

# "We are in the country of the Awabakal peoples. We respectfully acknowledge their elders, celebrating their continuing culture and the living memory of their ancestors."

The Parable of the Good Samaritan from Luke's Gospel was used as our prayer at our Opening College Assembly on Wednesday:

On one occasion an expert in the law stood up to test Jesus. "Teacher," he asked, "what must I do to inherit eternal life?"

"What is written in the Law?" he replied. "How do you read it?"

He answered, "'Love the Lord your God with all your heart and with all your soul and with all your strength and with all your mind'; and, 'Love your neighbour as yourself."

"You have answered correctly," Jesus replied. "Do this and you will live."

But he wanted to justify himself, so he asked Jesus, "And who is my neighbour?"

In reply Jesus said: "A man was going down from Jerusalem to Jericho, when he was attacked by robbers. They stripped him of his clothes, beat him and went away, leaving him half dead. A priest happened to be going down the same road, and when he saw the

man, he passed by on the other side. So too, a Levite, when he came to the place and saw him, passed by on the other side. But a Samaritan, as he travelled, came where the man was; and when he saw him, he took pity on him. He went to him and bandaged his wounds, pouring on oil and wine. Then he put the man on his own donkey, brought him to an inn and took care of him. The next day he took out two denarii and gave them to the innkeeper. 'Look after him,' he said, 'and when I return, I will reimburse you for any extra expense you may have.'

"Which of these three do you think was a neighbour to the man who fell into the hands of robbers?"

The expert in the law replied, "The one who had mercy on him."

Jesus told him, "Go and do likewise."

St Paul **Pray for us** 

The Parable of the Good Samaritan reminds us all of the two main messages of Jesus ministry, firstly love the Lord your God with all your heart and with all your soul and with all your strength and with all your mind; and secondly love your neighbour as yourself, like the Samaritan showing mercy to the man in need on the side of the road.

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### Welcome to 2023

It was pleasing to welcome all students to the new 2023 School Year at our Assembly on Wednesday, especially our Year 7 students and new students in other year groups.







At the Assembly we also welcomed our new staff for 2023. Our new Staff are:

James Welch PDHPE Leader of Learning

Joel Connell Year 10 Leader of Wellbeing and Engagement

Andrew Foster TAS Teacher Mario Cabrera TAS Teacher

Elly Walker Languages and English Teacher

Harrison Towle Religion and HSIE Teacher (0.4 Job Share with Renee Pola-Kuras)

Gabrielle Tonai Learning Support Teacher

Erica Gale Finance Officer (term 1 only while Mrs Harris is on Leave)

### **Leadership Staff in 2023**

Anne-Maree Shipman Assistant Principal (Community and Wellbeing)
Amber Carter Assistant Principal (Teaching ad Learning)

Renee Pola-Kuras & Michael Doyle Ministry Coordinators
Anna Hennessy Administration Coordinator

Cayte Pryor and Deb Thompson

Year 7 Leader of Wellbeing and Engagement
Year 8 Leader of Wellbeing and Engagement
Year 9 Leader of Wellbeing and Engagement
Year 10 Leader of Wellbeing and Engagement
Year 11 Leader of Wellbeing and Engagement
Year 12 Leader of Wellbeing and Engagement

Libby Lucas Leader of Wellbeing and Engagement Sheridan Foye Religious Studies Leader of Learning

Belinda Dempsey English Leader of Learning
Bec Zammit Mathematics Leader of Learning
Michelle Lund Science Leader of Learning
Melissa Chapman HSIE Leader of Learning
James Welch PDHPE Leader of Learning

Cassie Burt Creative & Performing Arts & Languages Leader of Learning

Alice Grant TAS Leader of Learning Craig McLoughlin VET Leader of Learning

Anne-marie Melocco Learning Support Coordinator
Mark Newell Learning Technologies Coordinator
Belinda Richardson Leader of Alternative Pathways

Brad Melville Sports Coordinator

These leaders will work in partnership with the teachers to support the faith wellbeing and learning development of your children.

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### **Appointment of Bishop Michael Kennedy**

Last Thursday night, Pope Francis announced Bishop Michael Kennedy, currently Bishop of Armidale, had been appointed as the ninth Bishop of Maitland-Newcastle. Bishop Michael's appointment comes after the death of Bishop Bill Wright in November, 2021.

