

"We are in the country of the Awabakal peoples. We respectfully acknowledge their elders, celebrating their continuing culture and the living memory of their ancestors."

Sunday 4 September, is Father's Day, and we offer our gratitude for all fathers and for father figures in our life. We offer the following prayer for all fathers,

God our Father, through the intercession of St Joseph, the foster father of your son, Lord Jesus Christ, we give you thanks and praise for all the fathers and father figures in the world.

We pray for them so that they may find courage and perseverance to balance work, family and faith in joy and sacrifice.

We remember fathers and father figures who are no longer with us but who live forever in our hearts and with you, and nourish us with their love. Amen.

St Paul **Pray for Us**

Pupil Free Day

Monday, 10 October, 2022 will be a Pupil Free Day. On this day staff will be undertaking training in writing strategies which can be incorporated into lessons. Term 4 will resume for students on Tuesday, 11 October, 2022.

HSC Major Projects

In recent weeks Year 12 students have been extremely busy working with their teachers as they finalised their Major Projects or performance pieces. These projects and performances are marked externally by NESA Markers.

These major projects and performances are the culmination of the student's efforts which commenced back in October, 2021.

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HSC Information Evening

On Tuesday 16 August Year 12 Parents and Students were invited to attend a HSC Information Evening. Mrs Carter has forward to Parents and Carers the power-point presentation which was used for the evening. The focuses of the evening were:

- HSC Examination Rules and Procedures
- Ways to prepare for the HSC Examinations in the remaining weeks
- Pathways at the conclusion of the HSC Examinations

Thanks to Mrs Carter and Mr McLoughlin who presented information on the evening and to the students and families who attended.

Some relevant links for HSC students and families:

2022 HSC Rules and Procedures. Students have been provided with a copy of this resource. https://www.educationstandards.nsw.edu.au/wps/wcm/connect/cdac1bba-d094-4e0f-824f 51433e65425d/2022-hsc-rules-and-procedures.pdf?MOD=AJPERES&CVID=

2022 Sydney Morning Herald Study Guide. The guide provides insights from 2021 HSC students as well as specific course advice.

https://www.smh.com.au/national/nsw/hsc-study-guide-20220719-p5b2lr.html

Past HSC Multiple Choice course specific online quizzes. https://quiz.nesa.nsw.edu.au/home

Diocesan Reconciliation Action Plan Launch

Last week, Taleshia Brown, Leearna Hartnett, Luca Swan, Spence Why, Ms Stewart, Ms Blacklock and myself attended the launch of the Diocesan Reconciliation Action Plan (RAP) at St Joseph's Kilaben Bay. Attending and involved in the launch were elders from the different traditional lands which the diocese is located.

The RAP acknowledges how past policies have resulted in discrimination and disadvantage for Aboriginal and Torres Strait Islander Peoples. The diocesan RAP outlines the following four commitments as the diocese embarks on its reconciliation journey:



- Establishing and strengthening mutually beneficial relationships
- Including and listening to the voices of Aboriginal and Torres Strait Islander people in decision making and leadership
- Raising internal and external awareness of our RAP
- Promoting reconciliation across the Diocesan parishes, schools, and agencies. (p.8).

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Online Scam Warning

This week the school was advised of a new online phishing scam. The advice below was provided to schools from the CSO IT Team:

There are reports of a new phishing scam, called "Hi Mum" targeting parents, caregivers, or other family members.

Known as "Hi Mum" or "family impersonation" scams; victims may be contacted – most often through WhatsApp – by a scammer posing as a family member or friend. The scammer will claim they have lost or damaged their phone and are making contact from a new number. Once a rapport has been developed with their target, the scammer will ask for personal information such as photos or money to urgently pay a bill, contractor or replace a phone. Some messages will simply say "it's me", while in other cases the scammers appear to have contact information and use the name of the person they are impersonating.

If you're contacted by someone claiming to be your son, daughter, relative or friend, start by calling them on the number already stored in your phone to confirm if it's no longer in use. If they pick up – you know it's a scam. Delete the emails/sms/chat message; do not click on any links contained within the message or reply to it.

- To protect yourself from these types of malicious messages:
- Don't open messages if you don't know the sender, do not recognise the 'from' email address, or
 if you're not expecting them.
- Be suspicious of messages that aren't addressed directly to you; don't use your correct name or the correct name or email address of an associate or friend.
- Think carefully before clicking on any links or opening any attachments.
- If a message seems suspicious, contact the person or business separately to check if they are likely to have sent the message. Use contact details you find through a legitimate source and not those contained in the suspicious message. Ask them to describe what the attachment or link is.

