



Dear Parents and Caregivers,

Welcome to the last Newsletter for Term 1 2021.

This will be my last Newsletter for some time. I would like to thank all the parents and care givers who have wished me well as I begin this extended period of leave.

Earlier this week, I sent a letter out announcing that Colin Mulhearn will be Acting Principal in my absence. Colin is well known to the St Paul's community having been a previous Student Coordinator and also Acting Principal while I was getting my hip replaced. Colin is currently Assistant Principal – Teaching and Learning at St Francis Xavier College in Hamilton.

COVID restrictions continue to ease across NSW. I ask that parents continue to be vigilant and to keep children at home if they display any symptoms that might be COVID related. Testing is quick and still quite easy to get in our area and it is vital that we remain safe in this interim period. As we have seen in Queensland, the virus can still pop up at any time.

As we begin the final days of Lent and move into the mystery of Easter, I ask you to reflect on these words from Archbishop Christopher Prowse from Canberra.

One of the last statements of Jesus on the Calvary Cross was: "Father, forgive them for they know not what they do." (Luke 23/24). Forgiveness of every person who harms us is one of the great saving lessons of Good Friday.

Then, the first words of the Risen Lord Jesus at the Resurrection Victory of Easter is: "Peace be with you." (Luke 24/36). Easter peace is the first gift to us from our healing God.

This Easter let us receive these gifts of forgiveness and healing peace like never before! Let us begin in our hearts, so easily torn apart by bitterness and selfishness.

Let forgiveness and healing peace flow into our families and friends.

May these gifts give us the courage to develop real neighbourliness to those in our streets and communities. Let the homeless and lonely this Easter receive not more pious sentiments but real practical charity and care.

Let the forgiveness and healing peace of the Risen Lord Jesus reign this Easter! May we be filled with joy and hope.

Happy Easter to all!

Go gently,

Mr Graeme Selmes
Principal



Term 1

Term 1 has certainly been a hectic one for all with many great things being achieved daily in our school setting. Our students are not only achieving in all things academic but also in the sporting arena and in arts and cultural pursuits. There are a number of students who continue to be involved in the Catholic Schools Aspire Program and in 2020 the following students were involved in or assisted with The Junior Theatre Makers Ensemble and also in the cast and crew for The Pecking Order: Isabelle Mould, Analeigh McKibbin, Sohpie Fuller, Sam Adey, Anna Westcott, Aubrey Moir, Lisa-Jean Hall, Michael Pockran, Connor Rankine, Latisha Tate, Kirrily Boslem, Jamie Pockran, Imogen Cowen and Cleo Doyle.

Vaping

Vaping continues to be a societal issue with our young people and whilst a lot of education is provided about the dangers of this activity, some still choose to be involved in it. Below is an article for parents and students to consider. It is a great way to start a conversation about this with your children but it is also provides some great information for parents. Paul Dillon is a reputable drug and alcohol educator. I encourage all parents to read the article below.

<https://doingdrugs-darta.blogspot.com/2021/03/what-should-parents-say-when-their-teen.html?m=1&fbclid=IwAR1MwMGHMYFy4cH1O3tcqLOX9q25Td5G5qizB7DEwsmCi8UGAfp4kWbKEsl>

Families are reminded about the strong stance that St Paul's has communicated to students about using, exchanging, carrying or purchasing vapes at school.

Our Adolescent Children

Another great article which came to me this week was about ***Parenting Tweens: Everything You Should Know***. Sometimes as parents we blindly navigate these adolescent years not knowing whether what we are doing is right? We question ourselves and what's going on with our children as they begin to develop and grow into their own individual identities. The article below discusses the challenges of the adolescent years. I think it's reassuring that our experiences as parents are shared and the key to successfully navigating these years is to continue to support and create an environment of trust for our children.

https://childmind.org/article/what-parents-should-know-about-tweens/?utm_source=newsletter&utm_medium=email&utm_content=Parenting%20Tweens%3A%20Everything%20You%20Should%20Know&utm_campaign=Public-Ed-Newsletter

As we move into this Easter break, it is important to reflect on the message of hope and renewal. After the difficult eighteen months that many in our extended community have had – bushfires, pandemic and flooding – it is an opportune time to know that with loss there is always recovery. It is with, and in this recovery, we see the very best of human nature.

Have a blessed Easter and restful break.