In the press release announcing his appointment, Bishop Michael said, "I willingly and heartily accept this new appointment, knowing that like all new endeavours, it will hold both joys and challenges. To be the chief pastor leading a Diocese in worship, teaching, evangelisation, and governance is an awesome privilege and responsibility. I am now looking forward to meeting and getting to know the priests and the people of the Diocese of Maitland-Newcastle."

We offer our prayers for Bishop Michael as he prepares to commence his appointment with the diocese and offer our thanks to Father Greg Barker who as acted as Diocesan Administrator since the passing of Bishop Bill.

https://mediablog.catholic.org.au/bishop-kennedy-appointed-bishop-of-maitland-newcastle/

### **2022 Art Express Nomination**

Last week St Paul's received advice Amelia Douglas' Year 12 Artwork have been selected to appear in the prestigious Artexpress 2023 Exhibition. The annual exhibition showcases exemplary artworks from across NSW in the 2022 HSC. As a school community we congratulate Amelia on this wonderful achievement and thank her teacher Mr Beezley for his guidance and support during her HSC Studies.

Amelia created several sculptures and titled them Closed Road, Dead End, Dada, Slow and Stop



Amelia's works can be viewed at the Hazelhurst Regional Gallery and Arts Centre until 10 April.



### Ma and Morley Scholarship

Towards the end of last year, Alexandra Holliday (Year 12, 2022) was informed she was one of the recipients of the prestigious Ma and Morley Scholarship at Newcastle University. The Scholarship is supported by Chinese entrepreneur Jack Ma and honours his life changing and enduring friendship with Novocastrian Ken Morley.

Last Wednesday, Mrs Burns, Mr McLoughlin and myself were invited to join with Alex where she was honoured at a lunch with along with other Ma and Morley recipients. Alex is studying a Bachelor of Medical Science and Doctor of Medicine.

### **National Youth Science Forum**

Michael Pockran, current Year 12 student attended the National Youth Science Forum in the holidays. The National Youth Science Forum Year 12 Program offers an exciting range of in-person and digital science, technology, engineering, and mathematics (STEM) experiences for participants across Australia.

Michael currently studies Physics and Mathematics Extension as part of his HSC package and this opportunity to be involved in the forum has provided him with additional insights into STEM concepts and how they are enhancing our world.



# School Community Code of Conduct Members of Catholic school communities in the Diocese of Metitand-Newcastle agree to nutrue and support each other's individual growth in fath, to create communities of respect and tolerance and to ergage in the premotion of peace, justice and service of others. The School Community Ocde of Conduct reinforces our understanding of the rights and responsibilities each of us has in ensuring we provide an environment where our students can thrive. Upon acceptance of enrolment and as a condition of continuing enrolment in our Catholic schools, all members of the school community are bound by this Code of Conduct. School staff must abide by the CSO's Code of Conduct for staff members available at: www.mn.catholic.edu.au/about/policies Students in Catholic school communities agree to: \*\*Neepect themselves and other members of the school community both personally and through the use of all social media technologies at all times. \*\*Parents/Carers and volunteers in Catholic school communities.\*\* \*\*Parents/Carers and puddivines, which are available to the Fricipa

Catholic Schools Office

# Catholic Schools Office School Community Code of Conduct

Included in all Enrolment Forms is a copy of the School Community Code of Conduct which was developed by the Catholic Schools Office in recent years. The document outlines the expectations for both students and parent / carers. The foundational principles of the document are relational and respect.

Like the Parable of the Good Samaritan, we want all members of our community to make good choice and a positive contribution to our St Paul's community. A copy of the Code of Conduct is shown here:

> Mr Nicholas Wickham Principal



www.mn.catholic.edu.au

## Assistant Principal - Community & Wellbeing



Welcome back to the beginning of 2023. As we begin to settle into a new school year I cannot but wonder about the endless possibilities for all of our students. For each year group there is another leg to the journey. We welcome our Year 7 students to the beginning of their high school journey, our Year 8's who are now cementing themselves within our community, Year 9 who begin their transition from stage 4 to 5 where there is more independence, Year 10 who are now part of the college leadership group, Year 11 who are choosing their own study/work pathway and Year 12 who begin to take the final road of their secondary education. Whatever pathway each of our students decides to travel, we hope that they follow the actions of the Good Samaritan. This story was shared on our first assembly and links with the first core value of our CARE program — Compassion. No matter where you are, who you are with or what you are doing, always demonstrate compassion for those arounds you.

