



Photo by Andy Warren

29th July 2022 Vol: 11-22

“We are in the country of the Awabakal peoples. We respectfully acknowledge their elders, celebrating their continuing culture and the living memory of their ancestors.”

The following excerpt taken from Luke’s Gospel was proclaimed at mass last Sunday. These words have been translated over the years into the prayer we know today as the ‘Our Father’.

Once Jesus was in a certain place praying, and when he had finished, one of his disciples said, ‘Lord, teach us to pray, just as John taught his disciples.’ He said to them, ‘Say this when you pray:

“Father, may your name be held holy,
your kingdom come;
give us each day our daily bread,
and forgive us our sins,
for we ourselves forgive each one who is in debt to us.
And do not put us to the test.”

In this passage, Jesus provides his disciples, and all Christians, with a model for prayer. In keeping with this modelling by Jesus, it is significant that the Lord’s Prayer, or Our Father, is the common prayer of all Christians, regardless of denomination.

Student’s Attending Mass

After discussions, with Fr James Odoh and the local parishioners at St Michael’s Parish, students from St Paul’s will be attending mass commencing on Tuesday morning at 9.00am. It is hoped that all students will be able to attend mass prior to the end of 2022. There will be two or three classes from each year group attending each week. The first group of students attending will be Year 7 students. Period 1 teachers will be attending mass with the students.

Students being able to participate in mass is further supporting and enabling them to engage in the spiritual life of the school.

Pupil Free Day

Families are reminded **Monday 8 August will be a Pupil Free Day**. Staff will be working collaborative to develop a Strategic Plan for the next three years for the College.

NAIDOC Day Celebrations

On the first Wednesday of the term, our community gathered for our NAIDOC celebrations. A smoking ceremony by Uncle Norm commenced proceedings. The College's Aboriginal Dance Group performed and the students listened to the history of NAIDOC week and challenges experienced by Aboriginal people over the years. These insights provided a background to the NAIDOC theme for the year 'Get Up, Stand Up and Show Up'.

In the lead up to the celebrations, some Year 8 Visual Arts students created a mural which hung from the Damascus Centre as a reminder to community members of our cultural heritage.

Two boomerangs were presented to the school as a gift to acknowledge the celebrations.

Special thanks to Ms Stewart and Ms Blacklock for their organisation of the ceremony and for their mentorship of our Aboriginal students. Also, thanks to the members of the Reconciliation Action Plan Team who support Ms Blacklock and Ms Stewart with the organisation and for their involvement in the celebrations.



Open Afternoon

Wednesday afternoon of Week One saw interested families for 2023 visit the College for tours of our classrooms. These tours were led by our Year 11 Student Leaders. The families in attendance were glowing in their feedback of the way the Student Leaders provided insights into what it is like to be a student at St Paul's. Families also had the opportunity to ask questions of staff in attendance. Thank you to the student leaders and to the staff who attended to assist with the Open Afternoon.



Families are still able to apply for places for 2023. The Main Office can be contacted for further information about the enrolment process.

There are currently some places available in some year groups for 2022. If any current St Paul's families are aware of any other families who are considering enrolling their students at the College, please encourage them to contact the school to discuss possibilities.

Semester Awards

It was pleasing to see many students in Years 7 - 10 to be affirmed for their efforts throughout Semester One on Tuesday. Students received Academic Excellence, Excellence in Class, Diligence Awards and CARE Group Awards. These ceremonies were led by the respective Leader of Wellbeing and Engagement with awards presented by Leaders of Learning and CARE Group Teachers.



ASPIRE

Today and tomorrow are the performance days for the students involved in the ASPIRE production, *'The Cost of Wishes'* at the Civic Theatre, in Newcastle. These performances are the culmination of many hours of rehearsal and practice over the previous months. St Paul's has one of the highest number of students involved in the production from all schools across the diocese.

Ms Burt and Ms Heads accompanied a group of students to watch the performance on Friday as well as to support their peers involved in the production.

Ms Lopez the Musical Director of ASPIRE has requested the following information be forward to students and families about a concert band for the next ASPIRE production. Information can be found at [ASPIRE Concert Band | ASPIRE \(mn.catholic.edu.au\)](#)

COVID and Rapid Antigen Test (RAT) Kits

As Term Three commences, the school continues to respond to the challenges of COVID. To help with minimising the spread of the virus the following core principles are a reminder for all to help look after everyone as best as possible over the coming weeks:

Students are to remain at home if they are unwell or have COVID like symptoms

Practice good hygiene

Minimise gathering in large groups where possible

Whilst there has been no direction for students to wear masks at school, students are welcomed to wear them if they wish. *Masks are still required to be worn to and from school when travelling by buses and trains.*

Communicated in the most recent advice received from Catholic Schools New South Wales was the following information:

"In line with the latest advice from NSW Health, masks are recommended for students and staff who have recovered from COVID-19, completed their 7-day isolation period and are no longer showing symptoms for an additional 3 days (from days 8 – 10 after receiving a positive COVID-19 result)."