Mrs Anne-Maree Shipman
Assistant Principal—Community & Wellbeing



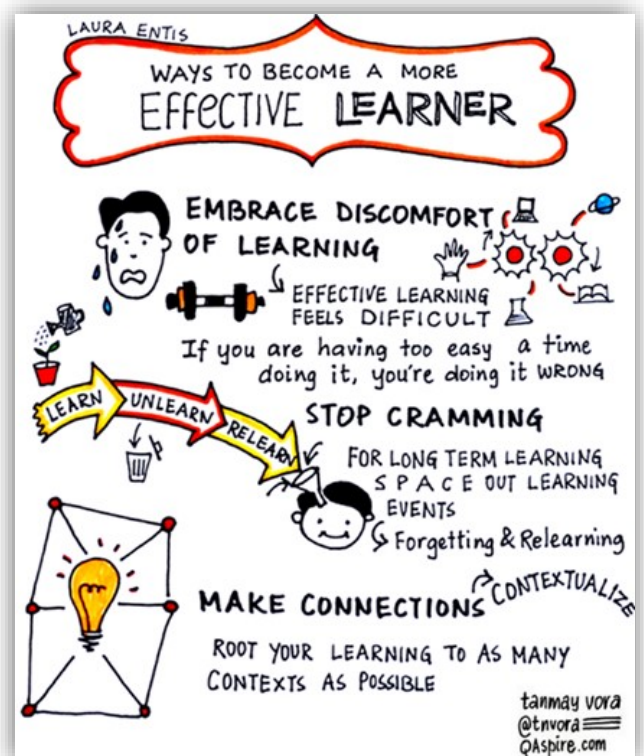
Growing a Brain Tree: grit and resilience

One of the best aspects of my role is the opportunity to walk through classrooms on a regular basis and watch teachers engage students in learning. It is exciting to see a student make a connection, link a pattern, apply a skill, or become a master of a concept after struggling through the tough part of the learning cycle. A few years ago, while I was in a Science class, I watched a teacher engage a student in a lesson about the importance of resilience in learning. The student had negative perceptions about their ability to grasp a concept. Part of the teacher's dialogue with the student was the statement: 'Come on, let's grow your brain tree!'. I thought this was a great way to encourage students to think about their learning.

It can be challenging to help students overcome the negative perceptions they have about learning. Learning is a journey, it can be tough, there need to be opportunities for relearning and contextualisation and our brain must work hard to achieve deep learning. Students often need to be coached in this process of learning and there is also an implication here for the approach students have towards learning. The SketchNote in the image below is from Tanmay Vora and it illustrates the path to learning success.

Part of effective learning in embracing the 'discomfort' of learning something new. To effectively engage in new learning students need to adopt a growth mindset. Many of us would be familiar with the work of Carol Dweck (2006) and the importance of growth mindset for learning success. Dweck (2006) found that learners with a growth mindset have a passion for learning rather than a need for approval and they understand that intelligence and creativity can be cultivated through effort and deliberate practice. With a growth mindset students move from a 'fixed world' – where success is about proving they are smart or talented and continually validating themselves, to a world of changing qualities – where developing and stretching themselves is embraced and learning something new is an exciting challenge.

Another term which has become popular in education is 'grit'. Duckworth (2014) describes grit as the process of working strenuously towards challenges despite failure, adversity and plateaus in progress. This shift in thinking is about how students value effort – in the fixed world effort means that they are not smart or talented and therefore do not have to put in effort. In the changing world, effort is what makes them smart or talented. One way students can develop a growth mindset and 'grit' is to seek feedback from their teachers. At the College, our focus on assessment is ongoing formative assessment. This provides students with the opportunity to apply feedback from their peers and teachers to improve their work. Feedback can be framed using the following statements: this is what I can do well ...; this is what I need to improve on ...; these are my next steps It is a student's ability to identify their next steps in learning which helps them grow a brain tree!



Year 11 Study Skills

On Friday, Year 11 students took part in the Study Skills day organised by Cayte Pryor. This was a successful day where students learnt about the importance of organisation, developing effective study patterns and their responsibilities as Stage 6 students. We are fortunate enough to partner with Elevate Education who have provided our students with access to their Study Skills portal which will provide students with ongoing support through their Stage 6 studies. On behalf of Year 11 I would like to extend thanks to Mrs Pryor for her organisation of the day.