This kindness also extends to how we use the internet and social media. Below is some information from the Diocesan Office and the AFP about online safety. The crucial part of the messages shared is the *personal responsibility we all have to keep ourselves safe online*. Students sometimes learn a difficult lesson when they have not put in place protective measures for themselves. Whilst education at school is provided around this, students are encouraged to secure their own devices, do not share devices or pin codes and place the highest privacy modes on their social media.

### Safer Internet Day 2023



### CONNECT. REFLECT, PROTECT - Safe Internet Day – Tuesday 7<sup>th</sup> February

The Office of Safeguarding is working with the Office of the eSafety Commissioner to call on people across our Diocese to *Connect. Reflect. Protect.* 

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**Connect** safely and with purpose – by keeping apps and devices secure and using social media in positive ways.

**Reflect** before we act – by taking a moment to consider how what we do and say online may affect others.

**Protect** ourselves and others by taking action – by telling family, friends or colleagues about eSafety and how we can help.

By doing these simple things, we can work towards making every day a Safer Internet Day.

### **ONLINE Safety**

The Australia Federal Police (AFP) and the eSafety Commissioner (eSafety) are calling on parents, carers and educators to start the new school year by having important conversations with children about online safety – Read full article <a href="https://www.afp.gov.au/news-media/media-releases/afp-and-esafety-join-forces-online-safety-education-school-returns">https://www.afp.gov.au/news-media/media-releases/afp-and-esafety-join-forces-online-safety-education-school-returns</a>

In response to increasing concerns around child safety online over the Christmas period, the Australian Federal Police have issued a number of notices to parents regarding how to keep kids safe online. These articles can be found on the Australian federal Police website under news and media <a href="https://www.afp.gov.au/news-media/media-releases/advice-parents-sharing-back-school-images-online">https://www.afp.gov.au/news-media/media-releases/advice-parents-sharing-back-school-images-online</a>

### **Student Support**

The following Leaders of Wellbeing and Engagement (LoWE's) will be taking care of the respective Year groups throughout this year. We welcome Mr Joel Connell to St Paul's and the return of Ms Guest and Mrs Evans to the team. Mrs Blair Brownlee has also returned to the LoWE team in a full time capacity this year.

Year 7 - Mrs Pryor/Mrs Thomson

Year 8 - Ms Kerrie-lee Guest

Year 9 - Mrs Tracey Evans

Year 10 - Mr Joel Connell

Year 11 - Mr Luke Baker

Year 12 - Mrs Blair Brownlee

LoWE Support – Mrs Libby Lucas

### **Extra Student Support**

As well as the Leaders of Wellbeing and Engagement team, St Paul's has the benefit of the services of CSO Counsellor/Psychologist Miss Abbie Johnson (Mon, Tues, Wed) and Professional Officer (Social Worker) Mrs Alex Kenny (Wed &Thurs). Mrs Melissa Dobosz (Wed/Thurs) will continue as Pastoral Care worker and work in conjunction with LoWE's and counsellors.

Mrs Anne-marie Melocco (Learning Support Coordinator) and the Learning Support team will also continue to provide extra student and family support. The learning support teachers and aides, work closely with the LoWE's to ensure all students have the benefit of achieving their own personal academic, social and future goals and success. Parents are encouraged to seek assistance where needed to support their son/daughter.

### **College Expectations**

### **Personal Technology Devices**

Students and families have received communication about the Personal Technology Device Policy which has seen one significant change regarding when mobile phones/devices can be used at school. **Students are to have their mobile phones in their bag from 8.45 to 3.05.** Students were reminded on assembly about the change in procedures and it has been impressive to see that students have been able to self-regulate and adhere to these expectations. It was great to see students mixing, talking, laughing and playing at recess and lunch instead of being immersed in their online worlds.

### Uniform

Firstly, it is expected that ALL students are wearing the correct footwear as outlined in information that has been distributed to families. Skirt length also needs to be addressed by some students and a modest length needs to be adhered to. As our uniform is a symbol of what we represent at St Paul's, it is expected that students always wear their uniform correctly and with pride. If students are out of uniform on any given day, they will be given a uniform infringement notice. On the third infringement notice a student will be placed on an Afternoon Detention. This will be made visible to students and parents and parental support with all matters of uniform is appreciated. If there are specific issues with uniform, please communicate with the respective LoWE who will be able to offer assistance.