If you or someone you know detects a scam, you can report scams and learn more about how to get help on the <u>Scamwatch</u> website at <u>scamwatch.qov.au.</u>

COVID and Rapid Antigen Test (RAT) Kits

The school continues to respond to the challenges of COVID. To help with minimising the spread of the virus the following core principles are a reminder for all to help look after everyone as best as possible over the coming weeks:

- Students are to remain at home if they are unwell or have COVID like symptoms
- Practice good hygiene
- Minimise gathering in large groups where possible

Whist there has been no direction for students to wear masks at school, students are welcomed to wear them if they wish. Masks are still required to be worn to and from school when travelling by buses and trains.

Communicated in the most recent advice received from Catholic Schools New South Wales was the following information:

"In line with the latest advice from NSW Health, masks are recommended for students and staff who have recovered from COVID-19, completed their 7-day isolation period and are no longer showing symptoms for an additional 3 days (from days 8 – 10 after receiving a positive COVID-19 result)."

For those students who are at home, an outline of the classwork for most lessons is being uploaded to Compass.

St Paul's currently has some RAT kits which were supplied to the school last term. The RAT kits are being provided to families on a needs basis.

RAT kits will be distributed from the Main Office at the school. Families can come to the Main Office to collect their RAT kit or if families wish for the RAT kit to be go home with their child an email can be sent to admin@booragul.catholic.edu.au with instructions on who will take the RAT kits home.

Mr Nicholas Wickham Principal



Assistant Principal - Teaching & Learning

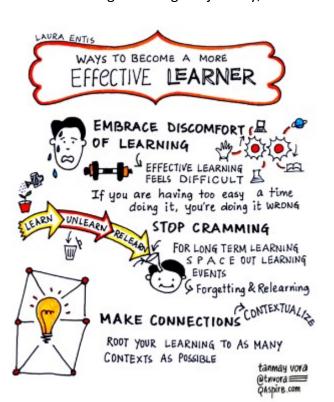
Growing a Brain Tree

One of the best aspects of my role is the opportunity to walk through classrooms on a regular basis and watch teachers facilitate student engagement in learning. If I time the walkthrough at the right time, I even get to see students reach 'lightbulb' moments when their capacity to learn is at its maximum. It is exciting to see a student make a connection, link a pattern, apply a skill or become a master of a concept after struggling through the tough part of the learning cycle.

During a learning walk a few years ago, I was in a Year 7 Mathematics class and watched a teacher engage a student in a lesson about the importance of resilience in learning. The student had negative perceptions about their ability to grasp a concept. Part of the teacher's dialogue with the student was the statement: Come on, let's grow your brain tree! I thought this was a great way to encourage students to think about their learning.

Mindset

Certainly, it is a challenge for all teachers to help students overcome the negative perceptions they have about learning. Learning is a journey, it can be tough, there needs to be opportunities for relearning and



contextualisation and our brain must work hard to achieve deep learning. Sometimes students need to be coached in this process of learning and there is also an implication here for the approach students have towards learning.

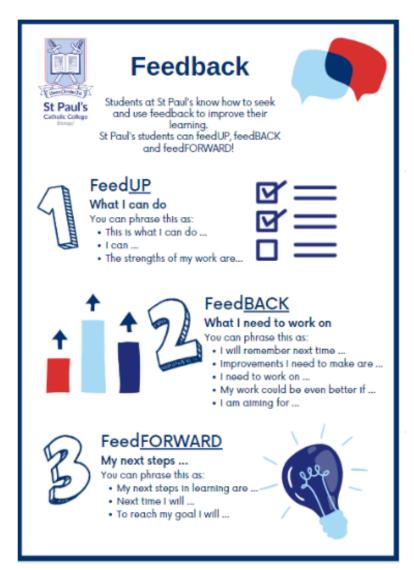
While I don't believe that effective learning is always difficult, this graphic below does illustrate the importance of embracing the 'discomfort' of learning something new. To effectively engage in new learning students need to adopt a growth mindset. Some of us would be familiar with the work of Carol Dweck1 (2006) and the importance of growth mindset for learning success. Dweck (2006) found that learners with a growth mindset have a passion for learning rather than a need for approval and they understand that intelligence and creativity can be cultivated through effort and deliberate practice.

With a growth mindset students move from a 'fixed world' – where success is about proving they are smart or talented and continually validating themselves to a world of changing qualities – where developing and stretching themselves is embraced and learning something new is an exciting challenge. Another term which is reaching into the education vernacular is 'grit'. Duckworth2 (2014) describes grit as the process of working strenuously towards challenges despite failure, adversity, and plateaus in progress.