NAPLAN Online

Our Year 7 and Year 9 students completed the NAPLAN Online practise tests in week 9. This was a successful trial of the test platform and students are to be commended on the manner in which they engaged in this. **Just a reminder that students must have headphones and a charged laptop for NAPLAN next term.** If parents/carers or students have any questions regarding NAPLAN, please contact me at the College.

Edrolo

Just a reminder for Year 11 and Year 12 students that we have made Edrolo available to support them in their senior studies. If students are having trouble accessing this resource, they can seek assistance from their class teacher.



Mrs Amber Carter
Assistant Principal—Teaching & Learning



**Professional
Development Day
for Staff**

Tuesday 27 April



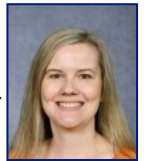


It is a long-standing tradition for our school leaders to participate in the Way of the Cross held on the grounds of St Joseph's, Kilaben Bay.

This year, as with most events, we were restricted by Covid, so the Diocese got creative and decided to create a short film. Our student leaders were fantastic ambassadors for St Paul's, and whilst they will be the first to tell you they are *not* actors, the following clip demonstrates their brilliant performance and their willingness to try something out of their comfort zone:

<https://www.mn.catholic.org.au/places/way-of-the-cross/>

Mrs Renee Pola-Kuras
Ministry Coordinator



Easter Egg Appeal – Kindergarten Hampers



Let me start by saying how wonderful our St Paul's community is. It has been so warming to see the generosity of students and their families. Thank you to everyone for all the wonderful donations for our Easter appeal. We have had an overwhelming number of Easter Eggs and educational resource donations. Our SRC students have packed the hampers for the Kindergarten classes of the six feeder schools. We will deliver the hampers to the schools this week. They are certainly in for a surprise!

Bullying No Way!

The students of St. Paul's participated in the Bullying action day. The purpose of the day was to promote the stance against bullying and empowering our students to make informed decisions when dealing with matters of bullying. Thank you for all our red lolly donations. The SRC raised \$94 dollars with their lolly guessing jar. Congratulations to Callan Harrison (YR10) for guessing the correct number of items in the jar.



Year 10 Challenge Camp



All systems are a go for the Year 10 Challenge Camp. We now have 119 students attending. Thank you to those that have notified me of your child's preferences. The students have been notified of their allocated camp dates. After the students have worked through any swaps, I will release the final camp numbers.

You will also receive this week a letter containing the final information regarding the camp. This will include dates, times, locations and information on what to pack. All students/families will be required to complete the online application form. This will include completing medical information and dietary requirements. This must be completed and a requirement of the venue.

I can disclose that the final total cost for the camp will be \$390 (this amount includes the \$50 deposit). Information regarding the final payment will be stated on the note.

I would like to remind everyone that if the students are not attending the camp, they are to still attend lessons at school. This also applies for the two days left in the week that the students are not at camp for. Classes will be collapsed and lessons will be still set.

Please continue to seek support from myself regarding any matter with your child. I am only an email or a phone call away. I will continue to send regular updates regarding the progress of Year 10 via email (Last update send 28th March 2021).

Mr Luke Baker
Student Coordinator



Backflip on Bullying

Students at Booragul Backflip on Bullying

Here at St Paul's Catholic College, we are encouraging students to say 'No Way' to bullying by continuing our annual tradition of hosting Anti-Bullying Day on campus. This year, our students were encouraged to dress in red and participate in a range of community activities to make a strong, united stand against the dangers of bullying.

Our Assistant Principal of Community and Wellbeing, Ms Anne-Maree Shipman, summed it up perfectly. *"It's important to stand together as a community to get this message across to students, that any sort of physical, emotional, social or verbal bullying has no place in our school,"*



The Anti-Bullying Day was organised by our Wellbeing Support Team as well as the Student Representative Council. One of the key parts of the day centred on a live performance by Action Education Group – 'Backflips Against Bullying' – emphasising to students that "Bullying is not the answer".

Students and staff also participated in creating a visual symbol of the day by writing an anti-bullying message on a link to a chain. Messages such as 'stay calm', 'you are important' and 'bullying – no way' were written on individual links which were then joined together to create a long chain. This served as a visual reminder that each member of the school is a valued individual and an important link of the St Paul's community.



At lunch time and recess, the SRC members held activities and stalls aimed to encourage unity and respect. Year 8 students used science to create a sherbet fountain, Year 7 students held a red dress-up photo booth and face painting stand, and other year groups held food stalls and guessing competitions to encourage a positive atmosphere and create an awareness that Bullying is not okay.