For those students who are at home, an outline of the classwork for most lessons is being uploaded to Compass.

St Paul's currently has some RAT kits which were supplied to the school last term. The RAT kits are being provided to families on a needs basis.

RAT kits will be distributed from the Main Office at the school. Families can come to the Main Office to collect their RAT kit or if families wish for the RAT kit to be go home with their child an email can be sent to admin@booragul.catholic.edu.au with instructions on who will take the RAT kits home.

Mr Nicholas Wickham
Principal

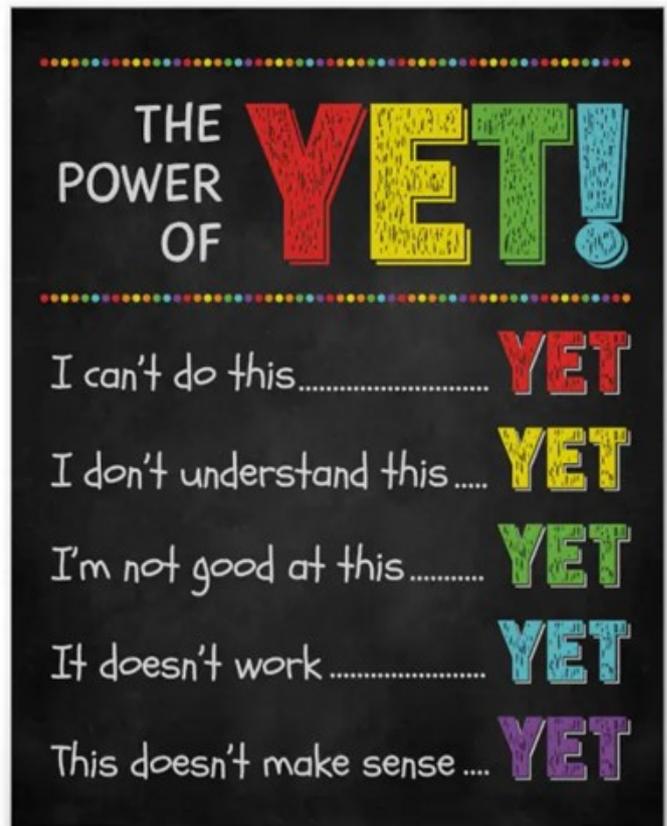


The Power of 'Yet'

On Tuesday we held the Semester One Awards ceremonies for students in Years 7-10. This is an important opportunity to recognise students who have achieved excellent results across a range of courses. Importantly, however, it is also an opportunity to recognise students who are striving for excellence in individual courses through the Excellence in Class Award and also to recognise students who are bringing a 'ready to learn attitude' towards their studies through the Diligence Award. It is acknowledging the achievements of others that we are encouraged to think about our own 'yet'.

Yet is a small but powerful word that holds so much possibility. Some people believe that basic qualities like talent and intelligence are fixed traits. This reasoning is called a fixed mindset and is limiting to what a person can achieve. This is where the power of 'yet' comes in. The 'power of yet' is about having a growth mindset and is the key to getting out of the learning pit. Consider the statement: 'I can't do this'. This is a statement which defines the present and has no steps forward. However, this statement changes when the word yet is added: 'I can't do this yet'. By adding the 'yet' the statement then holds possibilities for what the future will look like. This is called a growth mindset and is the exact opposite of a fixed mindset.

If a student has a *fixed mindset*, they believe they cannot change their character, creativity, or potential for success. But, in contrast, a *growth mindset* has a more positive outlook, as a student believes they have control over their successes and failures. If a student possesses a growth mindset, they can look at challenges with a back-back attitude and an optimistic point of view. When they fail at something they understand that they can use that experience to learn new ways to achieve growth towards a goal. The prominent psychologist, Dr Carol Dwek is the champion of growth mindset thinking and you can hear about the power of yet in the TED Talk at this link: [Dr Carol Dwek: The Power of Yet](#)