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This shift in thinking is about how students value effort – in the fixed world effort means that they are not smart or talented and therefore do not have to put in effort. In the changing world, effort is what makes them smart or talented. It would seem therefore that teachers are in the perfect place to coach their students to a growth mindset – so how can we do this? One action teachers can take is to use feedback on formative assessment to cultivate a growth mindset in their students – to help them grow a brain tree!

The importance of formative assessment & feedback



Formative assessment is a vital component in the teaching and learning cycle. The use of formative assessment not only guides teachers in their planning but provides students with feedback on what they have done well and actions they can take to move towards a goal. To illustrate the way in which people can use feedback, Dweck (2006) used medical imaging techniques to study how people's brains behaved as they answered difficult questions and received feedback. The studies revealed that those with a fixed mindset were only interested in hearing feedback that reflected directly on their present ability and did not engage with feedback which could have improved and further learning achievement. Participants with a growth mindset were open to information that could help them expand their knowledge and regardless of whether they had answered the question correctly or incorrectly. Participants with a growth mindset prioritise learning and effectively avoid the failure trap. The use of formative

assessment to guide planning for teaching and learning isn't new. Brookhart (2008)3 describes how feedback on formative assessment has a greater impact on student learning than feedback provided on summative assessment. Essentially this is because the formative tasks lead the students to the end point – the summative tasks.

Feedback provided on formative tasks allows students to know how they are going and provide direction on how to get to that end point. Brookhart (2008) and others such as Hattie4 (2013) also outline feedback questions which provide students with information that helps them with their learning. The feedback questions St Paul's students would be familiar with are shown in the graphic opposite. Brookhart's work illustrates the potential impact feedback can have on our students' willingness to enter the changing world of a growth mindset.

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Year 12 Submitted Works & Practical Examinations

Year 12 students who are enrolled in Society and Culture, Visual Arts, Music, Drama, Design and Technology, Industrial Technology – Timber and Textiles and Design, have been busily preparing and submitting their major work for their HSC. It has been wonderful to witness the creativity and innovativeness of our students as they have refined and prepared their projects. The work teachers of these courses have undertaken with their classes also must be acknowledged as it is certainly a collaborative effort. Well done to all students and teachers of these courses and we wish the students who will be performing in Drama and Music in the coming weeks all the best for their practical examinations.

Year 11 Course Examinations

Year 11 are also preparing for the course examinations which will take place in week 8 and 9 this term. The examination timetable has been provided to students through Compass. Students will attend school for their examinations and if they would like to use the library for study, students must sign in at Student Reception.

Senior Study Afternoons

A reminder to Year 11 and Year 12 students that there is availability for students to use B04/05 on Wednesday and Thursday afternoons for study support. It has been wonderful to see students use this time to refine their skills and knowledge in preparation for the HSC examinations and Year 11 Course examinations.

Year 9 2023 Additional Studies Update

Year 8 students have received information regarding their additional studies selections for next year. In some cases students have indicated they would like to change their original selection and if this is the case, they can contact Mrs Carter to discuss their change. Any change will be dependent on class numbers. If a student would like to change and there is no space available in the class, students will be placed on a waiting list.

Mrs Amber Carter Assistant Principal -Teaching & Learning



Assistant Principal - Community & Wellbeing

Positive Friendships

As schools and families navigate the turbulent teenage years together the one message, we are consistently delivering is the importance of positive peer relationships. From the time students step into the secondary school setting they are constantly challenged by wanting to belong to a peer group. This is nothing new in the stage development of our adolescent students as they begin to forge their own identities. This challenge, however, can sometimes lead them into making poor decisions about the friends they choose to hang out with and the activities in which they choose to participate. In 2022 this is amplified by social media and the explosive way in which negative behaviours can be shared and discussed online, shared multiple times via various platforms and trolled by anonymous keyboard warriors. Several key reminders are important:

- If you know or feel in your heart it is wrong, it probably is and remove yourself from the situation
- Have the courage and confidence to say 'NO'
- Have the strength to walk away
- Report to a trusted adult if you think someone is in danger or if you need help to advise a friend

Reach Out is a great resource that parents can access as it provides

some helpful strategies on how to talk to our teenagers about the impact of friendships. See *Talking to your teen about bad friendships - ReachOut Parents* Many people will walk in and out of your life, but only true friends will leave footprints in your heart.