### **Transport**

A change in procedure has been made to ensure the safety of students with afternoon bus travel at St Paul's. Students in 7-10 who travel by bus or train, are to assemble in the hall at the end of period 5. From here students will be dismissed when their bus arrives. Train travellers are also to remain in the hall until 3.20. At 3.20 this group of students will be dismissed to walk to Booragul train station. Students are to only use Booragul station, as this is the most direct route too and from St Paul's for train travellers.

All students who travel by public transport are to apply for an OPAL Card. Students MUST tap on and off buses so that the correct number of buses can be scheduled to cater for student's needs. Safety and courteous behaviour on all modes of public transport is paramount. Students have been reminded of travelling safely and respecting others in public spaces with their behaviour and language. Our senior transport monitors have shown tremendous leadership already in helping younger students with transport and alerting us to these issues.

https://www.opal.com.au/en/about-opal/opal-for-school-students/

### Sunsmart – "YES HAT, YES PLAY"

As part of the College Sun Smart Policy, students are to use sun protection options whilst participating in outdoor activities. As part of this, all students are required to wear a hat when using the courts/oval at Recess and Lunch breaks. Students without hats will be asked to leave these areas as part of this policy. At the beginning of last week a member of staff shared this slogan which is used in a New Zealand which we could adopt: "YES HAT, YES PLAY"

### **Student Lockers**

If students wish to make use of a school locker, a copy of the application can be obtained from Student Administration in the HUB. Students will need to return this application and purchase a lock before a locker is allocated.

### **Year 10 Future Proofing Study**

The 'Future Proofing' Study which began at St Paul's in 2021 will continue this year with our Year 10's. This will be third year of this study which will be part of this ground-breaking research trial. The study will be investigating the power of mobile applications (apps) for preventing depression in youth. More information can be found at: <a href="http://www.blackdoginstitute.org.au/">http://www.blackdoginstitute.org.au/</a> and by watching <a href="https://youtu.be/Mf2OsMfFKSs">https://youtu.be/Mf2OsMfFKSs</a>

### **Year 10 Top Blokes Mentoring Program**

A group of Year 10 boys will be invited to participate in the Top Blokes Mentoring program throughout Semester 1. This program focuses on improving the health and well-being of young men and challenges and nurtures young males to be their best selves. More information about this program can be found at: <a href="https://www.topblokes.org.au/">https://www.topblokes.org.au/</a> If parents/carers wish for their Year 10 student to be involved in this program please contact Mr Joel Connell or Mrs Shipman to discuss. This will be the third year this program has been running at St Paul's and a number of our male students in the current Year 11 & 12 group have participated.

I wish all students every success as we embark on our journey together in 2023.

"For there is always light,
if only we're brave enough to see it.
If only we're brave enough to be it."

Amanda Gorman

Mrs Anne-Maree Shipman Assistant Principal - Wellbeing & Engagement



# **REMINDERS!**

- Please notify the school office of any changes to Student/parent/carer contact details
- Clothing Pool Hours are now Thursday 8.30-9.30am

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### Assistant Principal - Teaching & Learning

It was wonderful to see all students back this week ready for a new year of learning. At our opening school assembly, my message to students was that we are all capable of experiencing success in our learning, but this success will look different for each student. As the image shows, there is a lot that goes into achieving success – persistence, good habits, dedication and hard work. To be successful, we need to also be able to manage disappointment and to be prepared to experience failure. After all, FAIL also means First Attempt In Learning! This requires a 'bounce back' attitude, to be able to acknowledge the disappointment but to work out how to try again.

The way we bring about success, however, is the same – it is about bringing our best effort. But what is our best effort? It is about using our strengths to develop the areas of our learning that need to be improved, this might involve putting some structures in place that help us to be more organised or it could be asking more questions when we are unsure of what our next steps are. As students settle into the new year, they are encouraged to consider what their best effort looks like for each subject and to set goals



to help them reach that benchmark. Short term goals that are achievable help us to reach our long-term goals. An effective way to write a goal is: By (time frame), I will (action), so that (relevant). For example: 'By the end of the week I will have packed by school bag each night so that I am ready for school each morning', or, 'By the end of term 1 I will have completed four extra essays for English so that I can get feedback from my teacher to improve my writing'.