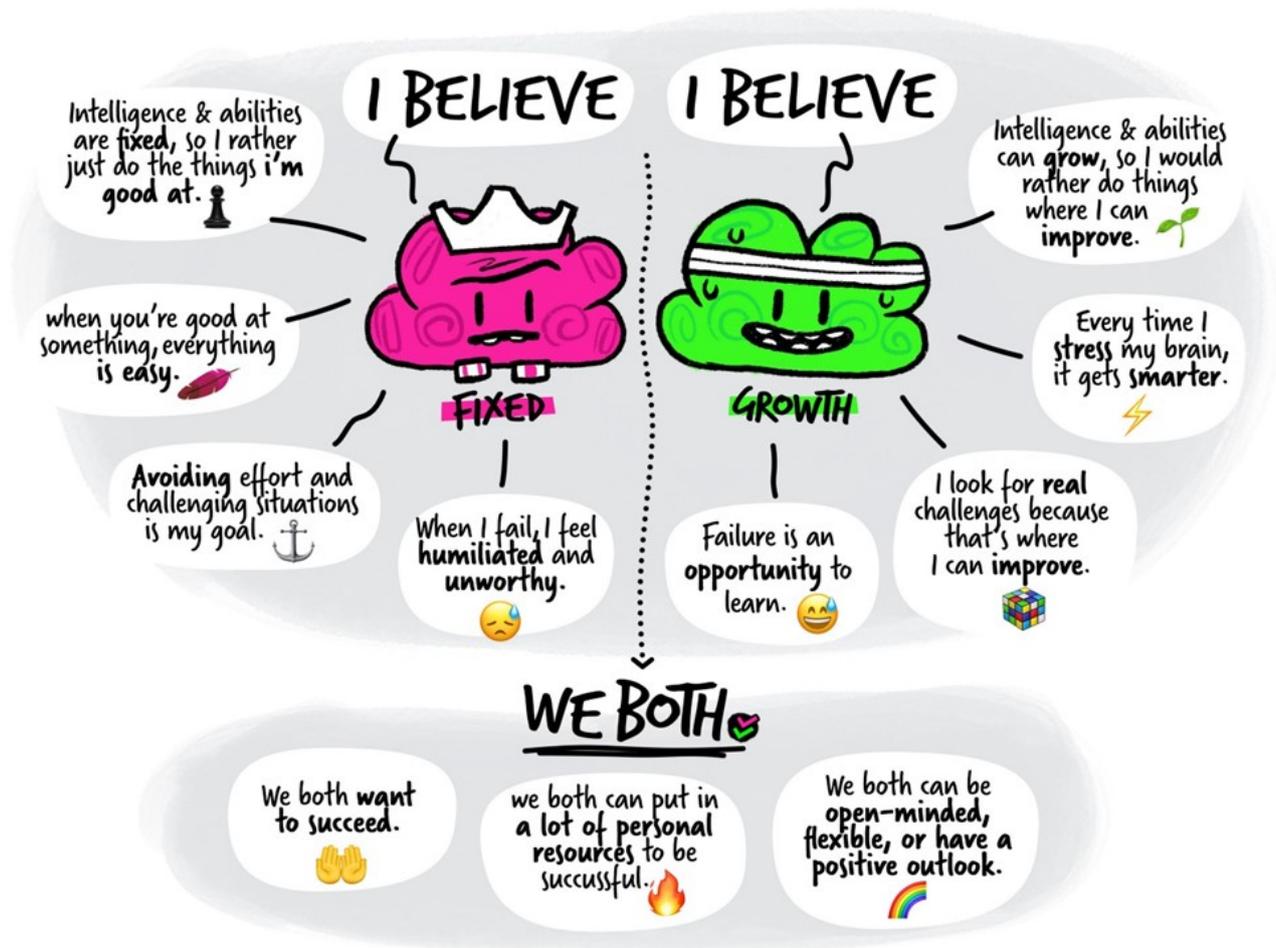


Image: <https://uxplanet.org/fixed-vs-growth-mindset-beliefs-that-shape-your-life-93a1b5f9b26a>

The Semester One reports, which include a student self-reflection and the Student Conferences are an opportunity for students to think about and plan for their 'yet'. Teaching students the power of yet teaches them a life skill that will enable them to face challenges and to value the art of perseverance. It enables them to see that their efforts can pay off. A growth mindset is the belief that they are in control of their abilities and that they can learn and improve. That belief is what will lead to success because they believe that **they** (not their teacher, not their parent/carer, not their life circumstances) are in control of their learning and their future.

Year 9 2023 Additional Studies Information

On Monday week 3, Year 8 students will take part in the Additional Studies presentation. During this session, students will learn about the courses offered for electives in 2023. Students will select two Additional Studies courses.

Following the student information session, we will be holding two parent information sessions at 5pm and 6pm via Zoom. The links to the information sessions have been emailed to families this week. Families are welcome to join one of these sessions to find out more about the Additional Studies courses and information about how students will select these courses. Any questions about the Additional Studies information can be directed to amber.carter@mn.catholic.edu.au

Year 11 2023 Course Selection

Year 10 students have received their course selections for Year 11 2023. Any changes to a student's pattern of study can be made through the Request to Change Course form available at Student Reception. If students have any questions regarding their pattern of study they can see either Mr McLoughlin or myself.