Eleanor Roosevelt

Brainstorm Productions

By next week all students in Years 7 to 10 will have viewed and participated in the Brainstorm productions which are funny and engaging live performances that provide students with current adolescent scenarios. In the delivery of these performances and the discussions had at the end of the productions, students are given the opportunity to discuss strategies which can help them develop their own resilience, how to seek help, online safety, online bullying, and positive relationships. Each of the performances explore the complexities of teenage relationships and how some students behave to fit in and how others behave which is detrimental to the health and wellbeing of their peers. Online activity via the various social media platforms available to students is a focus of these productions. Students are reminded not to share their phones or social media accounts with anyone and to secure their own identities so they remain safe at all times. If you become aware of online activity which is untrue or of a bullying nature, please report using the following link.



https://www.esafety.gov.au/report

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SCHOOLTV

Access the Friendship & Belonging SCHOOLTV article via the link below.



https://booragul.catholic.schooltv.me/newsletter/friendship-belonging



Mrs Anne-Maree Shipman Assistant Principal—Wellbeing & Engagement



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Year 7 English

My year 7 class along with our indigenous students are looking at real world issues currently in English. My students had a real concern for the impact we are having on our environment and so we have been exploring Indigenous culture and sustainability as a response to this. As a real-world application of how we can care for our world Mrs Beezley suggested the Reclaiming the Void project.

This project calls for communities to come together and connect through weaving a dot for a local tribe in Western Australia to reclaim the scarred land left from mining. It will be a large-scale dot artwork (see below) that will cover the mining pit. It is an opportunity for us to connect and empathise with another's story, discuss our ideas and create something beautiful to try to heal hearts and country.

Thank you to Astro and our Indigenous students, and other helpers who have assisted in resourcing, teaching and learning throughout this project. For more information please click on the link to explore the project.













Concept Image using artwork *Tui – Claypans, Dolly Muir*Reclaim the Void: weaving country whole







Mrs Sue Hatfield-Smith
English Faculty



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From the Careers Desk







Career Thought of the Week:

"Start by doing what is necessary, then what's possible, and suddenly you are doing the impossible."

St Francis of Assisi



Attention Yr. 12 Students UAC Survival Kit

A special UAC Survival Kit NEWSLETTER has been emailed to all Yr.12 students last week, be sure to check your student email accounts to access this information.



Just an update and reminder regarding SRS this year. If you need any help please see me or refer to previous emails regarding application. I will be available each lunch time to help Yr. 12's navigate this process. I will also be running these information sessions in D9 each Monday and Wednesday until the end of Wk. 8/9 if numbers dictate.

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RSA/RCG Courses 2022

(Responsible Service of Alcohol /Responsible Conduct in Gaming.)





- Responsible Service of Alcohol RSA
- Responsible Conduct of Gambling RCG

These courses will be run after the HSC is over and before Graduation Night. They are accredited and nationally recognised. In fact, you must have these to work in the 'club' and 'hotel' industry and many of the local restaurants.

The RSA and RCG will be run at school on Monday 7th November & Tuesday 8th November 2022 from 8am until 2.30pm both days.



Students will also need to bring a valid photo ID on the first day and have their USI number. Registration is to be completed online for both courses and payment made to BARMAX training.

An Interim Statement of Attainment is issued to all students successfully completing each course and theory exam. Students then can obtain their Photo ID Card from **Services NSW (Old RTA)** at the completion of the course.

The cost to complete the RSA and RCG courses is \$250 Total (RSA \$ 145, RCG \$105)

For the courses to 'run' there must be a minimum of 16 and a maximum of 30 students per trainer. Therefore, it will run on a first in best dressed basis. Registration and Payment can be made online from Monday 22nd August through until Friday 23rd September or until the maximum of 30 students is reached.

To register go to the registration link emailed to all Yr. 12 Students last week.

Any questions regarding these courses can be directed to Mr McLoughlin at school Phone 4958 6711.

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Are you a Female Interested in Being a Tradie?

Well they are on the rise!

Hi Pages, points out that "despite exaggerated stereotypes about women being more emotional, less adept at taking charge, and thus better suited to careers that involve caring for others, the reality is that female tradies are just as effective as their male counterparts."



Below is a link to some interesting facts, resources, information and tips for making it as female tradie in a male dominated industry.

https://hipages.com.au/article/the_rise_of_female_tradies

New Job Outlook Skills Match Tool

Job Outlook has developed a new career match tool that will give you ideas about the sorts of jobs that match your interests, what level of pay to expect and if there is growth in that industry. You can *go here to do the quiz*.



Career as a Paediatric Nurse

Paediatric nurses care for babies, children and adolescents. Children are not small adults; they have special needs and specialist paediatric nurses understand these. There are a diverse range of specialty areas within paediatric nursing.

Nurses may work in *schools, hospitals or community centres* and work with families to provide optimal health. Several specialty areas also exist within paediatric nursing.



For example, paediatric nurses may become specialised in intensive care, oncology (cancer nursing), mental health and child development.