Together here at St Paul's – we say NO WAY to bullying!

Ms Siobhan Kelly





FROM THE LIBRARY

CBCA Book of the Year



Each year during Book Week the [Children's Book Council of Australia](#) announces their Book of the Year in various categories. The Notables list for this award was announced earlier this year and the Nominees this week. If you are looking for a great read these lists are a fantastic place to start. Our library has all the books in the Older Readers category and all the books that are suitable in the Young Readers category. Have a look at the display in the library to see the Notables.

I have been reading my way through the lists. Have a look at our Reading Wall to see my star rating and who I recommend the books for.

The nominees for Book of the Year: Older Readers are:



And for Younger Readers:



Mrs Kerri Beezley
Teacher Librarian



ASPIRE PRODUCTION ENSEMBLE

ASPIRE IS LOOKING FOR STUDENTS WHO WISH TO BE PART OF THE 2021 PRODUCTION ENSEMBLE

This Ensemble is designed for students from Year 9 and upwards in our diocese with an interest in the technical and production aspects of theatre. Working under the direction of respected industry professional Loretta Foster, students will experience a range of opportunities including but not limited to sound, lighting, props, set, costume, and scene-change (backstage) crew.

If you are studying Entertainment you can obtain additional units of competency to complete the full Certificate 3 in Live Production. To acquire this, you need to attend the dates listed below and complete the required assessment tasks.

Loretta Foster has worked as a stage manager since graduating with a Bachelor of Creative Arts in technical production in 1992. She began her career as resident stage manager for Peter and Ellen Williams at the Playhouse: Sydney Opera House. Her professional engagements include The Really Useful Theatre Company, The Ensemble Theatre, The Short Shakespeare Company, The Sydney 2000 Olympics Ceremonies, NAISDA Dance College and Sport for Jove. Loretta currently works as a Theatre Technician for Central Coast Council and maintains a busy schedule of professional production contracts. A qualified and experienced industry trainer and assessor, Loretta is experienced in delivering the HSC Entertainment course and the Certificate 3 in Live Production and Services at a wide variety of schools. Loretta currently also teaches at NIDA in the Diploma of Live Production and Technical Services.

Interested students are encouraged to complete the online application form to register their interest (<http://aspire.mn.catholic.edu.au>.) Selection for the ensemble will be by interview. Applications must be received by Friday 7 May 2021. If you require further information please contact Anna Kerrigan, Artistic Director by email anna.kerrigan@mn.catholic.edu.au

PLEASE NOTE:

Production ensemble students are required to supply and wear the following:

- Long black protective pants (no ripped jeans or short leggings)
- Black safety boots for every rehearsal from Tuesday 8 June 2021.
- Bring a pocket torch for the Civic Theatre. Phone torch apps are not an acceptable form of backstage work light

Follow this link to the ASPIRE website: <https://aspire.mn.catholic.edu.au/join-us/behind-the-scenes/>

STUDENTS ENGAGE WITH THE PROGRAM IN TERM 2 AND THE COMMITMENT WILL BE AS PER THE SCHEDULE BELOW

TERM 2		
Date	Times	Venue
Tuesday 8 June 2021	Production Ensemble 4.30 pm – 7.30 pm	St Plus X High School, Adamstown
Tuesday 15 June 2021	Production Ensemble 4.30 pm – 7.30 pm	St Plus X High School, Adamstown
Tuesday 22 June 2021	Production Ensemble 4.30 pm – 7.30 pm	St Plus X High School, Adamstown

Term 3		
Date	Times	Venue
Tuesday 13 July 2021	Production Ensemble 4.30 pm – 7.30 pm	St Plus X High School, Adamstown

HOLIDAY REHEARSALS		
Date	Times	Venue
Wednesday 7 July 2021	9.30 am – 4.00 pm	St Plus X High School, Adamstown
Thursday 8 July 2021	9.30 am – 4.00 pm	St Plus X High School, Adamstown
Friday 9 July 2021	9.30 am – 4.00 pm	St Plus X High School, Adamstown

WEEKEND REHEARSALS		
Date	Times	Venue
Sunday 11 July 2020	9.30 am – 4.00 pm	St Plus X High School, Adamstown