Year 12 Final Term

Year 12 students are now entering their final term of secondary school. Students are encouraged to use the Elevate Ace Your Exams resource to reflect on their recent trial examination results and to plan for successful learning and preparation leading to the HSC. Teachers have been working with students using the Exam Debrief and Mistakes Finder to guide students through identifying areas for growth and setting goals. A copy of the Elevate resource is at this link: [Elevate Ace Your Exams](#)

Many students will be refining major projects and performances over the coming weeks and these students are encouraged to use their time wisely to ensure they are proud of the work they have produced.

Throughout Term 3 it is important students maintain a regular pattern of revision and homework to continually refine and practice their knowledge and skills. A key strategy students are expected to adopt is the regular submission of completed past paper questions for feedback from their teachers. By doing so, students are continually practising what they know and getting feedback on their next steps.

Mrs Amber Carter
Assistant Principal -
Teaching & Learning



The poster features a dark blue background on the left with white icons representing various subjects: an open book, a chef's hat, a hammer and wrench, a paint palette, a pair of scissors, a globe with a dollar sign and a gear, and the Eiffel Tower. A large red circle on the right contains the text: "Year 9 2023 Additional Studies Information Evening", "Monday 1st August @ 6pm". At the bottom right is the St Paul's Catholic College logo, which includes a shield with a book and a banner that reads "Vivere Christum Est".

Welcome back to Term 3 for all students and families. It's great to be back and I thank Mrs Brownlee who stepped in as Assistant Principal in my absence. The first two weeks has seen an extremely busy schedule with students being involved in NAIDOC week, the Open Evening, Mock Trial, Yr 11 Construction Work Placement, Netball Gala Day, Student Conferences, Award Ceremonies for Years 7-10 and Aspire. I can't help but reflect that over the last two years many of these activities have not proceeded because of COVID but it feels good to have our students getting back into the many activities and events that St Paul's offers. In these activities our College Leaders and SRC students have been active and supportive, and I thank these students who are always willing to give of their time and skills.



Respect

Respect will be the key value that will be the focus of the CARE program for this term. Year groups will begin looking at respectful language and the power that language can have when we communicate with one another. A simple 'please' and 'thank-you' can demonstrate gratitude and appreciation, a 'Can I help you with that?' can demonstrate support for a friend, parent or colleague and an encouraging word such as 'You can do this' can provide courage and confidence. Respect while engaged in online activity and across the various social media platforms will also be the focus of this term's CARE program. It will include how to safely navigate social media sites so that your own self-respect is not compromised.

Masks

Students are reminded to be respectful not only at school and home but also in all public spaces particularly when ***travelling on public transport to and from school***. Currently there are confusing expectations around mask wearing on buses and trains. All students are to carry a mask with them, so that if they are asked to wear one on public transport, they have one available to adhere to the expectation.

Routines

As our students begin to re-establish their routines and reflect on their first semester the following tips by Dr Andrew Wicking are offered to parents.

12 tips for parents to build positive routines By Dr Andrew Wicking

1. Be clear about the routines of family life: bedtime, sleep time, mealtimes, lights out;
2. Eat at least one meal together as a family every day where you talk about the day;
3. Ensure you know where your child is most of the time;
4. Have agreed clear rules about the use of computers and mobiles at home and in the bedroom;
5. Instil hope in young people. Let them know that you think great things are on offer for them and that you love them and believe in them;
6. Encourage them to succeed at lots of things;
7. Allow your child to see they can improve with practice;
8. Encourage them to dream big about what their life can be;
9. Discuss and create memorandums of understanding about personal safety - and for teenagers: parties, drug and alcohol use, and sexual activity;
10. Develop a common set of understandings, write these up, and sign it;
11. Talk to your children about school. Are there clear rules and do teachers enforce rules fairly?
12. Have a zero-tolerance approach to violence, rudeness and intimidation.

The following website offers more articles to assist parents navigate the teenage years. <https://resilientyouth.org/free-resources>

Enjoy the term everyone, especially our Year 12 students who will begin to finish their HSC courses, celebrate their last term of school and prepare for the HSC examinations.

Mrs Anne-Maree Shipman
Assistant Principal—Wellbeing & Engagement



Year 7-10 Awards



St Paul's Open Afternoon

On Wednesday last week we held our Open Afternoon and welcomed families from the St Paul's community and beyond. This event showcased our extensive and diverse learning spaces and facilities, and we were able to share the breadth of experiences and opportunities that are available to St Paul's students. We are very proud of our Student Leaders who volunteered to take families on a guided tour through the College and shared their experiences as a St Paul's student with our visitors.