Browse the following link to find out more: *How to Become a Pediatric Nurse*

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Teacher Training Scholarships CSO 2023

Yr. 12 Students 2022

The Catholic Schools Office, with the support of Federal Government funding from the National Partnerships Teacher Quality initiative intends to offer up to FIVE (5) **Scholarships** to current **Yr. 12 students** in our Catholic schools, who intend to commence undergraduate courses in teacher training in 2023. Under the program each student will receive a total benefit of up to \$7000 over four years. This is an effort to develop a targeting of scholarships recipients for potential employment in Catholic schools.

Application forms can be obtained at the Careers Office. Closing date for all completed applications is Friday 23rd September 2022.

Important Dates for Term 3 2022

Aug-Sept UAC Applications
Aug- Sept UAC Sessions
27th Aug UON Schools Open Day Yr.12
19th Sept SRS Applications close.
30th Sept UAC Closing date

Casual Positions/Employment Links:



a 02 4967 1050

www.careerlinks.nsw.edu.au

These links are available on the SPCCB Careers Website and emailed to students in Years 10/11/12 through their school email accounts each Monday.







FIND YOUR VOICE

DATE:	Thursday 29 September 2022	
LOCATION:	Catholic Schools Office, Newcastle	
TIME:	9.00 am – 3.00 pm	
COST:	\$80.00	

This workshop is designed to help young vocalists discover what their voice can do as they go through a series of exercises and learn new techniques.

Lead by one of ASPIRE's Vocal Specialists participants will have lots of fun as they develop their confidence in their abilities as vocal performers.

This workshop is open to students who are in Year 4 to Year 7.

OPEN JAM SESSION

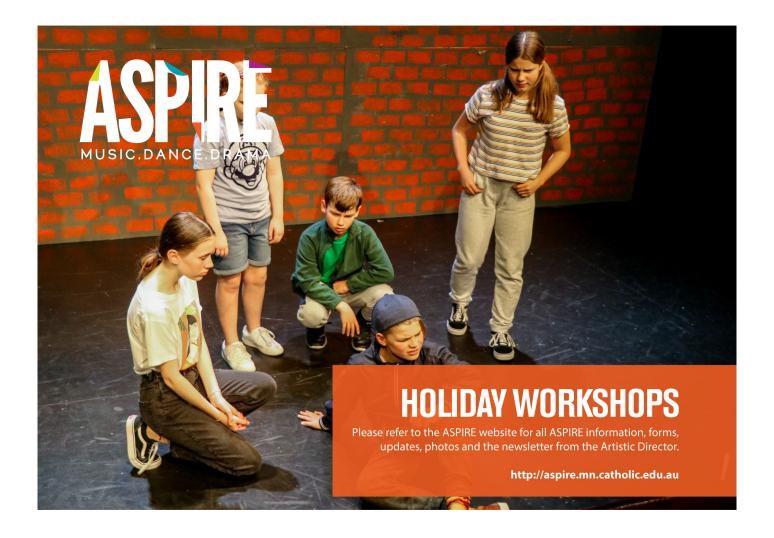
DATE:	Wednesday 5 October 2022	
LOCATION:	To Be Confirmed	
TIME:	9.00 am – 3.00 pm	
COST:	\$80.00	

Jam Session Open to muso's of any age but they must be confident and willing to improvise on their instrument

Join ASPIREs Instrumental Specialist Chris Turner for the ultimate jam session. You will develop your skills in ensemble playing and improvisation as you play with different genres of music. This is a great way to get some experience playing in a band and develop song writing skills.

To reserve your place please complete the online registration form below or call Anne Atkins on **02 4979 1331** for more information. https://aspire.mn.catholic.edu.au/join-us/holiday-workshops/





CREATIVE CHOREOGRAPHY PLAY IN A DAY

DATE:	Tuesday 27 September 2022	
LOCATION:	To Be Confirmed	
ПМЕ:	9.00 am – 3.00 pm	
COST:	\$80.00	

Join ASPIRE's Assistant Choreographer for this fun day of dance as you look at creating your own choreography and developing your skills in creating work. Whatever style of dance you enjoy this is a great opportunity to work with like minded young performers and pick up some new moves!

This workshop is open to students who are in Year 4 to Year 7.

DATE:	Wednesday 28 September 2022	
LOCATION:	Catholic Schools Office, Newcastle	
ПМЕ:	9.00 am – 3.00 pm	
COST:	\$80.00	

Get ready to create an original piece of theatre in just a day!! Working with ASPIRE's Assistant Drama Director you will be challenged to work together to create a completely original story to be performed at the end of the day. Participants will develop skills in voice and character as well as learning about devising a piece of theatre.

This workshop is open to students who are in Year 4 to Year 7.