PRODUCTION AND PERFORMANCE WEEK		
<i>The production ensemble will be rostered for shifts between the following hours on 17 to 20 July 2021 and MUST be available for the times indicated.</i>		
Date	Times	Venue
Saturday 17 July 2021	Bump In 8.00 am - 11.00 pm	Civic Theatre, Newcastle
Sunday 18 July 2021	Bump In continues 8.00 am - 11.00 pm	Civic Theatre, Newcastle
Monday 19 July 2021	Technical Rehearsal 8.00 am – 10.00 pm	Civic Theatre, Newcastle
Tuesday 20 July 2021	Dress Rehearsal 8.00 am – 5.30 pm	Civic Theatre, Newcastle
Wednesday 21 July 2021	First Show Performance Call Time 9.00 am	Civic Theatre, Newcastle
Thursday 22 July 2021	Second Show Performance Call Time 9.00 am	Civic Theatre, Newcastle
Friday 23 July 2021	Third Show Performance Call Time 9.00 am	Civic Theatre, Newcastle
Friday 23 July 2021	Fourth Show Performance Call Time 5.00 pm	Civic Theatre, Newcastle
Saturday 24 July 2021	Fifth Show Performance Call Time TBC	Civic Theatre, Newcastle
Saturday 24 July 2021	Final Show Performance Call Time 5.00 pm Entertainment students are required for bump out working until 11.00 pm	Civic Theatre, Newcastle

Study Skills

THE FOUNDATION FOR LIFELONG LEARNING

Study Skills Website

www.studyskillshandbook.com.au

Subscription details for St Paul's are:

School's Username – stpauls

School's password – 52success

Canteen Volunteers Urgently Needed for 2021



St Paul's is in URGENT need of

Canteen Volunteers for 2021

If you are able to help out it would be greatly appreciated.

Please phone Mrs Carolyn Stanton on 4946 3115

for more information



SHARE THE *Dignity*



DIGNITY DRIVE

St Paul's Catholic College is supporting Share the Dignity. The organisation aims to give those experiencing period poverty the dignity they deserve. Twice a year in March and August, they ask the public to donate pads, tampons, period underwear, incontinence pads, etc. to be donated to Dignity Drives across the country.

We have a collection bin in the Student Reception if you would like to drop in any donations.



MARCH 2021 DIGNITY DRIVE!

Since Share the Dignity was founded, we have been able to donate 2.8 million period products to those in need through our Dignity Drives and #ItsInTheBag campaign. Your generosity has changed the lives of so many across Australia and we are so thankful. We donate thousands of packets of unopened period products to our partner charities to help those doing it tough. From people experiencing homelessness, fleeing domestic violence, and those living in crisis. We believe everyone experiencing period poverty deserves the right to their dignity.

<https://www.sharethedignity.org.au/event/dignity-drive>



What's happening?

Term 2 2021		
Week 1	Tues 20 April Wed 21 April	Dio Footy selections U13 Boys Rugby League Year 8 Community Day Year 10 Police Liaison—CARE Group
Week 2	Tues 27 April Wed 28 April Thurs 29 April	Pupil Free Day NSWCCC Netball 15 years Selections ANZAC Commemoration NSWCCC Netball Open Selections Year 7—TUT Truck Year 12 Mid-Course Awards
<p>Please see website for further Calendar dates http://www.booragul.catholic.edu.au/news-events/events-calendar/</p>		

Please be aware that the events and dates listed on this school calendar are subject to change. Please check regularly.

Clothing Pool

Volunteers needed

Volunteers are needed for the clothing pool
 one morning per week
 from 8.15am-9.15am
 Please phone the college if you can help out

Maths Tutoring

Yrs 7-10
 Experienced teacher
 0408 495966

For all Finance enquiries please use the following email address: finance@booragul.catholic.edu.au

To calculate your Weekly, Fortnightly or Monthly payment amount, please go to our Website and use the calculator. <http://www.booragul.catholic.edu.au/about-us/finance/fee-calculator/>

If you have not already done so, please ensure I have copies of relevant updated Health Care / Pension Cards.

Also, if you have not completed 2020 Family Discount and Diocesan Pastoral Contribution Form, please follow the link to the Website above to download, complete and return to college office.

School Fee Payments

1. Qkr
2. BPay through your own home banking via the Internet
3. Eftpos **Minimum payment \$10**
4. Cheque
5. Cash

Excursion Payments

1. Qkr
2. Eftpos **Minimum payment \$10**
3. Cheque
4. Cash

Excursions Coming Up

Please pay for all excursions by the due date written on the excursion notes which are sent home with your child. This date is important as excursion costing is calculated on the number of students who should be attending that particular event. Venues and buses have to be paid when the booking is first made. Your understanding of this would be very much appreciated.