NAIDOC Celebrations

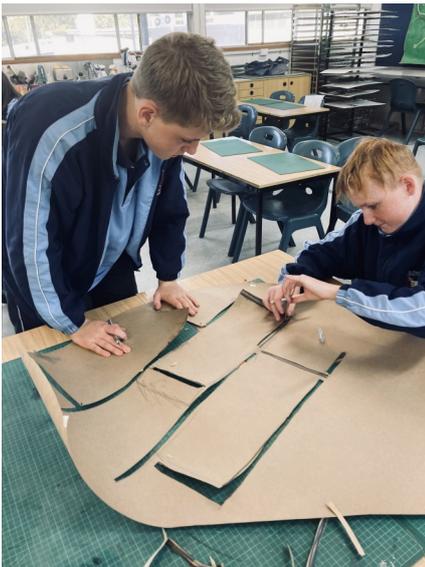
Our whole school community were able to gather to celebrate NAIDOC during our school assembly. The college would like to offer our thanks as we were blessed to have Uncle Norm Archibald deliver the Welcome to Country and Smoking ceremony.

Our message was in keeping with this year's NAIDOC theme - Get up Stand Up and Show up. Our Aboriginal dance group performed, and we showcased large artworks which was created by students. We were joined by family and community members and it was wonderful to connect with these families to celebrate with us.





Year 8 students working on the NAIDOC celebration banner



NAIDOC Celebrations

At the end of last term Richard Faulkner the Aboriginal Education teacher from the Holy Cross Glendale invited our students to celebrate NAIDOC with their school community.

It is always a joy to see our students participate in these events and especially returning to primary school. Remember it is just a little over 6 months since they were in year 6.

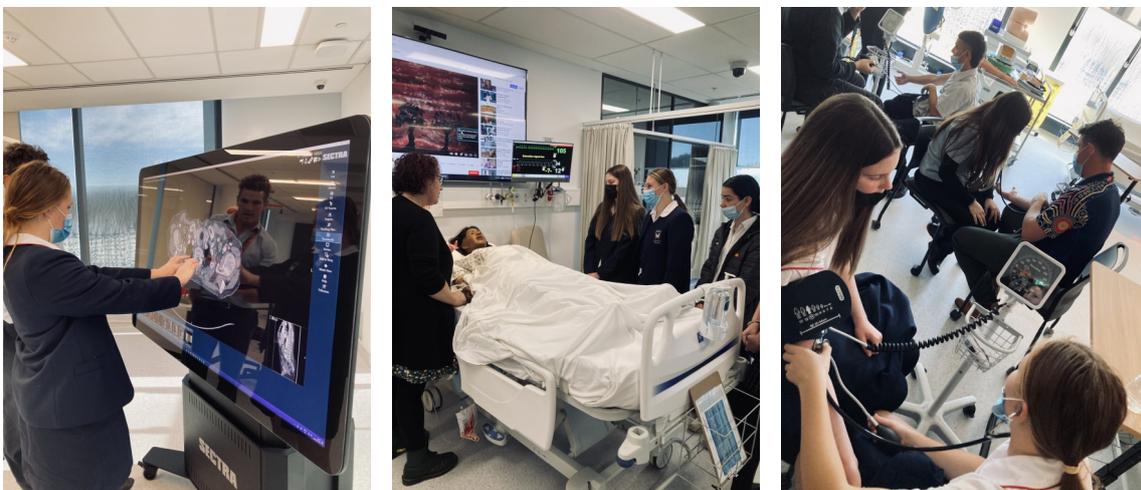
As always it was a day of sharing of culture and knowledge. The Holy Cross's infants shared their language with us, and our St Paul's students shared dance and music. It was a great day as students mentored, guided, and connected with other students in our community. Thanks to Michael Doyle and Blair Brownlee who helped out on the day.



Also last term Alex Holliday Yr 12 and Samara Ferguson Yr 11 were able to experience virtual medical procedures up close as they participated in the Wollotuka Emerging Day at The University of Newcastle Central Coast Clinical School Gosford.

Both Alex and Samara see their future in clinical medicine and this opportunity to see a state-of-the-art learning area which include simulation wards and laboratories was enthralling. "This is where I want to study," said Alex Holliday.

The remarkable six-storey facility at Gosford will ensure the next generation of doctors and nurses will benefit from a world-class learning environment. Leading healthcare professionals and researchers all under the same roof in a contemporary learning space. It will be a bright future for all our students wanting to study Medicine and Nursing in the future.