### Assessment

Our approach to assessment at St Paul's is ongoing formative assessment. This means all work completed in class for all students can contribute to a grade, or in the case of Year 12 students, their final rank. Assessment schedules are published in the Academic Guide which outlines the weighted tasks for Year 11 and Year 12 students. Year 11 students will receive their Academic Guide in week 4 and Year 12 students were provided with their Academic Guide last term.

Year 7-10 students still receive an Academic Guide which also includes an assessment schedule for each course. These assessments are the notifiable assessments that are designed to assist students in understanding their academic responsibilities such as the importance of outcomes as learning intentions, marking criteria as success criteria as well as the importance of meeting deadlines. While we publish an Academic Guide for 7-10 students it is pertinent to remember that all classwork students complete provides teachers with a picture of what students know and understand and this information can be used to determine a grade for each course. As such, the notifiable assessments are not weighted and form part of a larger assessment plan for each course. Academic Guides for students in Year 7-10 will be provided to students by week 4.

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**Elevate** 

We have engaged Elevate again this year to assist students in developing skills in note taking, study and time management. Students in Year 10-12 will have the opportunity to work with the team from Elevate to develop these important academic skills. The first session this year is for Year 11 students on Thursday 23 February. This will be followed by a parent/carer information session in the evening. We will use this time to connect with our Year 11 families and answer any questions they may have about their child's transition to senior studies.

**Using Data to Ensure Students are Making Progress** 

The use of data to indicate where students are in their learning and the use of this information to ensure students are provided with appropriate learning experiences is an important part of the learning cycle. This term students in years 7 - 10 will be completing a range of activities that teachers will use to ensure our students are making progress.

Progressive Achievement Tests (PAT) in Reading and Mathematics will take place in class for students in Year 7-10. The PAT allow teachers to gauge the areas of strengths for each student and areas which require development. PAT will take place in class as part of the normal lesson and students do not need to undertake any special preparation for PAT. Results are not reported to students rather, the data gathered will be used by teachers to identify areas of strengths and areas which require development in the domains of literacy and numeracy.

Students in Year 7 will also compete the Department of Education Transition to Year 7 (formally Best Start) assessment in week 5. Both PAT and Transition to Year 7 are valuable data points for teachers as this we plan for a positive transition to high school for our Year 7 cohort. Again, this testing will take place in class and students will not need to complete any preparation activities.

Finally, NAPLAN will take place in week 8 this term for students in Year 7 and Year 9. Students will be taking part in two preparation tests before they complete NAPLAN in week 8 so they are familiar with the test platform. It is anticipated NAPLAN results will be made available in August this year.

Further details regarding Transition to Year 7 and NAPLAN will be provided to families closer to the testing date.

Mrs Amber Carter
Assistant Principal - Teaching & Learning





 $(Photo\ from\ \underline{https://www.visitnsw.com/destinations/north-coast/port-macquarie-area/north-haven/destination-information/bonny-hills})$ 

### **Year 12 Retreat**

In Week 4, all Year 12 students will attend the Year 12 Retreat in beautiful Bonny Hills (Wednesday 15<sup>th</sup> February to Friday 17<sup>th</sup> February). A note has been emailed to parents and carers. Please complete and return the permission note as soon as possible.





### Year 11 News











### **Welcome Year 11 Students**

Welcome Year 11 - now officially Senior Students at St Paul's Catholic College. It is a great pleasure to be here with you and to be given the opportunity to see you through your senior years as your Leader of Wellbeing and Engagement.

I am sure you all have been eagerly waiting for this day. Finally, the school holidays are over, and I get to return to school. Hooray! The fact that not all of us love coming to school is not surprising. Catching up with your friends or seeing your favourite teachers are just a couple of reasons we like returning, but we cannot avoid coming back to school.

Let us begin our year establishing our hopes and dreams for the future. No matter how limited we may find ourselves, we can always do our best to achieve our own dreams. There is something so wonderful about success. It comes in many different forms. It is not always celebrated as we tend to focus on the major moments in our lives. We celebrate success in a big exam or getting your L's, or even a significant birthday. But we should never forget the little things that are also signs of success. The fact that you are here today is a success. The fact that you are up and out of bed today. That is a success. You have a roof over your head, clothes on your back and someone who wants you here. That is a success. It's success in the little things that make big things happen.