Opening Hours for Payments to the Finance Office

Parents: Come to Student Reception or Reception from 8.30am to 2.30pm

Students: Mornings from 8.30am until tutor group bell, all of recess and all lunch times

QKR is a great way to pay fees and excursions



For your convenience, when paying for excursions the new Qkr! App is now live for families of our students. Qkr! By Mastercard can be downloaded for free from Apple's app store for iPhones, iPad users can download the iPhone app or from Google Play for Android phones. Simply:

Step 1 Download Qkr!

On your Android phone or iPhone. iPad users can download iPhone app



Step 2 Register

Select your Country of Residence as 'Australia' and follow the steps to register

Step 3 Find our school

Our school will appear in 'Nearby Locations' if you're within 10km's of the school, or search for our school by name.

Step 4 Register your children

When first accessing our school you will be prompted to add a student profile for your child. This allows you to make orders and payments for them.

For more information about QKR visit our website

www.booragul.catholic.edu.au



Mrs Betty Harris—Finance Officer
finance@booragul.catholic.edu.au



Newcastle Artisan Youth Markets

Come and support our local creative youth at the artisan market as part of NSW Youth Week.

Have a great afternoon shopping for a variety of handmade products including artwork, candles, scrunchies, jewellery and many more amazing products.

Fun, Food and Local Performers.

**Saturday 17th April
2-5pm**

**Hunter Multicultural
Communities Hall, Waratah**

If you're 12-25yrs, have products or services to promote and would like to book a free artisan stall or live performance, please email young.artisan.marketplace@outlook.com



Lake Mac Artisan Youth Markets



Come support local creative youth at the artisan market as part of the Northlake Youth Service event. Have a relaxing afternoon shopping a variety of handmade products including artwork, candles, scrunchies, jewellery and a whole lot more of amazing products.

**Saturday 24th April
2-5pm**

Pasterfield Complex, Cameron Park

Market stalls
Food stalls
Community group stalls
Live music / Open mic

Art workshops
Scooter/skating/BMX demonstrations
Competitions

If you're 12-25yrs, have products or services to promote and would like to book a free artisan stall or live performance, email young.artisan.marketplace@outlook.com

SUPPORTED BY



ATTENTION CREATIVES

Stallholders WANTED for Young Artisan Market

If your 12-25yrs old and would like to book a free artisan stall or live performance, email young.artisan.marketplace@outlook.com

**Saturday 17th April 2-5 pm at Hunter
Multicultural Centre**

And

**Saturday 24th April 2-5pm at
Pasterfield Complex, Cameron Park**

**Registration Closes
31st March**





Get your kids to the dentist – it could be FREE*!

According to the Australian Institute of Health and Welfare[#], 42% of all children aged 5–10 years, have experienced tooth decay in their baby teeth. It is therefore so important to establish good oral hygiene routines with children. It can set them up for life, and avoid pain and fear of the dentist into the future.

A common misconception about high dental costs can mean some people avoid taking their children to the dentist. To release some of the pressure on families and to shine a light on the importance of dental care for young people, the Federal Government has continued its dental scheme for kids in 2020. The scheme “Child Dental Benefits Schedule” (CDBS), which commenced in 2014, provides a \$1000 benefit to use on selected dental services over a 2 calendar year period. This benefit, if your kids are eligible, covers services like examinations, x-rays, dental cleans, fissure sealing, fillings, root canals and extractions. Benefits are not available for orthodontic or cosmetic dental work and cannot be paid for any services provided in a hospital.

Many people still don't know about the CDBS and what it can mean for their family. Make sure you don't miss out on \$1000 in free* dental care for your kids!

What is the eligibility criteria?

To be eligible for CDBS a child must be aged between 2-17 years and their family must receive Family Tax Benefit Part A or a relevant Australian Government payment. Your child must also be eligible for Medicare.

It is simple to check whether your child is eligible – you can:

- Check your myGov online account, in the Medicare section – it will advise whether your children are eligible.
- Call Medicare on 132011.

Call your [local Pacific Smiles Dental clinic](#) with your Medicare card number and we can enquire on your behalf.

Enter your details into our online form and we can call you back to discuss eligibility.

Give your kids the best start with free* dental care from Pacific Smiles Dental and the Australian Federal Government!