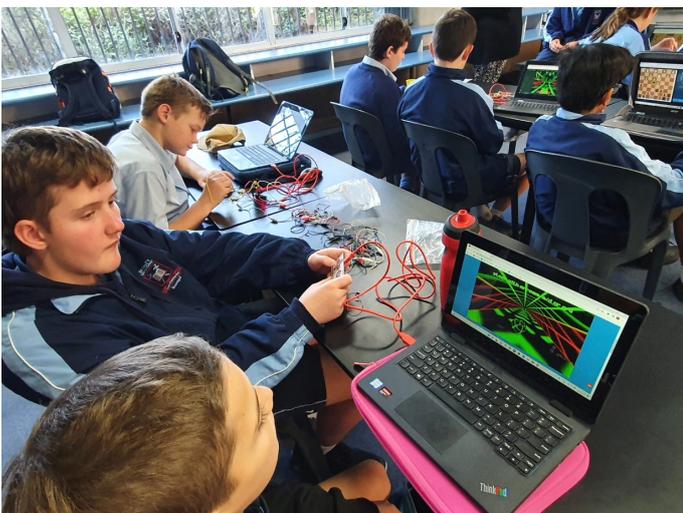
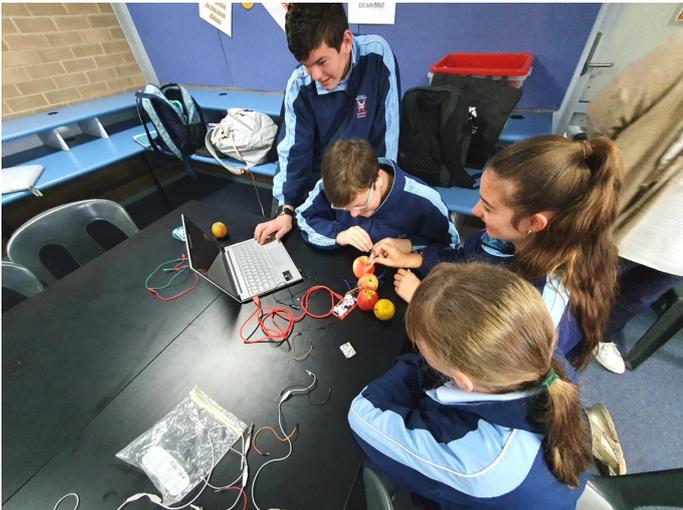
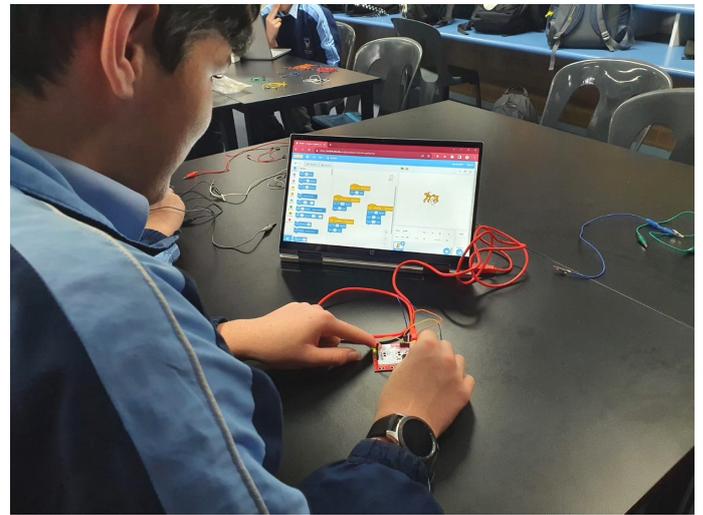
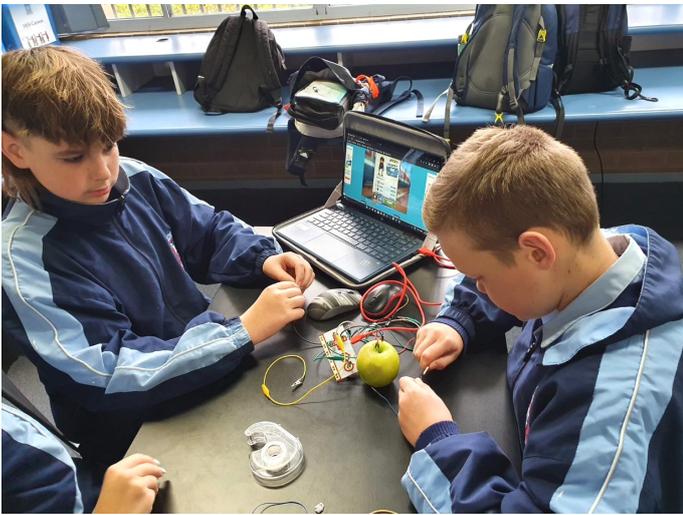


Miss Astro Stewart
Aboriginal Education Office



Year 7 Technology

Yr7 Technology students using the "MaKey MaKey" controller boards to emulate their keyboards in various games and apps



It's time! You can...