However, it is not without mistakes that we can succeed. We all make mistakes. I make mistakes. I have faults, slip-ups, blunders, and flaws. Every day there will inevitably be something wrong, times when you are incorrect, or when you simply misunderstand something. As we move through our lives, we will make mistakes. It is through our mistakes, that we best learn and grow, and these will help define us. We need to be uncomfortable and push ourselves to be able to simply level up. It is from being uncomfortable that the real work begins. It's pushing ourselves when we are uncomfortable that we see some of humanity's best work. Here are things that will push you to have success in this life defined by Forbes magazine in 2018:

- 1. Discomfort change does not occur without this.
- 2. Taking on unexpected challenges learning to capitalise on challenges rather than not accepting them and feeling defeated.
- 3. Being correct and taking on feedback understanding when you are wrong and when you check your ego.
- 4. Pursue your dreams aim for the moon, because if you fail, you can fall amongst the stars.
- 5. Being misunderstood It is not the end of the world. It gives you the chance to explain yourself in another way.
- 6. Apologise when you are wrong and be humble about it.
- 7. Admit when you don't know something.
- 8. Strive for progress, not perfection Being or creating something perfect can be the enemy of good.
- 9. Failing is not the end of the world. You can only fail if you stop trying.

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All these things matter. They are what make us human and are what draw the right people towards us. Surround yourself with the right people and they will keep you accountable. They will be the ones to push you to be uncomfortable, to pick you up when you make mistakes, and to be there as you journey towards your dreams.

You will now receive a Senior Student badge. Wear this badge with honour and wear it with pride. It is a symbol of the success you have already achieved by being a member of our college community.

### **Danah Chapman**

Danah represented Northern NSW Futsal at the National Championships last January in the U16s. She also was successful in gaining a position at the All-stars level during the same competition. Danah was very strong, impressed the selectors, and received an invite to represent Australia at the U19 level in Spain.

However, with her schooling and Newcastle Jets commitments, she humbly declined as she is currently concentrating on her health and her schooling. Danah will continue to participate and hopes to be selected again. Well done, Danah!



Mr Luke Baker Leader of Wellbeing and Engagement - Year 10



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# The 2023 Musical Production is...



Auditions and rehearsals will take place during Friday sport afternoons. Please pick this sport for Term 1 if you wish to be involved in the performance aspects of the production. We will call for those who would like to be a part of the backstage and technical crew as the production gets closer. See Ms Burt for further information.



THE REMARKABLE TRUE STORY

The CAAL Faculty has been lucky enough to secure 50 student tickets to the Broadway musical 'Come from Away' at the Civic Theatre Newcastle on Wednesday 1<sup>st</sup> March. Tickets for the show and bus to Newcastle will be \$70. This musical s the true story of thousands of stranded passengers in the wake of September 11 and the small town in Newfoundland, Canada that welcomed them all. Cultures clashed and nerves ran high, but uneasiness turned into trust, music soared

into the night, and gratitude grew into enduring friendships. See Ms Burt for more details.

Mrs Cassie Burt Leader of Learning—CAAL



### From the Career's Desk





### **Career Thought of the Week:**

"Your attitude, not your aptitude, will determine your altitude"

### **Zig Zigler**

### Welcome to 10/11/12 Students & Parents in 2023



As a way of introduction to new students and parents, my name is Mr Craig McLoughlin (Mr Mac) and I am the Leader of Pedagogy (Careers and Vocational Education) for St Paul's High Catholic College. Each week I will endeavour to keep you up to date with events planned inside and outside the school. Part of my role at St Paul's High School is to coordinate and manage all VET courses. If a student takes one of the following: Construction, Hospitality, Skills for Work or they attend a TAFE course

(EVET) or have been successful in obtaining a School Based Traineeship (SBAT), all these courses are part of my responsibility. Also any questions regarding tertiary courses and UAC can be referred to me. If a student or parent has a concern regarding any of these courses or pathways, please phone or email me to discuss any issues as they arise.

### Something for Year 12 to consider...

Every year, so many Yr. 12 students fail to take on suggestions and advice from Careers Advisers, parents and teachers regarding planning for the year and for life beyond school, and miss out on work, university and TAFE opportunities as a result.