*Free when services covered by the Commonwealth Government's Child Dental Benefits Schedule are bulk billed by participating Practitioners for treatments provided to eligible patients.

[#]Source: <https://www.aihw.gov.au/reports-statistics/health-conditions-disability-deaths/dental-oral-health/overview>



Could you become a foster carer?

Right now, many children across the Hunter and Central Coast region are urgently waiting for a safe place to call home.







Wesley Dalmar will provide the training, support, and confidence you need to provide a welcome home for children in need.

Please contact our team on 1300 325 627 for a confidential conversation, or visit wesleymission.org.au



Could \$500 help you with school costs?

Join Saver Plus and we'll match your savings, dollar for dollar, up to \$500 for school costs.

-  laptops & tablets
-  lessons & activities
-  uniforms & shoes
-  books & supplies
-  sports fees & gear
-  camps & excursions

Contact
your local Saver Plus Coordinator
Phone
1300 610 355
Email
NewcastleSP@thesmithfamily.com.au
Online
saverplus.org.au
Find us on Facebook 

To join Saver Plus, you must be at least 18 years or over, have a child at school or starting next year, or attend vocational education yourself, have regular income from paid employment (you or your partner), have a current Health Care or Pensioner Concession Card and be in receipt of an eligible Commonwealth social security benefit, allowance or payment*




* many Centrelink payments are eligible, please contact your local Coordinator for more information. Saver Plus is an initiative of the Brotherhood of St Laurence and ANZ, delivered in partnership with Berry Street, The Benevolent Society and The Smith Family and other local community agencies. The program is funded by ANZ and the Australian Government Department of Social Services. Go to www.dss.gov.au for more information.



Education costs made easy with \$500 from Saver Plus

www.saverplus.org.au

Find us on Facebook 



O'GRADY
DRAMA
NEWCASTLE & THE HUNTER REGION

We don't just teach drama, we teach life!

- Join our stimulating and contemporary drama environment
- A safe place where communication and collaboration are encouraged
- Together we develop creative and critical thinking skills
- Bringing ideas to life through self-expression and performance

join a class today!

T: 02 4969 2338

E: dramacorp@bigpond.com

W: ogradydrama.com.au

FB: O'Grady Drama Newcastle & Hunter Region

Self Defence

Learn to defend yourself
with an 8 week self defence
program for teen girls

SELF DEFENCE CLASS for teen girls



WHEN?
Tuesdays 4.00pm
4 May-22 June 2021

WHERE?
24 Dawson St,
Cooks Hill

HOW MUCH?
\$130, we accept
active kids vouchers



FOR MORE INFORMATION

02 4929 2954
YWCA Hunter, 24 Dawson St, Cooks Hill NSW 2300
yncle@bigpond.com
www.ywcahunterregion.org.au
YWCA Hunter Region Inc.
ywcahunterregion



YWCA HUNTER
REGION INC

Self Defence

SELF DEENCE CLASS for teen girls



4 to 5pm
Tuesdays



Learn to Defend Yourself

Younger women, are statistically at a higher risk of assault and specifically sexual assault in our communities. Self defence and martial art skills often take a long time to master but the YWCA Hunter runs a well-designed self defence program that can offer skills designed for rapid learning and targeted to some common strengths and abilities. Classes include personal skills, alongside physical self defence skills.

WHEN?
Tuesdays
4.00-5.00pm
4 May-22 June 2021

WHERE?
YWCA Hunter,
24 Dawson St, Cooks Hill

HOW MUCH?
\$130 for the 8 week course,
we accept active kids vouchers

BOOKINGS ESSENTIAL
www.ywcahunterregion.org.au/self-defence



FOR MORE INFORMATION

02 4929 2954
YWCA Hunter, 24 Dawson St, Cooks Hill NSW 2300
info@ywcahunterregion.org.au
www.ywcahunterregion.org.au
YWCA Hunter Region Inc.
ywcahunterregion

St Paul's
Catholic College



St Paul's Catholic College

Address: Primrose Street, Booragul
Postal: PO Box 194, Boolaroo NSW 2284
Telephone: 4958 6711
Email: admin@booragul.catholic.edu.au
Web Site: <http://www.booragul.catholic.edu.au/>

Switch/Reception

Hours: 8.15am until 4.00pm

Finance Office

Hours: 8.30am to 2.30pm
Email: finance@booragul.catholic.edu.au

Canteen

Telephone: 4946 3115