HAVE A SAY

**DO YOU FEEL
STRONGLY
ABOUT
SOMETHING?**

**IS THERE
SOMETHING
THAT REALLY
BUGS YOU?**

**IS THERE
SOMETHING
THAT YOU
LOVE?**

**IS THERE
SOMETHING YOU'D
LIKE TO CHANGE?**



Create a video to 'Have a Say'.
This can be persuasive, discursive or imaginative.
You will have 3-5 minutes.
Create your video on your laptop, tablet or phone.
Save it to your OneDrive and share the link with your
English teacher.
Schools can only submit two entries per year group 7-11.

**ENTRIES
DUE 26
AUGUST**

The submission must:

- engage the audience – use of visuals and sound
- have an imaginative approach to 'Having a Say' – use of form
- comply with time limit
- be in MP4 format
- be relevant to teenage Australians
- not breach any copyright
- have a clear message
- leave the audience thinking about their own opinion on the matter

**THE OPTIONS ARE LIMITED ONLY BY YOUR
IMAGINATION AND SKILLS**

FILM YOURSELF

FILM OTHERS (WITH THEIR PERMISSION)

CREATE A PHOTO STORY

USE VOICE OVER

USE CAPTIONS

USE KINETIC TYPOGRAPHY

CREATE AN ANIMATION

MAKE A STOP MOTION VIDEO

WRITE A SONG

WRITE A POEM

PERFORM YOUR SONG

PERFORM YOUR POEM

TELL A STORY

DANCE A STORY

USE SONGS AND MUSIC

**USE A COMBINATION OF TWO OR MORE OF ANY
OF THESE**



**Catholic
Schools Office**

DIOCESE OF MAITLAND-NEWCASTLE



St Paul's
Catholic College
Booragul

Just a reminder enrolments for Year 7 2023 are open.

Please submit applications as soon as possible.



St Vincent de Paul Society
NSW
good works

Volunteer Members Needed!

Can you give a couple of hours per week or fortnight to help support those in need in our community? In the 2021-2022 Financial year, St Vincent de Paul provided \$93,000 in emergency relief to those in need in the community and urgently require Volunteer Members to continue the good work in Booragul, Toronto and surrounds. We also have volunteer inbound call centre roles at our Newcastle West office that are school hours friendly. If you are interested in learning more, please call Sarah Kemp on 0490 255 100 or E: sarah.kemp@vinnies.org.au

Verdun Hiles

88-92 The Boulevard, Toronto
PH: 02 4959 1258

Now in stock for St Paul's students:

- Jackets
- Jumpers
- Cardigans



All Australian Made

2 DAY
VIP
EVENT

4TH & 5TH AUGUST

ZERO & REWARDS CARDS HOLDERS

20% OFF

SCHOOLWEAR*



DON'T HAVE A CARD? APPLY INSTORE OR ONLINE & START ENJOYING THE BENEFITS

*T&C'S APPLY, SAVINGS OFF ORIGINAL PRICES.

FAMILY MASS

Saturday 6th August 2022



You are invited to our FAMILY MASS at St John Vianney's Catholic Parish.

There will be a Sausage Sizzle, Jumping Castle, Live Music and an opportunity to meet our parish school's new joint principal Freda Pascoe.

Starting @ 5pm
In St John
Vianney Catholic
Church
60 Yambo St
Morriset



St John
Vianney
Parish Morriset

www.vianneymorisset.org



Dear School Leaders,

As you may be aware we have had some issues servicing our school bus routes over the recent past. We would like to assure the school community that cancelling any school service is not a decision Hunter Valley Buses takes lightly and is done only in the most extreme of circumstances.

Our workforce, like other service providers across the transport industry continues to be affected by COVID 19 absences and isolation precautions as well as general labour shortages. We want to assure our Hunter Valley communities that we are doing everything possible to continue to support and service our customers including:

- Recruitment information sessions to encourage participation in this rewarding career
- Sign on incentives and licencing upgrades
- Rostering changes and paid overtime across all shifts
- Secondment of drivers from other regions to support the Hunter Valley team

We are reaching out to encourage parents and carers to join our Facebook group Hunter Valley Buses School Trips where we will be posting daily alerts, changes, and news regarding the Hunter Valley routes. This can be found by scanning the QR code below.