Year 12 is a stressful time, but can be managed with the support of people around

you that care, and with good time management skills. Study, part time employment, sport, family and social occasions must be carefully managed and balanced – you need to do it all, but too much of a good thing can be detrimental, not only to your health, but also opportunities that may (or may not!) present themselves as a result. Give some thought to want you want out of this year and go for it!! Good luck and have a great 2023.

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### Work Experience Yr. 10 2023



Students in Year 10, who would be interested in doing Work Experience this year, should be actively looking for contacts now. Remember you cannot start work experience until you have completed the compulsory 'Work Ready Program' early in Term 1. This program will be completed in

Yr. 10 Career Classes and be given access to the Work Experience Packs. Any questions regarding this please see me.

### St Paul's Career Information 2023

Due to the amount of information coming in regarding Careers, Information Sessions, Open Days etc... I have decided rather than filter and second guess relevant content for the students within this fortnightly newsletter. I will forward this through to students via their school email accounts.

Any information that needs further clarification please contact me.

### **Important Dates for Term 1 2023**

Yr.11 Elevate: Wk. 5

Yr.12 Retreat: Wk. 4

VET Hospitality Work Placement: Wks.10/11

Yr. 12-UAC Opens: Wk. 11



(a) 02 4967 1050

www.careerlinks.nsw.edu.au

### **Casual Positions/Employment Links:**

These links are available on the SPCCB Careers

Website and emailed to students in Years 10/11/12

through their school email accounts each Monday.

Examples are:







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The Song Competition will be broken into 3 categories-Primary School (K-6), Year 7, 8 and 9, and Year 10, 11 and 12. Using the story for the production, the themes below will be the song writing focus for these allocated year groups.

### PRIMARY SCHOOL (K-6): PIRATE LIFE

A day in the life of a pirate tells the story of a famous pirate What kind of things do pirates get up to?

### **YEARS 7, 8 AND 9: OPPRESSION**

Oppression is when there is injustice and discrimination, usually against a specific group of people. It is the malicious use of power where people are prevented from having the same opportunities, freedom, and benefits as others are treated unfairly.

Song themes may include: Injustice, Discrimination, Unfair use of power

### YEARS 10, 11 AND 12: ADVENTURE

An adventure is an exciting experience that is bold, remarkable, and sometimes risky.

Your song may be about:
A narrative of an adventure story
Exploration, travel and adventure
Themes of excitement, hope, courage, or risk

### FRIDAY 31 MARCH 2023

**ASPIRE Song Competition Closing Date** 

### **MONDAY 3 APRIL**

**ASPIRE Song Competition Shortlisting** 

### **TUESDAY 2 MAY**

Group 1: Song Competition Workshop Day

### **WEDNESDAY 3 MAY**

Group 2: Song Competition Workshop Day

### **THURSDAY 4 MAY**

Group 3: Song Competition Workshop Day

### **EVENING: THURSDAY 11 MAY**

**ASPIRE Song Competition Showcase** 

### **HOW TO ENTER**

- Video or record yourself singing or playing your song.
   File formats: MP3, MP4 or MOV
- 2. A copy of your lyrics File format: Word document (NOT PDF or a photo)
- **3.** If you can, include the chords or notation. This is not compulsory.
- 4. Your song must be no longer than 3 minutes 30 seconds.
- 5. You will be able to upload via the Aspire website from Week 10, Term 4 2022.

Shortlisted finalists will have the opportunity to workshop their song with professional musicians and ASPIRE Musical Director Jessica Lopez. The winner for each category will be decided at a live concert with a guest panel to judge the songs. There will be 3 winners, one for each category (Primary K-6, Years 7-9, and Years 10-12). Prizes are a \$300 Musos Corner voucher and the opportunity to have your song professionally recorded at Tommirock Studios.

For more details go to aspire.mn.catholic.edu.au

### **Community Notices**

The Hunter Academy of Sport Softball Talent Development Program operates as a development pathway for young Hunter Region softballers aspiring towards state selection. It offers advanced skill development and is conducted in collaboration with both the Newcastle & District Softball Association and Softball NSW. The program follows the FTEM Model of pathway development, from Foundation, Talent, Elite and Mastery of the sport. Participants are also provided with information in sports education in areas such as, sport psychology, nutrition, injury management, strength and conditioning and motivation.