To reserve your place please complete the online registration form below or call Anne Atkins on 02 4979 1331 for more information. https://aspire.mn.catholic.edu.au/join-us/holiday-workshops/



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SENIOR THEATRE MAKERS 2022

ASPIRE's Senior Makers Ensemble is for students in Years 9-11. This initiative is all about the devising process.

Working as a company of theatre makers the group will create an original performance piece that will be shared at the end of the process at the Civic Playhouse in Newcastle.

As part of the program participants will be encouraged to evaluate their work and develop their own theatrical language of the program. They will also develop their acting skills and be challenged to keep experimenting with their voice and physicality. It's perfect for anyone studying, or thinking of studying HSC drama, as well as anyone who loves theatre and wants to learn more with like-minded peers. The group will be led by ASPIRE's Artistic Director, Anna Kerrigan and ASPIRE Intern, Katie Matthews.

Senior Theatre Makers will take place from $4.30\ pm - 6.30\ pm$ at the Catholic Schools Office, Newcastle.

The schedule is:

Term 4

Tuesday 11 October 2022

Tuesday 18 October 2022

Tuesday 25 October 2022

Tuesday 1 November 2022

Tuesday 8 November 2022

Tuesday 15 November 2022

Tuesday 22 November 2022

Tuesday 29 November 2022

Tuesday 6 December 2022

Weekend Rehearsal 10.00 am - 4.00 pm

Saturday 10 December 2022

Bump In and Rehearsal 10.00 am - 4.00 pm

Monday 12 December 2022

PERFORMANCE DAY 10.00 am - 8.00 pm

Tuesday 13 December 2022 (Performance at 6.00 pm)

Senior Theatre Makers is open to all students in Years 9-11

Course Cost: \$150 (scholarships are available for those in financial need).

To reserve your place please complete a booking form online at the ASPIRE website http://aspire.mn.catholic.edu.au or call Anne Atkins on 02 4979 1331 for moreinformation. Closing date for registration is Friday 9 September 2022

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Sticks & Stones

On Monday 29th August Brainstorm Productions will be presenting their student wellbeing performance 'Sticks & Stones' for Years 7 and 8. 'Sticks & Stones' is a live theatre experience that explores different forms of bullying and aggression, and encourages respect, assertiveness and conflict resolution at school, at home and online. Students are challenged to consider the impact of their behaviour and develop strategies for managing emotions, seeking help and breaking the cycle of violence.

'Sticks & Stones' is part of our student wellbeing curriculum and has been developed by education and mental health professionals. This engaging theatrical experience uses humour, soundscapes and physical theatre to capture students' attention and inspire them to make positive changes. Key themes are followed up in the post-performance Q&A and classroom resources, to keep the important conversations going.

Brainstorm Productions is one of Australia's largest and most respected theatre in education companies, performing to over 300,000 students every year. They offer a range of programs to help schools build healthy and harmonious environments, addressing issues such as mental health, cyber safety, bullying, resilience and positive relationships. They are endorsed by the eSafety Commissioner as a Trusted eSafety Provider. If you would like to know more about Brainstorm Productions, you can visit *brainstormproductions.edu.au*, or follow them on Instagram (@brainstormproductions) or Facebook (Brainstorm.Productions).

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During the COVID-19 pandemic, many of us have become familiar with the concept of being muted during virtual conversations. Many voices are muted in public discourse around climate change and the ethics of Earth-keeping. These are the voices of those who suffer the impacts of climate change. These are the voices of those who hold generational wisdom about how to live gratefully within the limits of the land. These are the voices of a diminishing diversity of more-than-human species. It is the voice of the Earth.

You are invited to participate in a competition that involves creating a short film exploring the 2022 Season of Creation theme

Listen to the Voice of Creation

#SEASONOFCREATION

For more info, visit the QR code or contact rose.mcallister@mn.catholic.org.au











mn.catholic.org.au

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Instructions:

- The film should be no longer than 1.30 minutes
- In your film you need to include:
 - Your interpretation and explanation of the 2022 Season of Creation theme - Listen to the Voice of Creation.
 - A quote from scripture
 - Inclusion of the following visual elements: Voice, Hearing, Creation, The Book
 - You will need closed captions
 - Credits naming individuals, their contributions, any music or soundtracks used

Winners will be announced 15 October at The Factory St Pius Adamstown during the film viewing event.

Prize money of \$500 for the winning film!