We hope that this will keep communication flowing and address some of the concerns around the school services so that parents, carers, children, and staff can be assured of our commitment to providing safe and reliable transport.

We also have CDC NSW representatives available to visit your school to address any concerns you may have. Please advise if this is something you would like to arrange, and we will have someone contact you directly.

We would also like encourage any members of the school community to attend one of our regular information sessions if they are interested in joining CDC NSW as a bus driver.

Details on joining our team can be found at <https://www.facebook.com/CDCNSW>.

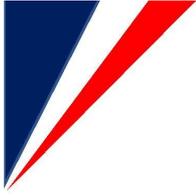
Yours Sincerely

Ravinder Singh

General Manager – Hunter Region

CDC NSW





SOUTH LAKES ROOSTERS JRLFC



Re: South Lakes Roosters Inaugural Indigenous Round 2022

Dear Members of the Indigenous Community,

Kaayi
(Hello)

My name is Jaime Bennett and I am the president of the South Lakes Roosters Junior Rugby League Football Club at Dora Creek. Our committee is looking to host an Indigenous Round at our home ground on Saturday 13th August 2022.

We are proud that approximately 25% of our participants (players and volunteers) have an Indigenous background and we are hoping to recognise and celebrate this by hosting an Indigenous Round. We are grateful to have our home ground on Awabakal Land and we would like to pay our respects to all Elders – past, present and emerging.

We would like to invite you to be a part of our day and would appreciate any input or ideas that you may have to help make the day a success. If you would like to get in touch with me on the details below, we can discuss further.

Nhunda Kumba Kumba
(Thank you)

Kind Regards,

Jaime Bennett



Jaime Bennett | President
South Lakes Roosters JRLFC
www.southlakesroosters.com.au
president@southlakesroosters.com.au
0411 347 285

Southlakes Roosters Junior Rugby League Football Club Inc
ABN 60 325 039 173
1 Minnie St Dora Creek NSW 2264

www.southlakesroosters.com.au
secretary@southlakesroosters.com.au



For all Finance enquiries please use the following email address: finance@booragul.catholic.edu.au

To calculate your Weekly, Fortnightly or Monthly payment amount, please go to our Website and use the calculator. <http://www.booragul.catholic.edu.au/about-us/finance/fee-calculator/> (Please take the figure to the next five cents)

If you have not already done so, please ensure I have copies of relevant updated Health Care / Pension Cards and the Application Form.

Also, if you have not completed 2022 School Fee Information Form, please follow the link to the Website above to download, complete and return to college office.

School Fee

1. BPay through your own home banking via the Internet
2. Eftpos **Minimum payment \$10**
3. Cheque
4. Cash

Excursion Payments

1. Qkr

Excursions Coming Up

Please pay for all excursions by the due date written on the excursion notes which are sent home with your child. This date is important as excursion costing is calculated on the number of students who should be attending that particular event. Venues and buses have to be paid when the booking is first made. Your understanding of this would be very much appreciated.

Opening Hours for Payments to the Finance Office

Parents: Payments can be made at Reception between 8.30am and 2.30pm

Students: Mornings from 8.30am until tutor group bell, all of recess and all lunch times

QKR is a great way to pay fees and excursions and Friday Sport



For your convenience, when paying for excursions the new Qkr! App is now live for families of our students. Qkr! By Mastercard can be downloaded for free from Apple's app store for iPhones, iPad users can download the iPhone app or from Google Play for Android phones. Simply:

Step 1 Download Qkr!

On your Android phone or iPhone. iPad users can download iPhone app



Step 2 Register

Select your Country of Residence as 'Australia' and follow the steps to register

Step 3 Find our school

Our school will appear in 'Nearby Locations' if you're within 10km's of the school, or search for our school by name.

Step 4 Register your children

When first accessing our school you will be prompted to add a student profile for your child. This allows you to make orders and payments for them.

For more information about QKR visit our website

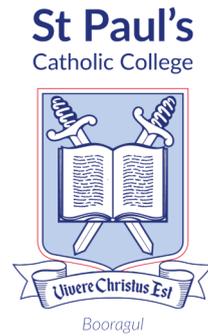
www.booragul.catholic.edu.au



Mrs Betty Harris—Finance Officer

finance@booragul.catholic.edu.au





St Paul's Catholic College

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Telephone: 4958 6711
Email: admin@booragul.catholic.edu.au
Web Site: <http://www.booragul.catholic.edu.au/>

Switch/Reception

Hours: 8.15am until 3.30pm

Finance Office

Hours: 8.30am to 2.30pm
Email: finance@booragul.catholic.edu.au

Canteen

Telephone: 4946 3115