### **Athlete Benefits**

The following benefits will apply to those selected in the softball program:

- Training Sessions to Further Develop Skills
- High Performance Fitness Training & Strength & Conditioning Program
- Access to a Network of Specialised Coaches
- Educational Sessions in Topics Such as Physiotherapy and Sports Psychology
   Participation in Inter-Academy Competitions run in conjunction with Softball NSW

### Eligibility

To be eligible to apply for a position within the softball program, athletes must be: Athletes must be born in 2007, 2008 & 2009 to be eligible.

- A resident within the Hunter region
- Attending School within the Hunter region
- A Financial Member of Softball NSW

  Athletes who have been or are selection into Softball NSW U16 and/or U18 State

  Squads are eligible to participate within parts of the HAS Academy Program subject to the approval of Softball NSW.

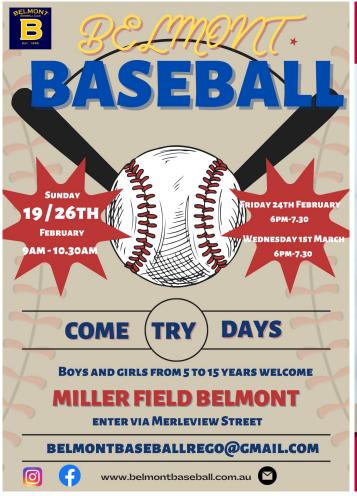
To nominate please click this link <a href="https://www.hunteracademy.org.au/softball">https://www.hunteracademy.org.au/softball</a>





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### From the Finance Office

For all Finance enquiries please use the following email address: <a href="mailto:finance@booragul.catholic.edu.au">finance@booragul.catholic.edu.au</a>

To calculate your Weekly, Fortnightly or Monthly payment amount, please go to our Website and use the calculator. <a href="http://www.booragul.catholic.edu.au/about-us/finance/fee-calculator/">http://www.booragul.catholic.edu.au/about-us/finance/fee-calculator/</a> (Please take the figure to the next five cents)

If you have not already done so, please ensure I have copies of relevant updated Health Care / Pension Cards and the Application Form.

### **School Fee**

- 1. BPay through your own home banking via the Internet
- 2. Eftpos Minimum payment \$10
- 3. Cheque
- 4. Cash

### **Excursion Payments**

1. Qkr

### **Excursions Coming Up**

Please pay for all excursions by the due date written on the excursion notes which are sent home with your child. This date is important as excursion costing is calculated on the number of students who should be attending that particular event. Venues and buses have to be paid when the booking is first made. Your understanding of this would be very much appreciated.

### Opening Hours for Payments to the Finance Office

Parents: Payments can be made at Reception between

8.30am and 2.30pm

Students: Mornings from 8.30am until tutor group bell,

all of recess and all lunch times

# QKR is the way to pay fees, excursions and Friday Sport



For you r convenience, when paying for excursions the new Qkr! App is now live

for families of our students. Qkr! By Mastercard can be downloaded for free from Apple's app store for iPhones, iPad users can download the iPhone app or from Google Play fo Android phones. Simply:

### Step 1 Download Qkr!

On your Android phone or iPhone. iPad users can download iPhone app





### Step 2 Register

Select your Country of Residence as 'Australia' and follow the steps to register

### Step 3 Find our school

Our school will appear in 'Nearby Locations' if you're within 10km's of the school, or search for our school by name.

### Step 4 Register your children

When first accessing our school you will be prompted to add a student profile for your child. This allows you to make orders and payments for them.

For more information about QKR visit our website

www.booragul.catholic.edu.au











Mrs Erica Gale—Finance Officer finance@booragul.catholic.edu.au

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### Contact Us



### St Paul's Catholic College

Address: Primrose Street, Booragul

Postal: PO Box 194, Boolaroo NSW 2284

Telephone: 4958 6711

Email: admin@booragul.catholic.edu.au

Web Site: http://www.booragul.catholic.edu.au/

Switch/Reception

Hours: 8.15am until 3.30pm

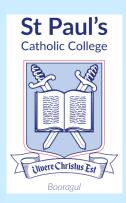
**Finance Office** 

Hours: 8.30am to 2.30pm

Email: finance@booragul.catholic.edu.au

**Canteen** 

Telephone: 4946 3115



### IMPORTANT UPCOMING DATES

Catchup School Photos: Thurs 9th Feb

Yr.12 Retreat: Wed 15th - Fri 17th Feb

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