To Enter: register your interest by September 1 to rose.mcallister@mn.catholic.org.au

Entries due: 23th September 2022,11:59 pm You will be emailed instructions on where to upload your film

For more info, visit the QR code or contact rose.mcallister@mn.catholic.org.au







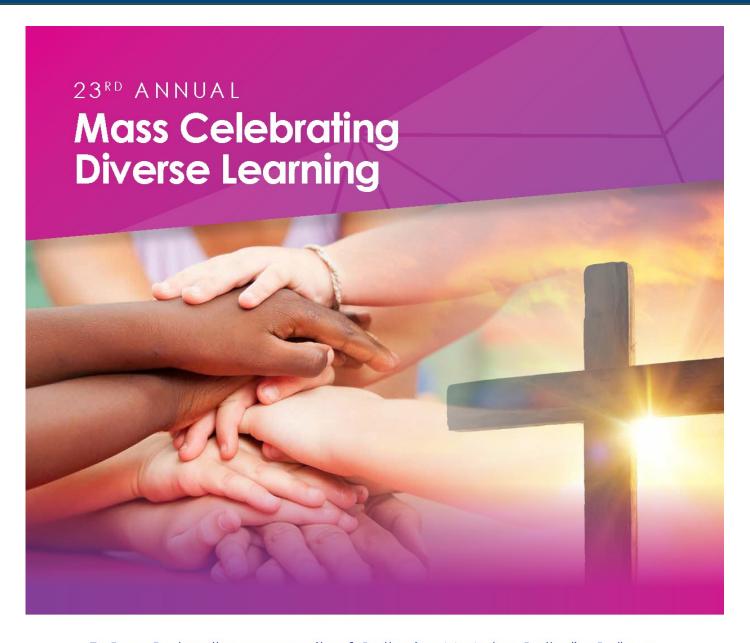




mn.catholic.org.au

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Community Notices



Fr Greg Barker, the community of Catherine McAuley Catholic College, together with The Federation of P & F Associations and The Special Needs Working Party warmly welcome all to join with clergy, students, principals, teachers, school staff, families and parishioners for this special celebration.

Sunday 18 September | 2.30pm

Catherine McAuley Catholic College, 507 Medowie Road Medowie Followed by afternoon tea.

No RSVP required
For more information please contact
Catherine McAuley Catholic College on 4068 1000



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mn.catholic.org.au

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Dr Justin Coulson is back!

31st August and 1st September 2022

...to share with us his wisdom and advice about the issue of

Anxiety and Resilience

The Federation of P & F Associations is very pleased to provide this FREE opportunity to the parents and carers of children and young people enrolled in our Catholic schools.



Dr Justin Coulson is the co-host and parenting expert on Channel Nine's Parental Guidance, the founder of happyfamilies.com.au, and one of Australia's most trusted parenting experts.

Over the past decade he has helped innumerable families with his 6 books about raising children, his hundreds of media appearances (including all of Australia's major news outlets, and even the Washington Post and the New York Times), and two viral videos that have been viewed a combined 80 million times!

Justin earned his PhD in Psychology from the University of Wollongong. He and his wife Kylie have been married since the late 1990s and are the parents of 6 daughters.

Anxiety & Resilience for parents/carers of <u>Primary</u> school students

Date: 31 August 2022 **Time:** 6.30pm start – 8.00pm

Venue: via Zoom Cost: FREE

To receive the link for this event, click here

Anxiety & Resilience for parents/carers of Secondary school students

 Date:
 1 September 2022

 Time:
 6.30pm start – 8.00pm

Venue: via Zoom Cost: FREE

To receive the link for this event, click here

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Westlakes Amateur Radio Club, Teralba, NSW



Field Day: Music, Activities and Boot Sale



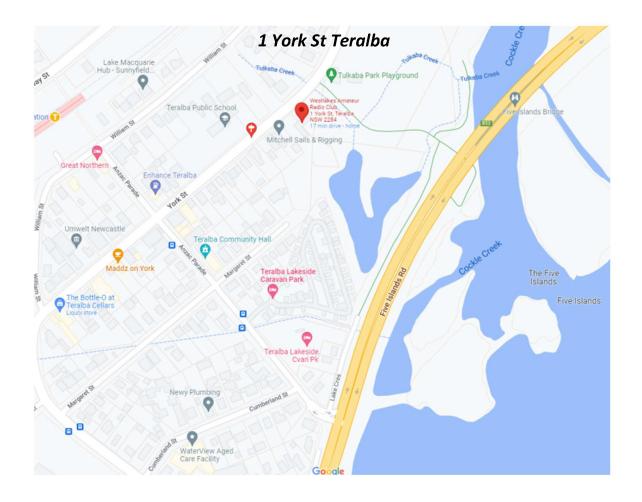


Located at 1 York St, Teralba, NSW

The members of the Amateur Radio Club at Teralba would like to invite you to our Field Day on **16 October 2022**. There will be lots of things to see and do. **Check the details below!**

