathlon, Volleyball, Water Polo

Registrations for the following sports is through a Diocesan/Association Selection

You will be notified when it is time to complete your online registration

Athletics, Cross Country, Football, Swimming, Touch, Rugby League

Information for all sports can be found in "Sports Specific Information" for each individual sport

In order to participate in ALL NSWCCC selection trials, you must register online – Please download Google Chrome as your Browser. Website address: www.csss.nsw.edu.au

Students not registered will not be accepted in the NSWCCC teams.

There are three steps to the website registration process

1. **Setting up a Parent Account** (this only needs to be done once) Parents must be responsible for updating their details. (Click on **Edit my Details**)
2. **Adding your child to the Parent Account** (this only needs to be done once) Parents must be responsible for updating their child's details. eg. Change of school (Click on **Edit "child's name" Details**) Please note: You will need to edit your child's school from primary to secondary (We recommend you type in the **suburb** to find your school). Once your child is registered their school year will roll over at the beginning of each year.
3. **Register for a sport** (this needs to be completed for each sport every year)

- Login to your account
- Click on **NSWCCC** at top of page
- Click on the sport you require
- Click on **REGISTER**
- Click on the team you wish to register for (it is a hyperlink)
- Follow the prompts to register
- Click on **REGISTER FOR THIS SPORT** at the bottom of the page to **SUBMIT** your registration
- Once you have completed your registration, both the Sports Coordinator and Principal of your child's school will be notified of your nomination via the website.
- All consent and payment for **ALL** Individual sports will be done online and is to be **PAID AT TIME OF REGISTRATION**
- Team sports such as Athletics, Cross Country, Football, Swimming and Touch - Diocesan/Associations may use their own paperwork for consent, payment and uniform orders but you will still need to complete an **ONLINE** registration to attend a CCC event.
- **PLEASE NOTE:** You will be unable to register if the Closing Date has passed. Please check the Sports Specific Information page for these dates.



[K.LOWE@CSSS.NSW.EDU.AU](mailto:k.lowe@csss.nsw.edu.au)



9807 1701



[WWW.CSSS.NSW.EDU.AU](http://www.csss.nsw.edu.au)

Fee Statements should be emailed by Friday 22 February 2019 or by the latest Monday 25 February 2019.

Once received, to calculate your Weekly, Fortnightly or Monthly payment amount, please go to our Website and use the calculator. <http://www.booragul.catholic.edu.au/>

If you have not already done so, please ensure I have copies of relevant updated Health Care / Pension Cards.

Also, if you have not completed 2019 Family Discount and Diocesan Pastoral Contribution Form, please contact the College and one will be emailed to you.

Opening Hours for Payments to the Finance Office

Parents: come to Student Reception or Reception from 8.30am to 2.30pm
Students: mornings from 8.30am until tutor group bell, all of recess and all lunch times

School Fee Payments

1. Qkr
2. BPay *through your own home banking via the Internet*
3. Eftpos *Minimum payment \$10*
4. Cheque
5. Cash

Excursion Payments

1. Qkr
2. Eftpos *Minimum payment \$10*
3. Cheque
4. Cash

QKR is a great way to pay fees and excursions



For your convenience, when paying for excursions the new Qkr! app is now live for families of our students. Qkr! by MasterCard can be downloaded for free from Apple's app store for iPhones, iPad users can also download the iPhone app or from Google Play for Android phones. Simply:

For more information about QKR visit our website

www.booragul.catholic.edu.au

Step 1 Download Qkr!

on your Android phone or iPhone. iPad users can download iPhone app



Step 2 Register

Select your Country of Residence as 'Australia' and follow the steps to register

Step 3 Find our school

Scan the QR code or search for our school name. Our school will also appear in "Locations Nearby" if you are within 4kms of the school

Step 4 Register your children

When first accessing your school menu, you will be prompted to register your child. This allows you to make school orders on their behalf.



Excursions Coming Up

Please **pay for all excursions by the due date written on the excursion notes** which are sent home with your child. This date is important as excursion costing is calculated on the number of students who should be attending that particular event. Venues and buses have to be paid when the booking is first made. Your understanding of this would be very much appreciated.

Novocastrian—Year 10 Design	5 March	Payment QKR 1 March
Marine Studies—Snorkelling	8 March	Payment QKR 6 March



Canteen Roster

Monday 25 February—Friday 1 March

Mon	Karen Lee, Kath Liley
Tues	Christine Bathman
Wed	Dianne Fennell-Fraser, Christine forrester
Thurs	Rochelle Loveday, Nadine Steenson
Fri	Anne Negline, Susan Noonan, Kim McManus

Monday 4 March— Friday 8 March

Mon	
Tues	Amanda Holt, Janelle Haggerston
Wed	Joanne Bower, Pamela Amos
Thurs	Michelle Hall, Kylie Smith, Sharon Roberts
Fri	Kim Dickson

Canteen Supervisor:

Carolyn Phone - 4946 3115

Canteen Hours:

9.00am to 2.30pm

If you are unable to come on your day, please try to arrange a



Volunteers Needed!

The **Canteen** is in need of volunteers

Please phone Carolyn if you can help!

All volunteers must have a Working With Children Certificate

Please be aware that the events and dates listed on this school calendar are subject to change. Please check regularly.