TIME	ACTIVITIES	
0700 hrs	Vendors will set up the Boot Sale	ALL DAY: Lucky Dips and a Digital Prize Wheel
0830 hrs	Breakfast: Bacon & Egg Rolls	The Coffee Van and Barbeque will keep you fed
0900 hrs	The Boot Sale, Raffles, and the Prize Wheel	There will be a mix of live music and hits till 1400 hrs
1000 hrs	Second Breakfast: Pancakes	Activity 1: Build some simple circuits
1100 hrs	A talk on Antennas and Feedlines	Learn about Digital Radio in the Radio Shack
1200 hrs	An Auction with prime prizes (eg. IC-705)	Activity 2: Code a microcontroller to drive RGB LEDs
1230 hrs	Lunch will be ready: Sausage Sandwiches	Look for a bargain at the Common Room table
1300 hrs	Demonstration: Portable 40m antenna setup	Activity 3: Sit with an expert in the Radio Shack
1330 hrs	The Raffles will be drawn, and prizes awarded	Get a last-minute bargain at the Boot Sale

Everyone is welcome. Bring your whole family to get a free Lucky Dip, Raffle Ticket or Spin on the Prize Wheel.



Community Notices



Volunteer Members Needed!

Can you give a couple of hours per week or fortnight to help support those in need in our community? In the 2021-2022 Financial year, St Vincent de Paul provided \$93,000 in emergency relief to those in need in the community and urgently require Volunteer Members to continue the good work in Booragul, Toronto and surrounds. We also have volunteer inbound call centre roles at our Newcastle West office that are school hours friendly. If you are interested in learning more, please call Sarah Kemp on 0490 255 100 or E: sarah.kemp@vinnies.org.au



Just a reminder enrolments for Year 7 2023 are open.

Please submit applications as soon as possible.





Verdun Hiles

88-92 The Boulevarde, Toronto PH: 02 4959 1258

Now in stock for St Paul's students:

- Jackets
- Jumpers
- Cardigans



All Australian Made

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From the Finance Office

For all Finance enquiries please use the following email address: finance@booragul.catholic.edu.au

To calculate your Weekly, Fortnightly or Monthly payment amount, please go to our Website and use the calculator. http://www.booragul.catholic.edu.au/about-us/finance/fee-calculator/ (Please take the figure to the next five cents)

If you have not already done so, please ensure I have copies of relevant updated Health Care / Pension Cards and the Application Form.

Also, if you have not completed 2022 School Fee Information Form, please follow the link to the Website above to download, complete and return to college office.

School Fee

- 1. BPay through your own home banking via the Internet
- 2. Eftpos Minimum payment \$10
- 3. Cheque
- 4. Cash

Excursion Payments

1. Qkr

Excursions Coming Up

Please pay for all excursions by the due date written on the excursion notes which are sent home with your child. This date is important as excursion costing is calculated on the number of students who should be attending that particular event. Venues and buses have to be paid when the booking is first made. Your understanding of this would be very much appreciated.

Opening Hours for Payments to the Finance Office

Parents: Payments can be made at Reception between

8.30am and 2.30pm

Students: Mornings from 8.30am until tutor group bell,

all of recess and all lunch times

QKR is a great way to pay fees and excursions and Friday Sport



For you r convenience, when paying for excursions the new Qkr! App is now live

for families of our students. Qkr! By Mastercard can be downloaded for free from Apple's app store for iPhones, iPad users can download the iPhone app or from Google Play fo Android phones. Simply:

Step 1 Download Qkr!

On your Android phone or iPhone. iPad users can download iPhone app





Step 2 Register

Select your Country of Residence as 'Australia' and follow the steps to register

Step 3 Find our school

Our school will appear in 'Nearby Locations' if you're within 10km's of the school, or search for our school by name.

Step 4 Register your children

When first accessing our school yo will be prompted to add a student profile for your child. This allows you to make orders and payments for them.

For more information about QKR visit our website

www.booragul.catholic.edu.au









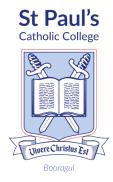




Mrs Betty Harris—Finance Officer finance@booragul.catholic.edu.au

olic.edu.au

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St Paul's Catholic College

Address: Primrose Street, Booragul

Postal: PO Box 194, Boolaroo NSW 2284

Telephone: 4958 6711

Email: admin@booragul.catholic.edu.au

Web Site: http://www.booragul.catholic.edu.au/

Switch/Reception

Hours: 8.15am until 3.30pm

Finance Office

Hours: 8.30am to 2.30pm

Email: finance@booragul.catholic.edu.au

Canteen

Telephone: 4946 3115