Term 1 2019

Wk 4	Thurs 21 Feb Fri 22 Feb	Dio U'15 Rugby League Trials Year 11 Study Skills Day
Wk 5	Mon 25 Feb Tues 26 Feb Fri 1 Mar	Yr 12 HSC & ATAR Info Evening Dio Touch Trials Rugby League Open Girls Gala Day
Wk 6	Mon 4 Mar Tues 5 Mar Wed 6 Mar	Catholic Schools Week CCC Tennis Selection Year 7 Information Evening Parents in the Classroom Ash Wednesday

Please see website for further Calendar dates

<http://www.booragul.catholic.edu.au/news-events/events->

Reception Hours for 2019

8.00am to 4.00pm Monday to Thursday
8.00am to 3.30pm Friday

Student Reception Hours for 2019

8.30am to 3.30pm Monday to Friday

Clothing Pool Opening Hours

8.30am to 9.30am Tuesdays Only

Clothing Pool will only be accepting donated uniforms.

When Leaving School Early or Arriving Late

Without Parent/Carer:

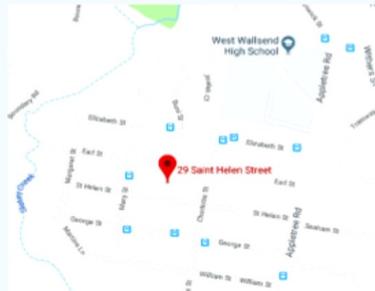
If students are leaving school early or arriving late their Parent/Carer must advise the school, either by note, phone call or email. The student must sign in or out at Student Reception.

Leaving With Parent/Carer:

If students are **leaving school early during class time** with their Parent/Carer, the school must be notified either by note, phone call or email from their Parent/Carer. If they have a note this should be shown to the class teacher for the student to be dismissed from the class. The student must then go to Student Reception to meet their Parent/Carer and sign out.

Mums' Cottage

We are a Not For Profit, community based organisation that provides free services such as mentoring, counselling, workshops, support groups and education to families, as they navigate their way through difficult and challenging times.



Mums' Cottage

29 St Helen Street,
Holmesville, NSW 2286

Phone: 02 49534105
Email: admin@mumscottage.org.au
Web: www.mumscottage.org.au



Affirming the dignity of guests while providing companionship and support as they realise their full potential through guidance and mentoring.



"A journey of a thousand miles, begins with a first step"

Mums' Cottage is a charitable community service that bases its foundation on empowering and improving the potential in the lives of families. We walk with families as they take the first step to transition from difficult times to a brighter future.

Mums' Cottage is committed to alleviating difficulties by providing:

A welcoming environment where families can heal and be guided to stabilise their lives and venture onwards to a brighter future.

Access to:

- Mentors
- Counsellors
- Disability Services
- Case Coordination
- Legal Guidance
- Financial Guidance
- Health Care
- Educational Services
- Parenting Programs
- Workshops
- Support groups
- Respite
- Combined Family Events

We need your support

Most, if not all of the services and courses provided by Mums' Cottage are free. To be able to continue with these services, and advocating for families, we rely on funding, grants and sponsorship. We welcome your help and support.

Mums' Cottage organises many fundraisers throughout the year, and you can refer to our Facebook page for up to date information on any events that we are hosting.

Please contact us if you would like to make a donation.



People supporting each other

Cate's Tutoring

Hi everyone! Getting a head start on 2019 for those that are interested in tutoring for yourself or for your kids in the next school year.

~ A bit about me! ~

I graduated from St Pauls High School in 2017 and I have been passionate about math and science since primary school. I am currently studying at the University of Newcastle enrolled in a Bachelor of Mathematics/ Bachelor of Science. I have tutored family friends in the past and really enjoyed it; I would love to branch out and tutor more students!

I tutor high school students of any grade, up to the HSC courses of Advanced Mathematics, Extension 1 Mathematics, Biology, and Chemistry.

- I can travel or have tutoring at my office in Coal Point

- Rates based on travel time

Contact me on 0459527875 or catherine_mackay@icloud.com if anyone has any questions! 😊

Find us on Facebook @tutoringbycate

BOAT Bits Bonanza



Sun Feb 24th
10am to 3pm
Rathmines Park



lakesidemarketing.com.au/boat-bits-bonanza-lakefest

Sell your unneeded marine themed items
- Car Boot style \$10 donation at the gate.

Marine & summer themed stalls

Amusements for the kids
- jumping castle, sand painting etc

Food vendors

sausage sizzle, hot & cold food, coffee, slushies & ice cream

For info 49504799 or

ARE YOU LOOKING FOR SOMETHING NEW AND EXCITING?



Try Australian Army Cadets Today!

We are now recruiting for Youth between the ages of 13 and 16 to become involved with a leading Youth Development Organisation, which embraces the character, ethos and values of the Australian Army!

Australian Army Cadets is a GREAT way to make new friends and give you an insight into the Australian Army.

As a cadet, you'll learn to be confident, self-sufficient and willing to 'have a go'. It's your opportunity to discover new challenges and have some unbelievable fun. You'll also learn to lead others and work as a member of a team. You'll be able to do things for yourself and help your friends learn too. Cadet life is physical but not risky - and you won't have to be a superwoman or superman. Qualified and experienced cadet officers will instruct you. Safety is always a top priority

Become involved and get the chance to:

Work with Australian Army Personnel

Undertake Adventure Training activities such as camping, abseiling and boating

Participate in Drill and Ceremonial activities including ANZAC Day Parades

Learn First Aid

Develop Survival, Leadership and Field Craft Skills,

Become an important member of your local community

For more information:

Visit www.armycadets.gov.au

Visit one of your local units

Call 1300 333 362

An advertisement for Lake Macquarie Dockers AFC. The left side shows a group of children playing Australian Rules football on a grassy field. The text 'Register now!' is overlaid in large white letters. The right side is a dark blue background with the club's logo, contact information, and the AFL logo at the bottom.

Register now!

Lake Macquarie
Dockers
AFC

**LAKE MACQUARIE
DOCKERS**

Tim Mott 0429 000 422
tim@pdabuilding.com.au
Open for boys and girls 5-17yo

AFL Sign up for junior footy play.afl